

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: 211 Info Line

Description:

This is an information line to help callers find information, discover options, and provide assistance with such issues as food, housing, clothing, transportation, substance abuse, domestic violence, childcare or nearly every other need they may have. The 211 database is provided on the department's e-mail system. In addition, 211 CD ROMs were provided to staff who do not have e-mail and who work with offenders who are close to discharge.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

All Facility Staff

Types:

Re-Entry

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Adaptive Functioning

Description:

This program is facilitated as a process type group in which offenders focus on the development of more adaptive behavior to the world around him. Discussion of current events and institutional topics are the primary context.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Mental Health, Self Improvement

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

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Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Adjustment to Prison

Description:

The Adjustment Treatment Track is made up of two sections. The Adjustment to Prison section uses a psychoeducational cognitive-behavioral approach and consists of twelve sessions with topics such as "Setting Goals", "Anger Management", "Relationships", and "Exercise & Mental Health". The target populations for this group include individuals with an extended sentence and those for whom this is a first-time incarceration. The sessions are about one hour each and are typically given one to two times a week.

Facilities:

GARNER CI

Auspices:

All Facility Staff

Types:

Mental Health, Self Improvement, Social Rehabilitation

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Adult Basic Education (ABE)

Description:

ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

USD#1

Types:

Academic Education

Program Status:

Active Program Category Level:1

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Alcoholics Anonymous

Description:

This is a 12-Step Fellowship self-help group for men and women who provide mutual support in obtaining and maintaining sobriety while also helping others to recover from alcoholism. Meetings, in a variety of formats (Big Book, Step Meetings, Speaker, etc.), are held on a weekly basis. Addiction Services or Volunteer Services staff coordinate the meetings and provide oversight for the program.

Facilities:

BRIDGEPORT CC, GARNER CI, HARTFORD CC, MACDOUGALL CI, NEW HAVEN CC, NIAN TIC ANNEX, WALKER BUILDING

Auspices:

Addiction Services, Volunteer Services

Types:

Addiction, Re-Entry

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Anger Management - Evidenced Based

Description:

This program was designed based upon research regarding what works for Anger Management Programs. This 10-week program includes skill building, cognitive techniques, relaxation techniques and role play. In addition, an assessment tool to ensure program fidelity audits this program.

Facilities:

BROOKLYN CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, RADGOWSKI CI, ROBINSON CI, WILLARD CI

Auspices:

Programs & Treatment Unit, All Facility Staff

Types:

Anger Management, Mental Health, Self Improvement

Program Status:

Active Program Category Level:1

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Art Therapy Group

Description:

This group is designed to allow offenders the opportunity to express themselves through art in a therapeutic and structured environment. It allows offenders with no developed skills the opportunity to creatively express themselves by using basic art forms (drawing, painting, coloring & tracing).

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Mental Health, Social Rehabilitation

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Arts & Crafts

Description:

This group is provided to inmates assigned to mental health housing units. This program allows inmates to exhibit and/or develop artistic talent in a structured and therapeutic environment. It also allows inmates with no developed talents the opportunity to creatively express themselves utilizing basic art forms (drawing, coloring, and tracing).

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Mental Health

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Assertiveness Group

Description:

This program is designed to assist offenders with gaining the ability to express their feelings, opinions, beliefs and needs directly, openly and honestly while not violating the personal rights of others. Offenders that participate in this program will improve communication skills, social interaction skills and learn appropriate ways to stand up for their rights while respecting the rights of others. They will also focus on solutions rather than problems and how to be respectful to the views of others.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Mental Health

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Beginners and Advanced Art Programs

Description:

This is a program developed to enable inmates with different artistic abilities. Although primarily pen, watercolor, and painting, this activity may be multidisciplinary (i.e., sculpture, dance, creative writing, or poetry). Exhibits of this artwork are promoted periodically.

Facilities:

BROOKLYN CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, MACDOUGALL CI, OSBORN CI, WILLARD CI, YORK CI

Auspices:

Recreation Services, Volunteer Services

Types:

Self Improvement

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Better Men's Group

Description:

This psycho educational group is designed to assist offenders in skill acquisition around responsible living for offenders with mental illness

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Mental Health

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Beyond Fear (English)

Description:

This is an AIDS education program utilizing a curriculum, printed materials, and an educational video developed by the Department of Public Health. The program is delivered by a contracted outside agency, and funded through the Department of Public Health.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, GARNER CI, MACDOUGALL CI, MANSON YI, RADGOWSKI CI, ROBINSON CI, WILLARD CI, YORK CI

Auspices:

All Facility Staff, Charlene Perkins Center - Facility Staff, Contracted Program, Health Services, Volunteer Services

Types:

Health Education, Self Improvement

Program Status:

Active Program Category Level:2

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: CALM-Controlling Anger & Learning to Manage it

Description:

This evidenced informed 24-session curriculum is a training in skills to identify distorted thinking and anger management issues. It is designed to help offenders identify areas for behavioral change.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Anger Management, Mental Health

Program Status:

Active Program Category Level:2

RT Program Code: N/A, Compendium Program: Catholic Bible Study

Description:

An academic study of the books of the bible or biblical topics and themes. This program seeks to foster understanding of scripture and help inmates develop self-awareness and personal growth based on biblical principles.

Facilities:

BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, NEW HAVEN CC, NIAN TIC ANNEX, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

Religious Services , Volunteer Services

Types:

Religious

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Catholic Choir

Description:

This is a musical program educating inmates in deepening their understanding of the liturgy and enhancing the worship experience provided to all catholic inmates.

Facilities:

CYBULSKI CI, GARNER CI, MACDOUGALL CI, OSBORN CI, WILLARD CI, YORK CI

Auspices:

Religious Services

Types:

Religious

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Catholic Faith Sharing

Description:

A sharing of bible readings following the Catholic seasonal calendar. Thoughts generated by the readings are discussed as they apply to daily life helping the inmate to change attitude, values and behavior.

Facilities:

CHESHIRE CI, CORRIGAN CI, ENFIELD CI, GARNER CI, MACDOUGALL CI, MANSON YI, OSBORN CI, RADGOWSKI CI, WALKER BUILDING

Auspices:

Religious Services

Types:

Religious

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Catholic Retreats

Description:

Retreats: (e.g. Kairos, Emmaus, Life in the Spirit). Withdrawal from daily activities for a period of time for a program devoted to prayer, meditation, self-examination and decision making for one's spiritual life. It is hoped that this larger time-block will assist inmates in confronting issues that are not readily accessed in shorter time periods.

Facilities:

BROOKLYN CI, CORRIGAN CI, GARNER CI, MACDOUGALL CI, RADGOWSKI CI, YORK CI

Auspices:

Religious Services , Volunteer Services

Types:

Religious

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Catholic Worship Service

Description:

The weekly Catholic service is the Mass (or a communion service when Mass cannot be held due to the unavailability of a priest). Fulfills constitutional right to worship.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

Religious Services , Volunteer Services

Types:

Worship Services

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Cognitive Behavior Therapy

Description:

This program teaches the offender to identify thoughts and how thoughts are tied to behavior. The Goals of CBT are to teach individuals appropriate coping skills, stress management techniques, affect regulation and other management tools. At York CI this group is only open to offenders in the Social Rehabilitation Program.

Facilities:

GARNER CI

Auspices:

Health Services, The Social Rehabilitation Program

Types:

Female, Mental Health, Self Improvement

Program Status:

Active Program Category Level:2

RT Program Code: N/A, Compendium Program: Community Awareness Group

Description:

The group is designed to assist offenders in a more constructive use of leisure time. It covers three components - community awareness, interaction skills and community resources. The community resources section assists offenders in how to locate and utilize resources in the community.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Mental Health, Re-Entry, Social Rehabilitation

Program Status:

Active Program Category Level:3

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Conversation Skills Group

Description:

This program provides the offender with a variety of communication skills and techniques that can be utilized during individual discussion or in a group setting. Offenders improve interaction skills, communication skills and learn to feel more confident at expressing and sharing thoughts during discussions.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Mental Health

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Co-Occurring Disorders Program

Description:

The Co-occurring disorders program provides treatment for inmates who have a psychiatric disorder in combination with a substance use disorder. Inmates attend both a twelve-week educational group focusing on mental health and substance abuse issues and specially designed 12-step meeting.

Facilities:

GARNER CI, MANSON YI, OSBORN CI, YORK CI

Auspices:

Addiction Services, Health Services

Types:

Addiction, Dual Diagnosis, Mental Health

Program Status:

Active Program Category Level:3

Connecticut Department of Correction
PROGRAMS & TREATMENT UNIT
Alphabetic Listing of Programs for All Auspices, All Types
FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Coping skills

Description:

This group is designed to help offenders to effectively deal with daily living issues and stressors while incarcerated.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Mental Health, Self Improvement

Program Status:

Active Program Category Level:2

RT Program Code: N/A, Compendium Program: CORP: Connecticut Offender Re-Entry Program

Description:

This program provides services for offenders with mental illness returning to the community after an extended period of incarceration. The emphasis is on reducing recidivism by identifying and intervening in those areas most in need. Individuals eligible for the services must have at least one year left to serve before release, have a mental health score of 3 or higher and are returning to a catchment area where CORP services are provided. Catchment areas include Hartford, New Haven, Bridgeport, Norwich/New London and Waterbury areas.

Facilities:

CYBULSKI CI, GARNER CI, OSBORN CI, WILLARD CI, YORK CI

Auspices:

Contracted Program, Health Services, Volunteer Services

Types:

Mental Health, Re-Entry

Program Status:

Active Program Category Level:2

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Crafts for Kids Program

Description:

The Hobby/Crafts Program is designed to harness and develop inmate talents in the areas of arts and crafts using woodworking, painting, and hobby making skills to build projects. Inmates learn to design, plan and assemble projects using a variety of methods and materials with minimal tools. Products are donated to charitable organizations such as The Hole in the Wall Gang (Hospice), Boys & Girls Clubs, and the National Audubon Society. All shop/safety procedures are stressed and maintained.

Facilities:

GARNER CI

Auspices:

All Facility Staff, Recreation Services

Types:

Community Service, Self Improvement

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Creative Expression Group

Description:

This group is designed to provide a structured environment for the expression of artwork, creative writings, drawings, paintings and poems. Offenders are given both an opportunity to create and discuss their creative endeavors.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Mental Health, Social Rehabilitation

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Cultural Activities Program

Description:

The program is designed to provide inmates with cultural enhancement, social skill development and opportunities for personal growth through the offering of art/essay contests, sports tournaments, educational videos and guest speakers.

Facilities:

GARNER CI

Auspices:

Health Services, Recreation Services, Volunteer Services

Types:

Self Improvement

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Current Events Group

Description:

This group provides offenders with current information on events occurring in society by utilizing different media sources, including but not limited to newspapers, magazines, articles, journals and radio/television reports.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Mental Health, Social Rehabilitation

Program Status:

Active Program Category Level:3

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Dialectical Behavior Therapy (DBT) - Social Rehabilitation Program

Description:

This highly structured treatment approach is designed to deal with individuals with a history of self-abuse, such as self-mutilation. It is a cognitive-behavioral modality with an additional element of relaxation/self-soothing.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Mental Health, Self Improvement

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Discharge Group

Description:

The purpose of the group is to assist inmates with support in relation to their discharge back into the community. The group will focus on emotional readiness, resource sharing, information sharing, and discharge planning for inmates who have 6 months or less to end of sentence, have been approved for Transitional Supervision or Halfway House placement, or inmates who have been Voted to Parole.

Facilities:

GARNER CI

Auspices:

Mental Health

Types:

Re-Entry

Program Status:

Active Program Category Level:3

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Dual Recovery Anonymous

Description:

Dual Recovery Anonymous is a 12-step self-help program for individuals who are chemically dependent and affected by a psychiatric illness. The primary purpose of DRA is to help one another achieve dual recovery, prevent relapse and to carry the message of recovery to others who experience dual disorders.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Addiction, Mental Health

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Embracing Fatherhood

Description:

Embracing Fatherhood is a program designed to assist incarcerated fathers in gaining awareness of the important role they play in the lives of their children. This awareness will enable participants to successfully embrace their roles as fathers and begin to build healthy lifestyles that will benefit both their children and them.

Facilities:

CHESHIRE CI, GARNER CI, MACDOUGALL CI, OSBORN CI, RADGOWSKI CI

Auspices:

Programs & Treatment Unit, All Facility Staff

Types:

Family

Program Status:

Active Program Category Level:2

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Emotional Awareness/Emotional Healing

Description:

This program utilizes a combination of therapeutic modalities including cognitive-behavioral therapy, mentalization-based therapy, psycho dynamic therapy, DBT, and mindfulness to promote emotional awareness and healing.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Mental Health

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Empowerment Book Club

Description:

This book club is designed to expose offenders to self improvement and inspirational books that will encourage, inspire, empower, motivate, educate, and uplift their spirits and reading habits.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Mental Health, Self Improvement

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Exercise Class

Description:

This program run by the Recreation Department is designed to provide inmates with exercise instruction to improve overall health-fitness. Stretching, walking, jogging and calisthenics provide the basic format of these health skills. Classes are conducted in a low impact aerobic package.

Facilities:

GARNER CI, YORK CI

Auspices:

Recreation Services

Types:

Recreation

Program Status:

Active Program Category Level:

RT Program Code: N/A, Compendium Program: Facility Based Domestic Violence Program

Description:

This group is designed for inmates who have committed a domestic violence offense. Successful completion of this program is a requirement for those inmates who enter into the department's community-based transitional supervision program for domestic violence offenders.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WILLARD CI

Auspices:

Programs & Treatment Unit, All Facility Staff

Types:

Domestic Violence, Family

Program Status:

Active Program Category Level:0

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Fit for Life Group

Description:

This group is designed to increase an offender's awareness of physical health and wellness, hygiene, and healthy lifestyle habits. The group also addresses nutrition, stress reduction and exercise.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Health Education, Mental Health

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Gambling - The Better Choice Program

Description:

Information regarding the Better Choices Gambling Program and a 4-Question Survey is available at every facility. The information explains what is available in the community regarding Better Choices and staff are encouraged to use it to assist offenders who may have a gambling problem. This program is funded by DMHAS.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, ENFIELD CI, GARNER CI, MACDOUGALL CI, MANSON YI, OSBORN CI, RADGOWSKI CI, WALKER BUILDING, YORK CI

Auspices:

All Facility Staff, Volunteer Services

Types:

Addiction, Health Education, Mental Health

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Games Group

Description:

This group provides the opportunity for offenders to develop and improve their leisure time, to relieve stress and boredom, and to learn new leisure skills and interests.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Mental Health, Social Rehabilitation

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Garden/Landscape

Description:

This program teaches inmates how to grow and care for plants, tree seedlings, shrubs, and flowers. Inmates participating in this program experience a calming effect.

Facilities:

GARNER CI

Auspices:

All Facility Staff, Recreation Services

Types:

Recreation, Self Improvement

Program Status:

Active Program Category Level:

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Garner Specific Special Management Program (SMP) - Phase 1

Description:

This program is assigned to offenders who have a mental health classification score of a 4 or above and meet the criteria for admission (per administrative directive) to any of the following: Close Monitoring Program (SRG - Affiliate), Close Custody Program (SRG-Threat), Administrative Segregation Program, or Chronic Discipline Program. Phase one includes a range of programs offered by facility and mental health staff.

Facilities:

GARNER CI

Auspices:

All Facility Staff

Types:

Self Improvement

Program Status:

Active Program Category Level:

RT Program Code: N/A, Compendium Program: Garner Specific Special Management Program (SMP) - Phase 2

Description:

This program is assigned to offenders who have a mental health classification score of a 4 or above and meet the criteria for admission (per administrative directive) to any of the following: Close Monitoring Program (SRG - Affiliate), Close Custody Program (SRG-Threat), Administrative Segregation Program, or Chronic Discipline Program. Phase two includes a range of programs offered by facility and mental health staff.

Facilities:

GARNER CI

Auspices:

All Facility Staff

Types:

Self Improvement

Program Status:

Active Program Category Level:

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Garner Specific Special Management Program (SMP) - Phase 3

Description:

This program is assigned to offenders who have a mental health classification score of a 4 or above and meet the criteria for admission (per administrative directive) to any of the following: Close Monitoring Program (SRG - Affiliate), Close Custody Program (SRG-Threat), Administrative Segregation Program, or Chronic Discipline Program. Phase three includes a range of programs offered by facility and mental health staff.

Facilities:

GARNER CI

Auspices:

All Facility Staff

Types:

Self Improvement

Program Status:

Active Program Category Level:

RT Program Code: N/A, Compendium Program: GCI Anger Management

Description:

This group is provided to inmates assigned to mental health housing units and general population. The program is designed to assist inmates to improve techniques for effective management of their anger without the use of aggressive behavior. The program focuses on stress reduction, adjustment to environmental change, improved communication skills and improved interpersonal relationship skills. The modalities used are: Relaxation technique, cognitive therapy, visualization and journal-keeping, and brief lectures on the nature of anger and factors sustaining it.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Anger Management, Mental Health, Self Improvement

Program Status:

Active Program Category Level:1

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: GCI Farming/Gardening Program

Description:

The GGCI Farming/Gardening Program will provide inmates with classroom instruction in gardening/farming skills and techniques. Inmates will also receive hands on experience in soil prep, sowing, planting, growing, hydration, fertilization, weeding, pest control, and harvesting techniques. A variety of fruits, vegetables, flowers, and edible plants will be grown within the interior courtyard. Harvested produce will be filtered into the kitchen for use in the food supply. Abundant and extra product may be donated to local food pantries or soup kitchens at the discretion of the Warden.

Facilities:

GARNER CI

Auspices:

Recreation Services

Types:

Community Service, Recreation

Program Status:

Active Program Category Level:2

RT Program Code: N/A, Compendium Program: GCI Video Discussion Group

Description:

This discussion group facilitated by the rehabilitation therapists provides an outlet for offenders to view and discuss educational, dramatic, comedic, political, cultural, artistic, and family-oriented videos. This group exists to provide a platform for offenders to express their thoughts, feelings, and opinions in a safe and tolerable environment.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Mental Health

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Grief & Adjustment

Description:

This program is designed to assist offenders in learning that grief is a healthy, human response to situations such as death, loss of freedom, and divorce. The main content of the program is the grief process and the 5 steps of grieving.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Mental Health, Self Improvement

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Gym Recreation

Description:

This group is provided to inmates assigned to mental health housing units. This program, which includes aerobics, basketball, football and baseball, provides the opportunity for inmates to explore how a regularly scheduled aerobic activity can help them improve their cardiovascular system, functional range of motion, gross motor skills and enhancement of mental and emotional well being.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Mental Health, Recreation

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Health & Wellness

Description:

This program is designed to assist offenders in basic medication information and compliance, improving communication skills, using effective coping and problem solving skills and improving personal hygiene and Advanced Daily Living Skills (ADL's).

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Mental Health

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Health Issues Group

Description:

This program covers 12 weeks of topics related to essential health matters. Topics include but are not limited to eating, physical fitness, tobacco and alcohol use and infectious illness. The goal of this program is to raise awareness and promote changes in health habits.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Medical, Mental Health, Self Improvement

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: High School Diploma Programs

Description:

The USD #1 offers opportunities for earning a high school diploma through either USD # 1's Adult Education Program or in some cases in collaboration with USD #1 and the local town/city. To receive a diploma from the local city/town, the former school district must be willing to cooperate with USD #1. USD #1 Adult Education opportunities include the following:

1. The General Education Development (GED) exam provides qualified offenders the opportunity to participate in the examination process in order to receive a Connecticut State High School Diploma.
2. The High School Equivalency Program provides qualified offenders the opportunity to earn the 20 credit hours (120 hours per credit) required to receive a Connecticut High School Diploma.
3. Credit Diploma Program (CDP) provides qualified offenders the opportunity to earn the 20 credit hours (50 hours per credit) required to receive a USD #1 Adult Education High School Diploma.
4. The External Diploma Program (EDP) provides qualified offenders the opportunity to complete a competency portfolio in order to receive a USD #1 Adult Education High School Diploma.

Not all programs are available at all sites, and USD #1 staff review these options with prospective students to assist in the decision regarding which high school diploma program best meets his/her needs.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CENTRAL OFFICE , CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, PAROLE & COMMUNITY SERVICES, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

USD#1

Types:

Academic Education

Program Status:

Active Program Category Level:1

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: HIV Counseling, Testing & Risk Reduction Education

Description:

When inmates are tested for HIV, the department provides standardized counseling by Department of Public Health certified counselors before and after testing. Counseling components include what HIV and AIDS are, how to get it, how to avoid getting it, what it means to be HIV positive, how to take care of oneself if one is HIV positive, and help in dealing with the associated feelings.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

Health Services

Types:

Health Education, Medical

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: HIV Support Services

Description:

The Department demonstrates a collaborative approach in providing HIV support services to inmates in all facilities. A UCONN (Contracted) Health Services Team coordinates testing and counseling services; the Department's School District conducts classroom instruction about HIV; the Department's Addiction Services Unit Counselors provide HIV education and prevention counseling; a number of volunteers serve as "buddies" or sponsors; and Hartford's Community Partners in Action (CPA) receives funding from foundations, grants as well as support from the state's Department of Mental Health and Addiction Services to operate the "Beyond Fear" Program. Altogether the Department hosts a complete program that includes counseling, testing, education focus groups, videos, intervention strategies and is able to assist discharging inmates with need for such services as housing, medical treatment, food, clothing and transportation.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, RADGOWSKI CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

Health Services

Types:

Health Education, Medical, Mental Health

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: In-Cell and Interactive Technology Program

Description:

Through the use of integrated technologies, this program provides state of the art interactive In-cell programming to promote safety, reduce inmate idleness and to enhance existing programs, services and training. Programming is broadcast to each cell covering numerous topics such as substance abuse, life skills, educational and religious programs as well as others.

Facilities:

BROOKLYN CI, CORRIGAN CI, GARNER CI, RADGOWSKI CI

Auspices:

All Facility Staff, Health Services, Religious Services

Types:

Addiction, Health Education, Religious, Self Improvement

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Inmate Photo Program

Description:

Inmates register each month to take photos for a small fee and these photos are sent home or otherwise kept for personal use. Proceeds that are generated are held in a Special Activity Fund. From this fund, thousands of dollars have been donated to local charitable organizations each year, e.g. women's shelters, children's hospitals, youth organizations, and youth at risk programs.

Facilities:

CHESHIRE CI, GARNER CI, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, WALKER BUILDING

Auspices:

All Facility Staff

Types:

Community Service

Program Status:

Active Program Category Level:

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Intercessory Prayer - Protestant

Description:

A time of intercessory prayer that is held weekly.

Facilities:

GARNER CI

Auspices:

Religious Services

Types:

Religious

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Islamic Studies

Description:

Islamic studies devoted to the study of prayer, meditation, self-examination and decision making for a spiritual life. This will assist inmates in confronting issues of life.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CORRIGAN CI, CYBULSKI CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI

Auspices:

Religious Services

Types:

Religious

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Jehovah's Witness Collective Service

Description:

This is the weekly Jehovah's Witness worship service.

Facilities:

BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, MACDOUGALL CI, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WILLARD CI, YORK CI

Auspices:

Religious Services , Volunteer Services

Types:

Religious

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Jewish Worship and Study

Description:

Jewish worship followed by study of the Hebrew Bible or Jewish history.

Facilities:

CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, OSBORN CI, RADGOWSKI CI, WALKER BUILDING, WILLARD CI

Auspices:

Religious Services

Types:

Religious

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Jumah

Description:

Weekly collective Islamic worship service held on Friday between afternoon and late afternoon.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI

Auspices:

Religious Services

Types:

Worship Services

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Library Group

Description:

This program allows the mental health inmate the opportunity to enhance their cognitive capabilities through reading, writing and library resource material. Access to law books, periodicals and newspapers are also available.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Mental Health, Self Improvement

Program Status:

Active Program Category Level:3

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Life Skills

Description:

Life skills is a cognitive Behavioral Therapy Program that helps inmates diagnosed with psychotic spectrum disorders learn to cope with every day stressors while they may or may not be experiencing positive symptoms. An example of a positive symptom would be auditory hallucinations. The goal of the group is to help improve quality of life.

Facilities:

GARNER CI

Auspices:

Health Services, Mental Health

Types:

Health Education

Program Status:

Active Program Category Level:2

RT Program Code: N/A, Compendium Program: Literacy Assistance

Description:

An active group of community volunteers who teach and/or tutor reading skills to inmates. Basic reading, vocabulary and comprehension skills are stressed.

Facilities:

GARNER CI

Auspices:

All Facility Staff, Volunteer Services

Types:

Academic Education, Self Improvement

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Low Impact Exercise

Description:

This group provides the opportunity for offenders to explore how regularly scheduled low impact exercise can help improve their cardiovascular system, functional range of motion, gross motor skills, aide in controlling weight, and enhance their mental and emotional well being.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Health Education, Mental Health

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Medication Compliance Group

Description:

This group is provided to inmates assigned to mental health housing units. It focuses on knowledge of the purpose of medication including actions, dose and side effects and the role of medication in the maintenance of health. The purpose of the group is to encourage medication compliance.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Mental Health

Program Status:

Active Program Category Level:

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Men's Corner

Description:

This program provides an opportunity for offenders to discuss various topics and world events that effect men. It also helps to build social skills and a sense of community among peers, and to engage in various leisure activities.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Mental Health

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Mental Health Support Group

Description:

This group is co-lead by mental health and community volunteers and focuses on self-help for dealing with depression or bipolar illness.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Addiction, Mental Health

Program Status:

Active Program Category Level:

RT Program Code: N/A, Compendium Program: Money Smart

Description:

The Money Smart Program consists of 11 modules on different aspects of banking and money matters.

Facilities:

GARNER CI

Auspices:

Volunteer Services

Types:

Self Improvement

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Narcotics Anonymous

Description:

Narcotics Anonymous is a twelve-step fellowship of addicts helping addicts to recover from the disease of addiction. Meetings, in a variety of formats (Step Meetings, Speaker, Speaker/Discussion, etc.), are held on a weekly basis. The meetings are usually conducted by outside volunteers who share their story of addiction and recovery. Addiction Services or Volunteer Services staff coordinate the meetings and provide oversight for the program.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, NIAN TIC ANNEX, YORK CI

Auspices:

Addiction Services, Volunteer Services

Types:

Addiction

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Native American Harvest Festival

Description:

Delivery of a special meal to commemorate Seasonal Celebration of the Harvest as observed by Native Americans.

Facilities:

BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, MACDOUGALL CI, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI

Auspices:

Religious Services

Types:

Religious

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Native American Strawberry Festival

Description:

Seasonal Celebration of the First Fruit of the Season and observation of a time of Peace. Special Meal with Strawberries, Appropriate Story, Special Prayers and the exchange of wishes for Peace.

Facilities:

BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, MACDOUGALL CI, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI

Auspices:

Religious Services

Types:

Religious

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Native American Studies

Description:

It would be a bi-monthly study on Native American stories, music and history. Documentaries will be shown such as 500 Nations or We Shall Remain subject to Central Office approval.

Facilities:

GARNER CI, MACDOUGALL CI, WALKER BUILDING

Auspices:

Religious Services , Volunteer Services

Types:

Religious

Program Status:

Active Program Category Level:0

RT Program Code: N/A, Compendium Program: Native American Worship

Description:

Sacred Circle is a community prayer, which includes smudging. It is celebrated weekly.

Facilities:

BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, MACDOUGALL CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI

Auspices:

Religious Services , Volunteer Services

Types:

Religious, Worship Services

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: PEP - People Empowering People

Description:

This program provides educational training in values clarification, communication skills, problem solving and parenting. The program builds on personal strengths, providing opportunities for participants to gain skills while they take greater control of their own lives.

Facilities:

CHESHIRE CI, ENFIELD CI, GARNER CI, MACDOUGALL CI, OSBORN CI, RADGOWSKI CI, YORK CI

Auspices:

Volunteer Services

Types:

Self Improvement

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Poetry Therapy

Description:

Poetry therapy will use the expressive arts to help offenders identify and verbalize their feelings through metaphors. This method has been helpful in allowing patients to manage their feelings through artistic and appropriate expression.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Mental Health

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Prayer Class - Islamic Faith

Description:

This is a seminar that teaches inmates how to make prayers according to the Prophet Muhammad (peace be upon him).

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CORRIGAN CI, GARNER CI, MACDOUGALL CI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, RADGOWSKI CI, WALKER BUILDING, YORK CI

Auspices:

Religious Services

Types:

Religious

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Problem Solving

Description:

This program is designed to assist offenders in the use of a structured problem-solving model. This is conducted in a group setting to improve problem-solving skills within an institutional environment.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Anger Management, Mental Health, Self Improvement

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Prospective Apprenticeship

Description:

The Prospective Apprenticeship program offers students an opportunity to apply successful Career Technical Educational completions in approved programs toward apprenticeship hours once they leave the Department of Correction. Students who successfully complete the Unified School District #1 Career Technical Education programs (Curriculum approved by the state of CT Department of Labor) and enter a similar apprenticeship program with a recognized CT Apprenticeship Sponsor (employer) may be eligible to receive 1,000 hours of "on-the-job" credit towards completion of an apprenticeship program. NOTE: Apprenticeship credit is contingent upon acceptance by the apprenticeship sponsor.

Facilities:

CHESHIRE CI, ENFIELD CI, GARNER CI, MACDOUGALL CI, MANSON YI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, YORK CI

Auspices:

USD#1

Types:

Career Technical Education, Re-Entry

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Protestant and Catholic Choir

Description:

Both Catholic and Protestant inmates are able to join choirs in their respective religious service. These choirs both enhance the religious liturgies and add a level of veneration to those services. In some institutions, there may also be Spanish choirs.

Facilities:

BROOKLYN CI, ENFIELD CI, GARNER CI, MACDOUGALL CI, NEW HAVEN CC, OSBORN CI, ROBINSON CI

Auspices:

Religious Services , Volunteer Services

Types:

Religious

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Protestant Bible Study

Description:

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NIAN TIC ANNEX, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

Religious Services , Volunteer Services

Types:

Religious

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Protestant Bible Study (Spanish)

Description:

Biblical readings are reviewed with Spanish inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

Facilities:

BROOKLYN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, NEW HAVEN CC, NIAN TIC ANNEX, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

Religious Services , Volunteer Services

Types:

Religious

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Protestant Service

Description:

This is the weekly Protestant worship service.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NIAN TIC ANNEX, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

Religious Services , Volunteer Services

Types:

Worship Services

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Protestant Service (Spanish)

Description:

This is the weekly Protestant worship service conducted in Spanish.

Facilities:

BROOKLYN CI, CHESHIRE CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, NEW HAVEN CC, NIAN TIC ANNEX, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI

Auspices:

Religious Services , Volunteer Services

Types:

Worship Services

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Quranic Studies

Description:

Qu'ran readings are reviewed with inmates. It is an informal group that is open to current issues pertaining to the Islamic faith and their application.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CORRIGAN CI, GARNER CI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, YORK CI

Auspices:

Religious Services

Types:

Religious

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Ramadan, Eid-UI-Fitr, Eid-UI-Adha

Description:

Religiously Required Observations (Annual)

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

Religious Services

Types:

Religious

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Rational Behavior Therapy

Description:

This program helps offenders learn the symptoms of mood disorders and how to identify their own symptoms and negative self-talk. Offenders also learn what behavior helps to stabilize their moods to increase their own positive self-talk.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Mental Health, Self Improvement

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Relapse Prevention/Discharge Group

Description:

This program is designed to prepare the offender to return to the general prison population, prevent relapses, and to help the offender monitor their mental state while on discharge status.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Medical, Mental Health, Re-Entry

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Relaxation Group

Description:

This group is designed to teach offenders the appropriate relaxation skills, how to reduce stress, increase coping skills, and how to keep their mental faculties strong and active.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Mental Health, Self Improvement

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Resume Builder-Computer Skills

Description:

This group is designed to teach offenders computer skills, basic typing, the function of keyboards, and the basics of computer hard drives.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Mental Health, Re-Entry, Self Improvement

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Sacramental Preparation- Catholic

Description:

This is a course of studies to prepare inmates to receive the sacraments of Baptism, Reconciliation, Eucharist and Confirmation in the hope of empowering the inmates towards a deeper participation in the faith and to foster participation in the church community.

Facilities:

CHESHIRE CI, CORRIGAN CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NIAN TIC ANNEX, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, YORK CI

Auspices:

Religious Services , Volunteer Services

Types:

Religious

Program Status:

Active Program Category Level:3

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Self Awareness Group

Description:

This program is designed to help offenders clear away self defeating behaviors. Offenders who attend this group are introduced to self-awareness group activities that allow them to safely express themselves and release any repressed feelings (eg. anger, sadness, fear) and heal the damage of past trauma.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Mental Health

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Sex Treatment Program

Description:

The Sex Offender Program is a specialized program for inmates who have committed a sexual assault. The program is provided by mental health staff with specialized training in the treatment of sex offenders. The overall goal of the program is to decrease sexual violence. The program teaches inmates about the nature of sexual assault, helping them develop an individualized relapse prevention strategy for themselves, helping them improve the quality of normal interpersonal relationships, helping them better manage their anger, and helping them develop victim empathy.

Facilities:

BROOKLYN CI, CHESHIRE CI, GARNER CI, MANSON YI, OSBORN CI, YORK CI

Auspices:

Health Services

Types:

Anger Management, Self Improvement, Sex Offender

Program Status:

Active Program Category Level:1

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Sex Treatment Program - EXHIBITIONISM WITHIN CORRECTIONS

Description:

This 16 week group focuses on offenders who have a documented history of exhibitionistic behaviors within the correctional environment. The group focuses on breaking denial and fostering awareness of the behaviors as problematic. Motivations for behaviors are addressed, as is development of empathy, and relapse prevention planning.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Sex Offender

Program Status:

Active Program Category Level:1

RT Program Code: N/A, Compendium Program: Social & Leisure Skills

Description:

These activities are employed to aid the mentally ill inmate. The development of new leisure skills promote emotional and social well-being. Appropriate group interaction skills are also taught.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Mental Health, Self Improvement

Program Status:

Active Program Category Level:3

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Social Skills

Description:

This program is designed for offenders whom the acquisition of ordinary daily social skills would be valuable for their mental health treatment and rehabilitation. Topics include but are not limited to assertiveness, skills for living in prison, conversation, and telephone protocols.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Mental Health, Self Improvement, Social Rehabilitation

Program Status:

Active Program Category Level:2

RT Program Code: N/A, Compendium Program: Social Skills Improvement with Recreation

Description:

This program is designed to provide the opportunity for offenders to develop and improve their social skills through recreational activities.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Mental Health, Social Rehabilitation

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Spanish Speaking Mental Health Support Group

Description:

A therapy mental health support group for the Spanish speaking inmates.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Mental Health

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Special Education and Pupil Services

Description:

The special education teachers, pupil services specialists (School Psychologists, School Counselors, School Social Workers), and the associated clerical and durational staff provide services to students with handicapping conditions which interfere with their ability to participate in school. These services are mandated by federal (Individuals with Disabilities Education Act Amendments of 1997) and state (Connecticut General Statutes 10-76) statute. Special education services encompass a broad array of activities including assessment, counseling, transition planning, and both the direct and indirect (e.g. consultation) services of the special education teachers and pupil services staff. Student programs are designed according to the individual needs of each student with disabilities and are specified in an Individualized Education Plan (IEP.) A social skills component is a part of the special education program.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

USD#1

Types:

Academic Education

Program Status:

Active Program Category Level:1

RT Program Code: N/A, Compendium Program: Sponsorship Behind the Walls

Description:

This program is designed for inmates participating in a 12-step recovery program. It enables participants to write to an outside sponsor in order to work the 12 steps of recovery.

Facilities:

BROOKLYN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, YORK CI

Auspices:

Addiction Services, Volunteer Services

Types:

Addiction

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Strengths Group

Description:

The Strengths Group program focuses on positive aspects of the patient's lives, helping them build on a foundation of strength that already exists. This method is effective in building self-esteem and a positive identity in a negative environment.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Mental Health

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Stress Management - Garner CI

Description:

This program is designed to help offenders learn to manage their stress and anger issues both in an institutional setting and on the outside. Some techniques taught include relaxation techniques and facing fear of change.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Anger Management, Health Education, Mental Health, Self Improvement

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Structured Process - ADL Group

Description:

This program is designed to assist offenders who have problems with activities of daily living. Topics addressed include but are not limited to personal hygiene, diet, sanitation, housing, and recognizing colors, numbers and addresses.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Health Education, Medical, Mental Health, Self Improvement

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Supportive Process Group

Description:

This program is designed to provide supportive therapy, & psychoeducation while addressing process and group dynamics in a group setting.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Mental Health

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Symptom Recognition

Description:

This program addresses specific symptoms and coping techniques related to them. Educational information is also provided regarding the nature of the offender's disorder, treatment modalities and medication.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Medical, Mental Health

Program Status:

Active Program Category Level:2

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Taking Control

Description:

A group designed to assist offenders in dealing with and managing diabetes.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Medical

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Target - Trauma Affect Regulation Guide for Education & Therapy

Description:

This program provides strength based present centered approach to teaching trauma survivors self-regulation skills. The skill sequence attempts to refocus the inmate's attention on ways to regain a sense of control when triggered/dysregulated.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Mental Health

Program Status:

Active Program Category Level:3

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: TARGET Group

Description:

Target is an acronym for Trauma Adaptive Recovery Group Education and Therapy. This program guides participants through a series of steps. Psychoeducation is provided on Post-Traumatic Stress Disorder and skills are taught that permit trauma survivors to deal with the internal distress that often affects women with trauma histories. The emphasis is on learning about the disorder and acquiring the tools to permit a higher level of functioning. Target also prepares participants to engage in intensive therapy in dealing with their personal stories.

Facilities:

GARNER CI, YORK CI

Auspices:

Health Services

Types:

Mental Health

Program Status:

Active Program Category Level:2

RT Program Code: N/A, Compendium Program: Teaching English to Speakers of Other Languages (TESOL) Language Acquisition Skills (LAS)

Description:

Teaching English to Speakers of Other Languages (TESOL)/Language Acquisition Skills (LAS) are instructional programs for students whose primary language is not English. TESOL instruction helps students to speak, read and write English or assists them in developing the language skills necessary for overall academic and vocational progress.

Facilities:

CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, RADGOWSKI CI, ROBINSON CI, YORK CI

Auspices:

USD#1

Types:

Academic Education

Program Status:

Active Program Category Level:1

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: The Intensive Mental Health Unit (IMHU)

Description:

The Intensive Mental Health Unit (IMHU) is a three-phase intensive behavior modification program designed to treat and safely manage those inmates with severe mental illness or mental retardation. These inmates also exhibit assaultive behavior and/or chronic disciplinary problems. The goal of this program is to reduce the number and severity of episodes of behavioral dyscontrol as well as increase compliance to his individual treatment plan. The program utilizes a collaborative approach with health services, (i.e., mental health and custody staff). A gradual increase in inmate privileges based on demonstrated positive compliance with unit protocol is the primary goal.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Mental Health

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Therapeutic Community Meeting

Description:

This group is provided to inmates assigned to mental health housing. The inmates discuss issues of concern using problem solving skills and conflict resolution.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Mental Health

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Therapeutic Recreation Class

Description:

This program run by the Recreation Department is designed to provide inmates with positive social interaction skills via recreation group dynamic techniques. A variety of group games are analyzed. Participants learn how to play, score, referee and run games and tournaments.

Facilities:

GARNER CI

Auspices:

Recreation Services

Types:

Recreation, Self Improvement

Program Status:

Active Program Category Level:

RT Program Code: N/A, Compendium Program: Thinking for a Change

Description:

This cognitive behavior program was developed by the National Institute of Corrections. It is designed to help inmates change the way they think, help inmates develop improved social skills, and help inmates learn problem-solving skills. Research links successful completion of such programs to reduced recidivism.

Facilities:

BROOKLYN CI, ENFIELD CI, GARNER CI

Auspices:

All Facility Staff

Types:

Self Improvement

Program Status:

Active Program Category Level:1

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Thresholds

Description:

This is a community-based therapeutic counseling system specifically designed for delivery by trained volunteers. It focuses on developing decision-making and problems-solving skills.

Facilities:

CHESHIRE CI, GARNER CI, MANSON YI, YORK CI

Auspices:

All Facility Staff, Contracted Program, Volunteer Services

Types:

Anger Management, Self Improvement

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Transition Group

Description:

This group will prepare the offender population to transition from the mental housing to general population.

Facilities:

GARNER CI

Auspices:

All Facility Staff, Health Services

Types:

Mental Health, Self Improvement

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Transitional Linkage into the Community (TLC)

Description:

Transitional Linkage into the Community (TLC) is a program of Community Partners in Action which provides discharge planning for inmates with HIV/AIDS. TLC serves every prison and jail in the state, and works with clients returning to every region of the state. TLC case managers meet clients' emergency needs upon release, and connect them with services in their local communities for continuing care and assistance.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, YORK CI

Auspices:

Health Services

Types:

Health Education, Re-Entry

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Turning Point Program

Description:

In this program specially screened long and short sentenced inmates speak to students (normally juvenile delinquent referrals) about "if they knew then what they know now." Students tour the facility and engage in a group discussion with inmates surrounding the topics of problems, consequences, effects and solutions. The purpose is to deter students in the community from criminal activity in a respectful, non-threatening forum.

Facilities:

GARNER CI

Auspices:

All Facility Staff, Volunteer Services

Types:

Community Service, Self Improvement

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Understanding Me

Description:

This is a self awareness program designed to assist offenders in reentry to the community.

Facilities:

GARNER CI

Auspices:

Health Services, Volunteer Services

Types:

Mental Health, Re-Entry

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: USD #1 Voc. Ed: Culinary Arts

Description:

This course stresses safety and sanitation as well as tool and equipment usage. Through practice and discussion, students are taught skills in basic cooking, methods, culinary techniques, weights, measures and recipe conversions. Participants earn a Safe Serve Certificate after passing a test administered by the National Restaurant Association. This program is an apprenticeship approved through the CT State Department of Labor.

Facilities:

GARNER CI, MANSON YI, RADGOWSKI CI, ROBINSON CI, YORK CI

Auspices:

USD#1

Types:

Career Technical Education, Re-Entry

Program Status:

Active Program Category Level:1

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: Victim-Offender Dialogue

Description:

For a variety of reasons, it is sometimes helpful for victims to meet with offenders. The department's Victim Services Unit evaluates and when appropriate facilitates this dialogue. The process is designed to achieve the objectives of restorative justice, healing the victim, and confronting and holding the offender accountable. Although this process can often be very helpful to the inmate, all such dialogues are initiated at the request of victims.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

Programs & Treatment Unit

Types:

Domestic Violence, Victim

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Video Production Group

Description:

This group provides offenders with an overview of production of a video program. The participants detail the entire process of the development, production, scriptwriting and completion of a video product. This group provides videos for in-cell programming. The videos address issues related to offenders.

Facilities:

GARNER CI

Auspices:

Health Services

Types:

Mental Health, Self Improvement

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: GARNER CI

RT Program Code: N/A, Compendium Program: VOICES (Victim Offender Institutional Correctional Educational Services)

Description:

Victim Offender Institutional Correctional Educational Services . This program is designed to use volunteer support to broaden inmates' understanding and sensitivity to the impact of their crime on others.

Facilities:

BROOKLYN CI, GARNER CI, MANSON YI, PAROLE & COMMUNITY SERVICES, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, YORK CI

Auspices:

Programs & Treatment Unit, All Facility Staff, Contracted Program, Safe Passage, Volunteer Services

Types:

Anger Management, Family, Victim

Program Status:

Active Program Category Level:2

RT Program Code: N/A, Compendium Program: Writing Class

Description:

This program is divided into 6 weeks cycles, one hour per week. Each cycle covers one of the following topics: Creative writing, journal writing, letter writing, and poetry. The student is required to complete the homework assignment or is not permitted to come to class. The instructor corrects all homework assignments and returns it to the student. Class discussion is focused on the homework assignment.

Facilities:

GARNER CI

Auspices:

All Facility Staff

Types:

Academic Education, Self Improvement

Program Status:

Active Program Category Level:
