

# American Parkinson Disease Association

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## **Description:**

The Connecticut Chapter of the American Parkinson Disease Association (APDA) is an organization that provides grass roots support to Parkinson patients, their families and the general community. The chapter is affiliated with the APDA Information and Referral Center, which is staffed by a registered nurse and located at the Hospital of Saint Raphael in New Haven. The Chapter and Center work collaboratively to offer a wide variety of statewide programs and services, which include outreach, awareness and educational programs, coordination of volunteers within the Parkinson community, a telephone helpline for information and assistance, referral services to community resources, counseling, advocacy, community awareness programs, fitness programs and subsidies for Lifeline and respite care. Support groups and specialty groups, which are organized for specific populations affected by Parkinson's disease, are also available in several locations statewide. Specialty groups include the Young Onset Group for persons under the age of 60 with Parkinson's Disease and the Connecticut Parkinson's Working Group which meets monthly to share ideas, concerns and experiences to establish and work on common goals best undertaken by those living with Parkinson's Disease. The APDA coordinates fund-raisers to help support these services as well as national research efforts.

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## **Eligibility Requirements, Service Areas and Program Year:**

### Eligibility Requirements:

- Persons with Parkinson Disease or persons affected by Parkinson Disease as well as the general community.

### Service Areas:

Statewide

### Program Year:

NA

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## **Contact Information:**

For medical information and support services:

APDA Parkinson Information and Referral Center  
Hospital of Saint Raphael  
1450 Chapel Street  
New Haven, CT 06511  
Donna Diaz, RN, MS, Center Coordinator

APDA Parkinson Information and Referral Center continued  
Telephone: 203-789-3939  
Toll-free: 877-252-7328  
Email: [ddiaz@srhs.org](mailto:ddiaz@srhs.org)

For volunteer, awareness and/or fund raising information:

APDA Connecticut Chapter  
Gladys Tiedemann, President  
27 Allendale Drive  
North Haven, CT 06473  
Telephone: 203-288-0546  
Email: [gladkt@hotmail.com](mailto:gladkt@hotmail.com)  
Website: [www.ctapda.org](http://www.ctapda.org)

Support Groups:

Cheshire/Waterbury Area:  
Norma Papandrea  
1801 Cheshire Street  
Cheshire, CT 06410  
Telephone: 203-272-5815  
Email: [papsmen@aol.com](mailto:papsmen@aol.com)

East Hartford Area:  
Marcie Dwyer  
99 Burnbrook Road  
East Hartford, CT 06118  
Telephone: 860-568-6820  
Email: [marciedwyer@sbcglobal.net](mailto:marciedwyer@sbcglobal.net)

Fairfield/Bridgeport/Stratford Area:  
Ann Marie Fekete  
The Watermark  
3030 Park Avenue  
Bridgeport, CT 06604  
Telephone: 203-374-5611  
Email: [afekete@watermarkcommunities.com](mailto:afekete@watermarkcommunities.com)

Greater New Haven – Caregivers:  
Gladys Tiedemann  
27 Allendale Drive  
North Haven, CT 06473  
Telephone: 203-288-0546  
Email: [gladkt@hotmail.com](mailto:gladkt@hotmail.com)

Greenwich Area:  
Pat O’Sullivan RN, APRN  
Greenwich Health at Greenwich  
Hospital  
2015 West Main Street  
Stamford, CT 06902  
Telephone: 203-863-3792  
Email: [pao222@nyu.edu](mailto:pao222@nyu.edu)

Milford:  
Dolores McGuiness  
38 Sawmill Road  
Milford, CT 06460  
Telephone: 203-878-4108  
Email: [casadeifiori@sbcglobal.net](mailto:casadeifiori@sbcglobal.net)

OR

Terry Swan, RN  
55 Underhill Road  
Milford, CT 06460  
Telephone: 203-874-5070  
Email: [reswan@snet.net](mailto:reswan@snet.net)

New Britain Area:  
Sheila Therriault & Diana Lee  
Hospital for Special Care  
2150 Corbin Avenue  
New Britain, CT 06053  
Telephone: 860-827-1958 Ext. 4772 or  
860-827-4772  
Email: [Stherriault@hfsc.org](mailto:Stherriault@hfsc.org)

New Canaan Area:  
Sally Driscoll  
23 Hoyt Street  
New Canaan, CT 06840  
Telephone: 203-966-7125

New Haven Area:  
Donna Diaz, RN, MS  
APDA Parkinson Center  
Hospital of Saint Raphael  
1450 Chapel Street  
New Haven, CT 06511  
Telephone: 203-789-3936  
Email: [ddiaz@srhs.org](mailto:ddiaz@srhs.org)

Putnam Area:  
Judith Hansen  
Wellness Program  
Day Kimball Hospital  
320 Pomfret Street  
Putnam, CT 06260  
Telephone: 860-928-6541 Ext. 2015  
Email: [jhansen@daykimball.org](mailto:jhansen@daykimball.org)

Ridgefield Area:  
Carmelita Gregory  
Ridgefield Crossings  
640 Danbury Road  
Ridgefield, CT 06877  
Telephone: 203-438-2355  
Email: [Carm815@comcast.net](mailto:Carm815@comcast.net)

Southbury Area:  
Margaret Clark  
92 Walnut Tree Hill Road  
Sandy Hook, CT 06482  
Telephone: 203-426-5534  
Email: [MagdaCl@sbcglobal.net](mailto:MagdaCl@sbcglobal.net)

Waterford/Southeast CT Area:  
Joyce Beaudoin  
999 Pequot Avenue  
New London, CT 06320  
Telephone: 860-437-8649  
Email: [joytel@aol.com](mailto:joytel@aol.com)

OR

David Singer  
87 Grassy Hill Raod  
Old Lyme, CT 06371  
Telephone: 860-434-5932  
Email: [davsin@comcast.net](mailto:davsin@comcast.net)

West Hartford Area:  
Gail Slay  
Arden Courts  
100 Fisher Drive  
Avon, CT 06001  
Telephone: 860-678-7500 Ext. 210  
Email: [redbird5560@sbcglobal.net](mailto:redbird5560@sbcglobal.net)

Westport Area:  
Sue Pfister  
Westport Center for Senior Activities  
21 Imperial Avenue  
Westport, CT 06880  
Telephone: 203-341-5098

OR

Paul Green  
15 Old Mill Road  
Westport, CT 06880  
Telephone: 203-227-6500  
Email: [greenloble@aol.com](mailto:greenloble@aol.com)

Willimantic Area:  
Rose Fowler  
McSweeney Senior Center  
47 Crescent Street  
Telephone: 860-423-4524  
Email: [McSweeney@snet.net](mailto:McSweeney@snet.net)  
Website: [www.mcsweeneyseniorcenter.org](http://www.mcsweeneyseniorcenter.org)

Specialty Groups:

New/Young Onset Group  
Steven DeWitte  
134 Kinney Hill Road  
Washington, CT 06794  
Telephone: 860-868-7938  
Email: [sdewitte@earthlink.net](mailto:sdewitte@earthlink.net)

CT Parkinson's Working Group:

Jackie Dorwin, Co-facilitator  
132 Highwood Drive  
Guilford, CT 06437  
Telephone: 203-453-2655  
Email: [jdorwin@aol.com](mailto:jdorwin@aol.com)

OR

Stan Wertheimer, Co-facilitator  
193 Oceanview Avenue  
Mystic, CT 06355  
Telephone: 860-572-9965  
Email: [stan.wertheimer@gmail.com](mailto:stan.wertheimer@gmail.com)

OR

Tom Sullivan, Co-facilitator  
94 East Ridge Road  
Middletown, CT 06457  
Telephone: 860-343-8278  
Email: [tsps628@sbcglobal.net](mailto:tsps628@sbcglobal.net)

Yale Professors

Arlen Szczarba  
307 Audobon Street  
New haven, CT 06510  
Telephone: 203-787-9913  
Email: [aszczarba@prudential.comt](mailto:aszczarba@prudential.comt)

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**Related Information:**

*N/A*