

Connecticut Department of
Mental Health and Addiction Services



Prevention Training Course Catalog

January 2012 - June 2012

Patricia Rehmer, MSN

Commissioner

Department of Mental Health and Addiction Services

Carol P Meredith, MPA

Prevention and Health Promotion Division Director

Department of Mental Health and Addiction Services

Available Online at
www.ctclearinghouse.org

**CONNECTICUT DEPARTMENT OF MENTAL HEALTH AND ADDICTION SERVICES
PREVENTION TRAINING COLLABORATIVE**

**Prevention Training
Course Offerings**

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Dear Colleagues,

I am pleased to present the DMHAS Prevention and Health Promotion Division's training catalog for January through June 2012. I hope you find our course selections interesting and pertinent to your work.

This year has presented exciting challenges and opportunities for Prevention in our state. Dianne Harnad, the Director of Prevention and Health Promotion for many years, retired in June. Additionally, the Prevention and Health Promotion Division became the recipient of three new federally funded initiatives in the fall of 2011.

The recently received State Prevention Enhancement (SPE) grant will facilitate our continued collaboration with federal, state and local partners to build and strengthen Connecticut's Prevention infrastructure. The grant requires the development of a 5-year strategic plan for prevention which will address workforce development and the specific competencies needed to address priority problems, populations and strategies that are identified. We will also continue our efforts to reduce underage alcohol use in communities throughout the state through the implementation of the Partnership for Success Initiative. The Regional Action Councils, Local Prevention Councils and other community organizations continued to enjoy success in leveraging federal funding to support Drug Free Coalitions and other priority needs. Our funded Best Practice Programs are also implementing evidence based strategies to reduce underage alcohol and marijuana use and prescription drug abuse and misuse. We are continuing our work with the Connecticut State University System, and a Statewide Healthy Campus Partnership to promote healthy campus communities across Connecticut by reducing alcohol use and implementing effective strategies to address suicide prevention. We are excited for the opportunity to bolster our tobacco prevention and enforcement efforts to reduce youth access to tobacco products through a new partnership with the Food and Drug Administration (FDA).

The course offerings in this catalog are reflective of these new opportunities and are based on current trends, new practices, participant evaluations, attendance, and suggestions for workforce development. These selections include Community Organization, Family Violence, Needs of Returning Veterans, and Cultural Competency to name just a few. The catalog is available on the DMHAS website at <http://www.ct.gov/dmhas> and we welcome you to share it with others.

On behalf of the DMHAS Prevention and Health Promotion Division, I hope you will take advantage of these opportunities to enrich your skills at creating healthy people and healthy communities in Connecticut.

Sincerely,

Carol P. Meredith, MPA
Director
Prevention and Health Promotion Division

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Mental Health and Addiction Services
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The DMHAS prevention system is designed to promote the overall health and wellness of individuals and communities by preventing or delaying substance use. Prevention services are comprised of six key strategies including information dissemination, education, alternative activities, strengthening communities, promoting positive values, and problem identification and referral to services.

REGISTRATION INFORMATION AND CONTACTS

Child and Family Agency of Southeastern Connecticut

Registration: Register on website only: www.cfapress.org.
Registration forms should be submitted at least 10 days prior to the event date.
Address: 255 Hempstead Street, New London, CT 06320
Contact: Chris Kullstroem Telephone: 860.443.2896 ext. 1400
Email: kullstroemc@cfapress.org Fax: 860.442.5909
Website: www.cfapress.org/

The Consultation Center

Registration: Register online at: www.theconsultationcenter.org
Address: The Consultation Center
389 Whitney Avenue, New Haven, CT 06511
Contact: Valencia Goodridge Telephone: 203.789.7645 ext. 139
Email: vgoodridge@theconsultationcenter.org Fax: 203.562.6355
Website: www.theconsultationcenter.org

The Governor's Prevention Partnership

Registration: Online registration preferred: www.preventionworksct.org/calendar.html
Or by mail:
Address: 30 Jordan Lane
Wethersfield, CT 06109
Contact: Shannon Strickland Telephone: 860.523.8042 ext. 25
Email: shannon.strickland@preventionworksct.org Fax: 860.236.9412

Connecticut Clearinghouse

Registration: Online registration preferred: www.ctclearinghouse.org/registration/default.asp
Address: 334 Farmington Avenue, Plainville, CT 06062
Contact: Roseina Toce Telephone: 1.800.232.4424 or 860.793.9791
Email: info@ctclearinghouse.or Fax: 860.793.9813
Website: www.ctclearinghouse.org

Multicultural Leadership Institute, Inc.

Registration: Register online at: www.mli-inc.org (News & Events), call for paper copy, or email for digital form.
Address: Multicultural Leadership Institute
127 Washington Avenue, East Building, 2nd Floor, North Haven, CT 06473
Telephone: 203.691.1486 Fax: 203.691.5674
Email: info@mli-inc.org
Website: www.mli-inc.org

**Connecticut Department of Mental Health and Addiction Services
Prevention Training Collaborative**

COURSE REGISTRATION FORM

Please type or print

First Name:		Last Name:	
Agency Name:			
Agency Address:			
City/Town:			Zip Code:
Work Telephone: ()		E-mail:	
Course Name:			
Course Code:		Date(s):	
Training Agency:		Training Location:	

Directions for Completing the Registration Form

- See page 2 for training agency registration information and contacts.
- Register at least one week prior to the training date.
- Contact the training agency to request driving directions to the training site.
- Notify the training agency as soon as possible if you are unable to attend the training.

Class Cancellation Notice - In the event of inclement weather:

All classes are cancelled if State of Connecticut offices are closed or have delayed openings. Contact the training agency to determine if classes are cancelled or delayed when State of Connecticut offices remain open. All registered students will be contacted by the training agency with the rescheduled date of the canceled class.

Child and Family Agency of Southeastern Connecticut - 860.443.2896 x1400

Connecticut Clearinghouse - 800.232.4424

The Consultation Center - 203.789.7645

The Governor's Prevention Partnership - 860.523.8042

Multicultural Leadership Institute - 203.793.1952

Continuing Education Credits

All classes have been approved for Continuing Education Units by the Connecticut Certification Board, Inc.

Prevention Certification Performance Domains

Community Organization (CO)

Planning and Evaluation (PE)

Education and Skill Development (ESD)

Public Policy and Environmental Change (PPEC)

Professional Growth and Responsibility (PGR)

Focus Areas

ADL Developmentally-Appropriate Prevention Programming - Adult Specific

ATD Alcohol, Tobacco, Other Drug Specific

CUL Culturally Appropriate Services for Special Populations

ALS Developmentally Appropriate Prevention Programming - Across the Life Span

CTA Developmentally Appropriate Prevention Programming - Childhood through Adolescence

OAD Developmentally Appropriate Prevention Programming - Older Adults

ETH Ethics

EVL Evaluation

MHS Mental Health

PBC Prevention Basics - Community

PBG Prevention Basics - General

PBW Prevention Basics - Workplace

VPS Violence Prevention

YDL Youth Development and Youth Leadership

Prevention Training Skill Levels

Level 1 Basic education/skills for new prevention professionals. The focus is on the acquisition of new skills.

Level 2 Skills enhancement for prevention professionals with some experience. The focus is on applying essential skills.

Level 3 New knowledge and strategies for seasoned professionals. The focus is on building programs, program maintenance and integration.

General Training for prevention professionals and volunteers on "best practice" prevention uses.

Other Additional training or technical assistance needed for specific participant groups.

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Creating and Implementing a Self-Help Group: Bridging Prevention and Recovery

Training Agency: The Consultation Center

Date: January 6, 2012

Time: 9:00 AM – 12:00 PM

Course Code: 12DHPBG12

Description: This workshop is designed to train participants on how to start and maintain a mutual aid self-help group. This training is geared toward facilitators and group leaders who are interested in exploring strategies that will keep a self-help group alive, productive, and positive. Topics that will be covered in the training include: 1) attendance and group size; 2) sharing group leadership and avoiding facilitator burnout; and 3) working with difficult group members. Participants who are currently running a self-help group will have the opportunity to receive consultation about particular challenges they are facing in their respective groups for shared problem-solving.

Instructor: Susan Ottenheimer, LCSW

Location: The Consultation Center

Domain: ESD, PE **Focus Area:** PBG

Skill Level: 1

Certification: The Connecticut Certification Board, Inc.: 3 Hours

National Association of Social Workers CT Chapter: 3 Hours

Prevention Groupwork with Adolescent Girls

Training Agency: The Consultation Center

Date: January 13, 2012

Time: 9:00 AM - 4:00 PM

Course Code: 12DHCTA13

Description: Gender-specific prevention work with adolescent girls challenges group facilitators to select topics and strategies that fit the developmental needs of group members. Based on experience with girls' groups for middle and high school age females, this workshop will emphasize and provide opportunities to discuss gender-specific work with girls; developmental issues; curricular resources; and address structure, activities and group leadership issues.

Instructor: Raynetta Woods, MSW

Location: The Consultation Center

Domain: ESD

Focus Area: CTA

Skill Level: 2

Certification: The Connecticut Certification Board, Inc.: 6 Hours

National Association of Social Workers CT Chapter: 6 Hours

Hidden Lives: Immigrant and Refugee Youth in Our Communities, Schools and Programs

Training Agency: The Consultation Center

Date: January 20, 2012

Time: 9:00 AM - 4:00 PM

Course Code: 12DHCTA14

Description: Youth workers in the prevention field as well as educators may be unaware of the presence and issues of youth from immigrant families in our communities. This workshop will present profiles of Connecticut immigrant youth (legal and undocumented), issues they encounter in our schools and communities, and important information and strategies for working effectively with these youth and their parents. A panel of immigrant youth will share their experiences and join the discussion with workshop participants.

Instructors: Terry Freeman, MAT, LCSW, CPP-R and Judith Stonger, MA, CPP

Location: The Consultation Center

Domain: ESD

Focus Area: CTA

Skill Level: General

Certification: The Connecticut Certification Board, Inc.: 3 Hours

National Association of Social Workers CT Chapter: Hours Pending

**Coping with Work and Family Stress™:
An Intervention to Prevent Alcohol
Abuse and Psychological Symptoms
(SAMHSA Model Program)**

Training Agency: The Consultation Center

Date: January 20, 2012
Time: 9:00 AM - 4:00 PM
Course Code: 12DHMHS15

Description: This training will provide training in the rationale, design, and implementation of a science-based workplace coping skills intervention aimed at reducing alcohol abuse and psychological symptoms among employees. Participants will: 1) learn a risk and protective factor model that links selected factors from work and family domains to alcohol abuse and psychological symptoms; 2) review the rationale and content of a workplace intervention aimed at enhancing employee's skills in coping with work and family stress; and 3) examine various issues and strategies for introducing the program into the workplace.

Instructors: David L. Snow, Ph.D. and Susan Ottenheimer, LCSW

Location: The Consultation Center

Domain: PE **Focus Area:** WKP
Skill Level: 2

Certification: The Connecticut Certification Board, Inc.: 6 Hours
National Association of Social Workers CT Chapter: 6 Hours

**Risk and Protective Factors for Older
Adults Regarding Alcohol
and Medication Misuse**

Training Agency: The Consultation Center

Date: January 27, 2012
Time: 9:00 AM - 12:15 PM
Course Code: 12DHOAD16

Description: As we age, our bodies change the way alcohol and medications are processed. Normal aging actually puts older adults at risk for alcohol and medication misuse. Unintentional misuse can lead to dependence and even abuse. Normal age-related physiological changes will be

discussed as they relate to alcohol and medication misuse. The attitudes of health professionals and family caregivers about older adults' alcohol and medication use, additional risk and protective factors, assessment tools and community resources will also be addressed.

Instructor: Donna Fedus, MA

Location: The Consultation Center

Domain: ESD **Focus Area:** OAD
Skill Level: 2

Certification: The Connecticut Certification Board, Inc.: 3 Hours
National Association of Social Workers CT Chapter: 3 Hours

**Core Competencies in Prevention
(For Certification)**

Training Agency: The Consultation Center

Date: February 3, 2012
Time: 9:00 AM - 12:00 PM
Course Code: 12DHPBG17

Description: This course provides an overview of prevention approaches by emphasizing its core competencies of practice, including training and community education, community program development, consultation and technical assistance, community advocacy, and program evaluation. At the end of the workshop participants in the course will 1) be able to describe the major core competencies in prevention; 2) have developed skills to implement prevention services for at least two core competencies; and 3) be able to identify resources to gain further expertise in specific core competencies as their practice needs change.

Instructor: Susan Ottenheimer, LCSW

Location: The Consultation Center

Domain: PE **Focus Area:** PBG
Skill Level: 1

Certification: The Connecticut Certification Board, Inc.: 3 Hours
National Association of Social Workers CT Chapter: 3 Hours

A Workshop for Prevention Providers on Building Group Capacity Through Building Relationships Across Lines of Difference

Training Agency: The Multicultural Leadership Institute, Inc. (MLI)

Date: February 8, 2012

Time: 9:00 AM – 12:00 PM

Course Code: 12DHCUL43

Description: This three-hour, experiential workshop is intended for building basic awareness and skills required for working with an array of human diversity. Inclusionary practices vs. exclusionary practices, cross cultural communication, understanding and managing our privilege, modeling championing behaviors, and respecting generational differences will be included. These skill sets help to create meaningful dialog towards building effective and lasting community involvement and solid relationships that will ultimately influence one in the workplace, but also help one to influence current and future prevention program planning and implementation.

Who should attend: DMHAS-funded Best Practice and PFS Grantees and active Prevention Coalition members who wish to learn about how to tangibly build capacity and community for their coalition's work. Other prevention providers who wish to create diverse community coalitions, workgroups, or even diversity/cultural competency committees at their workplaces.

This interactive training is limited to up to 25 participants to allow for activities, dialogue and information and resource exchanges.

Instructor: Bill Harris

Location: The Multicultural Leadership Institute, Inc. (MLI)

Domain: PGR

Focus Area: CUL

Skill Level: General

Certification: The Connecticut Certification Board, Inc.: 3.0 Hours

Understanding Alzheimer's Disease and Coping Strategies for Caregivers

Training Agency: The Consultation Center

Date: February 10, 2012

Time: 9:00 AM - 4:00 PM

Course Code: 12DHOAD18

Description: Caring for someone with Alzheimer's disease is extremely challenging, whether you are a professional or a family caregiver. In this workshop, you will learn to distinguish normal memory loss from Alzheimer's disease; the importance of a diagnosis; brain changes and behavioral challenges that accompany the progression of Alzheimer's disease; and strategies to help caregivers cope with the difficult behaviors associated with the disease. These strategies help the person with Alzheimer's maintain maximum independence and dignity.

Instructor: Donna Fedus, MA

Location: The Consultation Center

Domain: ESD

Focus Area: OAD

Skill Level: 1

Certification: The Connecticut Certification Board, Inc.: 6 Hours
National Association of Social Workers CT Chapter: 6 Hours

Working with Fathers: Practical and Relational Issues in Support of Families

Training Agency: The Consultation Center

Date: February 24, 2012

Time: 9:00 AM – 12:00 PM

Course Code: 12DHCUL19

Description: To date little to no attention has been paid to the role of fathers and men in healthy family and community life. With the advent of new Federal and State mandates, programs and service providers are being asked to make their offerings more inclusive of men and fathers. This presentation will provide an introduction to some of the challenges faced; offer helpful suggestions to addressing these challenges; and engage participants in thinking long-term about enhancing program offering to men and fathers in support of their agency's mission. Participants are asked to come prepared to talk about their agency mission, challenges faced to date in working with men and fathers, and their vision for their work with this population.

Instructor: Derrick M. Gordon, PhD

Location: The Consultation Center

Domain: ESD **Focus Area:** CUL, PBC

Skill Level: 2

Certification: The Connecticut Certification Board, Inc.: 3 Hours
National Association of Social Workers CT Chapter: Hours Pending

Substance Abuse Prevention and Mental Health Promotion in the Latino Community

Training Agency: The Multicultural Leadership Institute, Inc. (MLI)

Date: March 2, 2012

Time: 9:00 AM - 4:00 PM

Course Code: 12DHCUL44

Description: The full-day training will focus on the World Health Organization's (WHO) definition of mental health, as not just an absence of illness but as a state of healthy being that can be attained by all individuals. The discussion will include the social and environmental aspects that influence mental health and substance abuse in our communities —

specifically the Latino community in the U.S.; the specific actions service providers must take in order to overcome barriers and decrease disparities; and some of the techniques used in order to prevent relapse and advance the highest possible level of physical, mental and social well-being. The prevention of substance abuse and the promotion of mental health are seen from a public-health perspective that includes the experiences of the speaker with recovery and relapse prevention psychotherapy groups with Latinos and Latinas, and that takes into account biological, social, cultural, and spiritual aspects that impact the populations served in our system.

Learning Objectives:

1. Participants will be able to discuss and integrate into their daily practices the full holistic definition of mental health, per the World Health Organization.
2. Participants will achieve a better understanding of the basic techniques used as part of the process of substance abuse treatment and relapse prevention, among them harm reduction, Motivational Interviewing, acupuncture, detoxification, etc.
3. Participants will leave the training with a broader understanding of the social, cultural, historical and spiritual aspects that influence the presentation of substance abuse and mental health issues in the Latino community in the U.S. (specifically the Northeast)

This interactive training is limited up to 25 participants to allow for activities, dialogue and information and resource exchanges.

Instructor: Ylara S. Blanco, PsyD, ADS

Location: The Multicultural Leadership Institute, Inc. (MLI)

Domain: PGR

Focus Area: CUL

Skill Level: 2

Certification: The Connecticut Certification Board, Inc.: 6 Hours

Responding to the Needs of Veterans Returning from War

Training Agency: The Consultation Center

Date: March 2, 2011

Time: 9:00 AM – 12:00 PM

Course Code: 12DHMHS20

Description: Studies suggest that up to 20% of combat Veterans will return from war with a diagnosis of post traumatic stress disorder (PTSD). Of the 700,000 Veterans already enrolled in the VA system, half are receiving mental health treatment. The purpose of the training is to:

- Familiarize mental health professionals, and others, regarding the nature of military service in Operations Enduring Freedom, Iraqi Freedom and New Dawn.
- Discuss the prevalence of psychological and behavioral challenges facing returning Veterans, often referred to as the *Hidden Wounds* of war.
- Provide an overview of federal and state services and benefits available to Veterans and their families.

The training will:

- Familiarize mental health professionals, and others about the special needs of returning Veterans.
- Increase professionals' knowledge of Veterans services and benefits which will serve to strengthen treatment/service planning.
- Demystify the VA and Vet Center system.
- Encourage collaboration between state and community providers and the VA healthcare system.

Instructors: Jim Tackett and Susan Ottenheimer LCSW

Location: The Consultation Center

Domain: ESD **Focus Area:** MHS
Skill Level: Level 3

Certification: The Connecticut Certification Board, Inc.: 3 Hours
National Association of Social Workers CT Chapter: Hours Pending

Current Alcohol and Other Drug Trends

Training Agency: The Governor's Prevention Partnership

Date: March 7, 2012

Time: 9:00 AM - 11:30 AM

Course Code: 12DHATD42

Description: Are you looking for information on current trends in alcohol products, prescription drugs, and other street drugs? This free training will provide a look into emerging patterns in marketing and usage. Stay on the cutting edge of the alcohol and drug fads used by today's young adults. The discussion of new products and current usage will include a focus on popular culture, social norms, and environment. There will also be an opportunity for networking with others to discuss the successes and challenges you have faced when working in your community. ****Limited Space****

Participants will learn to:

- Summarize up-to-date information and local statistics on youth alcohol and other drug use.
- Identify emerging and current trends in alcohol consumption and marketing.
- Recognize street drugs and understand new regulations throughout the state.
- Classify prescription drugs commonly abused by young adults.

Training includes discussion of the following:

- National and local statistics and trends
- Drinking culture
- Alcopops, alcoholic energy drinks, and other cutting-edge alcohol products
- Flavored alcohol trends
- Dangerous drinking usage (vodka eyeballing, vodka snorting, beer bong, etc.)
- Drinking games, accessories, parties
- Marketing: advertising and new technologies
- Marijuana, synthetic marijuana, salvia, and synthetic drugs - discussion and regulation
- Drug-like trends and new products on the market
- Prescription drug, OTC drug, and inhalant abuse

Instructors: Stephanie Moran and Rachel Bruno

Location: The Governor's Prevention Partnership

Domain: ESD **Focus Area:** ATD
Skill Level: General

Certification: The Connecticut Certification Board, Inc.: 6 Hours

Legal Issues and Emotional Dynamics in Grandfamilies

Training Agency: The Consultation Center

Date: March 9, 2012
Time: 9:00 AM - 12:15 PM
Course Code: 12DHOAD21

Description: The Grandparents Raising Grandchildren Program at The Consultation Center aims to preserve and support the integrity of grandfamilies in order to prevent children from entering the child welfare system. Some of the reasons grandparents and other relatives take over child-rearing duties often involve a single parent who becomes overwhelmed with financial problems, is incarcerated, succumbs to illness or substance abuse, or dies. High rates of divorce and teen pregnancies fuel the phenomenon. The probability of early exposure to trauma puts children raised by relatives at high risk for emotional, physical and educational disorders. The grandparents also are a high-risk population due to the impact of increased stress on their health and financial vulnerability arising from the unexpected need to raise children while simultaneously managing their own aging. This workshop will provide an in-depth look at the legal issues and emotional dynamics common in grandfamilies which are layered over the normal strains of childrearing.

Instructors: Donna Fedus, MA and Kathleen Lutz

Location: The Consultation Center

Domain: ESD **Focus Area:** OAD
Skill Level: 1

Certification: The Connecticut Certification Board, Inc.: 3 Hours
National Association of Social Workers CT Chapter: 3 Hours

Sankofa - Tools for Providing Cultural Competent Service Delivery for African Diaspora

Training Agency: The Multicultural Leadership Institute, Inc. (MLI)

Date: March 9, 2012
Time: 9:00 AM - 4:00 PM
Course Code: 12DHCUL45

Description: This course examines the unique experience of African American families in American society. The rich heritage and legacy of the African American population will be explored from a cultural, historical, psychological, and sociopolitical perspective. The course will examine the institution of slavery, and its structural impact on contemporary Black culture and family life. Special emphasis will be given to Afrocentric prevention treatment and theories as a tool to develop knowledge regarding the dynamics of family functioning. The course is structured to permit open and critical reflection grounded in scholarly readings, case studies and personal experience.

Learning Objectives:

1. The participants will demonstrate knowledge about the unique culture and history of African origin families.
2. The participants will demonstrate knowledge about the core components of cultural competency and the implications for service delivery for African origin people.
3. The participants will demonstrate knowledge about the multiple systemic dynamics that impacts the contemporary African American family and community.

Instructor: Paula Mann-Agnew, LMSW, CSW

Location of Training: MLI

Domain: PGR **Focus Area:** CUL
Skill Level: 2

Certification: The Connecticut Certification Board, Inc.: 6.0 Hours

Community Organization: Part 1 - Introduction (For Certification)

Training Agency: The Consultation Center

Date: March 16, 2012
Time: 9:00 AM - 4:00 PM
Course Code: 12DHPBC22

Description: History and theories behind U.S. community organizing practices will be reviewed, with current examples from Connecticut groups and communities involved in building citizen participation and social change. Both youth and adult organizing strategies will be discussed, with particular attention to case examples of community issues such as substance abuse, community safety, racial/ethnic disparity issues, and the environment.

Instructors: Deborah Stewart, B.A. C.P.P. and Esther Armand, B.A.

Location: The Consultation Center

Domain: CO **Focus Area:** PBC
Skill Level: 1

Certification: The Connecticut Certification Board, Inc.: 6 Hours
National Association of Social Workers CT Chapter: 6 Hours

A Perspective on Ethical Issues in Prevention Practice and Research (For Certification)

Training Agency: The Consultation Center

Date: March 23, 2012
Time: 9:00 AM - 4:00 PM
Course Code: 12DHETH23

Description: This training will provide a perspective on ethical issues frequently encountered in implementing community-based prevention programs and in conducting prevention research. Ethical issues will be considered related to: 1) values and value conflicts and determining intervention goals and objectives; 2) principles that guide the processes of action and implementation; 3) ethical dilemmas related to informed consent; and 4) conducting prevention research in community settings and how findings are shared with stakeholders. An experiential component will be built in to involve participants in debating the resolution of various ethical dilemmas. Participants will become familiar with federal and local confidentiality laws and professional codes of conduct/ethics.

Instructors: David L. Snow, PhD and Susan Ottenheimer, LCSW

Location: The Consultation Center

Domain: PGR **Focus Area:** ETH
Skill Level: 2

Certification: The Connecticut Certification Board, Inc.: 6 Hours
National Association of Social Workers CT Chapter: 6 Hours

Positive Racial and Ethnic Identity Development in Children and Adolescents

Training Agency: The Consultation Center

Date: March 23, 2012
Time: 9:00 AM - 4:00 PM
Course Code: 12DHCUL24

Description: This workshop will explore the process of racial identity development with the goal of training youth service providers to promote positive development among adolescents. The workshop will include an overview of racial identity development models, an examination of the role of stereotypes and biases, and will provide practical examples of ways to promote positive identity when working with youth. Workshop participants will engage in interactive activities to promote personal growth around cultural awareness and positive identity.

Instructors: Jeana Bracey, PhD and Raynetta Woods, MSW

Location: The Consultation Center

Domain: ESD, PGR **Focus Area:** CUL
Skill Level: 2

Certification: The Connecticut Certification Board, Inc.: 6 Hours
National Association of Social Workers CT Chapter: 6 Hours

Gender Responsive Approaches with Girls and Women: Gender and Culture

Training Agency: The Multicultural Leadership Institute, Inc. (MLI)

Date: March 28, 2012
Time: 9:00 AM - 4:00 PM
Course Code: 12DHCUL46

Description: This training will provide an overview of the dynamics of gender and culture as variables in behavioral health prevention, treatment and recovery processes. It will provide an overview of the impetus for and characteristics of the national movement to provide gender responsive and culturally competent services and interventions for females.

Specifically, it will review:

- The impact of gender, culture and trauma on pathways into different systems

- Overview of the intersections between gender, class, trauma, and mental health
- The distinctions between sex and gender as well as gender neutral and gender responsive services
- The distinctions between diversity, cultural competence, multiculturalism and advocacy
- Female psychological development and factors related to class, ethnicity and other culture-based influences
- The science of connection and healing and how gender and culture impact connection and healing
- Strategies for gender and cultural competence

Learning Objectives - Via pre-post measure, participants will be able to:

- Identify the difference between gender neutral and gender responsive.
- Identify the unique characteristics of female development.
- Identify the differences between diversity, cultural competence, multiculturalism and advocacy.
- Identify gender and culturally competent strategies.

Instructor: Alyssa Benedict, MPH

Location: MLI, Inc.

Domain: PGR **Focus Area:** CUL
Skill Level: 2

Certification: The Connecticut Certification Board, Inc.: 6 Hours

Mental Health First Aid

Training Agency: Connecticut Clearinghouse

Dates: March 29 & 30, 2012
Time: 9:00 AM - 4:30 PM
Course Code: 12DHMHS25

Description: Mental Health First Aid is a 12-hour interactive course that presents an overview of mental illness and substance use disorders in the U.S. and introduces participants to risk factors and warning signs of mental health problems, builds understanding of their impact, and overviews common treatments. Those who take the course to certify as Mental Health First Aiders learn a 5-step action plan encompassing the skills, resources and

knowledge to help an individual in crisis connect with appropriate professional, peer, social, and self-help care.

Instructors: Judith Stonger, MA, CPP, and Jacey Liu, LCSW

Location: Connecticut Clearinghouse

Domain: ESD **Focus Area:** MHS
Skill Level: General

Certification: The Connecticut Certification Board: 12 Hours

Introduction to Suicide Prevention

Training Agency: The Consultation Center

Date: March 30, 2012
Time: 9:00 AM - 12:00 PM
Course Code: 12DHMHS26

Description: In any given year in the United States, approximately 30,000 individuals commit suicide and thousands more make attempts. It is estimated that 90% of those who die by suicide at any age have a diagnosable mental illness, most often depression, making the identification, diagnosis, and treatment of individuals with emotional disorders critical to suicide prevention efforts. Suicide is clearly a clinical issue, but it is also a public health or environmental issue, requiring a shift in focus that not only includes prevention and treatment at the individual level, but also includes prevention at the community level.

This course will include an overview of risk and protective factors across the lifespan that place certain individuals at increased risk for suicide. An array of preventive intervention strategies will be explored, including examples of effective and promising evidence-based programs. Participants will: 1) learn about the signs and symptoms of mental illness and the risk factors for suicide for individuals across the lifespan; and 2) increase their awareness of multi-level preventive intervention strategies targeting individuals and communities. An interactive component will be built in throughout.

Instructor: Susan Ottenheimer, LCSW

Location: The Consultation Center

Domain: ESD **Focus Area:** MHS
Skill Level: 1

Certification: The Connecticut Certification Board, Inc.: 3 Hours
National Association of Social Workers CT Chapter: 3 Hours

**Community Organization: Part 2 - Advanced
(For Certification)**

Training Agency: The Consultation Center

Date: March 30, 2012
Time: 9:00 AM - 4:00 PM
Course Code: 12DHPBC27

Description: This interactive workshop will build on Community Organizing, Part 1, including an overview of community organizing strategies and their effectiveness in creating positive change outcomes. Participants will learn specific methods for increasing community engagement, influencing social policy, promoting positive social change. Upon completion, participants will be able to identify community change models, strengthen organizing capacity, mobilize individuals and organizations, and identify resources to support organizing efforts. The workshop will include guest speakers experienced in different community organizing initiatives.

Instructors: Deborah Stewart, BA, CPP and Esther Armmand, B.A.

Location: The Consultation Center

Domain: CO **Focus Area:** PBC
Skill Level: 2

Certification: The Connecticut Certification Board, Inc.: 6 Hours
National Association of Social Workers CT Chapter: 6 Hours

**safeTALK
(Suicide Alertness for Everyone)**

Training Agency: Connecticut Clearinghouse

Date: Thursday, April 5, 2012
Time: 9:00 AM - 12:00 PM
Course Code: 12DHMHS28

Description: safeTALK is a training that prepares individuals to identify persons with thoughts of suicide and connect them to suicide first aid resources. Most people with thoughts of suicide invite help to stay safe. Alert helpers

know how to use these opportunities to support that desire for safety.

As a safeTALK-trained suicide alert helper, you will be better able to move beyond common tendencies to miss, dismiss or avoid suicide; identify people who have thoughts of suicide; and apply the *TALK* steps (*Tell, Ask, Listen* and *KeepSafe*) to connect a person with suicide thoughts to suicide first aid, intervention caregivers.

Instructors: Judith Stonger, MA, CPP and Jacey Liu, LCSW

Location: Connecticut Clearinghouse

Domain: ESD **Focus Area:** MHS
Skill Level: 1

Certification: The Connecticut Certification Board: 3.0 Hours

**Needs Assessments and Program Evaluation:
Collection and Utilization of
Archival and Novel Data**

Training Agency: The Consultation Center, Inc

Date: April 6, 2012
Time: 9:00 AM – 12:00 PM
Course Code: 12DHEVL29

Description: The workshop will review how the collection of needs assessment data and the development of outcomes that are measurable, realistic (program can impact them), feasible (program can collect the data) and useful and impact both the development of a program and the evaluation of the efficacy of a program. Participants will be exposed to a variety of ways to collect/access data for needs assessments and assessing program outcomes including: program data, social indicator data, archival data, qualitative data (including key informant interviews and focus groups) and survey data. Participants will learn how to utilize data for ongoing program development and evaluation.

Instructor: Amy Griffin, MA

Location: The Consultation Center

Domain: PE **Focus Area:** EVL
Skill Level: 1

Certification: The Connecticut Certification Board, Inc.: 3 Hours
National Association of Social Workers CT Chapter: 3 Hours

The Entanglement of Family Violence and Substance Use

Training Agency: The Consultation Center

Date: April 20, 2012
Time: 9:00 AM - 4:00 PM
Course Code: 12DHATD30

Description: This training will:

- Review existing research and practice regarding the multiple relationships that exist between family violence and substance use for youth and adults, men and women.
- Enhance skills to identify family violence as a contributor to substance use for men and women.
- Introduce tools that can be used to assess for family violence and substance use.
- Enhance skills to intervene with clients who experience family violence and substance use.

Instructor: Julianne Hellmuth, PhD

Location: The Consultation Center

Domain: ESD **Focus Area:** ATD
Skill Level: 1, 2

Certification: The Connecticut Certification Board, Inc.: 6 Hours
National Association of Social Workers CT Chapter: 6 Hours

Promoting the Healthy Development of Children Living in Substance Abusing Families

Training Agency: Child and Family Agency of Southeastern Connecticut

Date: April 20, 2012
Time: 9:00 AM - 3:00 PM
Course Code: 12DHMHS31

Description: This workshop reviews the literature on children from substance abusing families (e.g. epidemiology, vulnerability studies). This is followed by a description range of evidence-based prevention and treatment strategies. Finally, tools, materials, and advice for the successful implementation of interventions is provided.

Instructor: Jim Emshoff

Location: Hilton Garden Inn, 85 Glastonbury Blvd., Glastonbury, CT

Domain: ESD
Skill Level: 2

Focus Area: MHS

Certification: The Connecticut Certification Board: 5 Hours
National Association of Social Workers CT Chapter - Pending: 5 Hours

Multicultural Series for Prevention Professionals: South East Asian Cultures

Training Agency: The Multicultural Leadership Institute, Inc. (MLI)

Date: April 20, 2012
Time: 9:00 AM - 4:00 PM
Course Code: 12DHCUL47

Description: This workshop provides 6 hours of training for those working in a prevention setting in behavioral and/or mental health. Those involved in prevention program planning, implementation, and evaluation who are seeking more information about working with South East Asian individuals, families and community members are encouraged to attend.

This training will deliver culturally specific information and interactive activities on:

- South East Asian culture across the lifespan, and gender roles, in both traditional and modern contexts.
- Health beliefs and concepts of wellness and illness in prevention, treatment and recovery.
- Working with individuals, families and communities - how to communicate effectively across cultures, what to avoid, how to use interpreters when necessary.
- Understanding the roles of prominent historical moments, events, trauma and acculturation on South East Asians.

Instructor: Tuoc Phan, MA

Location: MLI, Inc.

Domain: PGR **Focus Area:** CUL
Skill Level: 2

Certification: The Connecticut Certification Board, Inc.: 6.0 Hours

Cultural Competency with Regard to Islam and Muslims

Training Agency: The Multicultural Leadership Institute, Inc. (MLI)

Date: April 24, 2012

Time: 9:00 AM - 1:00 PM

Course Code: 12DHCUL48

Description: The class will focus on Islam and Muslim beliefs and practices, demographics, and will discuss video clips. Highlights include American Muslims and the challenges they face in being immigrants, refugees, converts, American Muslims who have been here for generations, descendants of slaves etc. The training will look at these dynamics of culture and religion in conducting prevention and treatment related programs and services.

Learning Objectives:

1. Attendees will be able to understand who Muslims are – demographics/populations and definitions.
2. Attendees will have some knowledge about Islam in terms of beliefs and practices and stereotypes.
3. Attendees will gain knowledge and information about what it is like for Muslims in America – what are some of the challenges.

Instructor: Aida Mansoor

Location: The Multicultural Leadership Institute, Inc. (MLI)

Domain: PGR **Focus Area:** CUL
Skill Level: 1

Certification: The Connecticut Certification Board, Inc.: 4 Hours

Multicultural Series for Prevention Professionals: European American Cultures-Working with Persons of European Descent and Those Immersed in European American Culture

Training Agency: The Multicultural Leadership Institute, Inc. (MLI)

Date: April 26, 2012

Time: 9:00 AM - 4:00 PM

Course Code: 12DHCUL49

Description: This workshop provides 6 hours of training for those working in a prevention setting in behavioral/mental health. Those involved in prevention program planning, implementation, and evaluation who are seeking more information about working with persons of European descent. This training will deliver information and interactive activities on:

- European American Culture in a historical and contemporary context. The multiplicity of European American groups and how these groups have been influenced by history, war and oppression, immigration/migration, family structure, child rearing patterns, communication styles, spirituality and religion, health practices, and poverty.
- Risk and protective factors for the behavioral and mental health of European Americans, with emphasis on the individual groups.
- The impacts of individual European American customs and culture on wellness and illness in prevention, treatment and recovery. The clinical importance of understanding and addressing the cultural/ethnic differences among European Americans.
- Working with individuals, families and communities - how to communicate effectively and provide respectful and appropriate services and resources.

Instructor: Marc Chartier

Location: The Multicultural Leadership Institute, Inc. (MLI)

Domain: PGR **Focus Area:** CUL
Skill Level: General

Certification: The Connecticut Certification Board, Inc.: 6.0 Hours

**Healthy Relationships:
Dating Violence Prevention Among
Adolescents and Young Adults**

Training Agency: The Consultation Center

Date: April 27, 2012
Time: 9:00 AM – 4:00 PM
Course Code: 12DHATD32

Description: This interactive workshop will include principles, curricula and strategies for working with adolescents and young adults to promote healthy relationships and prevent dating violence. Based on our curriculum, "Healthy Inside and Out", the workshop will prepare participants for planning and implementing relationship-focused programs to fit adolescents and young adults. Participants will review current knowledge about adolescent and young adult dating violence, sample strategies and materials they can use with adolescents and young adults, and exchange ideas on tailoring curriculum to their own population and setting.

Instructors: Tamora A. Callands, PhD and Véronique Jaquier Erard, PhD

Location: The Consultation Training

Domain: ESD **Focus Area:** CTA
Skill Level: 2

Certification: The Connecticut Certification Board, Inc.: 6 Hours
National Association of Social Workers CT Chapter: 6 Hours

Crime and Substance Abuse: Evidence-Based Approaches to Reduce Recidivism

Training Agency: Child and Family Agency of Southeastern Connecticut

Date: Friday, April 27, 2012
Time: 9:00 AM - 3:00 PM
Course Code: 12DHATD33

Description: This day-long seminar is the outgrowth of a two year project to identify promising and effective criminal justice substance abuse prevention and treatment programs for adolescents and adults, resulting in the book *Substance Abuse Treatment Practice in Criminal Justice Settings*. Presentations will examine the relationship between crime and substance abuse and how that connection might be broken (primary prevention). Next, the cycle

of recidivism will be examined and what efforts currently appear most effective in breaking that cycle (treatment). The use of one effective evidence-based intervention, Functional Family Therapy (FFT), will be examined.

Instructors: Dr. Carl Leukefeld and Cathy Martin

Location: Hilton Garden Inn, 85 Glastonbury Blvd., Glastonbury, CT 06033

Domain: ESD **Focus Area:** ATD
Skill Level: 2

Certification: The Connecticut Certification Board, Inc.
National Association of Social Workers CT Chapter: Pending Approval

Gender Responsive Approaches with Girls & Women: Translating Research into Action

Training Agency: The Multicultural Leadership Institute, Inc. (MLI)

Date: April 30, 2012
Time: 9:00 AM - 4:00 PM
Course Code: 12DHCUL50

Description: Including exciting new information from the fields of psychology and neuroscience, this workshop will provide participants with foundational research and theory regarding the importance and benefits of gender responsive programming and approaches with females. It will include information on the science of connection and healing, the developmental and experiential pathways of system-involved females, and practical skills that practitioners can immediately apply to their work settings.

Historically, research on effective services and interventions has been conducted with primarily male participants. Consequently, many treatment and service methods have been oriented to males' needs and fail to consider the specific dimensions of female development and behavior. Because of this, females' unique service needs have been neglected, and their potential to succeed in programs is often not fully realized. This training will provide participants with an introduction to female psychosocial development and the concept of and need for gender responsive programming as well as more focused and practical information on effective interventions with females, best practices in gender responsive programming, and essential components of gender responsive programs.

Learning Objectives - Via pre-post measure, participants will be able to:

- Describe the unique characteristics of female psychosocial development
- Identify females' unique pathways into and within systems
- Understand the impact of trauma
- Describe the Five CORE Practice Areas of Gender Responsiveness
- Understand what it means to be gender responsive when designing programs and delivering services and interventions

Instructor: Alyssa Benedict, MPH

Location: The Multicultural Leadership Institute, Inc. (MLI)

Domain: PGR **Focus Area:** CUL
Skill Level: 2

Certification: The Connecticut Certification Board, Inc.: 6 Hours

**Primary Prevention Institute:
A 2½ Day Immersion into Prevention Theory,
Research, and Evidence-Based Practice**

Training Agency: Child and Family Agency of Southeastern Connecticut

Date: Apr 30, 2012 **Time:** 9:00 AM - 3:00 PM
Date: May 1, 2012 **Time:** 9:00 AM - 3:00 PM
Date: May 2, 2012 **Time:** 9:00 AM - 12:00 PM
Course Code: 12DHATD34

Description: Intended as a means to introduce program developers and those trained in clinical practice to the theory, research, and evidence in support of primary prevention practice, this 2½-day institute offers the attendee the opportunity to attend five workshops (3 hours/workshop) to create a foundation upon which to establish practices that will promote health and prevent illness. Importantly, this 15-hour training experience counts towards the hours required to become a certified prevention professional. The workshops are:

- Understanding Primary Prevention: Theory, Principles, and Application (required of all attendees)

Choose three of the following workshops:

- Promoting Pro-Social Behavior in Childhood
- Preventing Adolescent Substance Misuse
- Promoting Creativity in Older Adulthood

- Promoting Healthy Sexuality in Older Adulthood: Heterosexuality and Homosexuality
- A Behavioral Health Prevention Primer for Social Workers, Prevention and Allied Health Professionals: An Overview of Emerging Issues Initiatives and Priorities Within SAMHSA and its Relationship to States
- Bridging SAMHSA Strategic Prevention Initiatives with the National Prevention and Health Promotion Strategy

Wrap-Up: Integrating Prevention Practice into Your Employment Setting (required of all attendees)

Instructors: Diane Harnad and Martin Bloom

Location: Hilton Garden Inn, 85 Glastonbury Blvd., Glastonbury, CT 06033

Domain: ESD **Focus Area:** ATD
Skill Level: 2

Certification: The Connecticut Certification Board; National Association of Social Workers CT Chapter: Pending Approval

**Gender Responsive Approaches with Girls
and Women: Using Relational Language
as Part of Direct Service Work**

Training Agency: The Multicultural Leadership Institute, Inc. (MLI)

Date: May 1 & 23, 2012
Time: 9:00 AM - 1:00 PM
Course Code: 12DHCUL51

Description: This is a half-day training with required group follow-up (TBA at class) done remotely.

This training will provide participants with important information on how to apply gender responsive and culturally competent programming principles to their direct service work. Specifically, it will review the use of relational language as a strategy to build rapport with clients of various backgrounds as part of various "front line" processes such as assessment, treatment planning and discipline.

The training will begin in the classroom, where participants will understand the rationale for relational language, review the Relational Language Skill Steps and practice relational language as part of in class role play. The second part of the train-

ing will include practice at their own work sites with their clients. The third part of the training will include a structured debrief with the instructor, review of practice strengths and challenges and additional practice and reinforcement of skills.

Learning Objectives, via pre- and post- measurement, participants will:

- Identify the rationale for relational language.
- Identify the two main parts of relational language.
- Identify the Relational Language Skill Steps and micro skills.

Via completion of a workbook, participants will:

- Select a client(s) to work with using the Relational Language Skill Steps.
- Use a structured process to reflect with colleagues and on their own about application of relational language in the field.
- Make a plan for skill practice, review and development.

Instructor: Alyssa Benedict, MPH

Location: The Multicultural Leadership Institute, Inc. (MLI)

Domain: PGR **Focus Area:** CUL
Skill Level: 2-3

Certification: The Connecticut Certification Board, Inc.: 6 Hours

Health Promotion: Linking Prevention and Health Promotion to Recovery

Training Agency: The Consultation Center

Date: May 11, 2012
Time: 9:00 AM - 12:00 PM
Course Code: 12DHALS37

Description: A multi-faceted training that will provide an overview of health promotion delivered in an array of settings, including knowledge, skills and ideas to help your clients, contacts and colleagues. Learn how research supports effective programming solutions, and how simple techniques can begin a path to wellness.

Instructor: Susan Ottenheimer, LCSW

Location: The Consultation Center

Domain: ESD
Skill Level: 2

Focus Area: ALS

Certification: The Connecticut Certification Board, Inc.: 3 Hours
National Association of Social Workers CT Chapter: 3 Hours

Multiculturalism – An Introductory Approach for Achieving Social Justice & Reducing Disparities Using a Multicultural Education Curriculum for Behavioral & Mental Health Prevention & Promotion Providers

Training Agency: The Multicultural Leadership Institute, Inc. (MLI)

Date: May 17, 2012
Time: 9:00 AM - 4:00 PM
Course Code: 12DHCUL52

Description: This 6.0 hour session will introduce components of a multicultural curriculum for behavioral health providers and administrators that focuses on personal and clinical skills, knowledge and awareness towards developing cultural competency for client-provider interactions and at multiple organizational levels. The entire curriculum, the California Brief Multicultural Competency Scale (CBMCS), is part of a larger, four-day program with group experiential activities, presentations and dialogue. MLI is the first organization in Connecticut to offer this program and to certify CT-based trainers in its implementation.

This introductory session will provide a day-long primer for salient issues and theories towards understanding key concepts of cultural competency and for the goal of reducing health disparities in behavioral health services, care and outcomes. The CBMCS is an evidence-based and empirically-tested program to inform and educate those providing services, or creating programs and policies, about the dynamics of culture, various forms of oppression, and the resultant health outcomes for specific populations.

Instructor: Marc Chartier

Location: The Multicultural Leadership Institute, Inc. (MLI)

Domain: PGR **Focus Area:** CUL
Skill Level: General

Certification: The Connecticut Certification Board, Inc.: 6.0 Hours

ASIST
Applied Suicide Intervention Skills Training

Training Agency: Connecticut Clearinghouse

Date: May 24 & 25, 2012

Time: 8:30 AM - 4:00 PM

Course Code: 12DHMHS38

Description: The ASIST workshop is for individuals who want to feel more comfortable, confident and competent in helping to prevent the immediate risk of suicide. Over one million people have participated in this two-day, highly interactive, practical, practice-oriented workshop. Participation in the full two days is required. Enjoy small group discussions and skills practice that are based upon adult learning principles. Experience powerful videos on suicide intervention. Feel challenged and safe. Learn suicide first aid.

Instructors: Judith Stonger, MA, CPP and Jacey Liu, LCSW

Location: Plainville Business Center, 74 East Street, 3rd Fl, Plainville, CT

Domain: ESD **Focus Area:** MHS

Skill Level: General

Certification: The Connecticut Certification Board: 12 Hours

**Multicultural Series for Prevention
Professionals: Working with Lesbian, Gay,
Bisexual, Transgendered, Questioning and
Intersex Persons and Communities
(LGBTQUI)**

Training Agency: The Multicultural Leadership Institute, Inc. (MLI)

Date: June 14, 2012

Time: 9:00 AM - 4:00 PM

Course Code: 12DHCUL53

Course Description: This workshop provides 6 hours of training for those working in a prevention setting in behavioral and/or mental health. Those involved in prevention program planning, implementation, and evaluation who are seeking more information about working with lesbian, gay, bisexual, transgendered, questioning and/or intersex individuals, families and community members are encouraged to attend. This training will deliver information and interactive activities.

- LGBTQUI history and contemporary contexts.
- Risk and protective factors for the behavioral and mental health of LGBTQUI persons.
- The impacts of institutional and individual bias, prejudice and stigma upon wellness and illness in prevention, treatment and recovery.
- Working with individuals, families and communities: how to communicate effectively and provide respectful and appropriate services and resources.
- Understanding the roles of prominent cultural events and traumas upon LGBTQUI persons and communities.

Instructor: MLI, Inc.

Location: The Multicultural Leadership Institute, Inc. (MLI)

Domain: PGR

Focus Area: CUL

Skill Level: 2

Certification: The Connecticut Certification Board, Inc.: 6.0 Hours

CONNECTICUT DEPARTMENT OF MENTAL HEALTH AND ADDICTION SERVICES PREVENTION TRAINING COLLABORATIVE

Child and Family Agency of Southeastern Connecticut, Inc.

255 Hempstead Street - New London, CT 06320

860.443.2896 www.cfapress.org

The mission of Child and Family Agency of Southeastern Connecticut is to promote the well-being and development of all children and their families, in particular, to give priority to the unmet needs of children lacking physical, emotional and intellectual care and nurturing. Programs deal with prevention of child abuse, the treatment of family violence, teen pregnancy, parent education, child guidance, childcare, children's healthcare and children's mental health. With a heritage that dates from 1809, Child and Family Agency has grown to become the largest non-profit children's social service provider in southeastern Connecticut.

Connecticut Clearinghouse

334 Farmington Avenue - Plainville, CT 06062

1.800.232.4424 or 860.793.9791 www.ctclearinghouse.org

Connecticut Clearinghouse is Connecticut's statewide library and resource center for information on substance use and mental health disorders, prevention and health promotion, treatment and recovery, wellness, and other related topics. A program of Wheeler Clinic since 1988, Connecticut Clearinghouse is funded by the Connecticut Department of Mental Health and Addiction Services to disseminate current and reliable information on behavioral health issues to the residents of Connecticut.

Resources available at Connecticut Clearinghouse include:

- Books, audiovisual materials and curricula available for loan
- Pamphlets, posters and fact sheets, including Spanish language materials
- Internet website including an online catalog of the library's resources
- Connecticut Clearinghouse's monthly, electronic newsletter, *Courier Online*
- Electronic mail list of grant announcements, trainings, conferences, etc.
- Online calendar of events and educational opportunities

The Consultation Center

389 Whitney Avenue - New Haven, CT 06511

203.789.7645 www.theconsultationcenter.org

The Consultation Center develops and implements prevention programs to individuals and families across the life span; conducts prevention and community research and evaluations of community programs; provides services to promote the mental health and adaptation of persons with prolonged psychiatric and/or substance abuse disorders and their families; and provides training, consultation, and technical assistance to professionals and organizations to enhance their effectiveness and the quality of service delivery to the community.

A multidisciplinary service, research, and training site, The Center is a cooperative endeavor of the Connecticut Mental Health Center, the Department of Psychiatry at the Yale University School of Medicine, and the Community Consultation Board, Inc., a private, nonprofit community organization.

The Multicultural Leadership Institute, Inc.

127 Washington Avenue, East Building, 2nd Fl. - North Haven, CT 06473

203.691.1486 www.mli-inc.org

The Multicultural Leadership Institute's current education and training programs, and activities address diversity and multiculturalism across a variety of professions and fields. Speaking engagements, training or consultation services may address general cultural competency or specific topics or population. Curriculum and other materials are tailored to each group's unique needs.

CONNECTICUT DEPARTMENT OF MENTAL HEALTH AND ADDICTION SERVICES PREVENTION TRAINING COLLABORATIVE

The Governor's Prevention Partnership

30 Jordan Lane - Wethersfield, CT 06109

860.523.8042 or 1.800.422.5422 www.preventionworksct.org

Created in 1989, The Governor's Prevention Partnership is a not-for-profit partnership between state government and business leaders with a mission to keep Connecticut's youth safe, successful and drug-free. The Partnership provides leadership and services to help schools, communities, youth organizations, colleges and businesses create and sustain quality programs in these core areas:

- Increasing the number of youth who have the caring support of a mentor
 - Helping local communities build coalitions and programs to address underage drinking
 - Helping schools develop and implement effective drug and violence prevention programming
 - Helping colleges/universities address issues and behavior related to alcohol abuse
 - Delivering anti-drug messages through the media
 - Giving parents the skills they need to protect their children against drugs and other problems
-

ADDITIONAL PREVENTION TRAINING RESOURCES IN CONNECTICUT

Connecticut Association of Non-Profits Center for Professional Development (CPD)

90 Brainard Road - Hartford, CT 06114

860.525.5080 www.ctnonprofits.org

The Center for Professional Development is the training and education arm of Connecticut Association of Nonprofits. Workshops and seminars available to nonprofits of all sizes include emerging nonprofit trends, leadership, technology, finance, human resources, communications and fundraising. These workshops expand the expertise of staff members at all levels, from direct service staff to supervisors, and senior executives to board members. Workshops are conducted by experts in their fields with experience in the nonprofit sector, and who demonstrate competency in both content knowledge and training.

Connecticut Department of Mental Health and Addiction Services Education and Training Division

860.262.5060 www.ct.gov/dmhas

The DMHAS Education and Training Division assures the highest standards of care by supporting and promoting the development of linkages with academia, and the professional development of direct care, administrative, and managerial staff. A variety of training programs, workshops, and conferences, planned and coordinated by the division, are designed to meet the educational needs of the organization and its employees.

ONLINE PREVENTION TRAINING RESOURCE

CSAP's Prevention Pathways Online Courses

<http://pathwayscourses.samhsa.gov/index.htm>

Prevention Pathways, the Center for Substance Abuse Prevention's online courses, are free to the public. Some courses are meant for professionals and have continuing education credits available. Other courses are designed to provide helpful information to members of the general public interested in prevention topics.

COURSE INSTRUCTORS

Esther Armand, BS Staff Consultant for Adolescent and Adult Programs at The Consultation Center, develops prevention and wellness initiatives for youth and young adults. Ms. Armand has extensive experience in community advocacy, youth/adult engagement and designs start-up programs for culturally appropriate client centered services. Ms. Armand was elected five terms to the City of New Haven Board of Aldermen and organized the first citywide Commission on Substance Abuse Policy and Prevention to coordinate efforts targeting a reduction in youth substance abuse. Her interest in areas of community leadership, wellness and civic engagement are varied, including community gardens, the prevention of adolescent substance abuse, and voting patterns in urban communities.

Alyssa Benedict, MPH is a graduate of the UCONN School of Medicine Graduate Program in Public Health. She has conducted extensive research on the concept of gender-specific programming for females, and became an advocate for the implementation of gender-specific services and policies for system-involved females at the program and system levels. She is the founder and Executive Director of *CORE Associates, LLC (Creating Opportunities through Research and Education)* and provides training and technical assistance in the assessment, development, implementation, and evaluation of gender-specific services/interventions to agencies, programs, institutions and systems that work with females. Ms. Benedict has been a national consultant for the Office of Juvenile Justice and Delinquency Prevention, the Substance Abuse and Mental Health Services Administration, and other entities. She has also done extensive work with the National Institute of Corrections, and presented at past National Adult and Juvenile Female Offenders (AJFO) conference and the New England Council on Crime and Delinquency conferences. For the past few years, Ms. Benedict has also been offered courses at the Multicultural Leadership Institute, Inc. on the topic of gender and culture.

Yiara S. Blanco, PsyD, ADS is an Assistant Clinical Professor of Psychiatry at Yale School of Medicine, a Staff Clinical Psychologist in the Adult Psychiatric Clinic at the Cornell Scott-Hill Health Center in New Haven, CT, and an Acupuncture Detoxification Specialist. Her background is in the field of Psychology (clinical health, multicultural and neuropsychology), Biology of Addictions, and Anatomy & Physiology. She studied at the Pontifical Catholic University of Puerto Rico, at Boston University, the Ponce School of Medicine & Health Sciences in Puerto Rico and did her Postdoctoral training at Yale University. Dr. Blanco is very passionate in promoting the interest, creation and preparation of Latino/a providers in the areas of medical and mental health. Has done research pertaining Latino population and is part of the Latino Behavioral Health System Initiative which thrives to define the biopsychosocial profiles of Latino groups in order to offer best practices and services throughout Connecticut and the Northeast. Dr. Blanco has also taught courses for the Office of Multicultural Affairs (DMAHS-OMA) and Multicultural Leadership Institute, Inc's PACCT program on the topic of cultural competency.

Martin Bloom received his Ph.D. at the University of Michigan in Social Psychology and has been doing research at a gerontological social work agency (1962-1969), or teaching at schools of social work (1969 to present), currently at the University of Connecticut. His recent publications include: W. Klein & M. Bloom. (1997). *Successful Aging: Strategies For Healthy Living*. M. Bloom (1996). *Primary Prevention Practices*. M. Bloom & T.P. Gullotta (Eds.). (2001). *Promoting Creativity Across The Life Span*. M. Bloom, J. Fischer, & J. Orme (1999). *Evaluating Practice: Guidelines For The Accountable Professional*. T.P. Gullotta & M. Bloom (Eds.) (2003) *Encyclopedia Of Primary Prevention And Health Promotion*.

Jeana Bracey, PhD is a Senior Associate at the Connecticut Center for Effective Practice of the Child Health and Development Institute. Currently she coordinates the Connecticut School-Based Diversion Initiative, designed to reduce school-based arrests and to divert youth with behavioral health needs away from the juvenile justice system and into appropriate community-based services and supports. Her interests are in program implementation, evaluation, juvenile justice diversion, and positive social-emotional development of ethnic minority youth, with a focus on racial/ethnic socialization and identity development. Dr. Bracey earned her Ph.D. in Clinical/Community Psychology from the University of Illinois at Urbana-Champaign and completed pre-and post-doctoral fellowships at The Consultation Center in the Department of Psychiatry at the Yale University School of Medicine.

Rachel Bruno currently serves as Program Coordinator for Safe & Drug-Free Schools and Communities at The Governor's Prevention Partnership. In the fields of underage drinking and substance abuse prevention, Rachel serves as SADD state coordinator, assists community coalitions in prevention efforts, and coordinates compliance check operations with the CT Liquor Control Division and local law enforcement. She also develops and delivers trainings on school climate improvement and bullying prevention. Rachel previously worked at the American Cancer Society Cancer Action Network in Washington, D.C. developing grassroots trainings for volunteer advocates. She also brings legislative experience from her government relations work at the state capitol. Rachel graduated from the University of Connecticut in 2011 with a Bachelor of Arts in Political Science.

Tamora A. Callands, PhD is a Postdoctoral Fellow in the Division of Prevention and Community Research, Department of Psychiatry, at Yale University School of Medicine. Dr. Callands has experience working directly with at-risk adolescents from low-income communities. She has led and supervised positive youth development programs focused on substance abuse prevention, building healthy relationship, increasing academic achievement, decreasing sexual risk-taking behavior, and promoting positive decision-making. She is actively involved in research examining peer, family, community, and cultural factors that influence healthy adolescent relationship development and adolescent sexual and reproductive health.

Marc Chartier is the Continuous Quality Improvement Coordinator/Privacy Officer at Marrakech, Inc. in New Haven, CT. As part of his work, he also designs and conducts courses for continuing staff education at Marrakech, Inc., Academy for Human Services Training. He is a long-standing consultant and trainer for the Multicultural Leadership Institute, Inc. and a trainer for MLI's version of the SAGE-CBMCS Multicultural Program in CT. His areas of focus include Clinical and Prevention Guidelines, and Best Practices for Mental and Behavioral Health Professionals in the areas of Multicultural Theory and Practice, European American Culture, French Canadian Culture, and Gay, Lesbian, Bisexual, and Transgendered Culture. He also trains for the Project for Addictions Cultural Competency Training (PACCT) program, and for the Department of Mental Health and Addiction Services' Multicultural Cohort training program and Multicultural Institutes. Marc is an active member of the Department of Mental Health and Addiction Services Office of Multicultural Affairs, State Multicultural Advisory Council, a Co-Chair of DMHAS Region II Multicultural Advisory Council, and the Chair of the Marrakech, Inc., Multicultural Advisory Council.

Jim Emshoff, PhD is an Associate Professor and Director of the Community Psychology Program at Georgia State University. He is also the founder of EMSTAR Research, Inc., an evaluation and organizational services firm. His research and evaluation projects focus on prevention, health and community development, particularly as they relate to youth, substance abuse and violence.

Véronique Jaquier Erard, PhD is a Postdoctoral Fellow in the Division of Prevention and Community Research, Department of Psychiatry, at Yale University School of Medicine and in Family Violence Research Programs at The Consultation Center. Trained in social psychology and criminology in Switzerland and the United States, Dr. Jaquier has taught classes in victimology, violence against women, victims' rights and counseling. She has worked at a victim's crisis center and in an association striving to prevent sexually transmitted infections and other dangers related to the practice of sex work. Dr Jaquier's program of research focuses on the interrelations of women's and girls' victimization and their use of aggression as it impacts mental health, substance use and social behaviors. Her current work at Yale is funded by a fellowship from the Swiss National Science Foundation.

Donna B. Fedus, MA is a Gerontologist and Coordinator of Elder Programs at The Consultation Center, Yale University School of Medicine. Since joining The Consultation Center in 2007, Ms. Fedus has created more than 25 half- and full-day workshops on various issues of aging. These programs have reached more than 1,000 professionals who work with older adults. Ms. Fedus also offers educational programs and a coaching service for family caregivers. In addition, Ms. Fedus offers gerontology consultation to organizations, coordinates a program for grandparents raising grandchildren, and writes grants to fund special programs. Ms. Fedus reviews manuscripts for Journeyworks Publishing and Health Professions Press. She is an Advisory Council member of the Agency on Aging of South Central Connecticut. She also serves on the Board of Directors for the Institute of Senior Living Education, which is an affiliate of the Connecticut Assisted Living Association. Ms. Fedus earned her Master's degree in Social Gerontology from the University of Pennsylvania in 1991.

Terry Freeman, MAT, LCSW CPP-R recently retired as Director of Adolescent Programs at The Consultation Center after 17 years with the Center. She has over 30 years of experience in education and social service, with special interests in urban education, youth development, group work, management and supervision. Ms. Freeman, a certified secondary school teacher in Connecticut, has been a trainer/facilitator for the Youth Development Training and Resource Center, and has served as a consultant and trainer for schools and community based agencies in the region.

Derrick Gordon, PhD is an Assistant Professor of Psychology in Psychiatry at Yale University School of Medicine. He is the Director of the Program on Male Development in the Division of Prevention and Community Research of the Department of Psychiatry. Dr. Gordon has considerable experience in intervention and prevention development focused on those factors that either support or undermine men transitioning from prison back to the community; the engagement of low-income, non-custodial fathers; the identification and service of adolescent fathers committed to child protection services; and men mandated to batterer intervention groups in the community. Dr. Gordon's work with men focuses on increasing the health of men and their positive involvement in family and community life. Overall, Dr. Gordon's research seeks to identify those factors that enhance the access and use of preventive and indicated health care services by men on the "fringes."

Amy Griffin, MA is an Evaluation Consultant at The Consultation Center. She has more than 10 years of experience evaluating prevention programs at the local, state, and national levels. Ms. Griffin also has extensive experience in providing technical assistance and training to state departments and community-based organizations. Her evaluation-related interests include participatory and democratic evaluation methods, as well as ecological measurement strategies.

Dianne E. Harnad, MSW the previous Director of Prevention and Health Promotion Services at DMHAS, has over 30 years experience in public health, substance abuse prevention and mental health promotion. With expertise in service system administration and workforce development, she serves as Senior Consultant for SAMHSA's Center for the Application of Prevention (CAPT).

Bill Harris is a master facilitator in the field of diversity and inclusion, having worked with The Kaleidoscope Group, a worldwide full service diversity firm located in Chicago, IL, and Capital H Group, another top diversity firm with offices in New York, Chicago and London. He has helped Fortune 500 companies throughout the United States, providing leadership sessions in diversity and inclusion education sessions with all management, staff, and production workers in a variety of industries. He has also trained with the Anti-Defamation League of New Haven, CT, working with many non-profit organizations and schools throughout Connecticut. He has helped form employee resource groups for corporations seeking to be more inclusive of diversity. Mr. Harris holds a degree in Business Administration from the University of Connecticut.

Julianne Hellmuth, PhD has conducted research and clinical work in the areas of intimate partner violence and substance abuse in a variety of populations including clinical, community, military, and advocacy settings. In a research capacity, she is interested in examining the varying etiologies of IPV and how substance use contributes to precipitation of aggressive behavior. She is also interested in examining how the confluence of individual, dyadic, systemic and environmental strengths and vulnerabilities impact the occurrence of aggressive behavior between partners. Clinically, she has a background in individual, couples, and group modalities that focus on IPV and its correlates such as substance abuse, PTSD, and character pathology. She is currently a postdoctoral fellow at Yale University School of Medicine within the Department of Psychiatry, Division of Community and Prevention Research. She also recently received a Ph.D. from the University of Tennessee-Knoxville and completed her clinical internship at the VA Puget Sound, Seattle.

Dr. Carl Leukefeld is Professor of Behavioral Science, Psychiatry, Oral Health Science and Social Work; and Chair of the Department of Behavioral Science and Director of the Center on Drug and Alcohol Research, with a graduate appointment in Sociology at the University of Kentucky.

Jacey Liu, LCSW has more than 13 years of mental health experience in Ohio and Connecticut. She is currently Program Manager of Emergency Services at Wheeler Clinic. She supervises the Community Response Team, an adult mobile crisis team and the HelpLine, a 24/7 crisis hotline. She is a certified trainer in ASIST (Applied Suicide Intervention Skill Training), safeTALK (Suicide Alertness For Everyone) and MHFA (Mental Health First Aid). She has provided training to a variety of audiences including consumers, undergraduate and graduate students, mental health professionals and police officers. She also serves on the North Central Regional Mental Health Board, Interagency Suicide Prevention Network and other work groups.

Kathleen A. Lutz has worked in both the educational and child welfare systems. She was Director of Early Childhood Programs at St. Andrews School for five years. She and her husband became foster parents which led to a career change that focused on the needs of homeless children. Ultimately, they organized a program in their house, a Permanent Family Residence, creating a family model group home for eight to ten adolescent and teen boys. During her thirty-five years of caregiving for hundreds of children, she acquired many skills that today help grandfamilies struggling with issues of loss and abandonment. She has consulted to several agencies in New Haven and throughout the state and has offered training to local and national organizations. Having seen the trauma foster care can impact on children, Kathleen is committed to the concept of relative care. She currently serves as the Coordinator of Grandparent Programs at The Consultation Center in New Haven.

Paula Mann-Agnew, LMSW, CSW has been in the field of social services for over 30 years. She is an adjunct professor at the University of Hartford where she specializes in Cultural Competency in Psychology and Social Work. She is a licensed Social Worker that has designed and implemented Culture-based programs in many states throughout the country including Connecticut, Louisiana, Maryland, New York and New Mexico. She is a certified Trainer for Cultural Competence through the Department of Mental Health and Addiction Services. Currently, she is employed at Catholic Charities where she holds the senior management position of Director of Programs.

Aida Mansoor was born in London, England, and came to Connecticut later in her life. She is married, and the proud mother of two children. She conducts many presentations about Islam such as "Understanding Islam" in various churches, schools and libraries, as well as the DMR, the Department of Public Health and the DMHAS-OMA Cohort training, to educate employees and staff on the practices and culture of Muslims as part of their diversity trainings. She has a Masters degree in Community Health, and for her thesis, organized an education program about Islam and Muslim patients for hospitals for which she has continued to conduct didactic sessions for the Clinical Pastoral Education (CPE) program at Hartford Hospital. She is currently studying Arabic and working toward a Chaplaincy and Masters in Christian Muslim Relations. She completed her CPE at John Dempsey Hospital at University of Connecticut Health Center in March 2007. She is also the community events coordinator for the Muslim Coalition of Connecticut, Habitat for Humanity: House of Abraham project, and coordinates community events and a speakers' bureau. (<http://www.muslimcoalitionct.org>). She is also deeply committed to helping build bridges in the community and is involved on the Executive Board of the Connecticut Council for Interreligious Understanding, the Muslim Coalition of Connecticut and on the Board for the Newington Interfaith Clergy, the Islamic Association of Greater Hartford and the ACLU.

Dr. Catherine Martin is a Professor and Vice Chair for Research and E.A. Edwards Professor in the Department of Psychiatry at the University of Kentucky. She currently has National Institutes of Health funding for research in medications for nicotine use and ADHD. She is also investigating individual differences in drug effects of drug abuse.

Stephanie Moran currently works as a Program Coordinator in the Safe & Drug Free Communities Department at the Governor's Prevention Partnership. Stephanie works with coalitions throughout the state to prevent underage drinking and specializes in current and emerging drug and alcohol trends. Stephanie previously worked at Central Connecticut State University (CCSU) in the Counseling and Wellness Center's Office of Alcohol and Drug Education where she coordinated the efforts of The Town & Gown Task Force. She is a 2008 graduate of Central Connecticut State University with a BA in English and minors in Psychology and Communication. She was awarded the 2008 President's Citation Award for her volunteerism, academic success and for working toward the university mission statement. Stephanie has presented at multiple local and national conferences on underage drinking prevention and community coalition topics.

Susan Ottenheimer, LCSW is Assistant Clinical Professor in the Department of Psychiatry, Yale University School of Medicine. She is the Director of Adult and Elder Programs at The Consultation Center, Project Director for the Coping With Work and Family Stress dissemination project, and a member of the Division of Prevention and Community Research. Ms. Ottenheimer has extensive experience providing organization development and technical assistance consultation, serving as a senior consultant and lead trainer in the development and implementation of preventive interventions, particularly in the workplace, and in the behavioral health field. She has designed and implemented a wide array of preventive and community-based programs for adults at risk for psychiatric disorders, substance abuse, chronic diseases, and homelessness.

Tuoc Phan, MA came from Vietnam as a "Boat People" in 1980. He went to public high school where he learned English. He graduated from the University of Rhode Island in 1988 and received his Masters degree in Clinical Psychology in 1994 from Southern Connecticut State University. He has worked in various mental health settings from a Psychiatric Worker position to an administrator. He was a Director/Social Worker for Asian Family Services. Mr. Phan has been a lead trainer on South East Asian culture for DMHAS and the Multicultural Leadership Institute, Inc. Mr. Phan is a member of DMHAS Multicultural Advisory Council to the Commissioner. He is a member of the Board of Directors for Vietnamese Mutual Assistance Association of Connecticut, Inc. and the standing President of the Multicultural Leadership Institute, Inc. Board of Directors. Currently; Mr. Phan is the Assistant Director for Center for Human Development/CT Outreach Programs.

David L. Snow, PhD is Professor Emeritus and Senior Research Scientist in the Departments of Psychiatry and Epidemiology and Public Health, Yale University School of Medicine. Dr. Snow has extensive experience in the design and evaluation of preventive interventions in community settings, primarily the workplace and schools, and in research aimed at identifying key risk and protective factors predictive of psychological and substance use outcomes. Dr. Snow has special interests in the protective and stress-mediating effects of coping and social support, methodological and ethical issues in prevention research, service system development, and technical assistance and organizational consultation. His workplace research has been conducted in various types of work settings ranging from manufacturing to utility to telecommunications companies. Coping with Work and Family Stress: A Workplace Preventive Intervention was developed as part of this research and has been designated as an Evidence-Based Intervention through the National Registry of Effective Programs and Practices (NREPP) and as a SAMHSA Model Program.

Deborah Stewart, BA, CPP is Director of the Youth Development Training and Resource Center (YDTRC) located at The Consultation Center in New Haven. She has led a number of youth development initiatives in Greater New Haven and the state (e.g., Project Manager for the statewide initiative Connecticut for Community Youth Development (CCYD), a 5-year project funded by the U.S. Department of Health and Human Services and the CT Office of Policy & Management). A trainer, consultant, and advocate for many years in education and youth work,- Deborah is a leader in youth development efforts on the local and state levels. YDTRC's role as one of 15 national B.E.S.T. sites (Building Exemplary Systems of Training in Community Youth Work) has brought Deborah national level contact with other leaders in youth development. Deborah's work in YDTRC and CCYD has led to implementation of training in youth development and developmental youth outcomes for hundreds of youth workers. YDTRC continues to provide on-site technical assistance to youth-serving agencies, community networks, and consultation to agencies, policy makers, and diverse funders concerned with youth development and youth issues.

Judith A. Stonger, MA, CPP currently serves as Director of Prevention, Wellness and Recovery at Wheeler Clinic in Plainville. In that capacity, she directs the Connecticut Clearinghouse statewide library and resource center, the Connecticut Healthy Campus Initiative, other DMHAS-funded prevention initiatives, Prevent Child Abuse Connecticut Program, Wheeler Clinic's Employee Assistance Programs, training initiatives for several state agencies, as well as overseeing a number of other programs. Ms. Stonger is a Certified Prevention Professional and serves on the Connecticut Certification Board's Prevention Committee as well as other boards, collaboratives, work groups, and initiatives.

Jim Tackett has worked in the field of veterans' affairs for the past 28 years. He currently serves as Director of Veterans Services with DMHAS, where he directs the CT Military Support Program (MSP) which provides statewide outpatient behavioral health services to Citizen Soldiers, Veterans and their families. He directs the National Guard Embedded Clinician Program which includes 29 MSP clinicians within Guard Units affected by deployments. Jim also serves as Project Director for the Connecticut Jail Diversion and Trauma Recovery Services for Veterans Program, a two million dollar grant funded by SAMHSA. He developed and leads DMHAS' Veterans Resource Representative Training Program, a workforce development initiative that prepares clinicians to work with returning veterans and their families. Jim is the DMHAS Advisor to the Department of Public Safety, Division of State Police Peer Support program -- State Troopers Offering Peer Support (STOPS); serves as faculty for law enforcement Crisis Intervention Training (CIT) in Connecticut, and as faculty for the national VA/DoD/SAMHSA Policy Academy on Returning Veterans and Their Families. He is a nationally recognized resource in veterans affairs, recently presenting at conferences and meetings called by SAMHSA, the U.S. Department of Veterans Affairs, the National GAINS Center, and the U.S. Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury. Prior to joining DMHAS he served for 8 years as Director of the VA Connecticut Healthcare System's Healthcare for Homeless Veterans (HCHV) Program. He also served for 15 years as Connecticut Chief Service Representative (VSO) for Vietnam Veterans of America.

Raynetta Woods, MSW is a Coordinator of an interdisciplinary team servicing an urban alternative high school in New Haven, CT. She has a wealth of experience working with adolescents and their families in foster care, adoption, and urban education. Ms. Woods' special interests include youth development, group work, training and facilitation, as well as supervision of an interdisciplinary team. Ms. Woods has trained at the national level on various subjects including substance abuse, birth families, permanency, foster care, adoption, transracial/transcultural placements, and therapy through the arts. She also serves as a consultant and trainer for schools and community-based organizations in the region.

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