



# Healthy Relationships Series

In collaboration with Planned Parenthood of Southern New England and DDS Self Advocate Coordinators; the Healthy Relationship Series will be held in the North Region. The Relationship series is a 6 session course dedicated to the topic areas of making, developing, and maintaining healthy relationships. Consumers must participate in all 6 sessions. The first session of the series will include an overview of the material to be covered. Support staff should plan on attending and participating in the first session. This will assist everyone in knowing what to expect in the series.

***The North Region Series will be held in Andover CT at the Network Agency main office from 4:00pm to 7:00pm on the following dates:***

**Dates:** Tuesday, November 3rd, 10th, 24th  
Thursday, November 5th, 12th and 19<sup>th</sup>.

**Location:** Network Inc. Main Office  
23 Route 6 Andover CT

**Sign Up  
Early!**

\*Please complete the attached application. Referrals are REQUIRED to participate in the series. Send to Patricia Cymbala at: [patricia.cymbala@ct.gov](mailto:patricia.cymbala@ct.gov) . For info, call: 860-263-2462.

(20 participants maximum)

## Potluck!

\*Each session will feature a potluck dinner. Participants will be asked to bring a healthy dish to share.

