

Thinking About Community Participation and Transition Goals

Long-range goals written into your IEP regarding COMMUNITY PARTICIPATION might include statements such as:

- Develop the necessary skills to live within the community and access the available resources;
- Develop the ability to utilize recreational/leisure resources in the community independently or with support services;
- Develop the necessary skills and abilities to advocate for my own rights;
- Develop the necessary skills to be a good citizen.

After long-range goals have been determined, ask the following questions to assess your needs and identify the activities that will be necessary to include in the transition planning in order to achieve these long-range goals:

- How do you spend your leisure time? Alone? With family? With friends?
- What sports, games, or hobbies do you enjoy?
- Is there anything you wish you could learn to do?
- Do you make friends easily?
- Do you need help in letting people know about your needs?
- Do you find it hard to ask for help?
- Can you use a telephone?
- Can you read a map, bus, or train schedule?

Are there any school or community activities that you would like to get involved in?

Community Participation Checklist

What help do you need to reach your long-term goals?

Please Check All That Apply



Leisure/Recreation

Find out about opportunities for fun in your community.

- Sports and Social Clubs _____
- Community Programs _____
- Specialized Recreation _____
- Special Interest Clubs _____
- Synagogue/Temple/Church Groups _____

Civic Responsibilities

Find out what you can do to improve the quality of life in your community.

- Political Groups _____
- Advocacy Groups _____
- Civic/Neighborhood Groups _____
- Volunteer Opportunities _____

Use page 23 to help you write your transition objectives/activities in the area of Community Participation.