

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: 211 Info Line

Description:

This is an information line to help callers find information, discover options, and provide assistance with such issues as food, housing, clothing, transportation, substance abuse, domestic violence, childcare or nearly every other need they may have. The 211 database is provided on the department's e-mail system. In addition, 211 CD ROMs were provided to staff who do not have e-mail and who work with offenders who are close to discharge.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

All Facility Staff

Types:

Re-Entry

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: 40+ and Beautiful

Description:

This group is to empower women by increasing their knowledge base, by knowing and understanding who they are physically, mentally, socially, financially & spiritually.

Facilities:

YORK CI

Auspices:

Health Services, Safe Passage

Types:

Health Education

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Addiction Services - Assessment & Orientation Program

Description:

The Assessment and Orientation Program consists of one or two sessions designed to assess the appropriate Treatment Needs Assessment Score to be assigned to each offender, provide basic substance abuse education. It provides the offender with information about available community resources, and provides the offender with information on available substance abuse treatment programs available throughout the Connecticut Department of Correction.

Facilities:

MANSON YI, WALKER BUILDING, YORK CI

Auspices:

Addiction Services

Types:

Addiction, Re-Entry

Program Status:

Active Program Category Level:1

RT Program Code: N/A, Compendium Program: Addiction Services Integrated Care for Women with Co-Occurring Program

Description:

This Integrated Care for Women/Co-Occurring Program provides treatment for inmates who have a psychiatric disorder in combination with a substance abuse disorder. This program is eight weeks in duration and covers motivational enhancement therapy , cognitive behavioral therapy and is supported by specially designed 12 step meeting.

Facilities:

YORK CI

Auspices:

Addiction Services

Types:

Addiction

Program Status:

Active Program Category Level:1

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Administrative Segregation Substance Abuse Treatment

Description:

Offenders attend an educational group focusing on substance abuse, relapse prevention, stress and negative emotions. The group meets weekly for ten sessions.

Facilities:

YORK CI

Auspices:

Addiction Services

Types:

Addiction, Administrative Segregation

Program Status:

Active Program Category Level:1

RT Program Code: N/A, Compendium Program: Adult Basic Education (ABE)

Description:

ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

USD#1

Types:

Academic Education

Program Status:

Active Program Category Level:1

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: AI-Anon

Description:

This is a self-help support group for friends and family members of alcoholic or problem drinkers. Discussions primarily focus on problematic behaviors exhibited by the alcoholic, helping the attendees develop coping strategies. This on-going evening group is offered weekly.

Facilities:

YORK CI

Auspices:

Addiction Services, Volunteer Services

Types:

Addiction

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Alcoholics Anonymous - Spanish

Description:

This program is conducted in Spanish. Alcoholics Anonymous is a 12-Step Fellowship self-help group for men and women who provide mutual support in obtaining and maintaining sobriety while also helping others to recover from alcoholism. Meetings are held on a weekly basis. Addiction Services staff coordinate the meetings and provide oversight for the program.

Facilities:

YORK CI

Auspices:

Addiction Services

Types:

Addiction

Program Status:

Active Program Category Level:3

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Alcoholics Anonymous , Conducted in English

Description:

This program is conducted in English. Alcoholics Anonymous is a Fellowship self help group for women who provide mutual support in obtaining and maintaining alcohol free lifestyle while also helping others to recover from alcohol addiction. Meetings are held on weekly basis. Addiction Service staff coordinate the meetings and provide oversight for the program.

Facilities:

YORK CI

Auspices:

Addiction Services

Types:

Female, Mental Health, Self Improvement

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Alternatives to Violence (AVP):

Description:

Certified AVP volunteers lead basic, intermediate and advanced workshops to teach inmates to understand and to control anger, and how to cope with violence in their lives. Inmates are provided certificates of completion for each workshop level. Those completing AVP workshops become eligible to serve as group facilitators.

Facilities:

MACDOUGALL CI, OSBORN CI, YORK CI

Auspices:

Volunteer Services

Types:

Anger Management, Self Improvement

Program Status:

Active Program Category Level:2

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Artists In Residence

Description:

Accomplished artists provide inmates with an introduction to the basic principles of fine art. Volunteer Artists-In-Residence within correctional institutions bring art behind bars and serve to broaden inmates' abilities to express themselves by developing talents or skills in drawing, painting, music and creative writing. Inmate artwork is collected annually by a Prison Art Program Curator from Hartford's Community Partners in Action (CPA) which operates this service solely through the support of grants from local foundations, corporations and the Connecticut Commission on the Arts. This art collection is arranged for exhibition in community spaces across the state. The CPA also publishes an annual journal of arts in correction serving to bring creative writing, poetry and visual art produced by inmates to the broader community.

Facilities:

CYBULSKI CI, MACDOUGALL CI, OSBORN CI, WILLARD CI, YORK CI

Auspices:

Contracted Program, Volunteer Services

Types:

Self Improvement

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Arts & Spirituality

Description:

These courses enable women to explore their spirituality through a variety of artistic media, encouraging a whole mind, body and spirit experience in the worship of God.

Facilities:

YORK CI

Auspices:

Religious Services

Types:

Religious

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

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Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Beginners and Advanced Art Programs

Description:

This is a program developed to enable inmates with different artistic abilities. Although primarily pen, watercolor, and painting, this activity may be multidisciplinary (i.e., sculpture, dance, creative writing, or poetry). Exhibits of this artwork are promoted periodically.

Facilities:

BROOKLYN CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, MACDOUGALL CI, OSBORN CI, WILLARD CI, YORK CI

Auspices:

Recreation Services, Volunteer Services

Types:

Self Improvement

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Beyond Fear (English)

Description:

This is an AIDS education program utilizing a curriculum, printed materials, and an educational video developed by the Department of Public Health. The program is delivered by a contracted outside agency, and funded through the Department of Public Health.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, GARNER CI, MACDOUGALL CI, MANSON YI, RADGOWSKI CI, ROBINSON CI, WILLARD CI, YORK CI

Auspices:

All Facility Staff, Charlene Perkins Center - Facility Staff, Contracted Program, Health Services, Volunteer Services

Types:

Health Education, Self Improvement

Program Status:

Active Program Category Level:2

Connecticut Department of Correction

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Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Book Club

Description:

This group meets once a month to discuss the chosen book they have read. Much of the discussion spawns introspection and comparisons with real life situations where consequences of actions can be clarified.

Facilities:

YORK CI

Auspices:

Charlene Perkins Center - Facility Staff, Volunteer Services

Types:

Self Improvement

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Books for Babies

Description:

Through Read to Grow Organization this program provides a literacy packet to families with babies born at one of five hospitals. The goal is to promote early literacy by ensuring that every newborn receives a book and by encouraging parents to share books with their baby from birth. The supplies are delivered and we assemble the supplies creating these packages.

Facilities:

YORK CI

Auspices:

Charlene Perkins Center - Facility Staff, Volunteer Services

Types:

Community Service

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

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Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Care to be Creative

Description:

This group pairs creative ideas with educational materials to foster learning. This fun, relaxing atmosphere harbors such activities as games, art, movies, theater, and often incorporates different cultural music to promote relaxation and opportunities for learning. this group is open to inmates housed in the mental health unit.

Facilities:

YORK CI

Auspices:

Health Services

Types:

Mental Health

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Catholic - Alpha Program

Description:

The Alpha Program is a course in basic Christianity based upon Biblical principles utilizing videos and workbooks in a group setting. This program meets weekly and is conducted by both volunteers and staff.

Facilities:

BROOKLYN CI, CHESHIRE CI, MANSON YI, YORK CI

Auspices:

Religious Services , Volunteer Services

Types:

Religious

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Catholic Bible Study

Description:

An academic study of the books of the bible or biblical topics and themes. This program seeks to foster understanding of scripture and help inmates develop self-awareness and personal growth based on biblical principles.

Facilities:

BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, NEW HAVEN CC, Niantic Annex, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

Religious Services , Volunteer Services

Types:

Religious

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Catholic Bible Study (Spanish)

Description:

This is the Catholic Bible Study held in Spanish.

Facilities:

BROOKLYN CI, OSBORN CI, YORK CI

Auspices:

Religious Services

Types:

Religious

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Catholic Choir

Description:

This is a musical program educating inmates in deepening their understanding of the liturgy and enhancing the worship experience provided to all catholic inmates.

Facilities:

CYBULSKI CI, GARNER CI, MACDOUGALL CI, OSBORN CI, WILLARD CI, YORK CI

Auspices:

Religious Services

Types:

Religious

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Catholic Choir (Spanish)

Description:

This is the Catholic Choir in Spanish.

Facilities:

YORK CI

Auspices:

Religious Services

Types:

Religious

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Catholic Retreats

Description:

Retreats: (e.g. Kairos, Emmaus, Life in the Spirit). Withdrawal from daily activities for a period of time for a program devoted to prayer, meditation, self-examination and decision making for one's spiritual life. It is hoped that this larger time-block will assist inmates in confronting issues that are not readily accessed in shorter time periods.

Facilities:

BROOKLYN CI, CORRIGAN CI, GARNER CI, MACDOUGALL CI, RADGOWSKI CI, YORK CI

Auspices:

Religious Services , Volunteer Services

Types:

Religious

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Catholic Worship Service

Description:

The weekly Catholic service is the Mass (or a communion service when Mass cannot be held due to the unavailability of a priest). Fulfills constitutional right to worship.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

Religious Services , Volunteer Services

Types:

Worship Services

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Catholic Worship Service (Spanish)

Description:

The weekly Catholic service is the mass (or a communion service when mass cannot be held due to the unavailability of a priest). Fulfills constitutional right to worship.

Facilities:

HARTFORD CC, OSBORN CI, YORK CI

Auspices:

Religious Services

Types:

Worship Services

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: CCAR- CT. Community for Addiction Recovery

Description:

Representatives from CCAR located in Willimantic, CT. present monthly to the offender population to educate them about their facilities. They offer telephone support programs and recovery center programming. Applications are accepted for processing prior to offender's release.

Facilities:

YORK CI

Auspices:

Charlene Perkins Center - Facility Staff, Contracted Program, Volunteer Services

Types:

Addiction, Re-Entry

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Certified Nurse's Aide Program

Description:

The purpose of the C.N.A. program is to prepare students for entry level employment in a long-term care facility servicing geriatric patients. The 190-hour course is designed to teach basic-nursing skills used in patient care. Upon successful completion of the CNA program, the student qualifies to take the state exam for certification.

Facilities:

MACDOUGALL CI, YORK CI

Auspices:

All Facility Staff

Types:

Career Technical Education, Re-Entry

Program Status:

Active Program Category Level:1

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Change Group

Description:

This is a weekly group meeting for eight months. It is structured in three phases. Phase One is devoted to the TARGET program, teaching coping skills for people with Post-Traumatic Stress Disorder. Phase Two introduces TREM, a gender specific program for women with trauma histories. Phase Three is mindfulness, teaching meditation/relaxation skills and promoting healing through inner direction, self-esteem and life purpose.

Facilities:

YORK CI

Auspices:

Health Services

Types:

Female, Gender Responsive, Trauma Informed

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Childbirth Education

Description:

Childbirth Education classes are held weekly to every pregnant woman at York CI. It is taught by a community volunteer who is a childbirth educator. The classes include education about labor, breathing, and exercise during pregnancy, nutrition, breast feeding, and postpartum concerns

Facilities:

YORK CI

Auspices:

Health Services, Volunteer Services

Types:

Health Education

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Chrysalis

Description:

A faith based program designed to reduce recidivism by decreasing a propensity for addiction and criminal behavior. The program will provide ties to faith communities and assist inmates in developing positive life directions, personal growth and responsibility. This twenty-six (26) week daily program will serve up to thirty-two (32) women. Participants will be assisted in discovering a life-style that is positive, healing and productive. This program will be presented under the auspice of the Religious Services Department.

Facilities:

YORK CI

Auspices:

Religious Services

Types:

Re-Entry

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Codependency

Description:

The purpose of this group is to help participants understand behavioral problems leading to and during incarceration that are associated with a tendency for codependent relationships, i.e. chaotic relationships in which they are trying to "fix" someone else at their own expense. The group focuses on helping participants understand this pattern and replace it with healthier interpersonal functioning.

Facilities:

YORK CI

Auspices:

Health Services

Types:

Mental Health

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: College Credit Programs

Description:

College Credit opportunities are available through correspondence courses, independent study, credit by exam (CLEP and DSST), and in some cases, college classes are offered by local community colleges.

Facilities:

BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WILLARD CI, YORK CI

Auspices:

USD#1

Types:

Academic Education, Career Technical Education

Program Status:

Active Program Category Level:1

RT Program Code: N/A, Compendium Program: Color Your Life

Description:

This is an open group in the SRP program that takes place on Mondays from 1:30-2:20 in the multi-purpose room of building 2 north. This group is a creative expression group dealing in topics that range from emotional regulation, anger-management, coping skills, self acceptance and development. The group utilizes the creative arts of music, drawing, movement and open discussion with clinic support. This is an ongoing group.

Facilities:

YORK CI

Auspices:

Health Services, The Social Rehabilitation Program

Types:

Self Improvement, Social Rehabilitation

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Communication Skills

Description:

This group helps participants develop effective communication skills. Topics include verbal and nonverbal communication, active listening and managing conflicts. This group meets weekly for eight sessions and is offered to inmates housed in the restrictive housing unit.

Facilities:

YORK CI

Auspices:

All Facility Staff, Health Services

Types:

Anger Management, Self Improvement

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Community Meeting

Description:

This program is open to those offenders housed on the mental health unit. The program serves to set the tone for the days therapeutic activities and to organize the offender's tasks, which might include anything from housekeeping duties to peer support.

Facilities:

YORK CI

Auspices:

Health Services

Types:

Female, Mental Health

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Community Outreach Program

Description:

This program provides assistance with Public Service projects for the state, local governments and non-profit organizations. Projects include general cleaning, painting, stripping and waxing floors, office work and outside grounds work.

Facilities:

YORK CI

Auspices:

All Facility Staff

Types:

Community Service, Community Work Group, Re-Entry, Self Improvement

Program Status:

Active Program Category Level:

RT Program Code: N/A, Compendium Program: CONNTAC-EOC (CT Talent Assistance Cooperative-Education Opportunity Center)

Description:

Representatives from CONNTAC-EOC are provided with names of students to meet with while the student is still incarcerated. The representatives assist students with their post-secondary plans and financial aid.

Facilities:

BROOKLYN CI, CYBULSKI CI, ENFIELD CI, MANSON YI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WILLARD CI, YORK CI

Auspices:

USD#1

Types:

Re-Entry

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Co-Occurring Disorders Program

Description:

The Co-occurring disorders program provides treatment for inmates who have a psychiatric disorder in combination with a substance use disorder. Inmates attend both a twelve-week educational group focusing on mental health and substance abuse issues and specially designed 12-step meeting.

Facilities:

GARNER CI, MANSON YI, OSBORN CI, YORK CI

Auspices:

Addiction Services, Health Services

Types:

Addiction, Dual Diagnosis, Mental Health

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Coping Skills- York CI

Description:

This five-session group meets weekly. This group covers issues common to the York CI population; including adjustment, detoxification, difficulty sleeping, anxiety, depression and stress. Stress as a topic is highlighted insofar as it may relate to all of the common themes.

Facilities:

YORK CI

Auspices:

Health Services

Types:

Female, Self Improvement

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: CORP: Connecticut Offender Re-Entry Program

Description:

This program provides services for offenders with mental illness returning to the community after an extended period of incarceration. The emphasis is on reducing recidivism by identifying and intervening in those areas most in need. Individuals eligible for the services must have at least one year left to serve before release, have a mental health score of 3 or higher and are returning to a catchment area where CORP services are provided. Catchment areas include Hartford, New Haven, Bridgeport, Norwich/New London and Waterbury areas.

Facilities:

CYBULSKI CI, GARNER CI, OSBORN CI, WILLARD CI, YORK CI

Auspices:

Contracted Program, Health Services, Volunteer Services

Types:

Mental Health, Re-Entry

Program Status:

Active Program Category Level:2

RT Program Code: N/A, Compendium Program: CPC Charlene Perkins Center York CI

Description:

The Charlene Perkins Center is a re-entry programming unit designed to prepare individuals for a successful re-integration into the community. This 98 bed housing unit offers a variety of programs, meetings, presentations and services all based around making connections and concrete plans prior to release.

Facilities:

YORK CI

Auspices:

All Facility Staff, Charlene Perkins Center - Facility Staff

Types:

Re-Entry

Program Status:

Active Program Category Level:2

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Creative Group: Safe Passage Program

Description:

In this group, creative arts activities allow participants to express emotional concerns and develop new tools for coping with these difficulties. The group also provides a chance to develop increased self-esteem, increased identification of emotions, and to enhance support.

Facilities:

YORK CI

Auspices:

Health Services

Types:

Mental Health, Self Improvement

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Creative Therapy

Description:

This group is available to inmates housed in the inpatient mental health unit. It focuses on the development of interpersonal skills. It encourages empathy and the recognition of common problems. It helps participants recognize feelings as a response to the environment and promotes interpersonal learning through sharing constructive responses to negative experiences.

Facilities:

YORK CI

Auspices:

Health Services, Safe Passage

Types:

Mental Health, Self Improvement

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Cultural Awareness-Security Risk Group Program

Description:

This program addresses topics of defining culture, stereotypes, prejudice and encouraging tolerance of cultural diversity. Participants are security risk group members. This group meets weekly for four sessions.

Facilities:

YORK CI

Auspices:

All Facility Staff

Types:

Cultural Diversity, Female SRG

Program Status:

Active Program Category Level:

RT Program Code: N/A, Compendium Program: Data-Con

Description:

This program teaches inmates how to utilize computer equipment for data processing purposes. Data-Con provides data entry services for a large number of state agencies. This program prepares inmates for data-entry jobs that are available in the private business sector. Data-Con currently employs fifty inmates.

Facilities:

YORK CI

Auspices:

Correctional Enterprises of Connecticut

Types:

Career Technical Education, Institutional Employment, Re-Entry, Self Improvement

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

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FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Delancey Street

Description:

Representatives from Delancey Street located in NY present monthly to population to educate them about their facility. They are a non-profit self-help residential education center for former substance abusers and ex-inmates.

Facilities:

YORK CI

Auspices:

Charlene Perkins Center - Facility Staff, Volunteer Services

Types:

Re-Entry

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Dental Education

Description:

The program discusses dental hygiene and is part of an overall initiative to provide information on good dental care to the general population.

Facilities:

YORK CI

Auspices:

Health Services

Types:

Female, Medical

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

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Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: DOC Re-Entry Workbook Program for Women

Description:

This program is designed to do several things: 1) Review the most important things contained in DOC programs such as Anger Management, How to Deal with Your Problems, Thinking for a Change, Relapse Prevention, Domestic Violence, and the department's addiction programs, 2) Help each participant prepare a plan that will help her avoid committing future crimes and thereby helping her stay out of jail or prison, and 3) Use the plan with others that might be involved with assisting and supervising the participant when she leaves prison. This could include halfway house staff, parole staff, probation staff or community service providers.

Facilities:

YORK CI

Auspices:

Charlene Perkins Center - Facility Staff

Types:

Gender Responsive, Re-Entry, Self Improvement, Trauma Informed

Program Status:

Active Program Category Level:1

RT Program Code: N/A, Compendium Program: DUI Home Confinement Program: Track 4

Description:

Offenders who are assessed as needing intensive treatment, having multiple risk factors, or otherwise assessed as inappropriate for DUI HC release.

Facilities:

ROBINSON CI, YORK CI

Auspices:

Addiction Services

Types:

Addiction

Program Status:

Active Program Category Level:1

Connecticut Department of Correction

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Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: DUI Home Confinement Program: Track Three

Description:

Offenders who are eligible for home confinement, but assessed as needing intensive substance abuse treatment beyond the DUI program and appropriate level of treatment, such as Tier 2 or 4. These offenders may still be eligible for DUI HC release upon successful program completion.

Facilities:

ROBINSON CI, YORK CI

Auspices:

Addiction Services

Types:

Addiction

Program Status:

Active Program Category Level:1

RT Program Code: N/A, Compendium Program: DUI Home Confinement Program: Track Two

Description:

Initial Screening identifies offenders as low to medium risk based on criminal and substance abuse history. Offender will be transferred to CRCI for a full assessment and DUI HC treatment, 14 session program. Offenders in Track Two may be assigned immediately following screening, or following a denial for immediate release after Track One due to need for additional treatment.

Facilities:

ROBINSON CI, YORK CI

Auspices:

Addiction Services

Types:

Addiction

Program Status:

Active Program Category Level:1

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Early Childhood Development

Description:

This is an educational group that provides information on the stages of child development. Participants become aware of their child's age-appropriate behaviors and learn the importance of communicating effectively with their child. This group meets weekly for six sessions.

Facilities:

YORK CI

Auspices:

All Facility Staff, Parenting Unit- Facility Staff

Types:

Family

Program Status:

Active Program Category Level:

RT Program Code: N/A, Compendium Program: Educational, Career Resources and Job Fairs

Description:

These types of Fairs are conducted in the form of a professional conference for students. The educational staff invite a keynote speaker and students proceed to attend individual workshops or resource stations that provide information about potential employment or post secondary educational opportunities. The goal of these Fairs is to assist inmates with their transition plans before they return to the community.

Facilities:

CYBULSKI CI, MACDOUGALL CI, MANSON YI, OSBORN CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

Addiction Services, USD#1

Types:

Academic Education, Re-Entry

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Epiphany

Description:

A mentoring program for female ex-offenders conducted by faith communities. The program is designed to reduce recidivism by creating a network of community support.

Facilities:

YORK CI

Auspices:

Religious Services

Types:

Religious

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Evening Group

Description:

This program open to those offenders housed in the Mental Health Unit, includes topics dealing with personal development, community issues, and specific mental health and/or medical issues. It is conducted by unit nursing staff.

Facilities:

YORK CI

Auspices:

Health Services

Types:

Female, Medical, Mental Health

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Exercise Class

Description:

This program run by the Recreation Department is designed to provide inmates with exercise instruction to improve overall health-fitness. Stretching, walking, jogging and calisthenics provide the basic format of these health skills. Classes are conducted in a low impact aerobic package.

Facilities:

GARNER CI, YORK CI

Auspices:

Recreation Services

Types:

Recreation

Program Status:

Active Program Category Level:

RT Program Code: N/A, Compendium Program: Expressive Arts Therapy for Girls

Description:

This program combines psychotherapy with the arts: including art therapy, music therapy, movement therapy, drama therapy and creative writing. It is designed to provide a positive way for girls to manage stress and respond to critical issues of incarceration. The goals of the program are to foster more positive behavior patterns, increase self-awareness, and encourage participants to become more productive and kindle new and profound ways to move through the world.

Facilities:

YORK CI

Auspices:

Contracted Program

Types:

Self Improvement, Youth

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Extended Family Visiting

Description:

This program focuses on improving relationships between incarcerated women, their children and family members in order to strengthen and maintain relationships during the period of incarceration. It provides the inmate, an inmate's child and family members an extended period of visitation in a setting separate from regular social visits.

Facilities:

YORK CI

Auspices:

All Facility Staff

Types:

Family

Program Status:

Active Program Category Level:

RT Program Code: N/A, Compendium Program: Family Re-Entry Program

Description:

Family Re-entry program offers a comprehensive re-entry program to help individuals and their families make a successful transition from incarceration into the community. A re-entry plan is designed with each individual 3 months before the scheduled release date. Who qualifies? Bridgeport area residents with 3 to 6 months to discharge, firm parole or Transitional Supervision date. Family Re-entry coordinates youthful offender mentoring programs for young men and women aged 14-18. Services offered: Individual and family therapy, specialized domestic violence offender programs, substance abuse recovery counseling, life skills programs, parenting education, anger management, Fathers Helping Fathers groups, connections to service providers for housing, employment and job skills development, health care and financial aid and legal assistance.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CYBULSKI CI, OSBORN CI, WILLARD CI, YORK CI

Auspices:

Contracted Program, Volunteer Services

Types:

Family, Re-Entry

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Friday Prayers

Description:

A time for Islamic women to gather for collective prayers.

Facilities:

YORK CI

Auspices:

Religious Services

Types:

Religious

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Gambling - The Better Choice Program

Description:

Information regarding the Better Choices Gambling Program and a 4-Question Survey is available at every facility. The information explains what is available in the community regarding Better Choices and staff are encouraged to use it to assist offenders who may have a gambling problem. This program is funded by DMHAS.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, ENFIELD CI, GARNER CI, MACDOUGALL CI, MANSON YI, OSBORN CI, RADGOWSKI CI, WALKER BUILDING, YORK CI

Auspices:

All Facility Staff, Volunteer Services

Types:

Addiction, Health Education, Mental Health

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Gambling Intervention Group (G.I.G)

Description:

An 8 week on going group defining gambling addition as well as addressing issues such as consequences of gambling, coping with guilt, shame and remorse. G.I.G. also provides resources which are available for continued help (Better Choice Programs, G.A. & Gamanon)

Facilities:

YORK CI

Auspices:

Volunteer Services

Types:

Self Improvement

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Girl Scouts Beyond Bars

Description:

This program is designed to enhance the relationship between mother and daughter. Volunteers from the Girl Scouts bring daughters of inmates to the facility to participate in creative activities. The group meets on a monthly basis.

Facilities:

YORK CI

Auspices:

Parenting Unit- Facility Staff, Volunteer Services

Types:

Family

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Girl's Circle

Description:

The Girl's Circle Program is a strength based female responsive program that allows girls to create a safe space to address their risky behaviors. The Girl's Circle experience introduces gender relevant and culturally responsive themes and activities that build skills in a format that is interesting and engaging to the girls.

Facilities:

YORK CI

Auspices:

All Facility Staff, Programming Unit - Facility Staff

Types:

Female, Youth - York CI

Program Status:

Active Program Category Level:0

RT Program Code: N/A, Compendium Program: Good Works

Description:

A non-profit mentoring program -New Beginnings- in which mentors help mentees transition from prison to successful re-entry in the community.

Facilities:

YORK CI

Auspices:

Charlene Perkins Center - Facility Staff, Volunteer Services

Types:

Re-Entry

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Graphic & Printing Technology

Description:

The graphic arts/printing course is designed to provide students the opportunity to learn the skills necessary to work in the printing field. Students gain an understanding of the overall printing process to include graphics layout, design, production printing and binding. Students concentrate on proper shop safety procedures, and desktop publishing skills. Each student receives "hands on" instruction operating single color offset presses, two color presses, paper cutters and bindery equipment. Class theory work includes learning terminology related to the field and methods of managing quality control processes. Students learn basic equipment upkeep and care, as well as equipment problem diagnosis and minor equipment repair.

Facilities:

ENFIELD CI, MACDOUGALL CI, MANSON YI, YORK CI

Auspices:

USD#1

Types:

Career Technical Education, Community Service, Re-Entry

Program Status:

Active Program Category Level:1

RT Program Code: N/A, Compendium Program: Grief & Loss Recovery

Description:

This group focuses on providing a supportive setting to guide participants through the process of understanding and working through the grieving process.

Facilities:

YORK CI

Auspices:

Health Services, Safe Passage

Types:

Mental Health

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Grief and Loss

Description:

This group is open to women who have suffered significant loss in their lives and who continue to suffer. It is a facilitated support group with a psychoeducational component.

Facilities:

YORK CI

Auspices:

All Facility Staff

Types:

Mental Health, Self Improvement

Program Status:

Active Program Category Level:

RT Program Code: N/A, Compendium Program: Habitat for Humanity

Description:

This program provides opportunities for home ownership to families in need by partnering with public, private, and faith based organizations and community volunteers in the building of decent affordable homes.

Facilities:

YORK CI

Auspices:

All Facility Staff, Charlene Perkins Center - Facility Staff

Types:

Community Service

Program Status:

Active Program Category Level:

RT Program Code: N/A, Compendium Program: Hadith

Description:

This is a weekly instructional group that focuses on the statements of The Prophet (PBUH) i.e. his sayings, deeds and approvals, etc.

Facilities:

BROOKLYN CI, OSBORN CI, ROBINSON CI, YORK CI

Auspices:

Religious Services

Types:

Religious

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Healing Arts Program

Description:

The programs include meditation, yoga, t'aichi, and labyrinth walks. They enable inmates to turn inward and find the peace and strength God provides. This program helps to improve attitudes, reduce stress and promote personal self-care for lasting spiritual transformation.

Facilities:

YORK CI

Auspices:

Religious Services

Types:

Recreation, Religious

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Healthy Relationships

Description:

This group examines relationship issues with particular attention to domestic violence. The trauma often inherent in unhealthy relationships is discussed. Coping skills are taught. Offenders are encouraged to examine past destructive relationships and are given guidance in making healthy relationship decisions in the future. This program is open to offenders in the Social Rehabilitation Program.

Facilities:

YORK CI

Auspices:

Health Services, The Social Rehabilitation Program

Types:

Domestic Violence, Female, Self Improvement, Trauma Informed

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Hepatitis B Vaccination Program

Description:

Health Services, through a grant from the Department of Public Health, offers the Hepatitis B Vaccination Series to youths age 19 and under. The program includes an educational component as well as the 3-part vaccination series.

Facilities:

MANSON YI, YORK CI

Auspices:

Health Services

Types:

Health Education, Medical, Mental Health

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: High Risk Infant Program

Description:

This program is an interagency collaborative between the Department of Children & Families, DOC, and Lawrence & Memorial Hospital. The program provides services for pregnant and post partum offenders at York CI. A social worker and other staff from Lawrence & Memorial Hospital provide case management, identification of infant/guardian care plans and adoption planning assistance. They also provide weekly prenatal education and post partum support groups along with other related services.

Facilities:

YORK CI

Auspices:

Health Services

Types:

Family, Health Education

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: High School Diploma Programs

Description:

The USD #1 offers opportunities for earning a high school diploma through either USD # 1's Adult Education Program or in some cases in collaboration with USD #1 and the local town/city. To receive a diploma from the local city/town, the former school district must be willing to cooperate with USD #1. USD #1 Adult Education opportunities include the following:

1. The General Education Development (GED) exam provides qualified offenders the opportunity to participate in the examination process in order to receive a Connecticut State High School Diploma.
2. The High School Equivalency Program provides qualified offenders the opportunity to earn the 20 credit hours (120 hours per credit) required to receive a Connecticut High School Diploma.
3. Credit Diploma Program (CDP) provides qualified offenders the opportunity to earn the 20 credit hours (50 hours per credit) required to receive a USD #1 Adult Education High School Diploma.
4. The External Diploma Program (EDP) provides qualified offenders the opportunity to complete a competency portfolio in order to receive a USD #1 Adult Education High School Diploma.

Not all programs are available at all sites, and USD #1 staff review these options with prospective students to assist in the decision regarding which high school diploma program best meets his/her needs.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CENTRAL OFFICE , CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, PAROLE & COMMUNITY SERVICES, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

USD#1

Types:

Academic Education

Program Status:

Active Program Category Level:1

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: HIV Counseling, Testing & Risk Reduction Education

Description:

When inmates are tested for HIV, the department provides standardized counseling by Department of Public Health certified counselors before and after testing. Counseling components include what HIV and AIDS are, how to get it, how to avoid getting it, what it means to be HIV positive, how to take care of oneself if one is HIV positive, and help in dealing with the associated feelings.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

Health Services

Types:

Health Education, Medical

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: HIV Support Services

Description:

The Department demonstrates a collaborative approach in providing HIV support services to inmates in all facilities. A UCONN (Contracted) Health Services Team coordinates testing and counseling services; the Department's School District conducts classroom instruction about HIV; the Department's Addiction Services Unit Counselors provide HIV education and prevention counseling; a number of volunteers serve as "buddies" or sponsors; and Hartford's Community Partners in Action (CPA) receives funding from foundations, grants as well as support from the state's Department of Mental Health and Addiction Services to operate the "Beyond Fear" Program. Altogether the Department hosts a complete program that includes counseling, testing, education focus groups, videos, intervention strategies and is able to assist discharging inmates with need for such services as housing, medical treatment, food, clothing and transportation.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, RADGOWSKI CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

Health Services

Types:

Health Education, Medical, Mental Health

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Hospice Program

Description:

This program is provided through an interdisciplinary team approach, to provide twenty-four (24) hour compassionate, quality end-of-life care to terminally ill inmates and to view their families and/or those emotionally connected to them as part of the "unit of care". Specially trained inmate volunteers are assigned to provide on-going care and support. This program is also available to all terminally ill male inmates in the Connecticut Department of Correction who meet the criteria for transfer into the program at MacDougall-CI. This program is also available to all terminally and chronically ill female inmates in the Connecticut Department of Correction who meet the criteria for transfer into the program at York-CI.

Facilities:

MACDOUGALL CI, OSBORN CI, YORK CI

Auspices:

Health Services

Types:

Medical

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Houses of Healing

Description:

A 12-session program that helps inmates to identify, express and manage their feelings. It fosters self-understanding, emotional and spiritual growth along with encouraging responsibility and accountability towards one's self and others.

Facilities:

YORK CI

Auspices:

Charlene Perkins Center - Facility Staff, Volunteer Services

Types:

Re-Entry

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Inmate Bereavement Volunteer Program

Description:

This program trains inmates to provide support for fellow inmates who are experiencing loss or grief. This is in addition to the opportunity to talk to Mental Health, Religious Services, and/or correctional staff. Inmate volunteers are important as they share the experience of being incarcerated and can relate to its challenge.

Facilities:

MACDOUGALL CI, YORK CI

Auspices:

Health Services

Types:

Female, Gender Responsive, Mental Health, Self Improvement, Trauma Informed

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Inner-Circle Mothers' Group

Description:

This a group for women who have graduated from the Mothers' Support Group. Participants continue to work on issues they have identified from the Mothers' Support Group.

Facilities:

YORK CI

Auspices:

All Facility Staff

Types:

Family

Program Status:

Active Program Category Level:

RT Program Code: N/A, Compendium Program: Islamic Discussion

Description:

This is a weekly group that focuses on the history of traditions, practices and customs of Islam.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, NEW HAVEN CC, RADGOWSKI CI, ROBINSON CI, YORK CI

Auspices:

Religious Services

Types:

Religious

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Islamic Video

Description:

This is a weekly instructional video focused on the historical background of Islam, prayer, customs, and traditions.

Facilities:

BROOKLYN CI, CORRIGAN CI, CYBULSKI CI, MACDOUGALL CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

Religious Services , Volunteer Services

Types:

Religious

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Jehovah's Witness Bible Study

Description:

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Jehovah's Witness principles.

Facilities:

CYBULSKI CI, ENFIELD CI, HARTFORD CC, MACDOUGALL CI, NEW HAVEN CC, OSBORN CI, ROBINSON CI, WILLARD CI, YORK CI

Auspices:

Religious Services , Volunteer Services

Types:

Religious

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Jehovah's Witness Collective Service

Description:

This is the weekly Jehovah's Witness worship service.

Facilities:

BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, MACDOUGALL CI, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WILLARD CI, YORK CI

Auspices:

Religious Services , Volunteer Services

Types:

Religious

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Jewish Holy Day Observances

Description:

The holy days of Rosh Hashanah, Sukkot, Hanukkah, Purim, Passover and Shavuot are observed with worship services and feasts.

Facilities:

CHESHIRE CI, CORRIGAN CI, HARTFORD CC, MACDOUGALL CI, NORTHERN CI, OSBORN CI, RADGOWSKI CI, WALKER BUILDING, YORK CI

Auspices:

Religious Services

Types:

Religious

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Jewish Sabbath Worship

Description:

Sabbath afternoon prayer and reading of weekly Torah position, followed by study & discussion.

Facilities:

YORK CI

Auspices:

Religious Services

Types:

Religious

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Job Center

Description:

The Job Center is designed to help inmates get and maintain a job after release. It does this by providing job readiness training, resume writing, and employment referrals. Specific jobs are located by the Job Center's computer connection to the Department of Labor's Connecticut Job Bank and by using the Department of Correction Job Bank.

Facilities:

CYBULSKI CI, MANSON YI, NIAN TIC ANNEX, OSBORN CI, ROBINSON CI, WILLARD CI, YORK CI

Auspices:

Programs & Treatment Unit, All Facility Staff, Charlene Perkins Center - Facility Staff, Employment Services

Types:

Re-Entry, Self Improvement

Program Status:

Active Program Category Level:2

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Kairos

Description:

This is a 40-hour faith retreat that is held once a year with monthly reunions.

Facilities:

OSBORN CI, YORK CI

Auspices:

Religious Services , Volunteer Services

Types:

Religious

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Labor Coaches

Description:

This program is a collaborative effort between York CI volunteers and Health Services staff in conjunction with Lawrence & Memorial Hospital's High Risk Infant Program. Community volunteers are trained as labor coaches to work specifically with inmate patients delivering babies at L&M Hospital.

Facilities:

YORK CI

Auspices:

Health Services, Volunteer Services

Types:

Family, Mental Health

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Laugh Out Loud

Description:

This eight session group meets weekly. This group deals with issues common to the female population: adjustment, anxiety, depression, stress and the effects on the individual of a trauma history presented through use of theatre.

Facilities:

YORK CI

Auspices:

Health Services

Types:

Mental Health, Self Improvement

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Legion of Mary

Description:

This is a program which inmates become members of the largest Catholic lay group in the world. The Legion's goals are to form active, educated and charitable Catholics. This is done through a regular program of prayer that emphasizes the rosary and acts of charity. Inmates also do research and presentations on various aspects of the catholic tradition.

Facilities:

BROOKLYN CI, CHESHIRE CI, MACDOUGALL CI, OSBORN CI, ROBINSON CI, YORK CI

Auspices:

Religious Services , Volunteer Services

Types:

Religious

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Library

Description:

This program is open to those offenders housed on the mental health unit. This program takes place in the institution library where offenders are guided toward reading that promotes personal growth and development.

Facilities:

YORK CI

Auspices:

Health Services

Types:

Female, Mental Health, Self Improvement

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Life Plan

Description:

This Protestant program prepares inmates for re-entry into the community by teaching life skills that are consistent with Christian principles.

Facilities:

BROOKLYN CI, CORRIGAN CI, RADGOWSKI CI, YORK CI

Auspices:

Religious Services , Volunteer Services

Types:

Re-Entry, Religious

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Life Skills

Description:

This weekly group encourages offenders to develop good social skills that are appropriate to living in both a therapeutic community (The Social Rehabilitation Program) and the world. Therapeutic games, readings, role-play, and sharing of life experience are used.

Facilities:

YORK CI

Auspices:

Health Services, The Social Rehabilitation Program

Types:

Female, Social Rehabilitation

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Managing Emotions

Description:

This program is offered to assist offenders in understanding their anger, learning skills to control and redirect their anger and learning to live in a less aggressive and healthy manner

Facilities:

YORK CI

Auspices:

Charlene Perkins Center - Facility Staff

Types:

Anger Management, Self Improvement

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Medication Group

Description:

This program is open to those offenders housed on the mental health unit. The program serves to guide and educate the offenders about psychotropic medication and its role in their recovery. It is facilitated by nursing personnel on the unit.

Facilities:

YORK CI

Auspices:

Health Services

Types:

Female, Medical, Mental Health

Program Status:

Active Program Category Level:

RT Program Code: N/A, Compendium Program: Mental Health Peer Mentoring Program: Sisters Standing Strong

Description:

This mentor program is comprised of offender mentors/helpers who demonstrate pro-social, adaptive coping skills, as well as, offenders who have recently entered YCI and are presenting with difficulty adjusting to the correctional environment. The program, with staff present supervising, provides an outlet for the female offenders to receive peer-support and insight into common adjustment issues. The following topics are addressed: basic sleep hygiene, drug withdrawal, court stressors, managing the YCI system and coping strategies.

Facilities:

YORK CI

Auspices:

Health Services

Types:

Mental Health, Self Improvement

Program Status:

Active Program Category Level:

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Mentoring Program

Description:

The volunteer mentor program has established one - on - one matches between community volunteers and inmates to develop positive and supportive relationships. A mentor serves as a positive role model and meets with an inmate on a regular basis to provide constructive suggestions and concrete tools to assist in leading a positive life style upon release to the community.

Facilities:

YORK CI

Auspices:

Volunteer Services

Types:

Re-Entry, Self Improvement

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Mother Read

Description:

Through the Read To Grow organization this program allows mothers to read selected childrens books and translate the book's themes into conversations about establishing independence, setting limits, setting goals, and other issues that touch all parents.

Facilities:

YORK CI

Auspices:

Charlene Perkins Center - Facility Staff, Volunteer Services

Types:

Family

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Mothers' Support Group

Description:

This group assists incarcerated women to identify and understand their own emotions and their children's needs. It focuses on responsible and effective parenting, as well as mother-child relationships. The group meets weekly for six sessions.

Facilities:

YORK CI

Auspices:

Parenting Unit- Facility Staff

Types:

Family

Program Status:

Active Program Category Level:

RT Program Code: N/A, Compendium Program: Motivation & Self Mastery

Description:

A program designed to enhance offender's ability set goals, take action and become self masters. The program operates under the premise that the -limitations we have are created by the limits we have placed upon ourselves.-

Facilities:

YORK CI

Auspices:

Charlene Perkins Center - Facility Staff, Contracted Program, Volunteer Services

Types:

Re-Entry, Self Improvement

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Motivational Enhancement for Women

Description:

This program is used to create awareness and self mastery of 1) how beliefs shape our lives and how we can re-shape our belief systems, 2) how negative patterns can be overcome, 3) possibility thinking and intelligent optimism, 4) risk analysis and overcoming fear of taking chances, 5) the nature of personal freedom and the opportunity to express the highest version of ourselves to the world and 6) the honorable path of the motivated and self directed woman.

Facilities:

YORK CI

Auspices:

All Facility Staff, Contracted Program

Types:

Re-Entry, Self Improvement

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Narcotics Anonymous

Description:

Narcotics Anonymous is a twelve-step fellowship of addicts helping addicts to recover from the disease of addiction. Meetings, in a variety of formats (Step Meetings, Speaker, Speaker/Discussion, etc.), are held on a weekly basis. The meetings are usually conducted by outside volunteers who share their story of addiction and recovery. Addiction Services or Volunteer Services staff coordinate the meetings and provide oversight for the program.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, NIAN TIC ANNEX, YORK CI

Auspices:

Addiction Services, Volunteer Services

Types:

Addiction

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: New Life Ministries

Description:

A mentoring program for offenders discharging to the New London area, conducted by a faith community. Mentors establish a relationship with offenders six months prior to release. They provide housing, clothing, transportation and a network of support to help the individual build a successful life in society.

Facilities:

YORK CI

Auspices:

Charlene Perkins Center - Facility Staff, Volunteer Services

Types:

Re-Entry

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Overeater's Anonymous

Description:

This program is conducted in English. Overeater's Anonymous is a Fellowship self-help group for women who provide mutual support in obtaining and maintaining a healthy lifestyle while also helping others to recover from overeating addiction. Volunteers chair the meetings on a weekly basis. Addiction Service staff coordinate the meetings and provide oversight for the program.

Facilities:

YORK CI

Auspices:

Addiction Services

Types:

Addiction, Mental Health, Self Improvement

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: PACE: Post Abortion Care & Education

Description:

This is a bible study program designed to assist women with post abortion(s) healing and closure. The offenders work on acknowledging feelings of grief and loss in a safe, supportive environment provided by volunteers who have successfully worked through these issues themselves.

Facilities:

YORK CI

Auspices:

Health Services, Religious Services , Volunteer Services

Types:

Mental Health, Religious, Self Improvement

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Parent - Child Topics Group

Description:

This is a volunteer facilitated group that focuses on different areas specific to parenting. Topics include the effects of violence in the home on children, understanding childrens' feelings as related to their behaviors, child self-esteem and positive methods of discipline.

Facilities:

YORK CI

Auspices:

Parenting Unit- Facility Staff, Volunteer Services

Types:

Family

Program Status:

Active Program Category Level:2

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Parent Education Group

Description:

This program teaches parenting skills and is facilitated by contracted staff from the Families in Crisis Agency. It addresses issues of family systems, communication, human development, child development and discipline. The group meets weekly for six sessions.

Facilities:

YORK CI

Auspices:

Contracted Program, Parenting Unit- Facility Staff, Volunteer Services

Types:

Family

Program Status:

Active Program Category Level:2

RT Program Code: N/A, Compendium Program: Parenting From a Distance Group

Description:

This is a support group for inmates with children that helps inmates identify and explore the special problems they face due to separation from their children. This group meets weekly for six sessions.

Facilities:

YORK CI

Auspices:

Parenting Unit- Facility Staff

Types:

Family

Program Status:

Active Program Category Level:2

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Peer Interaction

Description:

Peer Interaction meets once a week, rolling admissions. There are approximately 15 individuals. The purpose of this group is to foster social skills, assertive communication and team building. A variety of games and tools are utilized to encourage participation. Twice a month peer mentors from Sisters Standing Strong, conduct this program to help the safe passage individuals adjust to incarceration.

Facilities:

YORK CI

Auspices:

Safe Passage

Types:

Community Service, Cultural Diversity, Female, Recreation, Self Improvement, Social Rehabilitation

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: PEP - People Empowering People

Description:

This program provides educational training in values clarification, communication skills, problem solving and parenting. The program builds on personal strengths, providing opportunities for participants to gain skills while they take greater control of their own lives.

Facilities:

CHESHIRE CI, ENFIELD CI, GARNER CI, MACDOUGALL CI, OSBORN CI, RADGOWSKI CI, YORK CI

Auspices:

Volunteer Services

Types:

Self Improvement

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Phase III - Security Risk Group Awareness

Description:

Participants examine their involvement in security risk groups and the consequences of that involvement. Unhealthy relationships and addictive behavior are discussed.

Facilities:

YORK CI

Auspices:

All Facility Staff

Types:

Female SRG, Self Improvement

Program Status:

Active Program Category Level:

RT Program Code: N/A, Compendium Program: Prayer Class - Islamic Faith

Description:

This is a seminar that teaches inmates how to make prayers according to the Prophet Muhammad (peace be upon him).

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CORRIGAN CI, GARNER CI, MACDOUGALL CI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, RADGOWSKI CI, WALKER BUILDING, YORK CI

Auspices:

Religious Services

Types:

Religious

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Pre-Release Program

Description:

This ongoing group offers information on community support groups and resources to assist offenders in successfully reintegrating into the community.

Facilities:

YORK CI

Auspices:

All Facility Staff

Types:

Re-Entry, Self Improvement

Program Status:

Active Program Category Level:

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Pre-Release Training

Description:

This program presents Information about community resources to help participants successfully re-enter the community after release. The group meets weekly on an ongoing basis.

Facilities:

YORK CI

Auspices:

All Facility Staff

Types:

Re-Entry

Program Status:

Active Program Category Level:

RT Program Code: N/A, Compendium Program: Prison PUP Partnership Program

Description:

This program trains puppies to assist the disabled in their home and community settings. While trained dogs are extraordinarily helpful to disabled individuals, the training is extremely labor-intensive and averages 18 months. This program, using inmate-trainers, is able to intensify and significantly shorten the training period, thereby increasing the amount of time these dogs will serve. In addition to providing an invaluable community service, involved inmates learn skills such as decision-making, responsibility, and care-giving.

Facilities:

YORK CI

Auspices:

All Facility Staff, Volunteer Services

Types:

Community Service, Self Improvement

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Project Rap/Youth at Risk

Description:

This is an educational community service provided by the community outreach staff and inmates addressing the results of poor decision-making. It reaches middle schools and high schools and addresses issues such as drugs, alcohol, HIV, peer pressure, gangs and violence, incarcerated life and life goals. Inmates are brought into the community middle schools and high school to speak about their experiences. Community youth are also brought into the facility for tours and inmate presentations. This is a diversion program for "at risk" youths in which these youths are shown the reality of prison incarceration. The youths tour the facility and see the negative consequences of poor choices.

Facilities:

BROOKLYN CI, RADGOWSKI CI, YORK CI

Auspices:

All Facility Staff

Types:

Community Service, Community Work Group

Program Status:

Active Program Category Level:

RT Program Code: N/A, Compendium Program: Prospective Apprenticeship

Description:

The Prospective Apprenticeship program offers students an opportunity to apply successful Career Technical Educational completions in approved programs toward apprenticeship hours once they leave the Department of Correction. Students who successfully complete the Unified School District #1 Career Technical Education programs (Curriculum approved by the state of CT Department of Labor) and enter a similar apprenticeship program with a recognized CT Apprenticeship Sponsor (employer) may be eligible to receive 1,000 hours of "on-the-job" credit towards completion of an apprenticeship program. NOTE: Apprenticeship credit is contingent upon acceptance by the apprenticeship sponsor.

Facilities:

CHESHIRE CI, ENFIELD CI, GARNER CI, MACDOUGALL CI, MANSON YI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, YORK CI

Auspices:

USD#1

Types:

Career Technical Education, Re-Entry

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Protestant - Alpha Program

Description:

The Alpha program is a course in basic Christianity based upon biblical principles utilizing videos and workbooks in a group setting. This program meets weekly and is conducted by both volunteers and staff.

Facilities:

CHESHIRE CI, CYBULSKI CI, ENFIELD CI, OSBORN CI, ROBINSON CI, WILLARD CI, YORK CI

Auspices:

Religious Services , Volunteer Services

Types:

Religious

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Protestant Bible Study

Description:

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NIANTIC ANNEX, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

Religious Services , Volunteer Services

Types:

Religious

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Protestant Bible Study (Spanish)

Description:

Biblical readings are reviewed with Spanish inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

Facilities:

BROOKLYN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, NEW HAVEN CC, NIAN TIC ANNEX, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

Religious Services , Volunteer Services

Types:

Religious

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Protestant Prison Fellowship Seminar

Description:

This is a weekend faith development seminar held twice yearly.

Facilities:

BROOKLYN CI, CORRIGAN CI, MACDOUGALL CI, RADGOWSKI CI, YORK CI

Auspices:

Religious Services , Volunteer Services

Types:

Religious

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Protestant Service

Description:

This is the weekly Protestant worship service.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NIAN TIC ANNEX, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

Religious Services , Volunteer Services

Types:

Worship Services

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Quranic Studies

Description:

Qu'ran readings are reviewed with inmates. It is an informal group that is open to current issues pertaining to the Islamic faith and their application.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CORRIGAN CI, GARNER CI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, YORK CI

Auspices:

Religious Services

Types:

Religious

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Ramadan, Eid-UI-Fitr, Eid-UI-Adha

Description:

Religiously Required Observations (Annual)

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

Religious Services

Types:

Religious

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Recovery Group

Description:

This program is a 12-step program that is run by the women in the program themselves. A staff facilitator is present during the meetings. It is open to offenders in the Social Rehabilitation Program.

Facilities:

YORK CI

Auspices:

Health Services, The Social Rehabilitation Program

Types:

Female, Self Improvement

Program Status:

Active Program Category Level:3

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Recovery Group: Safe Passage Program

Description:

This group discusses recovery issues and the challenges faced with addiction. It provides a safe environment to share personal stories and provide feedback in a positive, empowering way. It educates participants on drugs, the side effects, triggers, addiction, and utilizes the group with helping each other to problem solve using role plays and discussion.

Facilities:

YORK CI

Auspices:

Addiction Services, Health Services

Types:

Mental Health, Self Improvement

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Recovery Group: Safe Passage Program: Co-Occurring

Description:

This group is offered to offenders housed in the Mental Health Unit, participants of the Safe Passage Program. The purpose of this group is to support program participants in their recovery from co-occurring mental health and substance abuse disorders. The two primary elements of this group are to develop increased motivation for abstinence from abused substances, and to develop increased coping skills for recovery.

Facilities:

YORK CI

Auspices:

Addiction Services, Health Services

Types:

Dual Diagnosis, Mental Health, Self Improvement

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Recovery via fitness and healthy habits

Description:

This psycho-educational and discussion group focuses on helping participants enhance their physical and emotional wellness. Some specific topics include nutrition, exercise, accepting and coping with psychiatric illness, and reducing risk of illness. This group is part of the Safe Passage Program.

Facilities:

YORK CI

Auspices:

Health Services

Types:

Mental Health, Self Improvement

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Recreation

Description:

This program is open to those offenders housed on the mental health unit. The offenders are accompanied by mental health staff to the gymnasium, where they engage in physical activities designed to build self-esteem and group cohesion.

Facilities:

YORK CI

Auspices:

Health Services, Recreation Services

Types:

Female, Mental Health, Recreation, Self Improvement

Program Status:

Active Program Category Level:3

Connecticut Department of Correction
PROGRAMS & TREATMENT UNIT
Alphabetic Listing of Programs for All Auspices, All Types
FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Re-entry Class

Description:

This 21 day program prepares inmates for their transition back into society. The class provides a variety of interactive and personal activities to assist inmates with acquiring identification, building employment skills, encouraging sound educational and career goal setting, and taking responsibility. All inmates who complete the Re-entry Class will have developed an Individual Transition Plans of contacts, addresses, and phone numbers for the community area he/she will be returning to, based on his/her needs. In addition, the inmates receive a portfolio including DMV, DOL, Social Security, SAGA, continuing education, housing, clothing, and 211 Info-line information.

Facilities:

CYBULSKI CI, ENFIELD CI, MANSON YI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WILLARD CI, YORK CI

Auspices:

USD#1

Types:

Re-Entry

Program Status:

Active Program Category Level:2

RT Program Code: N/A, Compendium Program: Relapse Prevention Substance Abuse - York

Description:

This program for community release eligible inmates is designed to prepare them for the challenges of re-entry into the community. This program focuses on strategies to prevent relapse from mood-altering substances. Topics include coping skills and transition to the community. This weekly group meets for ten sessions.

Facilities:

YORK CI

Auspices:

Health Services

Types:

Addiction, Re-Entry

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Relationship Issues Group

Description:

This program assists participants in developing healthy relationships. Belief systems are challenged in order to help participants make healthy choices and practice positive behaviors. This group meets weekly for ten sessions.

Facilities:

YORK CI

Auspices:

Addiction Services

Types:

Self Improvement

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Relationship Issues: Parenting

Description:

This group is designed to improve mothers' ability to develop and maintain a positive relationship with their sons and daughters while incarcerated. Further, the goal is that this increased positive maternal role will help participants develop enhanced motivation for personal recovery. This group is part of the Safe Passage Program.

Facilities:

YORK CI

Auspices:

Health Services

Types:

Mental Health, Self Improvement

Program Status:

Active Program Category Level:3

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Relationship Skills Group

Description:

This group meets once per week and is available to inmates housed in the inpatient Mental Health Unit. This group explores interpersonal relationship and communication styles to gain a greater understanding of relationships and effective communication. This group also explores how self-esteem and self-image affect our relationship choices. The group provides psychoeducation about healthy and abusive relationships.

Facilities:

YORK CI

Auspices:

Health Services

Types:

Mental Health, Self Improvement

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Religious Studies

Description:

This program is only offered to women on the Mental Health Unit. A member of the Chaplain's staff conducts it. Various topics relative to religious and spiritual development are introduced. Discussion is encouraged.

Facilities:

YORK CI

Auspices:

Health Services, Religious Services

Types:

Female

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Sacramental Preparation (Spanish)

Description:

This is a course of studies conducted in Spanish.

Facilities:

NEW HAVEN CC, YORK CI

Auspices:

Religious Services

Types:

Religious

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Sacramental Preparation- Catholic

Description:

This is a course of studies to prepare inmates to receive the sacraments of Baptism, Reconciliation, Eucharist and Confirmation in the hope of empowering the inmates towards a deeper participation in the faith and to foster participation in the church community.

Facilities:

CHESHIRE CI, CORRIGAN CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NIAN TIC ANNEX, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, YORK CI

Auspices:

Religious Services , Volunteer Services

Types:

Religious

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Safe Passage - Stress Less

Description:

The purpose of this group is to support the development and practice of healthy coping skills to address the daily stresses of the program participants. This group meets in the afternoon/eve, so that may accommodate safe passage day program. Participates who have multiple daytime commitments and allow for group members to receive continuing mental health care.

Facilities:

YORK CI

Auspices:

Safe Passage

Types:

Health Education, Mental Health, Self Improvement

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Safe Passage Community Meeting

Description:

This group meets once a month-rolling admissions. The purpose of this group is to support the development of positive interpersonal communication skills, problem solving, conflict resolution and enhance self-esteem. All safe passage program participants meet once a month to discuss and address community issues and recognize the accomplishments of program participants.

Facilities:

YORK CI

Auspices:

Health Services, Safe Passage

Types:

Community Work Group, Gender Responsive, Mental Health

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Safe Passage: Walk it out

Description:

Meets once a week-15 participants limit. The purpose of this group is to develop healthy lifestyles which includes physical exercise and regular positive interaction of peers. This group includes health education, physical exercise and peer socialization and conversation especially with the Spanish population.

Facilities:

YORK CI

Auspices:

Safe Passage

Types:

Cultural Diversity, Mental Health, Recreation

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Security Risk Group Safety Threat Members (SRGT) - Building the Ladder

Description:

This class is a component of the Security Risk Group Threat and Affiliate programs. In this class inmates are encouraged to formulate and build a realistic and achievable plan for their future. This is achieved through exercises in responsibility and group communication.

Facilities:

CORRIGAN CI, MANSON YI, NORTHERN CI, OSBORN CI, YORK CI

Auspices:

All Facility Staff

Types:

SRG , SRG - Close Monitoring, Youth SRG

Program Status:

Active Program Category Level:1

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Security Risk Group Safety Threat Unit (SRGT) - Relapse Prevention

Description:

This class is a component of the SRGT and SRG programs. It is designed to help inmates understand and avoid relapse. In order to reach this class in the program the inmate has had to be behaving himself and interacting appropriately with other inmates and staff. This group is designed to help inmates examine the issues that might result in a relapse of the problematic behavior which resulted in their placement in the SRGT program.

Facilities:

CORRIGAN CI, MANSON YI, NORTHERN CI, OSBORN CI, YORK CI

Auspices:

All Facility Staff

Types:

SRG , SRG - Close Monitoring, Youth SRG

Program Status:

Active Program Category Level:1

RT Program Code: N/A, Compendium Program: Security Risk Group Safety Threat Unit (SRGT) - Bridge Group

Description:

This class is one component of the SRGT and SRG programs. It is designed to (1) review all the concepts taught in the previous classes; (2) afford an opportunity for senior management in the facility to interact with inmates and evaluate program progress; (3) to help inmates think about and plan the next step in the three-phase SRGT program.

Facilities:

CORRIGAN CI, MANSON YI, NORTHERN CI, OSBORN CI, YORK CI

Auspices:

All Facility Staff

Types:

SRG , SRG - Close Monitoring, Youth SRG

Program Status:

Active Program Category Level:1

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Security Risk Group Safety Threat Unit (SRGT) - Controlling your Anger

Description:

This is one of the classes used in both the Security Risk Group Threat Program and the Security Risk Group Affiliate Program. An essential capacity these inmates need to develop is to be able to deal with angry feelings without resorting to violence. This class is designed to help change thinking and attitudes which promote violence and to develop skills to deal with anger without violence.

Facilities:

CORRIGAN CI, MANSON YI, NORTHERN CI, OSBORN CI, YORK CI

Auspices:

All Facility Staff

Types:

Anger Management, SRG , SRG - Close Monitoring, Youth SRG

Program Status:

Active Program Category Level:1

RT Program Code: N/A, Compendium Program: Security Risk Group Safety Threat Unit (SRGT) - Orientation and Communication

Description:

This is a component of the SRGT and SRG programs. Research into causes of violence among inmates reveals that frequently there is a breakdown in communication or poor communication skills. This group is designed to assist inmates in improving communication skills.

Facilities:

CORRIGAN CI, MANSON YI, NORTHERN CI, OSBORN CI, YORK CI

Auspices:

All Facility Staff

Types:

SRG , SRG - Close Monitoring, Youth SRG

Program Status:

Active Program Category Level:1

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Security Risk Group Safety Threat Unit (SRGT)-How to Deal with Your Problems and How to Do Your

Description:

This is a group designed for inmates in the SRGT and SRG programs. One of the problems which many inmates have in general and restrictive housing inmates have in particular, is that they lack the skills necessary for problem solving. The first part of this class is designed to help inmates learn that not all problems can be solved and to assist them in approaching problems so as to (1) respond in the best way to the presented problem and (2) not to make the situation worse. In the second part of the class the inmates review a videotape which shows inmates who have completed a restrictive housing program. In that video the inmates discuss what they believe is necessary in order to "do your bid." The video serves as a stimulus for inmates to discuss how it is possible to live in a prison environment without getting into trouble.

Facilities:

CORRIGAN CI, MANSON YI, NORTHERN CI, OSBORN CI, YORK CI

Auspices:

All Facility Staff

Types:

SRG , SRG - Close Monitoring, Youth SRG

Program Status:

Active Program Category Level:1

RT Program Code: N/A, Compendium Program: Self-Esteem

Description:

This group employs psycho-education, cognitive behavioral intervention, and expressive modalities to help participants address self-esteem deficits, and develop improved self-esteem. It is part of the Safe Passage Program.

Facilities:

YORK CI

Auspices:

Health Services

Types:

Female, Mental Health, Self Improvement

Program Status:

Active Program Category Level:3

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Sex Treatment Program

Description:

The Sex Offender Program is a specialized program for inmates who have committed a sexual assault. The program is provided by mental health staff with specialized training in the treatment of sex offenders. The overall goal of the program is to decrease sexual violence. The program teaches inmates about the nature of sexual assault, helping them develop an individualized relapse prevention strategy for themselves, helping them improve the quality of normal interpersonal relationships, helping them better manage their anger, and helping them develop victim empathy.

Facilities:

BROOKLYN CI, CHESHIRE CI, GARNER CI, MANSON YI, OSBORN CI, YORK CI

Auspices:

Health Services

Types:

Anger Management, Self Improvement, Sex Offender

Program Status:

Active Program Category Level:1

RT Program Code: N/A, Compendium Program: Sex Treatment Program - York CI

Description:

The Sex Treatment Program is a specialized program open only to offenders with sex-offender charges. The program is provided by mental health staff with specialized training in the treatment of sex offenders. It deals with both specific behavioral issues typical of the offense and the likely underlying individual issues. This is both a supportive group and a highly structured psychoeducational group. It is an integral part of the state wide Sex Treatment Program.

Facilities:

YORK CI

Auspices:

Health Services

Types:

Self Improvement, Sex Offender

Program Status:

Active Program Category Level:1

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Sisters Helping Sisters

Description:

This is a weekly support group designed to facilitate women in need of achieving their highest possible level of functioning. Supportive group therapy is the guiding modality. Psychoeducational themes are introduced regularly as well.

Facilities:

YORK CI

Auspices:

Health Services

Types:

Mental Health

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Sisters Standing Strong

Description:

The York CI Mentor Program is comprised of inmate mentors who demonstrate pro-social, adaptive coping skills as well as inmates who have recently entered YCI and are presenting with difficulty adjusting to the correctional environment. The program also provides an outlet for the female offenders to receive peer support and insight into common adjustment issues. Topics addressed include: basic sleep hygiene, drug withdrawal, court stressors, managing the YCI system and coping strategies.

Facilities:

YORK CI

Auspices:

Health Services

Types:

Mental Health

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Skill Building

Description:

In this program the youthful offenders attend the gymnasium with a rehabilitation therapist. Physical exercises are integrated with cognitive challenges to build self-confidence, self-esteem, and a sense of community.

Facilities:

YORK CI

Auspices:

Health Services, Recreation Services

Types:

Female, Recreation, Youth, Youth - York CI

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Skills Training

Description:

This program covers a wide variety of topics, including communication skills, coping skills, being in recovery and mental illness in general. It is open to offenders in the Social Rehabilitation Program.

Facilities:

YORK CI

Auspices:

Health Services, The Social Rehabilitation Program

Types:

Female, Health Education, Mental Health

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Social Rehabilitation Program

Description:

The Social Rehabilitation Program (SRP) is a residential program housed in 2-North. There is a weekly schedule of groups and each participant is expected to attend five of these. In addition, the women are encouraged to be active in other forms of programming, including religious services. Recovery is emphasized, whether that is recovery from addiction, mental illness or trauma. In particular treatment is emphasized, as the vast majority of the participants are trauma survivors.

Facilities:

YORK CI

Auspices:

All Facility Staff, Charlene Perkins Center - Facility Staff, Health Services

Types:

Mental Health

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Special Education and Pupil Services

Description:

The special education teachers, pupil services specialists (School Psychologists, School Counselors, School Social Workers), and the associated clerical and durational staff provide services to students with handicapping conditions which interfere with their ability to participate in school. These services are mandated by federal (Individuals with Disabilities Education Act Amendments of 1997) and state (Connecticut General Statutes 10-76) statute. Special education services encompass a broad array of activities including assessment, counseling, transition planning, and both the direct and indirect (e.g. consultation) services of the special education teachers and pupil services staff. Student programs are designed according to the individual needs of each student with disabilities and are specified in an Individualized Education Plan (IEP.) A social skills component is a part of the special education program.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

USD#1

Types:

Academic Education

Program Status:

Active Program Category Level:1

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Spiritual Writing Group

Description:

Utilizing Scripture and spiritual writings as basic texts, inmates write their own stories in Poetry and Prose. This self-expression helps them grow spiritually and emotionally and offers a release from the stress of prison life.

Facilities:

YORK CI

Auspices:

Religious Services

Types:

Religious

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Spirituality

Description:

This program is designed to raise awareness and grasp the definition of spirituality.

Facilities:

YORK CI

Auspices:

Religious Services

Types:

Religious

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Spirituality & Recovery

Description:

This 13 session program uses spiritual principles, meditation and journaling to gain strength in recovery from addiction. The program utilizes power point presentations, reflection and independent assignments to help offenders understand themselves better and gain insight into their addiction and their progress in recovery

Facilities:

ROBINSON CI, YORK CI

Auspices:

Religious Services

Types:

Addiction, Religious

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Sponsorship Behind the Walls

Description:

This program is designed for inmates participating in a 12-step recovery program. It enables participants to write to an outside sponsor in order to work the 12 steps of recovery.

Facilities:

BROOKLYN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, YORK CI

Auspices:

Addiction Services, Volunteer Services

Types:

Addiction

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Storybook Project

Description:

The Storybook Project is a program available for inmates with children 10 years of age or younger. Volunteers assist the women in selecting a new, age-appropriate book to read and record on an audio cassette. The books and audio cassettes are sent to the children. An inmate may participate one time only and DCF approval is required, as necessary.

Facilities:

YORK CI

Auspices:

All Facility Staff, Volunteer Services

Types:

Family

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Stress and Anger Management

Description:

This restrictive housing program assists participants in identifying physical changes, feelings and behaviors in which they engage when they become stressed or angry. The program is offered to inmates who exhibit problematic behavior within the facility, including gang threat members.

Facilities:

YORK CI

Auspices:

All Facility Staff

Types:

Anger Management, Female SRG, Self Improvement

Program Status:

Active Program Category Level:

RT Program Code: N/A, Compendium Program: Stride Program

Description:

Provides services to those who are non-custodial parents of children who are in receipt of temporary family assistance benefits with the occupational and job search skills as well as resources to enter competitive employment positions.

Facilities:

YORK CI

Auspices:

Charlene Perkins Center - Facility Staff, Contracted Program, Volunteer Services

Types:

Re-Entry, Self Improvement

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Super Skills

Description:

This group is a psycho-educational group that teaches positive coping skills such as anger management, stress management, proper hygiene, self-esteem, recovery, and healthy relationships.

Facilities:

YORK CI

Auspices:

Health Services

Types:

Mental Health

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Supportive Therapy

Description:

This program is open to all who sign up. It is intended to serve as an outlet for inmates who often express concerns for the future as they approach discharge.

Facilities:

YORK CI

Auspices:

Health Services

Types:

Re-Entry

Program Status:

Active Program Category Level:3

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Survivors of Sexual Abuse/Trauma & Empowerment

Description:

This group provides a safe environment where victims of sexual abuse can share their experience, beliefs about abuse and begin the healing process. The group helps participants gain insight into how abuse has influenced their lives and how to increase their self-esteem.

Facilities:

YORK CI

Auspices:

Health Services

Types:

Self Improvement

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Talk it Out

Description:

This group which is part of the Safe Passage Program meets once a week with rolling admissions of 15 participants (limit 15). This groups purpose is to foster interpersonal peer support. Individuals come with an agenda and express their issues, concerns and ideas in the group and then receive support and feedback.

Facilities:

YORK CI

Auspices:

Health Services, Safe Passage

Types:

Dual Diagnosis, Health Education, Mental Health, Self Improvement, Social Rehabilitation

Program Status:

Active Program Category Level:3

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: TARGET Group

Description:

Target is an acronym for Trauma Adaptive Recovery Group Education and Therapy. This program guides participants through a series of steps. Psychoeducation is provided on Post-Traumatic Stress Disorder and skills are taught that permit trauma survivors to deal with the internal distress that often affects women with trauma histories. The emphasis is on learning about the disorder and acquiring the tools to permit a higher level of functioning. Target also prepares participants to engage in intensive therapy in dealing with their personal stories.

Facilities:

GARNER CI, YORK CI

Auspices:

Health Services

Types:

Mental Health

Program Status:

Active Program Category Level:2

RT Program Code: N/A, Compendium Program: Teaching English to Speakers of Other Languages (TESOL) Language Acquisition Skills (LAS)

Description:

Teaching English to Speakers of Other Languages (TESOL)/Language Acquisition Skills (LAS) are instructional programs for students whose primary language is not English. TESOL instruction helps students to speak, read and write English or assists them in developing the language skills necessary for overall academic and vocational progress.

Facilities:

CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, RADGOWSKI CI, ROBINSON CI, YORK CI

Auspices:

USD#1

Types:

Academic Education

Program Status:

Active Program Category Level:1

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: The Best Year of Your Life

Description:

This 7-session group is open to the general population. The emphasis is on self understanding and building self-esteem. Acceptance and looking ahead to a productive and positive life, in spite of the difficulties the individual may encounter, is the essence of this future oriented group.

Facilities:

YORK CI

Auspices:

Health Services

Types:

Female, Mental Health, Self Improvement

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: The Bridge

Description:

This psychotherapy group includes a fixed membership group (closed admission) inviting participants to focus on how they can develop a -bridge- from where they are currently in their lives to where they would like to be in the near and distant future. The focus is on addressing internal and external barriers to positive change, employing constructive problem solving and developing a positive support system for change.

Facilities:

YORK CI

Auspices:

Health Services

Types:

Mental Health, Self Improvement, Social Rehabilitation

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: The Resettlement Program

Description:

Facilities:
YORK CI

Auspices:
All Facility Staff, Charlene Perkins Center - Facility Staff, Contracted Program, Volunteer Services

Types:
Re-Entry, Self Improvement

Program Status:
Active Program Category Level:

RT Program Code: N/A, Compendium Program: Thresholds

Description:

This is a community-based therapeutic counseling system specifically designed for delivery by trained volunteers. It focuses on developing decision-making and problems-solving skills.

Facilities:
CHESHIRE CI, GARNER CI, MANSON YI, YORK CI

Auspices:
All Facility Staff, Contracted Program, Volunteer Services

Types:
Anger Management, Self Improvement

Program Status:
Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Tier 1 Addiction Services Brief Substance Abuse Education Program

Description:

To meet the treatment needs of offenders re-entering the community from a pre-sentence or direct admission facility Addiction Services Units offer a Tier I Reentry Program. Using the evidenced based -Beat the Streets- curriculum this program component focuses on relapse and re-integration.

Facilities:
CORRIGAN CI, MANSON YI, NIAN TIC ANNEX, WALKER BUILDING, YORK CI

Auspices:
Addiction Services, Charlene Perkins Center - Facility Staff

Types:
Addiction, Re-Entry

Program Status:
Active Program Category Level:1

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Tier 4 Addiction Services Residential Treatment Program

Description:

The Tier 4 Addiction Services program is a modified therapeutic community. The program provides inmates the opportunity to be involved in full-time substance treatment in a separate housing unit. Tier 4 treatment is intensive and includes curriculum, skill building and process groups, as well as community building and individual counseling. These residential programs are six-twelve months in length.

Facilities:

MANSON YI, OSBORN CI, ROBINSON CI, YORK CI

Auspices:

Addiction Services

Types:

Addiction, Re-Entry

Program Status:

Active Program Category Level:1

RT Program Code: N/A, Compendium Program: Tier Meeting Social Rehabilitation Program (SRP)

Description:

The Social rehabilitation Program's Tier meetings meet weekly to discuss issues relative to matters touching life on the individual tier (24 beds/12 rooms). Offenders are encouraged to deal in an appropriate manner with local concerns that may well be causing friction within the group.

Facilities:

YORK CI

Auspices:

Health Services, The Social Rehabilitation Program

Types:

Female, Mental Health, Social Rehabilitation

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Time of Prayer

Description:

This is a prayer group that is held once per month.

Facilities:

YORK CI

Auspices:

Religious Services , Volunteer Services

Types:

Religious

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Time out Program (ASU-TOP)

Description:

The Addiction Services Unit - Time Out Program (ASU-TOP) provides Substance Abuse Treatment for offenders returned to custody for non-compliance with the stipulations and/or conditions of their release from a DOC facility. ASU-TOP programming serves to reinforce the offender's foundation of substance abuse information, personal identification with recovery, and to motivate their continued use of formal and informal recovery support services upon their return to the community. The ASU-TOP uses two evidence-based; psycho-educational curriculum driven programs designed to help the offender identify the mechanisms which triggered their relapse into the use of Alcohol or other Drugs; enhance their recovery skills, and develop a plan for an on-going drug and crime free lifestyle. The ASU-TOP program will be delivered 5 times per week over the course of 3 weeks The Brief Substance Abuse Treatment Program shall be 15 sessions in length; the Intensive Relapse Prevention Program shall be 10 sessions in length. Participants will also complete the Job Center Program and the Reentry Workbook Program. Upon successful completion of TOP, inmates may attend Aftercare.

Facilities:

ROBINSON CI, YORK CI

Auspices:

Addiction Services, Charlene Perkins Center - Facility Staff

Types:

Addiction, Re-Entry

Program Status:

Active Program Category Level:1

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Transitional Linkage into the Community (TLC)

Description:

Transitional Linkage into the Community (TLC) is a program of Community Partners in Action which provides discharge planning for inmates with HIV/AIDS. TLC serves every prison and jail in the state, and works with clients returning to every region of the state. TLC case managers meet clients' emergency needs upon release, and connect them with services in their local communities for continuing care and assistance.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, NEW HAVEN CC, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, YORK CI

Auspices:

Health Services

Types:

Health Education, Re-Entry

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Transitional Services

Description:

This program is offered to assist offenders in returning to the community. Information and contacts are given related to the area the offender is returning to.

Facilities:

YORK CI

Auspices:

Charlene Perkins Center - Facility Staff

Types:

Re-Entry

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: USD # 1 Voc. Ed: Hospitality Operations Technology

Description:

This program prepares students to work in the field of hospitality. Skill based training for 12 of the major positions of employment within the hospitality industry is available. During this 6 month course, students learn about guest service professionalism, safety and effective communication. The lodging and hospitality industry is a diverse, rapidly growing field. Many opportunities are available for entry level staff who are dedicated to a career in this field.

Facilities:

YORK CI

Auspices:

USD#1

Types:

Career Technical Education, Re-Entry

Program Status:

Active Program Category Level:1

RT Program Code: N/A, Compendium Program: USD #1 Family Education & Parenting

Description:

This program is designed to help inmates with children become responsible parents. Inmates have classes in parenting skills and in some cases read children's books into audio cassettes to send home to their children. Components of the parenting skills classes include parenting from a distance, discipline techniques, and communicating with children.

Facilities:

CHESHIRE CI, CYBULSKI CI, ENFIELD CI, MACDOUGALL CI, MANSON YI, OSBORN CI, WILLARD CI, YORK CI

Auspices:

All Facility Staff, USD#1

Types:

Family, Self Improvement

Program Status:

Active Program Category Level:2

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: USD #1 Voc. Ed: Business Education

Description:

This program prepares students for entry-level employment requiring basic business skills.

Facilities:

CHESHIRE CI, CYBULSKI CI, YORK CI

Auspices:

USD#1

Types:

Career Technical Education, Re-Entry

Program Status:

Active Program Category Level:1

RT Program Code: N/A, Compendium Program: USD #1 Voc. Ed: Commercial Cleaning

Description:

This thirty-week program focuses on basic and advanced commercial cleaning procedures. The program covers the chemistry of cleaning, handling of hazardous and infectious waste, and the basic cleaning procedures for floor, tile, carpeted areas and restrooms. In phase two, the student is taught advanced procedures for maintaining all types of surfaces, as well as the necessary skills to recognize and operate various types of equipment. Graduation from this program can assist inmates in obtaining a job in the community.

Facilities:

CHESHIRE CI, YORK CI

Auspices:

USD#1

Types:

Career Technical Education, Re-Entry

Program Status:

Active Program Category Level:1

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: USD #1 Voc. Ed: Computer Education

Description:

The Computer Software Application Technology course is designed to provide students with an introduction to computer operations and with the application of various software packages and programs. Students begin by learning simple software programs and then progress to more sophisticated packages as their individual skills develop. Software programs introduced include but are not limited to the following: Access, Visual Basic, Adobe PageMaker, Excel, MicroSoft Works, Power Point, Micro-Soft Word, Micro-Soft for Windows, and Adobe Indesign Adobe Illustrator. Students design and complete projects using this software.

Facilities:

CYBULSKI CI, ENFIELD CI, MACDOUGALL CI, OSBORN CI, ROBINSON CI, WILLARD CI, YORK CI

Auspices:

USD#1

Types:

Career Technical Education, Re-Entry

Program Status:

Active Program Category Level:1

RT Program Code: N/A, Compendium Program: USD #1 Voc. Ed: Cosmetology/Barbering

Description:

This program prepares students to become licensed barbers and cosmetologists. Course requirements are 1500 hours of theory and practical experience to qualify for licensure. A rigorous set of criteria is required for entrance into the program. The classroom is set up to simulate an actual salon environment including appropriate business behavior. Upon completion students receive information about receiving a grant from the Department of Labor to take the state examination when they discharge from the facility. Approval for licensure is determined through the State Board of Health and Addiction Services.

Facilities:

YORK CI

Auspices:

USD#1

Types:

Career Technical Education, Re-Entry

Program Status:

Active Program Category Level:1

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: USD #1 Voc. Ed: Culinary Arts

Description:

This course stresses safety and sanitation as well as tool and equipment usage. Through practice and discussion, students are taught skills in basic cooking, methods, culinary techniques, weights, measures and recipe conversions. Participants earn a Safe Serve Certificate after passing a test administered by the National Restaurant Association. This program is an apprenticeship approved through the CT State Department of Labor.

Facilities:

GARNER CI, MANSON YI, RADGOWSKI CI, ROBINSON CI, YORK CI

Auspices:

USD#1

Types:

Career Technical Education, Re-Entry

Program Status:

Active Program Category Level:1

RT Program Code: N/A, Compendium Program: Victim-Offender Dialogue

Description:

For a variety of reasons, it is sometimes helpful for victims to meet with offenders. The department's Victim Services Unit evaluates and when appropriate facilitates this dialogue. The process is designed to achieve the objectives of restorative justice, healing the victim, and confronting and holding the offender accountable. Although this process can often be very helpful to the inmate, all such dialogues are initiated at the request of victims.

Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

Auspices:

Programs & Treatment Unit

Types:

Domestic Violence, Victim

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: VOICES (Victim Offender Institutional Correctional Educational Services)

Description:

Victim Offender Institutional Correctional Educational Services . This program is designed to use volunteer support to broaden inmates' understanding and sensitivity to the impact of their crime on others.

Facilities:

BROOKLYN CI, GARNER CI, MANSON YI, PAROLE & COMMUNITY SERVICES, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, YORK CI

Auspices:

Programs & Treatment Unit, All Facility Staff, Contracted Program, Safe Passage, Volunteer Services

Types:

Anger Management, Family, Victim

Program Status:

Active Program Category Level:2

RT Program Code: N/A, Compendium Program: Voices of Joy Choir

Description:

This is a group that meets to practice gospel music and participates in Protestant Worship services and community functions.

Facilities:

YORK CI

Auspices:

Religious Services

Types:

Religious

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Warm the Baby/ Warm the Ederly

Description:

This program promotes community service through donation of completed crocheted blankets. The offenders make these items specifically for babies born at local hospitals, as well as for residents in local nursing homes.

Facilities:

YORK CI

Auspices:

All Facility Staff, Safe Passage, Volunteer Services

Types:

Community Service, Self Improvement

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Warm Up to the Day (community Meeting)

Description:

This group fosters, open communication on the unit between staff and inmates as it provides a safe supportive environment to vocalize one's issues with the unit, tier, roommates, etc. Walk/Stretch follows, providing valuable exercise in the morning, teaching new stretch/exercises, promoting leadership as offenders lead the stretching/exercise, and educates them on correct form and alternatives to do in their rooms during lock time.

Facilities:

YORK CI

Auspices:

Health Services

Types:

Mental Health

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Willow Community

Description:

This is a spiritual development program for long term offenders. This year long program encourages 24 participants to develop a hopeful and resilient lifestyle.

Facilities:

YORK CI

Auspices:

Religious Services

Types:

Religious

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Women of Change-The Center for Women and Families

Description:

This contracted agency provides individual and group counseling to female inmates who are preparing to return to the community. The program assists them to prepare a plan to establish a non-criminal means of support, to locate adequate housing, and to enroll in educational or vocational training when appropriate. The agency continues to provide services to the inmate if she is released to the Bridgeport area. The Women of Change Group is run by the center - This on going group focuses on helping participants develop more positive attitudes and skills around CHANGE-Commitment to Healing Activates New Growth Experiences.

Facilities:

YORK CI

Auspices:

Contracted Program

Types:

Re-Entry, Self Improvement

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Women of Praise

Description:

This is a discussion group that focuses on Women's Faith issues.

Facilities:

YORK CI

Auspices:

Religious Services , Volunteer Services

Types:

Religious

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Women's Health

Description:

Topics specific to women's health are covered, in this program, as well as topics of general interest. This program is conducted by an OB-GYN specialist and is open to women in the Mental Health Unit, the Youthful Offenders and offenders in the Social Rehabilitation Program.

Facilities:

YORK CI

Auspices:

Health Services, The Social Rehabilitation Program

Types:

Female, Health Education, Medical, Social Rehabilitation, Youth

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: WOW - Weight Off Women

Description:

WOW is a monthly program for women, who choose to join, designed to help motivate them to lose weight, educate them about nutrition, and the value of exercise. In addition, a special twice weekly exercise class is available to members of this group only. During each class weights and waists are measured. The participants are responsible for tracking their results on a form designed for this purpose.

Facilities:

YORK CI

Auspices:

Health Services, Recreation Services

Types:

Health Education

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Yoga Class

Description:

This class provides offenders with a broad understanding of the principles of yoga. Offenders learn low impact cardiovascular and meditation techniques. This class is designed to decrease stress and increase self-assessments.

Facilities:

YORK CI

Auspices:

Charlene Perkins Center - Facility Staff, Health Services, The Social Rehabilitation Program, Volunteer Services

Types:

Mental Health, Recreation, Self Improvement

Program Status:

Active Program Category Level:3

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Young Adults Group

Description:

This is a supportive therapy group for young women ages, 18 and 19, most of whom recently transitioned out of the Youthful offenders unit. The focus is on allowing members to receive and provide support for each other as they work through the unique challenges related to both incarceration and their developmental transitions to young adulthood.

Facilities:

YORK CI

Auspices:

Health Services

Types:

Female, Mental Health, Self Improvement, Social Rehabilitation

Program Status:

Active Program Category Level:3

RT Program Code: N/A, Compendium Program: Young Women's Lives Program

Description:

This is an evidenced-based program designed to assist young women in recognizing their ability to make positive choices and change in their lives. In both group and individual settings the program uses a strength-based model to promote the development of positive self-esteem, personal growth and health relationships.

Facilities:

YORK CI

Auspices:

Addiction Services

Types:

Addiction, Self Improvement, Youth - York CI

Program Status:

Active Program Category Level:0

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Youthful & Juvenile Offender Recovery Activity Group

Description:

The Recovery Activity Group provides weekly group discussion and activities for female offenders in the 2 North Youthful Offender & Juvenile Offender Program. The program provides participants with an opportunity to learn recovery concepts and share their feelings using experiential activities. The group is offered as a complement to the Young Women's Lives Program.

Facilities:

YORK CI

Auspices:

Addiction Services

Types:

Addiction, Self Improvement

Program Status:

Active Program Category Level:1

RT Program Code: N/A, Compendium Program: Youthful Offender Mentoring Program

Description:

A contract agency, Family ReEntry, Inc., conducts this program. Mentoring is a positive and supportive relationship with a responsible and dependable adult volunteer. Mentors are committed and caring individuals who assist inmates and their family with transition back to the community.

Facilities:

MANSON YI, YORK CI

Auspices:

All Facility Staff, Contracted Program

Types:

Family, Re-Entry, Self Improvement

Program Status:

Active Program Category Level:2

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for All Auspices, All Types

FACILITY: YORK CI

RT Program Code: N/A, Compendium Program: Youthful Offenders Community Meeting

Description:

This weekly group is held on the youthful offender unit. It deals with -community- issues and emphasizes collaborative problem solving. Socialization is a prominent feature of this group, which is designed to serve as a flexible tool for supporting harmony in the group and the growth of these young people.

Facilities:

YORK CI

Auspices:

Health Services

Types:

Female, Self Improvement, Youth, Youth - York CI

Program Status:

Active Program Category Level:3
