

**STATE OF CONNECTICUT
DEPARTMENT OF DEVELOPMENTAL SERVICES**

Policy No: I.E.PO.004
Subject: Program Review Committee
Section: Health & Safety

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Approved: /S/ Peter H. O'Meara,
Commissioner

A. Policy Statement

Individuals with mental retardation, as with all people, may experience mental health and behavioral problems which require treatment. In order to assure that psychiatric and behavioral treatments are used in accordance with current standards of medical practice, the Department of Developmental Services(DDS) requires that all use of behavior modifying medications and behavioral support plans that include the use of aversive procedures be reviewed and approved.

DDS has established Program Review (PRC) and Human Rights Committees (HRC) for each region and Southbury Training School to review the use of behavior modifying medications and behavioral support plans that include aversive procedures for clinical appropriateness and to assure that client rights are protected. Following these reviews, the PRC and HRC are required to make recommendations regarding approval and next PRC review date to the regional or training school director . Following a review of the PRC and HRC recommendations, the director grants or denies approval of the treatment.

B. Applicability

This policy applies to all individuals placed or treated under the direction of the Commissioner. This includes individuals receiving services in or from DDS operated, funded and/or licensed facilities, including ICF/MR, CLA, CTH, Day Services and DDS Individualized Home Supports provided in any setting and/or any DDS funded service regardless of where the individual lives. It applies to individuals receiving any HCBS Waiver Services where paid staff are required to carry out a behavioral intervention that utilizes an aversive, physical, or other restraint procedure and/or staff funded by the DDS who are required to pass/give a behavior modifying medication, regardless of where the individual lives. This policy applies to individuals receiving services from the DDS Voluntary Services program if they are placed in an in-state DDS operated, funded and/or licensed facility. It also applies to any individuals who receive ongoing, planned psychiatric supports where behavior modifying medication is prescribed by the Psychiatrist regardless of where the individuals live and whether or not they are receiving DDS Waiver Services.

This policy does not apply to those receiving DDS Respite Services only, those exempt from Program Review Committee/Human Rights Committee (PRC/HRC) review, and those who reside in long-term care facilities licensed, funded and/or overseen by other state agencies.

C. Definitions

See Procedure I.E.PR 004 Revised May 2008Program Review Committee

D. References

CT General Statutes 17a-210
CT General Statutes 17a-238
CT General Statutes 19a-469

CT General Statutes 45a-677
CT General Statutes 45a-677 (e)
CT General Statutes 46a-11 et seq.
Regs. Conn. Agencies-DDS sections 17a-238-7 through 17a-238-13, "Aversive Procedures"
ICF/MR Federal Regulations 483-420, "Condition of Participation: Client Protections"
ICF/MR Federal Regulations 483-440, "Condition of Participation, Active Treatment Services"
ICF/MR Federal Regulations 483-450, "Condition of Participation: Client Behavior and Facility Practices"
DDS I.F.PO.001, Abuse and Neglect Prevention
DDS I.F.PR.001, Abuse and Neglect Prevention, Reporting, Notification, Investigation, Resolution and Follow-up
DDS, I.E.PR.002, Behavior Support Plans
DDS.I.E.PR.003, Behavior Modifying Medications
DDS I.E. PR.006, Pre-sedation for Medical/Dental Procedures

D I.E.PO.006, Human Rights Committee
DDS Policy 7, Programmatic Administrative Review
DDS Policy 13, Advocates
DDS I.C.001-004, Policies and Procedures for Case Management