

Section III

# Caregiving

# Care 4 Kids

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## **Description:**

Care 4 Kids is a program designed to help make childcare affordable for low and moderate-income working families in Connecticut. All families, including foster, relative care and adoptive parents as well as families participating in the Department of Children and Families' (DCF) Subsidized Guardianship Program may apply. To be eligible, family income must be below the income limits for the program and there must be a child in the home who needs care during the hours the parents are at work or participating in an approved TFA employment training activity.

A Child Care Certificate is issued to families and child care providers who apply and are determined eligible to participate in the program. This certificate authorizes payment for childcare services for a specific period of time up to eight months. After the eight-month period, the family's eligibility is reviewed. Families can continue to participate in Care 4 Kids as long as both the family and childcare provider are eligible. The amount of payment the child care provider receives depends upon the parent's or caregiver's work or training schedule, the child's age, the hours of care the child needs, whether the child has special needs, the countable family income, the amount the provider charges, where the provider is located, and whether the provider is licensed or accredited. Relatives, such as grandparents, are eligible to be childcare providers as long as they are not the parent or caregiver of the child, the spouse of the child's parent or caregiver, a sister or brother who lives in the home of the child needing care or the parent of a minor parent. Families who work are responsible for paying a family fee, which is usually between two and 10 percent of their countable income. Families are also responsible to pay the difference between the provider's charges and the amount of assistance they receive including any payments or down payments required by the provider. Assistance provided by this program is based upon available funding; when funds are exhausted, new applicants may be placed on a waiting list for services.

Parents and caregivers can request a supplemental payment for instances in which child care needs temporarily exceed the authorized hours by more than 20 hours per month. These increases may be due to school closures, a child's illness, an increase in work or employment service hours or temporary unavailability of the provider or the parent that provides care. Requests must be made within 30 days of the end of the month in which care is needed.

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## **Eligibility Requirements, Service Areas and Program Year:**

Eligibility Requirements:

Families must:

- Live in Connecticut.

- Work or attend a JobsFirst Employment Services activity.
- Have incomes below 50 percent of the State Median Income, refer to [Appendix E](#).

Children must:

- Live in Connecticut.
- Be younger than 13, or younger than 19 if the child has special needs.

Providers must:

- Be licensed by the Connecticut Department of Public Health, or
- Be a relative, such as a grandparent, or
- Provide care for the child in the child's home.

Service Areas:

Statewide

Program Year:

N/A

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## Contact Information:

For more information regarding the program and how to apply:

Care 4 Kids

Telephone: 888-214-KIDS (5437)

TDD/TTY: 877-455-9169

Monday-Friday 8:00 a.m. - 5:00 p.m.

Thursday 8:00 a.m. - 6:00 p.m.

Website: [www.ctcare4kids.com](http://www.ctcare4kids.com)

For information on becoming a licensed child care provider:

Department of Public Health

Division of Community Based Regulation

165 Capitol Avenue

Hartford, CT 06145

Telephone: 860-509-8045 or 800-282-6063

Website: [www.ct.gov/dph](http://www.ct.gov/dph)

For information on finding a licensed child care provider:

United Way of Connecticut  
211 Child Care  
Telephone: 211 or 800-505-1000  
Website: [www.211childcare.org](http://www.211childcare.org)

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**Related Information:**

*NA*

# Grandparent Respite Fund

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## **Description:**

The Grandparent Respite Fund, which is administered by the Connecticut Children's Trust Fund, provides grants for families in which a grandparent or other adult has been appointed as a guardian for relative children by the Probate Court. The intended purpose of the grant is to benefit the relative caregiver and ultimately the child(ren). Funds may be used for: housing expenses, including shelter, furnishings, utilities and food; transportation expenses including the purchase of a car, insurance, gasoline, maintenance costs and public transportation; child care and other expenses such as day care tuition and supplies, baby-sitting, entertainment and personal care items. Grandparent Respite Fund grants are distributed through the Office of the Probate Court Administrator. Grants are awarded at the discretion of the Administrative Judge or his/her designee and are available one time per calendar year. Grants are based upon available funding.

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## **Eligibility Requirements, Service Areas and Program Year:**

### Eligibility Requirements:

- The child must live with a grandparent or another relative caregiver who either has guardianship through a Probate Court or Superior Court.
- Cannot be receiving monetary support from the Department of Children and Families (DCF).
- Must apply and qualify for a fee waiver through the Probate Court.

### Service Areas:

Statewide and program is based upon available funding.

### Program Year:

January 1 – December 31

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## **Contact Information:**

For additional information and applications

A guardian appointed in a Probate Court or Superior Court who resides in a city or town that is served by a Regional Children's Probate Court may apply for the respite fund grant at those courts. Regional Courts and the cities/towns served are listed on the next page.

Regional Courts

New Haven Regional Children's Probate Court  
873 State Street  
New Haven, CT 06511  
Telephone: 203-773-9556  
Fax: 203-773-9685  
Clerk: Tara Courtmanche

Towns Served:

Branford	New Haven	Orange
East Haven	North Branford	West Haven
Hamden	North Haven	Woodbridge
Milford		

Meriden-Wallingford Regional Children's Probate Court  
Meriden City Hall, Room 116  
142 East Main Street  
Meriden, CT 06450  
Telephone: 203-630-4620  
Fax: 203-238-8050  
Clerk: Cathie Topper

Towns Served:

Meriden	Wallingford
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New London Regional Children's Probate Court  
470 Bank Street  
New London, CT 06320  
Telephone: 860-437-6253  
Fax: 860-437-6259  
Clerk: Doris Sanders

Towns Served:

Colchester	Ledyard	Salem
East Lyme	Montville	Stonington
Griswold	New London	Waterford



Stephanie Janes, LMFT  
Program Manager  
State of Connecticut  
Office of the Probate Court Administrator  
c/o Court Services  
1194 Dixwell Avenue  
Hamden, CT 06514  
Telephone: 203-287-3980 Ext. 19  
Fax: 203-287-3984

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**Related Information:**

[\*Kinship Fund, refer to page III - 14 .\*](#)

[\*National Family Caregiver Support Program, refer to page III – 18\*](#)

# Grandparents as Parents Support Network (GAPS)

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## Description:

The Connecticut Department of Social Services Aging Services Division developed the Grandparents as Parents Support Network (GAPS) to help establish support groups for grandparents and relatives raising children. GAPS is designed to encourage and promote the creation of services for relatives who assume the responsibility of parenting. The Aging Services Division partners with a network of over 195 agencies and community organizations, as well as 57 support groups that provide service or assistance to grandparents and relative caregivers. The GAPS Network listserv provides information to its members regarding grant opportunities, advocacy, legislative updates and other pertinent subjects such as legal issues and community resources.

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## Eligibility Requirements, Service Areas and Program Year:

### Eligibility Requirements:

- Must be a relative caregiver of a child or children or an interested community agency or organization.

### Service Areas:

Statewide

### Program Year:

N/A

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## Contact Information:

To join the GAPS network or to obtain information on other programs related to relative caregivers of children contact:

Roberta Gould, Field Representative  
Department of Social Services  
Aging Services Division  
25 Sigourney Street  
Hartford, CT 06106  
Telephone: 860-424-5199  
Fax: 860-424-5301  
Website: [www.ct.gov/agingservices](http://www.ct.gov/agingservices)

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**Related Information:**

*N/A*

# Healthcare for Uninsured Kids and Youth (HUSKY)

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## Description:

Healthcare for Uninsured Kids and Youth (HUSKY) is funded by the state and federal government. It is administered by the Connecticut Department of Social Services (DSS), which partners with private sector, non-profit and public organizations to reach out to the community. HUSKY is Connecticut's public health insurance program for children under age 19 and in some cases their parents or relative caregivers. There are two types of HUSKY insurance, HUSKY A and HUSKY B. HUSKY A is for children and their relative caregivers whose income is under 185 percent of the federal poverty level (FPL) and pregnant women whose income is under 250 percent of the FPL. HUSKY B is only for uninsured children in families with incomes over 185 percent of poverty. HUSKY B has co-pays and in some cases premiums. HUSKY B also has an additional benefit that is available to children with special physical health care needs. This program, called HUSKY Plus, is provided at no cost to the family.

The size of a family and their income determine whether the family will qualify for HUSKY A or B. HUSKY B has three income levels. These income levels determine whether individuals have to pay premiums and how much must be paid. Applicants are not required to report assets for either HUSKY A or B. There are no exclusions or limitations on coverage for pre-existing medical conditions.

HUSKY pays for a comprehensive health care benefits package including:

- preventative care
- outpatient physician visits
- school physical visits
- prescription medicines
- inpatient hospital and physician services
- outpatient surgical facility services
- mental health and substance abuse services
- short term rehabilitation and physical therapy (some limitations apply for HUSKY B)
- home health care
- diagnostic x-ray and laboratory services
- emergency care
- durable medical equipment
- eye care and hearing exams
- dental care

When individuals are accepted into the HUSKY program, they must choose a managed care organization that participates in HUSKY. The managed care organization provides a health insurance card for the covered individuals in the family so they can receive health care services. The Department of Social Services also sends the program participant a CONNECT Card that is used for services for which the managed care organizations are not responsible. The services accessed with this card include dental, pharmacy and behavior health. Some HUSKY A members may be eligible to enroll in a pilot program called Primary Care Case Management (PCCM). PCCM is an alternative to enrolling in a managed care organization.

It is important to note that unlike HUSKY A, children cannot enroll in HUSKY B if they have any other healthcare insurance.

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## **Eligibility Requirements, Service Areas and Program Year:**

### Eligibility Requirements:

- Families must reside in Connecticut.
- There are no income limits; however, income and family size determine the HUSKY Plan for which families are eligible.
- Refer to [Appendix F](#) for federal poverty income guidelines based on family size.
- Families with incomes up to 185 percent of the federal poverty level may be eligible for free health care under the HUSKY A program. HUSKY A provides coverage for children, parents or relative caregivers who live with the child. Pregnant women whose family income is less than 250 percent of the poverty level may also qualify for HUSKY A.
- Children whose family income is above 185 percent of the federal poverty level but not higher than 235 percent of the federal poverty level may be eligible for subsidized HUSKY B. There is no premium but some co-payments. These children may also be eligible for HUSKY Plus.
- Children whose family income is above 235 percent of the federal poverty level but not higher than 300 percent of the federal poverty level may be eligible for partially subsidized HUSKY B. Families are required to pay a monthly premium of \$30 for the first child with a maximum of \$50 for two or more children. They may also be eligible for HUSKY Plus.
- Children whose family income is more than 300 percent of the federal poverty level may be eligible for unsubsidized HUSKY B; the family is responsible for a monthly premium of \$195 per child.
- Some services are subject to co-payments regardless of family income.

- Children who qualify for HUSKY B cannot have been covered by other group or individual health insurance (outside of HUSKY A) for at least two months prior to application. There are exceptions to this waiting period, such as financial hardship. Once a child is enrolled in HUSKY B, he or she cannot be enrolled in other group or individual health insurance and stay in HUSKY B.

Service Areas:

Statewide

Program Year:

July 1 – June 30

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### **Contact Information:**

For more information, to request an application or to apply by telephone:

HUSKY

Telephone: 877-284-8759

TDD/TYY: 800-842-4524

Monday – Friday: 8:30 a.m. – 5:00 p.m.

To apply by telephone or to check the status of a filed application:

Telephone: 800-656-6684

Monday – Friday: 9:30 a.m. – 5:00 p.m.

To request or submit an application, or for questions regarding the application process by mail:

HUSKY Plan

P.O. Box 280747

East Hartford, CT 06108

For information on the Primary Care Case Management (PCCM) pilot program:

Telephone: 800-656-6684

For inquiries to the Department of Social Services:

HUSKY Plan  
c/o Department of Social Services  
11<sup>th</sup> Floor  
25 Sigourney Street  
Hartford, CT 06106

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**Related Information:**

*N/A*

# Kinship Fund

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## **Description:**

The Kinship Fund, which is administered by the Connecticut Children's Trust Fund, provides grants of \$500 per child, up to \$2,000 per family. Grants are intended to help children and their legal guardian adjust to new circumstances. Funds can be used to improve children's health, which include paying for eyeglasses, dental care and hearing care, and to enrich children's lives by paying for such things as school trips, clubs, sports, educational classes, art supplies and materials, cloths, school uniforms, photographs and other memorabilia for important school functions, lessons such as karate and driver education courses, summer camps, vacations and vocational or trade school supplies. Funds are distributed through the Office of the Probate Court Administrator to select Probate Courts in the state. Grants are based upon available funding, are available one time per calendar year and are awarded at the discretion of the Administrative Judge or his/her designee.

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## **Eligibility Requirements, Service Areas and Program Year:**

### Eligibility Requirements:

- The child must live with a grandparent or another relative caregiver who either has guardianship through a Probate or Superior Court.
- Cannot be receiving monetary support from the Department of Children and Families (DCF).
- Must apply and qualify for a fee waiver through the Probate Court.

### Service Areas:

Program is based upon available funding.

### Program Year:

January 1 – December 31

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## **Contact Information:**

For additional information and applications:

A guardian appointed in a Probate Court or Superior Court who resides in a city or town that is served by a Regional Children's Probate Court may apply for the kinship fund grant at those courts. Regional Courts and the cities/towns served are listed on the next page.

Regional Courts

New Haven Regional Children's Probate Court  
873 State Street  
New Haven, CT 06511  
Telephone: 203-773-9556  
Fax: 203-773-9685  
Clerk: Tara Courtmanche

Towns Served:

Branford	New Haven	Orange
East Haven	North Branford	West Haven
Hamden	North Haven	Woodbridge
Milford		

Meriden-Wallingford Regional Children's Probate Court  
Meriden City Hall, Room 116  
142 East Main Street  
Meriden, CT 06450  
Telephone: 203-630-4620  
Fax: 203-238-8050  
Clerk: Cathie Topper

Towns Served:

Meriden	Wallingford
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New London Regional Children's Probate Court  
470 Bank Street  
New London, CT 06320  
Telephone: 860-437-6253  
Fax: 860-437-6259  
Clerk: Doris Sanders

Towns Served:

Colchester	Ledyard	Salem
East Lyme	Montville	Stonington
Griswold	New London	Waterford

Waterbury Regional Children's Probate Court  
65 Center Street  
Waterbury, CT 06702  
Telephone: 203-573-5080

Fax: 203-573-5088  
Clerk: Sherri McPartland

Towns Served:

Cheshire	Southbury	Woodbury
Prospect	Waterbury	

Northeast Regional Children's Probate Court at Willimantic  
90 South Park Street  
Willimantic, CT 06226  
Telephone: 860-450-2653  
Fax: 860-450-2657  
Clerk: Kelley Gamache

Towns Served:

Andover	Mansfield
Eastford	Windham

Northeast Regional Children's Probate Court at Brooklyn  
69 South Main Street, Suite 23  
Brooklyn, CT 06234  
Telephone: 860-779-5674  
Fax: 860-779-5675  
Clerk: Cheryl Hurley

Towns Served:

Ashford	Eastford	Plainfield
Brooklyn	Killingly	Putnam
Canterbury		

A guardian appointed in a Superior Court for Juvenile Matters who resides in a city or town that is not served by a Regional Children's Probate Court may apply for the kinship fund grant through Court Services by contacting:

Stephanie Janes,  
Program Manager  
State of Connecticut  
Office of the Probate Court Administrator  
c/o Court Services  
1194 Dixwell Avenue  
Hamden, CT 06514  
Telephone: 203-287-3980 Ext. 19  
Fax: 203-2873984

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**Related Information:**

[\*Grandparent Respite Fund, refer to page III - 4\*](#)  
[\*National Family Caregiver Support Program, refer to page III – 18\*](#)

# National Family Caregiver Support Program

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## Description:

The National Family Caregiver Support Program (NFCSP) is administered by the Department of Health and Human Services' Administration on Aging. The program is a collaborative effort among state units on aging and agencies on aging and the local community service providers. It considers caregivers' unique values and needs and strives to offer a range of services that enable caregivers easy access to the right services at the appropriate times. The major components of the NFCSP include: (1) information about available services, (2) assistance in gaining access to supportive services, (3) individual counseling, access to support groups, caregiver training, (4) respite care to provide caregivers temporary relief from their caregiver responsibilities and (5) supplemental services, which are offered on a limited basis and complement the care provided by caregivers. These services might include home modifications, assistive technologies and transportation. Priority consideration is given to those in the greatest social and economic need and to older individuals who provide care and support to children age 18 and younger with severe disabilities.

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## Eligibility Requirements, Service Areas and Program Year:

### Eligibility Requirements:

- Must be a caregiver of an adult age 60 or older or of someone who is between the ages of 19 and 59 who has a disability and is being cared for full time by a relative caregiver who is not a parent. May also be a grandparent or relative caregiver who is at least age 55 and caring for a child 18 years of age or younger.
- The caregiver must be caring for a care recipient that has two or more activities of daily living limitations or a cognitive impairment to receive respite or supplemental services from the program.

### Service Areas:

Statewide

### Program Year:

October 1 – September 30

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## Contact Information:

Roberta L. Gould, Field Representative  
Department of Social Services  
Aging Services Division  
25 Sigourney Street  
Hartford, CT 06106  
Telephone: 860-424-5199  
Fax: 860-424-5301  
Website: [www.ct.gov/agingservices](http://www.ct.gov/agingservices)

North Central Area Agency on Aging  
Coordinator: Karen Asheh  
New Park Office and Conference Center  
151 New Park Avenue, Suite 15  
Hartford, CT 06106  
Telephone: 860-724-6443 Ext. 283  
Fax: 860-251-6107  
Website: [www.ncaaact.org](http://www.ncaaact.org)

Senior Resources Eastern Connecticut  
Area Agency on Aging  
Coordinator: Marion Donato  
4 Broadway, 3rd Floor  
Norwich, CT 06360  
Telephone: 860-887-3561  
Fax: 860-886-4736  
Website: [www.seniorresourcesec.org](http://www.seniorresourcesec.org)

Agency on Aging of South Central  
Connecticut, Inc.  
Coordinator: Betsy Wieland  
One Long Wharf Drive, Floor 2  
New Haven, CT 06511  
Telephone: 203-785-8533  
Fax: 203-785-8873  
Website: [www.aopartnerships.org](http://www.aopartnerships.org)

Southwestern Connecticut  
Agency on Aging  
Coordinator: Katie Regan  
10 Middle Street  
Bridgeport, CT 06604  
Telephone: 203-333-9288  
Fax: 203-696-3866  
Website: [www.swcaa.org](http://www.swcaa.org)

Western Connecticut Area  
Agency on Aging  
Coordinator: Livia Fiordelisi  
84 Progress Lane  
2<sup>nd</sup> Floor  
Waterbury, CT 06705  
Telephone: 203-757-5449  
Fax: 203-757-4081  
Website: [www.wcaaa.org](http://www.wcaaa.org)

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### **Related Information:**

[\*Grandparents as Parents Support Network \(GAPS\), refer to page III – 8\*](#)

[\*Grandparent Respite Fund, refer to page III – 4\*](#)

[\*Kinship Fund, refer to page III – 14\*](#)

[\*Subsidized Guardianship Program, refer to page III – 22\*](#)

[\*Special Supplemental Nutrition Program for Women's Infants and Children \(WIC\), refer to page III – 28\*](#)

# Connecticut Statewide Respite Care Program

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## **Description:**

The Connecticut Statewide Respite Care Program is administered by the Aging Services Division of the Department of Social Services and operated through the Area Agencies on Aging and the Connecticut Chapter of the Alzheimer's Association. It offers short-term respite care for persons with Alzheimer's disease and related dementias. Related dementias include but are not limited to: Multi-Infarct dementia, Normal Pressure Hydrocephalus dementia, Lewy Body dementia, and dementias associated with Parkinson's Disease, Huntington's Disease or Pick's Disease. The program provides in-home assessments, the development of care plans, and the purchase of necessary services to give caregivers a break from the physical and emotional stresses associated with care giving. Services may include but are not limited to: cognitive training, companions, homemakers, adult day care, home health aides, skilled nursing or short-term inpatient care in a nursing facility, residential care home or a stay in an assisted living community. Individuals may also choose their own caregiver to provide services (the spouse, Conservator and relatives of the Conservator are excluded). Families may receive daytime or overnight respite services.

A 20 percent co-payment of the total cost of services is required. This co-payment may be waived based upon a finding of financial hardship. Participants may receive up to a maximum of \$7,500 of services and no more than 30 days of out-of-home respite care per state fiscal year, which is from July 1 through June 30. There are no restrictions, however, on the number of days of adult day care services available. All benefits of the program are subject to the availability of state funds.

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## **Eligibility Requirements, Service Areas and Program Year:**

### Eligibility Requirements:

- Must have Alzheimer's Disease or a related dementia.
- Must have annual income of \$41,000 or less. Income includes Social Security (minus the Medicare Part B premiums), Supplemental Security Income, Railroad Retirement Income, veteran's benefits, pensions, wages, interest, dividends, net rental income and any other payments received on a one-time or recurring basis.
- Must have assets below \$109,000. Liquid assets include checking and savings accounts, stocks, bonds, IRAs, certificates of deposit and other holdings that can be converted into cash within 20 working days.
- Must provide a physician's statement declaring that the person for whom services are requested has Alzheimer's or a related dementia.
- Must not be covered by the Connecticut Home Care for Elders Program.

Service Areas:  
Statewide  
Program Year:  
July 1 - June 30

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### **Contact Information:**

Cynthia Grant, Statewide Coordinator  
Connecticut Statewide Respite Care Program  
Department of Social Services  
Aging Services Division  
25 Sigourney Street  
Hartford, CT 06106  
Telephone: 860-424-5279  
Website: [www.ct.gov/agingservices](http://www.ct.gov/agingservices)

To contact your regional Area Agency on Aging, call 1-800-994-9422 or refer to [Appendix A](#) for a listing and map of towns covered by each Area Agency on Aging.

Information may also be received from:

Connecticut Chapter  
Alzheimer's Association  
2075 Silas Deane highway, Suite 100  
Rocky Hill, CT 06067  
Telephone: 860-828-2828  
Helpline: 800-356-5502  
Website: <http://www.alz.org/ct>

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### **Related Information:**

[Area Agencies on Aging, refer to page II – 7](#)  
[Alzheimer's Association, refer to page VIII – 1](#)

# Subsidized Guardianship Program

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## Description:

The Connecticut Department of Children and Families (DCF) administers the Subsidized Guardianship Program, which provides a monthly subsidy and continued medical coverage for children who are in DCF foster care and are living with a licensed relative caregiver who is to become the child's guardian. The program helps to provide permanent placement for children who have been placed by DCF with a relative caregiver and who do not expect to return home due to a parent's death or inability to provide a home in the foreseeable future. If it is determined that the guardian requires DCF's help in order to provide ongoing, stable care to the child, the guardian can receive a monthly board and care subsidy that is generally equal to the Department's current foster care rate for a child of similar age and need, minus any income the child may have. This subsidy also provides for a one-time, exceptional expense payment to cover costs the relative incurs in assuming guardianship. There are no additional payments, however, for daycare, clothing or other services that may have been paid while the child was in foster care. The Subsidized Guardianship Program also allows children to continue receiving benefits from the CT HUSKY HMO program, as they did while they were in DCF custody. Benefits are paid until age 18 but can be paid to the guardian until age 21, if the youth remains in school full time, and still lives with the specified relative.

A "relative" or "related" caregiver refers to an adult who is related to the child by either blood, marriage or adoption, descended from a common ancestor not more than three generations removed from the child. After DCF files a Motion to Revoke/Transfer Custody to the proposed relative guardian, the disposition of this transfer may be reopened in the future by the parent requesting a return of custody, by another relative requesting custody or by the Department.

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## Eligibility Requirements, Service Areas and Program Year:

### Eligibility Requirements:

- A child must have been in foster care for at least 6 months and must have lived with the relative for at least 6 months; the 6 months do not necessarily need to be consecutive.
- Children must be under age 18 and in the custody of DCF.
- The relative must be licensed or approved to provide foster care by DCF or a licensed child placing agency.

### Service Areas:

Statewide

Program Year:  
October 1 – September 30

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### **Contact Information:**

For general program information, contact the DCF Subsidy Unit at 860-550-6392, 860-550-6406 or 860-550-6676.

To report suspected child abuse or neglect:  
Child Abuse and Neglect Hotline: 800-842-2288  
TDD: 800-624-5518

For information related to a specific child and eligibility, contact that child's DCF social worker in the appropriate regional office.

Department of Children and Families' Offices:

Department of Children and Families  
Central Office  
Office of Foster and Adoptive Services  
505 Hudson Street  
Hartford, CT 06106  
Telephone: 860-550-6474  
Website: [www.state.ct.us/dcf](http://www.state.ct.us/dcf)

Regional Offices:

100 Fairfield Avenue  
Bridgeport, CT 06604  
Telephone: 203-384-5300  
Fax: 203-365-6398

Towns Served:

Bridgeport  
Easton

Fairfield  
Monroe

Stratford  
Trumbull

131 West Street  
Danbury, CT 06810  
Telephone: 203-207-5100  
Fax: 203-207-5170

Towns Served:

Bethel  
Bridgewater  
Brookfield  
Danbury

New Fairfield  
New Milford  
Newtown  
Redding

Ridgefield  
  
Sherman

One Long Wharf Drive  
New Haven, CT 06511  
Telephone: 203-786-0500  
Fax: 203-777-4358

Towns Served:

Ansonia  
Bethany  
Branford  
Derby  
East Haven

Hamden  
Milford  
North Branford  
North Haven  
Northford

Orange  
Seymour  
Shelton  
West Haven  
Woodbridge

250 Hamilton Street  
Hartford, CT 06106  
Telephone: 860-418-8000  
Fax: 860-418-8327

Towns Served:

Bloomfield  
Hartford

West Hartford  
Windsor

364 Middle Turnpike West  
Manchester, CT 06040  
Telephone: 860-533-3600  
Fax: 860-533-3750

Towns Served:

Andover  
Bolton  
East Granby  
East Hartford  
East Windsor  
Ellington  
Enfield

Glastonbury  
Granby  
Hebron  
Manchester  
Marlborough  
Somers  
South Windsor

Stafford  
Suffield  
Tolland  
Vernon  
Windsor Locks



2 Courthouse Square  
Norwich, CT 06360  
Telephone: 860-886-2641  
Fax: 860-885-1300

Towns Served:

Bozrah  
Colchester  
East Lyme  
Franklin  
Griswold  
Groton  
Lebanon

Ledyard  
Lisbon  
Montville  
New London  
North Stonington  
Norwich  
Preston

Salem  
Sprague  
Stonington  
Voluntown  
Waterford

401 Shippan Avenue  
Stamford, CT 06902  
Telephone: 203-348-4294  
Fax: 203-964-9501

Towns Served:

Darien  
Greenwich

New Canaan

Stamford

62 Commercial Boulevard  
Torrington, CT 06790  
Telephone: 860-496-5700  
Fax: 860-496-5746

Towns Served:

Barkhamsted  
Bethlehem  
Canaan  
Colebrook  
Cornwall  
Goshen  
Hartland  
Harwinton

Kent  
Litchfield  
Morris  
New Hartford  
Norfolk  
North Canaan  
Roxbury  
Salisbury

Sharon  
Thomaston  
Torrington  
Warren  
Washington  
Watertown  
Winchester

395 West Main Street  
Waterbury, CT 06702  
Telephone: 203-759-7000  
Fax: 203-759-7296

Towns Served:

Beacon Falls  
Cheshire  
Middlebury  
Naugatuck

Oxford  
Prospect  
Southbury  
Waterbury

Wolcott  
Woodbury

322 Main Street  
Willimantic, CT 06226  
Telephone: 860-450-2000  
Fax: 860-423-5034

Towns Served:

Ashford  
Brooklyn  
Canterbury  
Chaplin  
Columbia  
Coventry  
Eastford

Hampton  
Killingly  
Mansfield  
Plainfield  
Pomfret  
Putnam  
Scotland

Sterling  
Thompson  
Union  
Willington  
Windham  
Woodstock

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**Related Information:**

N/A

# Special Supplemental Nutrition Program for Women, Infants and Children (WIC)

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## Description:

The Special Supplemental Nutrition Program for Women, Infants and Children (WIC) offers many types of nutritional services to eligible participants. Eligible persons may include parents, stepparents, guardians and foster parents of infants and children under the age of five, as well as, pregnant women, women who are breastfeeding a child under the age of one and women who have had a baby in the past six months. Applicants must meet income requirements, live in Connecticut, have legal proof of their identity and be at nutritional risk. WIC offers services that may include nutrition risk assessment, nutrition education, breastfeeding education and support, checks to buy specific nutritious foods at participating stores, and referrals to other health and social services.

### *Farmer's Market Nutrition Program:*

In addition to the fruits and vegetables provided by the WIC Program, WIC also distributes coupons each summer on behalf of The Farmer's Market Nutrition Program. These coupons provide fresh, unprepared, locally grown fruits and vegetables to WIC participants through purchase at Farmer's Markets or roadside stands that have been approved by the State.

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## Eligibility Requirements, Service Areas and Program Year:

### Eligibility Requirements:

- Must have household income at or below 185 percent of the federal poverty guidelines. (WIC counts an unborn infant as a household member.) Refer to [Appendix F](#) for the federal poverty guidelines.
- Must be at nutritional risk; WIC uses two broad categories of risk; medically-based such as low birth weight and diet-based such as poor eating habits.
- Must live in Connecticut. WIC does not require proof of citizenship or alien status and participation in WIC will not affect your immigration or naturalization status.
- Recipients of the Supplemental Nutrition Assistance (SNAP) program, Temporary Family Assistance (TFA) program or Husky A/Medicaid program are automatically income-eligible for the WIC program. A person who documents that he/she is a member of a family that contains a TFA recipient or that contains a pregnant woman or infant who receives Husky A/Medicaid shall also be determined adjunctively income eligible for WIC.

### Service Areas:

Statewide

Program Year:

N/A

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**Contact Information:**

For more information on the program or to file complaints either about the program or the services an individual receives:

Department of Public Health  
410 Capitol Avenue, MS #11WIC  
P.O. Box 340308  
Hartford, CT 06134  
Telephone: 800-741-2142 or 860-509-8084  
Website: [www.ct.gov/dph](http://www.ct.gov/dph)

To apply for the WIC program, to schedule or reschedule an appointment or for directions to a particular WIC office:

Bridgeport Health Department  
WIC Program  
1450 Barnum Avenue  
Bridgeport, CT 06608  
Telephone: 203-333-9200

1020 Fairfield Avenue  
Bridgeport, CT 06605  
Telephone: 203-332-4600

Towns Served:

Bridgeport  
Easton

Fairfield  
Monroe

Stratford  
Trumbull

Bristol Hospital  
WIC Program  
9 Prospect Street  
Bristol, CT 06010  
Telephone: 860-585-3280

450 Main Street  
New Britain, CT 06051  
Telephone: 860-225-8695

Towns Served:

Avon  
Berlin  
Bristol  
Burlington  
Canton  
Collinsville  
East Granby  
Farmington

Granby  
Kensington  
Marion  
Milldale  
New Britain  
North Granby  
Pequabuck  
Plainville

Plantsville  
Plymouth  
Simsbury  
Southington  
Terryville  
Unionville

Danbury Health Department  
WIC Program  
13 Main Street  
Danbury, CT 06810  
Telephone: 203-797-4629

Towns Served:

Bethel  
Bridgewater  
Brookfield  
Danbury

New Fairfield  
New Milford  
Newtown  
Redding

Ridgefield  
Roxbury  
Sherman  
Washington

East Hartford Health Department  
WIC Program  
50 Chapman Street  
East Hartford, CT 06108  
Telephone: 860-528-1458

Towns Served:

Andover  
Bolton  
Colchester  
East Hartford  
East Granby  
East Windsor  
Ellington

Enfield  
Glastonbury  
Hebron  
Manchester  
Marlborough  
Somers  
South Windsor

Stafford  
Suffield  
Tolland  
Vernon  
Windsor Locks

Family Strides, Inc.  
350 Main Street, Suite C  
Torrington, CT 06790  
Telephone: 860-489-1138

Towns Served:

Barkhamsted  
Bethlehem  
Canaan  
Colebrook  
Cornwall  
Goshen  
Hartland

Harwinton  
Litchfield  
Morris  
New Hartford  
Norfolk  
North Canaan  
Salisbury

Sharon  
Thomaston  
Torrington  
Warren  
Winchester

Hartford WIC Program  
Burgdorf/Fleet Health Center  
131 Coventry Street  
Hartford, CT 06112  
Telephone: 860-757-4780

Santa Marquez WIC Center  
547 Park Street  
Hartford, CT 06106  
Telephone: 860-757-4860

Towns Served:

Bloomfield  
Hartford

Somers  
West Hartford

Tolland  
Windsor

Meriden Health Department  
165 Miller Street  
Meriden, CT 06450  
Telephone: 203-630-4245

Middletown Health Department  
8 Crescent Street  
Middletown, CT 06457  
Telephone: 860-358-4070

Towns Served:

Chester  
Clinton  
Cromwell  
Deep River  
Durham  
East Haddam  
East Hampton

Essex  
Guilford  
Haddam  
Killingworth  
Lyme  
Madison  
Middlefield

Middletown  
Newington  
Old Lyme  
Old Saybrook  
Portland  
Rocky Hill  
Westbrook

Wethersfield

Wallingford

Hospital of Saint Raphael  
WIC Program  
1401 Chapel Street  
New Haven, CT 06513

Telephone: 203-789-3563

Fair Haven Health Center  
WIC Program  
350 Grand Avenue  
New Haven, CT 06513  
Telephone: 203-773-5007

Towns Served:

Bethany  
Branford  
East Haven  
Hamden

Milford  
New Haven  
North Branford  
North Haven

Orange  
West Haven  
Woodbridge

Hill Health Center  
393 Columbus Avenue  
New Haven, CT 06519  
Telephone: 203-503-3080

Towns Served:

Bethany  
Branford  
East Haven  
Hamden

Milford  
New Haven  
North Branford  
North Haven

Orange  
West Haven  
Woodbridge

Yale/New Haven Hospital  
WIC Program  
789 Howard Avenue  
New Haven, CT 06504  
Telephone: 203-688-5150

Towns Served:

Bethany  
Branford  
East Haven  
Hamden

Milford  
New Haven  
North Branford  
North Haven

Orange  
West Haven  
Woodbridge

Stamford Health Department  
888 Washington Boulevard  
Stamford, CT 06904  
Telephone: 203-977-4385

Towns Served:

Darien  
Greenwich

New Canaan

Stamford

Norwalk Health Department  
WIC Program  
137 East Avenue  
Norwalk, CT 06851  
Telephone: 203-854-7885

Towns Served:

Norwalk  
Weston

Westport

Wilton

Thames Valley Council for Community Action (TVCCA)  
401 West Thames Street, Unit 201  
Norwich, CT 06360  
Telephone: 860-425-6526

83 Huntington Street  
New London, CT 06360  
860-425-6620

Towns Served:

Bozrah  
East Lyme  
Franklin  
Griswold  
Groton  
Ledyard

Lisbon  
Montville  
New London  
North Stonington  
Norwich  
Preston

Salem  
Sprague  
Stonington  
Voluntown  
Waterford

The ACCESS Agency/Windham  
WIC Program  
1315 Main Street, Suite 2  
Willimantic, CT 06226  
Telephone: 860-450-7405

Towns Served:

Ashford  
Chaplin  
Cornwall

Coventry  
Mansfield  
Lebanon

Hampton  
Scotland  
Willington

Day Kimball Hospital  
320 Pomfret Street, 3<sup>rd</sup> Floor  
Putnam, CT 06260  
Telephone: 860-928-3660

Towns Served:

Brooklyn  
Canterbury  
Eastford  
Killingly

Plainfield  
Pomfret  
Putnam  
Sterling

Thompson  
Union  
Woodstock

Waterbury Health Department  
1 Jefferson Square, 1<sup>st</sup> Floor  
Waterbury, CT 06706  
Telephone: 203-574-6785

232 North Elm Street  
Waterbury, CT 06702  
Telephone: 203-574-8384

Towns Served:

Cheshire  
Middlebury  
Prospect

Southbury  
Waterbury  
Watertown

Wolcott  
Woodbury

Naugatuck Valley Health District  
98 Bank Street  
Seymour, CT 06483  
Telephone: 203-888-1271

Towns Served:

Ansonia  
Beacon Falls  
Derby

Naugatuck  
Oxford  
Seymour

Shelton

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**Related Information:**

*N/A*