

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: 211 Info Line

Description:

This is an information line to help callers find information, discover options, and provide assistance with such issues as food, housing, clothing, transportation, substance abuse, domestic violence, childcare or nearly every other need they may have. The 211 database is provided on the department's e-mail system. In addition, 211 CD ROMs were provided to staff who do not have e-mail and who work with offenders who are close to discharge.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

All Facility Staff

Types:

Re-Entry

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Addiction Services - Assessment & Orientation Program

Description:

The Assessment and Orientation Program consists of one or two sessions designed to assess the appropriate Treatment Needs Assessment Score to be assigned to each offender, provide basic substance abuse education. It provides the offender with information about available community resources, and provides the offender with information on available substance abuse treatment programs available throughout the Connecticut Department of Correction.

Facilities:

MANSON YI, WALKER BUILDING, YORK CI

Auspices:

Addiction Services

Types:

Addiction, Re-Entry

Program Status:

Active Program Category Level:1

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: Adjustment Disorders Group

Description:

This 12 week cognitive behavioral therapy program is designed to address many of the difficulties inmate's experience when initially adjusting to incarceration. The program presents a pragmatic approach with an emphasis on development of appropriate coping skills.

Facilities:

MANSON YI

Auspices:

Health Services

Types:

Mental Health, Self Improvement

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Adult Basic Education (ABE)

Description:

ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

USD#1

Types:

Academic Education

Program Status:

Active Program Category Level:1

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: Anger Management

Description:

This program is designed to help offenders better manage their anger. Topics in this program include but are not limited to how to redirect anger to a less aggressive and more controlled response, cognitive skill building, and relaxation techniques.

Facilities:

MANSON YI, NIANTIC ANNEX

Auspices:

Health Services

Types:

Anger Management, Self Improvement

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Anger Management - Evidenced Based - Youth Specific

Description:

This program was designed based upon research regarding what works for Anger Management Programs. This 10-week program includes skill building, cognitive techniques, relaxation techniques and role play. The youth specific version was developed in regards to the principles of youth specific programming for male youthful offenders. In addition, an assessment tool to ensure program fidelity audits this program.

Facilities:

MANSON YI

Auspices:

All Facility Staff

Types:

Anger Management, Mental Health, Self Improvement

Program Status:

Active Program Category Level:1

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: Beyond Fear (English)

Description:

This is an AIDS education program utilizing a curriculum, printed materials, and an educational video developed by the Department of Public Health. The program is delivered by a contracted outside agency, and funded through the Department of Public Health.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, GARNER CI, MACDOUGALL CI, MANSON YI, RADGOWSKI CI, ROBINSON CI, WILLARD CI, YORK CI

Auspices:

All Facility Staff, Charlene Perkins Center - Facility Staff, Contracted Program, Health Services, Volunteer Services

Types:

Health Education, Self Improvement

Program Status:

Active Program Category Level:2

RT Program Code: N/A, Compendium Program: Building a Ladder-MYI

Description:

This program is designed for the inmate to understand the ladder they are climbing from responsibility, through self-awareness, experiences in life and future planning, changing the future, and finally to their children. It is designed to help participants understand how their actions effect not only their lives but also others around them.

Facilities:

MANSON YI

Auspices:

All Facility Staff

Types:

Youth SRG

Program Status:

Active Program Category Level:

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: Building Social Networks

Description:

This four session program is designed as a brief intervention for those offenders who are serving short periods of incarceration. This program focuses on offenders learning to build and strengthen their supports for re-entry into society. It concentrates on how to choose supportive social networks. This includes both family and friend interactions to enhance their successes upon discharge to society.

Facilities:

MANSON YI

Auspices:

All Facility Staff

Types:

Re-Entry

Program Status:

Active Program Category Level:2

RT Program Code: N/A, Compendium Program: Catholic - Alpha Program

Description:

The Alpha Program is a course in basic Christianity based upon Biblical principles utilizing videos and workbooks in a group setting. This program meets weekly and is conducted by both volunteers and staff.

Facilities:

BROOKLYN CI, CHESHIRE CI, MANSON YI, YORK CI

Auspices:

Religious Services , Volunteer Services

Types:

Religious

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: Catholic Faith Sharing

Description:

A sharing of bible readings following the Catholic seasonal calendar. Thoughts generated by the readings are discussed as they apply to daily life helping the inmate to change attitude, values and behavior.

Facilities:

CHESHIRE CI, CORRIGAN CI, ENFIELD CI, GARNER CI, MACDOUGALL CI, MANSON YI, OSBORN CI, RADGOWSKI CI, WALKER BUILDING

Auspices:

Religious Services

Types:

Religious

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Catholic Personal Growth Group

Description:

Participants in this program will be focusing on developing a healthy spirituality using personal disciplines to develop self-awareness and to let go of destructive behaviors, attitudes, beliefs, values, to help reduce recidivism.

Facilities:

MANSON YI

Auspices:

Religious Services

Types:

Religious

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: Catholic Worship Service

Description:

The weekly Catholic service is the Mass (or a communion service when Mass cannot be held due to the unavailability of a priest). Fulfills constitutional right to worship.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

Religious Services , Volunteer Services

Types:

Worship Services

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Chronic Disciplinary Unit: Controlling Your Anger

Description:

This is the second in a series of groups used in the Chronic Discipline Unit (CDU) Program. An essential capacity these inmates need to develop is to be able to deal with angry feelings without resorting to violence. This class is designed to help change thinking and attitudes which promote violence and to develop skills to deal with anger without violence.

Facilities:

MANSON YI, NORTHERN CI

Auspices:

All Facility Staff

Types:

Anger Management, CDU, Youth CDU

Program Status:

Active Program Category Level:1

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: Chronic Disciplinary Unit: How to Deal with Your Problems and How to Do Your Bid

Description:

This is a group designed for inmates in the DOC's Chronic Disciplinary Unit. One of the problems that many inmates have in general, and restrictive housing inmates have in particular, is that they lack the skills necessary for problem solving. The first part of this class is designed to help inmates learn that not all problems can be solved and to assist them in approaching problems so as to (1) respond in the best way to the presented problem and (2) not to make the situation worse. In the second part of the class the inmates review a videotape which shows inmates who have completed a restrictive housing program. In that video the inmates discuss what they believe is necessary in order to "do your bid." The video serves as a stimulus for inmates to discuss how it is possible to live in a prison environment without getting into trouble.

Facilities:

MANSON YI, NORTHERN CI

Auspices:

All Facility Staff

Types:

CDU, Youth CDU

Program Status:

Active Program Category Level:1

RT Program Code: N/A, Compendium Program: Computer Support Technology

Description:

The class prepares students to support personal computers. This class includes the most current technology such as managing and maintaining notebook computers and Windows XP. This class takes students from the -just a user- level to the -I can fix it - level for common PC hardware and software concerns. The course was designed to be self paced to maximize learning potential, includes step by step instructions on installation, maintenance, optimizing system performance and troubleshooting. The course consists of 25 individualized modules and a Unified School District #1 (USD#1) certificate of achievement will be awarded after the completion of each module. Upon completion of all modules, the student will be awarded the USD#1 Certificate of Completion.

Facilities:

MANSON YI

Auspices:

USD#1

Types:

Academic Education

Program Status:

Active Program Category Level:1

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: CONNTAC-EOC (CT Talent Assistance Cooperative-Education Opportunity Center)

Description:

Representatives from CONNTAC-EOC are provided with names of students to meet with while the student is still incarcerated. The representatives assist students with their post-secondary plans and financial aid.

Facilities:

BROOKLYN CI, CYBULSKI CI, ENFIELD CI, MANSON YI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WILLARD CI, YORK CI

Auspices:

USD#1

Types:

Re-Entry

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Controlling Your Anger-MYI

Description:

In this class inmates are taught about stress: that it is what one feels when faced with change, pressure, and the unknown. They are also taught about anger: that it is an unavoidable and inevitable part of life. Then the inmates are helped to examine how they have handled stress and anger in the past. Finally, the class helps inmates develop more effective approaches to dealing with stress and anger in the future.

Facilities:

MANSON YI

Auspices:

Health Services

Types:

Anger Management

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: Co-Occurring Disorders Program

Description:

The Co-occurring disorders program provides treatment for inmates who have a psychiatric disorder in combination with a substance use disorder. Inmates attend both a twelve-week educational group focusing on mental health and substance abuse issues and specially designed 12-step meeting.

Facilities:

GARNER CI, MANSON YI, OSBORN CI, YORK CI

Auspices:

Addiction Services, Health Services

Types:

Addiction, Dual Diagnosis, Mental Health

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Dealing With Anger

Description:

This class is offered to both general population inmates and those in the CDU. It is provided because this youthful population has poor impulse control and is often spontaneous in its inappropriate response to its need to have immediate gratification. This class provides participants with more appropriate skills to manage their anger and frustration.

Facilities:

MANSON YI

Auspices:

All Facility Staff

Types:

Anger Management, Youth CDU

Program Status:

Active Program Category Level:

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: Discharge Process Group

Description:

This is a mutual aid group geared towards allowing the inmate population to generate support from their peers regarding discharge issues. These issues are discussed in an effort to promote success upon discharging into the community.

Facilities:

MANSON YI

Auspices:

Health Services

Types:

Re-Entry

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: DOC Reentry Workbook Program - Youth

Description:

This program is designed to do several things: 1) Review the most important things contained in DOC programs such as Anger Management, How to Deal with Your Problems, Thinking for a Change, Relapse Prevention, Domestic Violence, and the department's addiction programs, 2) Help each participant prepare a plan that will help him avoid committing future crimes and thereby helping him stay out of jail or prison, and 3) Use the plan with others that might be involved with assisting and supervising the participant when he leaves prison. This could include halfway house staff, parole staff, probation staff or community service providers. This program has been written based on youth specific principles.

Facilities:

MANSON YI

Auspices:

Programs & Treatment Unit

Types:

Re-Entry

Program Status:

Active Program Category Level:1

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: Educational, Career Resources and Job Fairs

Description:

These types of Fairs are conducted in the form of a professional conference for students. The educational staff invite a keynote speaker and students proceed to attend individual workshops or resource stations that provide information about potential employment or post secondary educational opportunities. The goal of these Fairs is to assist inmates with their transition plans before they return to the community.

Facilities:

CYBULSKI CI, MACDOUGALL CI, MANSON YI, OSBORN CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

Addiction Services, USD#1

Types:

Academic Education, Re-Entry

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Family Issues

Description:

This group focuses on an inmate's relationship and functioning within the family unit and how the inmate views himself within that unit. Topics will include domestic violence, single-parent/step-parent households, substance use and recovery within the family unit, inmate and sibling roles (ie, 'good' child vs. 'bad').

Inmates will learn to recognize messages received which possibly formed a negative self-image and lead to continue acting out and self-sabotage. Strategies and self-management techniques will be reviewed to encourage improved functioning in the community and family household (i.e. preventing escalation of conflicts in the home, removing oneself from the room, taking a walk, exercising, maintaining focus on personal goals, etc...) Inmates will be encouraged to share stories and helpful suggestions to other members in a safe environment. The group is for Mental Health 3/4 's and closer to EOS.

Facilities:

MANSON YI

Auspices:

Health Services, Mental Health

Types:

Mental Health

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: Fitness Meditation Program

Description:

This program of gentle exercises in conjunction with proper breathing techniques to develop proprioception awareness and kinesthetic sense within the body. Proprioception is the ability of muscle to respond to abnormal positions and situations. Kinesthetic sense or conscious appreciation of the body in three dimensional space. The breathing exercises are the most important aspect of this program.

Facilities:

MANSON YI

Auspices:

All Facility Staff

Types:

Health Education, Self Improvement

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Gambling - The Better Choice Program

Description:

Information regarding the Better Choices Gambling Program and a 4-Question Survey is available at every facility. The information explains what is available in the community regarding Better Choices and staff are encouraged to use it to assist offenders who may have a gambling problem. This program is funded by DMHAS.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, ENFIELD CI, GARNER CI, MACDOUGALL CI, MANSON YI, OSBORN CI, RADGOWSKI CI, WALKER BUILDING, YORK CI

Auspices:

All Facility Staff, Volunteer Services

Types:

Addiction, Health Education, Mental Health

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: General Referral

Description:

This four session program is designed as a brief intervention for those offenders who are serving short periods of incarceration. Participants are encouraged to think about how they know the difference between what they are feeling and thinking, and how feeling based distortions can get in the way of productive communications. Participants are introduced to common thinking patterns that lead to frustration, distortion and avoidance of personal responsibility.

Facilities:

MACDOUGALL CI, MANSON YI

Auspices:

Programming Unit - Facility Staff

Types:

Re-Entry

Program Status:

Active Program Category Level:0

RT Program Code: N/A, Compendium Program: Getting Motivated to Change

Description:

This four session program is designed as a brief intervention for those offenders who are serving short periods of incarceration. This program helps offenders begin to think about aspects of motivation that govern decisions to change behavior. Participants are encouraged to discuss progress and challenges in working on their -target- behavior or attitude that they desire to change as part of this group. Also, this program encourages the exploration of strategies for strengthening the commitment to change. Finally, it explores maintaining gains and staying focused on goals once the change has started.

Facilities:

MANSON YI

Auspices:

Programming Unit - Facility Staff

Types:

Re-Entry

Program Status:

Active Program Category Level:

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: Getting Settled/Getting Going

Description:

This is an in cell class that requires the offender to begin thinking about the choices they have made and how they can begin to make different choices to their situation.

Facilities:

MANSON YI, NORTHERN CI

Auspices:

All Facility Staff

Types:

Administrative Segregation, SRG , Youth CDU, Youth SRG

Program Status:

Active Program Category Level:1

RT Program Code: N/A, Compendium Program: Graphic & Printing Technology

Description:

The graphic arts/printing course is designed to provide students the opportunity to learn the skills necessary to work in the printing field. Students gain an understanding of the overall printing process to include graphics layout, design, production printing and binding. Students concentrate on proper shop safety procedures, and desktop publishing skills. Each student receives "hands on" instruction operating single color offset presses, two color presses, paper cutters and bindery equipment. Class theory work includes learning terminology related to the field and methods of managing quality control processes. Students learn basic equipment upkeep and care, as well as equipment problem diagnosis and minor equipment repair.

Facilities:

ENFIELD CI, MACDOUGALL CI, MANSON YI, YORK CI

Auspices:

USD#1

Types:

Career Technical Education, Community Service, Re-Entry

Program Status:

Active Program Category Level:1

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: Health and Hygiene

Description:

To teach daily living activities to include proper hygiene procedures and the importance of such to specialized housing-level 3 and level 4 inmates.

Facilities:

MANSON YI

Auspices:

All Facility Staff

Types:

Youth

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Hepatitis B Vaccination Program

Description:

Health Services, through a grant from the Department of Public Health, offers the Hepatitis B Vaccination Series to youths age 19 and under. The program includes an educational component as well as the 3-part vaccination series.

Facilities:

MANSON YI, YORK CI

Auspices:

Health Services

Types:

Health Education, Medical, Mental Health

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: High School Diploma Programs

Description:

The USD #1 offers opportunities for earning a high school diploma through either USD # 1's Adult Education Program or in some cases in collaboration with USD #1 and the local town/city. To receive a diploma from the local city/town, the former school district must be willing to cooperate with USD #1. USD #1 Adult Education opportunities include the following:

1. The General Education Development (GED) exam provides qualified offenders the opportunity to participate in the examination process in order to receive a Connecticut State High School Diploma.
2. The High School Equivalency Program provides qualified offenders the opportunity to earn the 20 credit hours (120 hours per credit) required to receive a Connecticut High School Diploma.
3. Credit Diploma Program (CDP) provides qualified offenders the opportunity to earn the 20 credit hours (50 hours per credit) required to receive a USD #1 Adult Education High School Diploma.
4. The External Diploma Program (EDP) provides qualified offenders the opportunity to complete a competency portfolio in order to receive a USD #1 Adult Education High School Diploma.

Not all programs are available at all sites, and USD #1 staff review these options with prospective students to assist in the decision regarding which high school diploma program best meets his/her needs.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CENTRAL OFFICE , CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, PAROLE & COMMUNITY SERVICES, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

USD#1

Types:

Academic Education

Program Status:

Active Program Category Level:1

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: HIV Counseling, Testing & Risk Reduction Education

Description:

When inmates are tested for HIV, the department provides standardized counseling by Department of Public Health certified counselors before and after testing. Counseling components include what HIV and AIDS are, how to get it, how to avoid getting it, what it means to be HIV positive, how to take care of oneself if one is HIV positive, and help in dealing with the associated feelings.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

Health Services

Types:

Health Education, Medical

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: HIV Support Services

Description:

The Department demonstrates a collaborative approach in providing HIV support services to inmates in all facilities. A UCONN (Contracted) Health Services Team coordinates testing and counseling services; the Department's School District conducts classroom instruction about HIV; the Department's Addiction Services Unit Counselors provide HIV education and prevention counseling; a number of volunteers serve as "buddies" or sponsors; and Hartford's Community Partners in Action (CPA) receives funding from foundations, grants as well as support from the state's Department of Mental Health and Addiction Services to operate the "Beyond Fear" Program. Altogether the Department hosts a complete program that includes counseling, testing, education focus groups, videos, intervention strategies and is able to assist discharging inmates with need for such services as housing, medical treatment, food, clothing and transportation.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, RADGOWSKI CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

Health Services

Types:

Health Education, Medical, Mental Health

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: How to Deal With Your Problems & How to do Your Bid-MYI

Description:

This segment of the Youth SRG program helps inmates to embrace a basic understanding of problem solving skills, associating situations and thinking and meaning to feelings, and acceptance of the fact that there is an easier way to complete their time within the Department of Correction.

Facilities:

MANSON YI

Auspices:

All Facility Staff

Types:

Youth SRG

Program Status:

Active Program Category Level:

RT Program Code: N/A, Compendium Program: Ideas for Better Communication

Description:

This four-session program is designed as a brief intervention for those offenders who are serving short periods of incarceration. This intervention that is derived from evidenced-based foundations focuses on solution-focused and strength-based discussions that deal with perceptions that interfere with communication. This program works on repairing past relationships and includes listing and reflecting on specific issues. Participants use mapping worksheets to consider various cognitive aspects of how we communicate and manage problems with others.

Facilities:

MANSON YI

Auspices:

Programming Unit - Facility Staff

Types:

Re-Entry

Program Status:

Active Program Category Level:

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: Impulse Control Group

Description:

This group is open ended and held in C-Cottage. The focus of this group is increasing effect awareness and modulation by using events that offenders bring to group. Dominance and relational issues are explored in context of anger.

Facilities:

MANSON YI

Auspices:

Health Services

Types:

Mental Health

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Inmate Photo Program

Description:

Inmates register each month to take photos for a small fee and these photos are sent home or otherwise kept for personal use. Proceeds that are generated are held in a Special Activity Fund. From this fund, thousands of dollars have been donated to local charitable organizations each year, e.g. women's shelters, children's hospitals, youth organizations, and youth at risk programs.

Facilities:

CHESHIRE CI, GARNER CI, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, WALKER BUILDING

Auspices:

All Facility Staff

Types:

Community Service

Program Status:

Active Program Category Level:

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: Islamic Studies

Description:

Islamic studies devoted to the study of prayer, meditation, self-examination and decision making for a spiritual life. This will assist inmates in confronting issues of life.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CORRIGAN CI, CYBULSKI CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI

Auspices:

Religious Services

Types:

Religious

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Jehovah' s Witness Bible Study

Description:

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Jehovah's Witness principles.

Facilities:

MANSON YI

Auspices:

Religious Services , Volunteer Services

Types:

Religious

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: Job Center

Description:

The Job Center is designed to help inmates get and maintain a job after release. It does this by providing job readiness training, resume writing, and employment referrals. Specific jobs are located by the Job Center's computer connection to the Department of Labor's Connecticut Job Bank and by using the Department of Correction Job Bank.

Facilities:

CYBULSKI CI, MANSON YI, NIAN TIC ANNEX, OSBORN CI, ROBINSON CI, WILLARD CI, YORK CI

Auspices:

Programs & Treatment Unit, All Facility Staff, Charlene Perkins Center - Facility Staff, Employment Services

Types:

Re-Entry, Self Improvement

Program Status:

Active Program Category Level:2

RT Program Code: N/A, Compendium Program: Jobs for Life

Description:

This program teaches biblical principles concerning work and the ways those principles are applied in the marketplace. Through this training offenders develop character and become connected to a community of support to help them obtain a job and life experience. Training includes confidence, self control, coaching, learning and faith.

Facilities:

MANSON YI

Auspices:

Employment Services, Religious Services , Volunteer Services

Types:

Re-Entry, Religious, Self Improvement

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: Jumah

Description:

Weekly collective Islamic worship service held on Friday between afternoon and late afternoon.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI

Auspices:

Religious Services

Types:

Worship Services

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Mood Disorders Group

Description:

This 12-week specialized program is a cognitive-behavioral program designed to address the needs of offenders diagnosed with a depressive disorder. The program addresses the common cognitive errors associated with depression and facilitates the development of a more rational self statement within a supportive context of group therapy.

Facilities:

MANSON YI

Auspices:

Health Services

Types:

Mental Health

Program Status:

Active Program Category Level:

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: Non-credit Certificate Programs

Description:

Non-credit certificate programs provide opportunities for acquiring skills and credentials in various trades and/or subject areas. Activities may take the form of correspondence courses, self-study, and/or active class participation. Some examples include The Connecticut Career Certificate, Automotive Service Excellence Certification, and the national ServSafe Certification.

Facilities:

BROOKLYN CI, MANSON YI, RADGOWSKI CI

Auspices:

USD#1

Types:

Academic Education, Career Technical Education

Program Status:

Active Program Category Level:1

RT Program Code: N/A, Compendium Program: Peer Mentor Program

Description:

Peer Mentors are Tier program graduates who assist Addiction Services staff in the presentation of Tier program groups and 12-Step Fellowship groups. The primary purpose of Peer Mentors is to model a recovery lifestyle for other program participants. Weekly training meetings are required for all Peer Mentors.

Facilities:

BROOKLYN CI, CYBULSKI CI, ENFIELD CI, MANSON YI, OSBORN CI, RADGOWSKI CI, ROBINSON CI

Auspices:

Addiction Services

Types:

Addiction

Program Status:

Active Program Category Level:3

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: Plant Science

Description:

This course explores the "green industry" and the occupations associated with this field. A variety of skills will be instructed and practiced in preparation for students to enter the trade. Subject areas include the botany of plants and their identification; the design and construction of landscapes; the study of insect pests, pest control and safe use of pesticides; the practice of landscape maintenance and turf management; bedding plant production and greenhouse operations and safe work practices and workplace safety techniques. These skills are easily transferred to the outside job market.

Facilities:

MANSON YI

Auspices:

USD#1

Types:

Career Technical Education, Community Service, Re-Entry

Program Status:

Active Program Category Level:1

RT Program Code: N/A, Compendium Program: Poetry- Inspirational speaker -motivating a change for the better.

Description:

Poetry used as a form of expression to guide the offenders to change for the better.

Facilities:

MANSON YI

Auspices:

Volunteer Services

Types:

Self Improvement

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: Pre-Chronic Discipline-Split second Group

Description:

This group is designed to decrease impulsive behavior particularly impulse aggressive behavior resulting in critical incident. It is also designed to decrease disciplinary reports and decrease referrals to the Chronic Discipline Program. This group has 3 levels and progression is based on mastering skills not number of sessions.

Facilities:

MANSON YI

Auspices:

Health Services

Types:

CDU, Youth CDU

Program Status:

Active Program Category Level:1

RT Program Code: N/A, Compendium Program: Prospective Apprenticeship

Description:

The Prospective Apprenticeship program offers students an opportunity to apply successful Career Technical Educational completions in approved programs toward apprenticeship hours once they leave the Department of Correction. Students who successfully complete the Unified School District #1 Career Technical Education programs (Curriculum approved by the state of CT Department of Labor) and enter a similar apprenticeship program with a recognized CT Apprenticeship Sponsor (employer) may be eligible to receive 1,000 hours of "on-the-job" credit towards completion of an apprenticeship program. NOTE: Apprenticeship credit is contingent upon acceptance by the apprenticeship sponsor.

Facilities:

CHESHIRE CI, ENFIELD CI, GARNER CI, MACDOUGALL CI, MANSON YI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, YORK CI

Auspices:

USD#1

Types:

Career Technical Education, Re-Entry

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: Protestant Alpha Group

Description:

Alpha 1 is a fourteen week DVD series that presents the basis of the Christian Faith. It provides the principles for Christian living and a foundation for the spiritual and emotional growth. Group discussion follows the DVD presentation.

Facilities:

MANSON YI

Auspices:

Religious Services , Volunteer Services

Types:

Religious

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Protestant Bible Study

Description:

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NIAN TIC ANNEX, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

Religious Services , Volunteer Services

Types:

Religious

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: Protestant Service

Description:

This is the weekly Protestant worship service.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, Niantic Annex, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

Religious Services , Volunteer Services

Types:

Worship Services

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Protestant Service-Spanish

Description:

This is a weekly Protestant Worship service conducted in Spanish for Spanish speaking inmates.

Facilities:

MANSON YI

Auspices:

Religious Services , Volunteer Services

Types:

Religious

Program Status:

Active Program Category Level:1

RT Program Code: N/A, Compendium Program: Ramadan, Eid-UI-Fitr, Eid-UI-Adha

Description:

Religiously Required Observations (Annual)

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

Religious Services

Types:

Religious

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: Ready 4 Life

Description:

Ready 4 life is a Protestant class that helps youthful offenders to "look inside" in order to develop healthy thinking from a Christian perspective. Through teaching and discussion of Biblical principles, it seeks to change negative attitudes and destructive behavioral patterns. Some topics include overcoming anger, forgiveness, honesty, strongholds, victim mentality and responsibility. Volunteers will lead the program.

Facilities:

MANSON YI

Auspices:

Religious Services , Volunteer Services

Types:

Re-Entry, Religious

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Re-entry Class

Description:

This 21 day program prepares inmates for their transition back into society. The class provides a variety of interactive and personal activities to assist inmates with acquiring identification, building employment skills, encouraging sound educational and career goal setting, and taking responsibility. All inmates who complete the Re-entry Class will have developed an Individual Transition Plans of contacts, addresses, and phone numbers for the community area he/she will be returning to, based on his/her needs. In addition, the inmates receive a portfolio including DMV, DOL, Social Security, SAGA, continuing education, housing, clothing, and 211 Info-line information.

Facilities:

CYBULSKI CI, ENFIELD CI, MANSON YI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WILLARD CI, YORK CI

Auspices:

USD#1

Types:

Re-Entry

Program Status:

Active Program Category Level:2

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: Relapse Prevention-MYI

Description:

This group will only be offered to inmates repeating the Close Monitoring Program. It is designed to help inmates understand the concepts related to relapse into gang behavior.

Facilities:

MANSON YI

Auspices:

All Facility Staff

Types:

Youth SRG

Program Status:

Active Program Category Level:

RT Program Code: N/A, Compendium Program: Sacramental Preparation- Catholic

Description:

This is a course of studies to prepare inmates to receive the sacraments of Baptism, Reconciliation, Eucharist and Confirmation in the hope of empowering the inmates towards a deeper participation in the faith and to foster participation in the church community.

Facilities:

CHESHIRE CI, CORRIGAN CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NIANTIC ANNEX, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, YORK CI

Auspices:

Religious Services , Volunteer Services

Types:

Religious

Program Status:

Active Program Category Level:3

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: Security Risk Group Safety Threat Members (SRGT) - Building the Ladder

Description:

This class is a component of the Security Risk Group Threat and Affiliate programs. In this class inmates are encouraged to formulate and build a realistic and achievable plan for their future. This is achieved through exercises in responsibility and group communication.

Facilities:

CORRIGAN CI, MANSON YI, NORTHERN CI, OSBORN CI, YORK CI

Auspices:

All Facility Staff

Types:

SRG , SRG - Close Monitoring, Youth SRG

Program Status:

Active Program Category Level:1

RT Program Code: N/A, Compendium Program: Security Risk Group Safety Threat Unit (SRGT) - Relapse Prevention

Description:

This class is a component of the SRGT and SRG programs. It is designed to help inmates understand and avoid relapse. In order to reach this class in the program the inmate has had to be behaving himself and interacting appropriately with other inmates and staff. This group is designed to help inmates examine the issues that might result in a relapse of the problematic behavior which resulted in their placement in the SRGT program.

Facilities:

CORRIGAN CI, MANSON YI, NORTHERN CI, OSBORN CI, YORK CI

Auspices:

All Facility Staff

Types:

SRG , SRG - Close Monitoring, Youth SRG

Program Status:

Active Program Category Level:1

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: Security Risk Group Safety Threat Unit (SRGT) - Bridge Group

Description:

This class is one component of the SRGT and SRG programs. It is designed to (1) review all the concepts taught in the previous classes; (2) afford an opportunity for senior management in the facility to interact with inmates and evaluate program progress; (3) to help inmates think about and plan the next step in the three-phase SRGT program.

Facilities:

CORRIGAN CI, MANSON YI, NORTHERN CI, OSBORN CI, YORK CI

Auspices:

All Facility Staff

Types:

SRG , SRG - Close Monitoring, Youth SRG

Program Status:

Active Program Category Level:1

RT Program Code: N/A, Compendium Program: Security Risk Group Safety Threat Unit (SRGT) - Controlling your Anger

Description:

This is one of the classes used in both the Security Risk Group Threat Program and the Security Risk Group Affiliate Program. An essential capacity these inmates need to develop is to be able to deal with angry feelings without resorting to violence. This class is designed to help change thinking and attitudes which promote violence and to develop skills to deal with anger without violence.

Facilities:

CORRIGAN CI, MANSON YI, NORTHERN CI, OSBORN CI, YORK CI

Auspices:

All Facility Staff

Types:

Anger Management, SRG , SRG - Close Monitoring, Youth SRG

Program Status:

Active Program Category Level:1

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: Security Risk Group Safety Threat Unit (SRGT) - Orientation and Communication

Description:

This is a component of the SRGT and SRG programs. Research into causes of violence among inmates reveals that frequently there is a breakdown in communication or poor communication skills. This group is designed to assist inmates in improving communication skills.

Facilities:

CORRIGAN CI, MANSON YI, NORTHERN CI, OSBORN CI, YORK CI

Auspices:

All Facility Staff

Types:

SRG , SRG - Close Monitoring, Youth SRG

Program Status:

Active Program Category Level:1

RT Program Code: N/A, Compendium Program: Security Risk Group Safety Threat Unit (SRGT)-How to Deal with Your Problems and How to Do Your

Description:

This is a group designed for inmates in the SRGT and SRG programs. One of the problems which many inmates have in general and restrictive housing inmates have in particular, is that they lack the skills necessary for problem solving. The first part of this class is designed to help inmates learn that not all problems can be solved and to assist them in approaching problems so as to (1) respond in the best way to the presented problem and (2) not to make the situation worse. In the second part of the class the inmates review a videotape which shows inmates who have completed a restrictive housing program. In that video the inmates discuss what they believe is necessary in order to "do your bid." The video serves as a stimulus for inmates to discuss how it is possible to live in a prison environment without getting into trouble.

Facilities:

CORRIGAN CI, MANSON YI, NORTHERN CI, OSBORN CI, YORK CI

Auspices:

All Facility Staff

Types:

SRG , SRG - Close Monitoring, Youth SRG

Program Status:

Active Program Category Level:1

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: Sex Treatment Program

Description:

The Sex Offender Program is a specialized program for inmates who have committed a sexual assault. The program is provided by mental health staff with specialized training in the treatment of sex offenders. The overall goal of the program is to decrease sexual violence. The program teaches inmates about the nature of sexual assault, helping them develop an individualized relapse prevention strategy for themselves, helping them improve the quality of normal interpersonal relationships, helping them better manage their anger, and helping them develop victim empathy.

Facilities:

BROOKLYN CI, CHESHIRE CI, GARNER CI, MANSON YI, OSBORN CI, YORK CI

Auspices:

Health Services

Types:

Anger Management, Self Improvement, Sex Offender

Program Status:

Active Program Category Level:1

RT Program Code: N/A, Compendium Program: Special Education and Pupil Services

Description:

The special education teachers, pupil services specialists (School Psychologists, School Counselors, School Social Workers), and the associated clerical and durational staff provide services to students with handicapping conditions which interfere with their ability to participate in school. These services are mandated by federal (Individuals with Disabilities Education Act Amendments of 1997) and state (Connecticut General Statutes 10-76) statute. Special education services encompass a broad array of activities including assessment, counseling, transition planning, and both the direct and indirect (e.g. consultation) services of the special education teachers and pupil services staff. Student programs are designed according to the individual needs of each student with disabilities and are specified in an Individualized Education Plan (IEP.) A social skills component is a part of the special education program.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

USD#1

Types:

Academic Education

Program Status:

Active Program Category Level:1

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: Street Smart - RESPECT Program

Description:

This is 2 session HIV prevention intervention.

Facilities:

MANSON YI

Auspices:

Health Services

Types:

Medical

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Stress Management

Description:

This is an 8 week group that will meet once a week for an hour. The purpose of the group is to teach the group members what causes stress and the effect stress has on the body, mind, emotions and spirit. They will learn the importance of time management, exercise, sleep, diet and relaxation in reducing stress. They will learn positive & healthy ways to decrease stressful behaviors.

Facilities:

MANSON YI

Auspices:

Health Services

Types:

Mental Health

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: Taking Control - ACE Program

Description:

This is an anger and impulse management group for offenders with a mental health level of 3 or 4 and house in C-Cottage. Group topics include stress, anger, triggers, body alarms, controlling impulses, defining and coping with emotions, understanding cognitive distortions and improving communication. This group meets for 10 one hour sessions.

Facilities:

MANSON YI

Auspices:

Health Services

Types:

Mental Health

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Teaching English to Speakers of Other Languages (TESOL) Language Acquisition Skills (LAS)

Description:

Teaching English to Speakers of Other Languages (TESOL)/Language Acquisition Skills (LAS) are instructional programs for students whose primary language is not English. TESOL instruction helps students to speak, read and write English or assists them in developing the language skills necessary for overall academic and vocational progress.

Facilities:

CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, RADGOWSKI CI, ROBINSON CI, YORK CI

Auspices:

USD#1

Types:

Academic Education

Program Status:

Active Program Category Level:1

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: Thresholds

Description:

This is a community-based therapeutic counseling system specifically designed for delivery by trained volunteers. It focuses on developing decision-making and problems-solving skills.

Facilities:

CHESHIRE CI, GARNER CI, MANSON YI, YORK CI

Auspices:

All Facility Staff, Contracted Program, Volunteer Services

Types:

Anger Management, Self Improvement

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Tier 1 Addiction Services Brief Substance Abuse Education Program

Description:

To meet the treatment needs of offenders re-entering the community from a pre-sentence or direct admission facility Addiction Services Units offer a Tier I Reentry Program. Using the evidenced based -Beat the Streets- curriculum this program component focuses on relapse and re-integration.

Facilities:

CORRIGAN CI, MANSON YI, NIANTIC ANNEX, WALKER BUILDING, YORK CI

Auspices:

Addiction Services, Charlene Perkins Center - Facility Staff

Types:

Addiction, Re-Entry

Program Status:

Active Program Category Level:1

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: Tier 2 Addiction Services Intensive Outpatient Program

Description:

The Tier 2 Program is an intensive outpatient Addiction Services program with 30 curriculum sessions for 10 weeks. Group components are held three times weekly and incorporate weekly fellowship meetings to lay the foundation of basic substance abuse information, promote personal identification with recovery, and motivate further treatment involvement.

Facilities:

BROOKLYN CI, MANSON YI, NIAN TIC ANNEX, ROBINSON CI, WALKER BUILDING

Auspices:

Addiction Services

Types:

Addiction

Program Status:

Active Program Category Level:1

RT Program Code: N/A, Compendium Program: Tier 4 Addiction Services Residential Treatment Program

Description:

The Tier 4 Addiction Services program is a modified therapeutic community. The program provides inmates the opportunity to be involved in full-time substance treatment in a separate housing unit. Tier 4 treatment is intensive and includes curriculum, skill building and process groups, as well as community building and individual counseling. These residential programs are six-twelve months in length.

Facilities:

MANSON YI, OSBORN CI, ROBINSON CI, YORK CI

Auspices:

Addiction Services

Types:

Addiction, Re-Entry

Program Status:

Active Program Category Level:1

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: Tutoring

Description:

Yale students come in on the weekends to help tutor the young men with their GED studies.

Facilities:

MANSON YI

Auspices:

Volunteer Services

Types:

Self Improvement, Youth

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Twelve-Step Fellowship

Description:

This is a self-help group for men who provide mutual support in obtaining and maintaining sobriety and freedom from chemical dependency. Discussions are based on readings from the Twelve Steps and Traditions of Alcoholics Anonymous.

Facilities:

MANSON YI

Auspices:

Addiction Services

Types:

Addiction

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Understanding & Reducing Angry Feelings

Description:

This four session program is designed as a brief intervention for those offenders who are serving short periods of incarceration. This group provides the basic principles of anger management, including helping participants become more aware of physical signs and emotional outbursts. Participants will use past experiences to learn how to manage angry feelings and to think about how to build on those successes. Using mapping worksheets participants will focus on anger and emotional regulation. Finally, participants will explore how building feelings of anger and resentment can spiral into a cycle of explosive and destructive behavior.

Facilities:

MANSON YI

Auspices:

Programming Unit - Facility Staff

Types:

Re-Entry

Program Status:

Active Program Category Level:

RT Program Code: N/A, Compendium Program: USD #1 Family Education & Parenting

Description:

This program is designed to help inmates with children become responsible parents. Inmates have classes in parenting skills and in some cases read children's books into audio cassettes to send home to their children. Components of the parenting skills classes include parenting from a distance, discipline techniques, and communicating with children.

Facilities:

CHESHIRE CI, CYBULSKI CI, ENFIELD CI, MACDOUGALL CI, MANSON YI, OSBORN CI, WILLARD CI, YORK CI

Auspices:

All Facility Staff, USD#1

Types:

Family, Self Improvement

Program Status:

Active Program Category Level:2

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: USD #1 Voc. Ed: Culinary Arts

Description:

This course stresses safety and sanitation as well as tool and equipment usage. Through practice and discussion, students are taught skills in basic cooking, methods, culinary techniques, weights, measures and recipe conversions. Participants earn a Safe Serve Certificate after passing a test administered by the National Restaurant Association. This program is an apprenticeship approved through the CT State Department of Labor.

Facilities:

GARNER CI, MANSON YI, RADGOWSKI CI, ROBINSON CI, YORK CI

Auspices:

USD#1

Types:

Career Technical Education, Re-Entry

Program Status:

Active Program Category Level:1

RT Program Code: N/A, Compendium Program: USD #1 -Voc. Ed: Auto Body Technology

Description:

This program emphasizes the fundamentals of safety, welding, straightening, refinishing, mechanical principles, manual skills, framework and good work habits. Students complete 300 hours of theory and 600 hours of shop practice. The program includes safety, metalworking, surface preparation, painting, glass and estimating. This vocational training prepares inmates to acquire a skilled, well-paying job in the community.

Facilities:

MANSON YI

Auspices:

USD#1

Types:

Career Technical Education, Community Service, Re-Entry

Program Status:

Active Program Category Level:1

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: USD #1 Voc. Ed: Automotive Technology

Description:

This is a technical program designed for students that wish to make a career as an automotive technician. Theory and practical applications of automotive systems and components are studied in detail. Instruction in diagnostic testing, precision measuring tools, and troubleshooting of the automobile are emphasized. This vocational training positions inmates to acquire a skilled, high-paying job in the community.

Facilities:

MANSON YI

Auspices:

USD#1

Types:

Career Technical Education, Community Service, Re-Entry

Program Status:

Active Program Category Level:1

RT Program Code: N/A, Compendium Program: Victim-Offender Dialogue

Description:

For a variety of reasons, it is sometimes helpful for victims to meet with offenders. The department's Victim Services Unit evaluates and when appropriate facilitates this dialogue. The process is designed to achieve the objectives of restorative justice, healing the victim, and confronting and holding the offender accountable. Although this process can often be very helpful to the inmate, all such dialogues are initiated at the request of victims.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

Programs & Treatment Unit

Types:

Domestic Violence, Victim

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: MANSON YI

RT Program Code: N/A, Compendium Program: VOICES (Victim Offender Institutional Correctional Educational Services)

Description:

Victim Offender Institutional Correctional Educational Services . This program is designed to use volunteer support to broaden inmates' understanding and sensitivity to the impact of their crime on others.

Facilities:

BROOKLYN CI, GARNER CI, MANSON YI, PAROLE & COMMUNITY SERVICES, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, YORK CI

Auspices:

Programs & Treatment Unit, All Facility Staff, Contracted Program, Safe Passage, Volunteer Services

Types:

Anger Management, Family, Victim

Program Status:

Active Program Category Level:2

RT Program Code: N/A, Compendium Program: Wellness Group

Description:

This is an open & on-going psycho-educational group. Participants tend to be the lower functioning MHI 3's & 4's, whom have difficulty effectively managing ADLs. Topics include hygiene issues, physical illness, mental health disorders, healthy lifestyle choices and negative and damaging effects of substance abuse. Medication and medication compliance are important issues as well as overall effective strategies to maintain a healthy wellbeing.

Facilities:

MANSON YI

Auspices:

Health Services

Types:

Medical

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Youth Specific Facility Based Domestic Violence Program

Description:

This group is designed for inmates who have committed a domestic violence offense. Successful completion of this program is a requirement for those inmates who enter into the department's community-based transitional supervision program for domestic violence offenders. The youth specific version was developed in regards to the principles of youth specific programming for male youthful offenders.

Facilities:

MANSON YI

Auspices:

All Facility Staff

Types:

Domestic Violence

Program Status:

Active Program Category Level:

RT Program Code: N/A, Compendium Program: Youthful Offender Mentoring Program

Description:

A contract agency, Family ReEntry, Inc., conducts this program. Mentoring is a positive and supportive relationship with a responsible and dependable adult volunteer. Mentors are committed and caring individuals who assist inmates and their family with transition back to the community.

Facilities:

MANSON YI, YORK CI

Auspices:

All Facility Staff, Contracted Program

Types:

Family, Re-Entry, Self Improvement

Program Status:

Active Program Category Level:2
