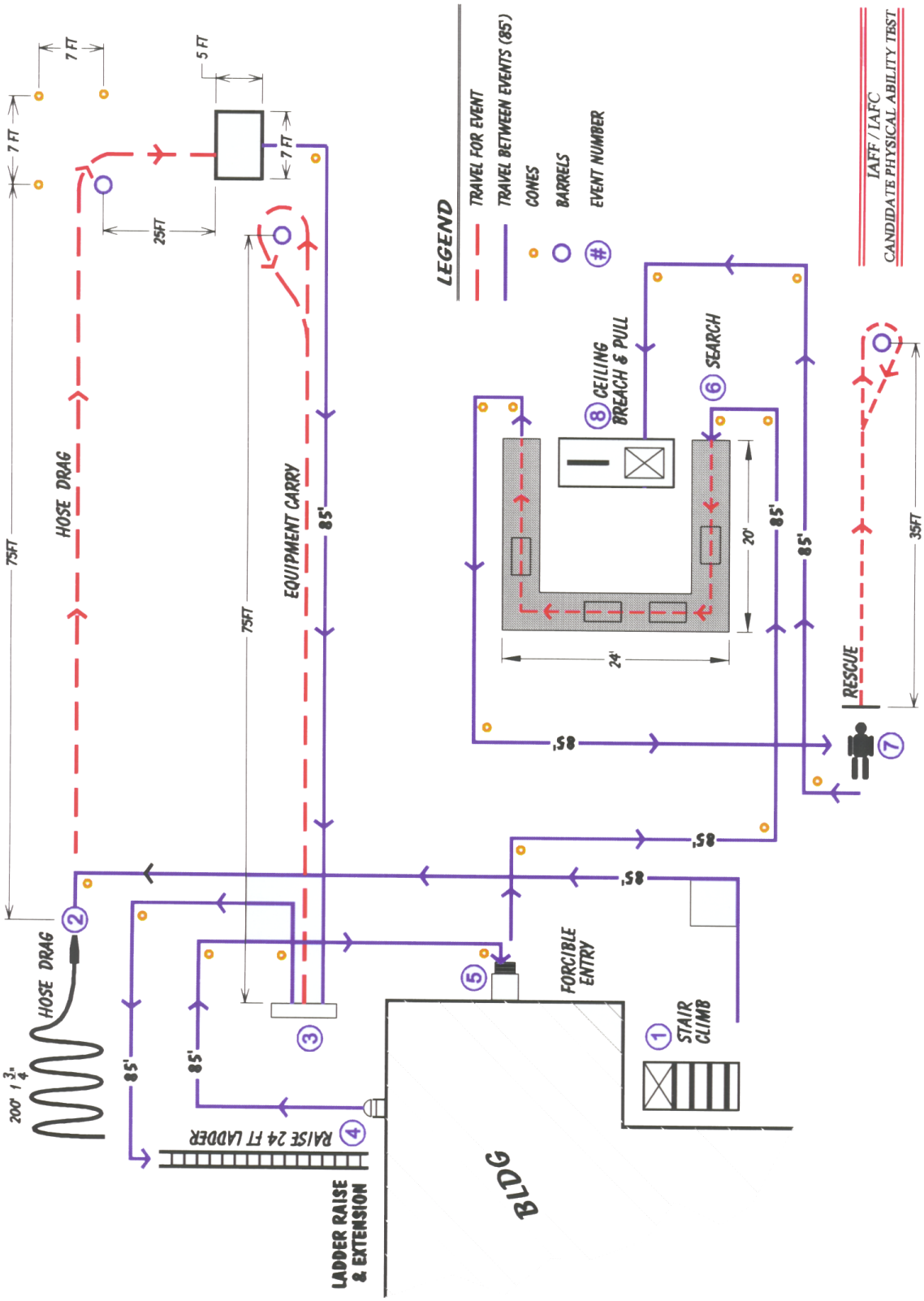This page is one part of the total Candidate Physical Ability Test program. The entire contents of this document are Copyright © 1999 by the IAFF and the proprietary rights of this document belong to the IAFF, the IAFC and the ten jurisdictions and local unions of the Task Force. The CPAT is a comprehensive program for fire department candidates and partial use of this document is prohibited. No part of this document may be copied without the consent of the IAFF, the copyright owner.