

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: 12 Step Program**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

12 step fellowship self-help group for men and women who provide mutual support in obtaining and maintaining sobriety while also helping others to recover from addiction. Meetings are held in a variety of formats, ie, step meetings, speaker meetings, etc.; and are held on a weekly basis. Addiction services or volunteer services staff coordinate the meetings and provide oversight for the program.

- \* Alcoholics Anonymous
  - \* Narcotics Anonymous
  - \* Sponsorship Behind the Walls
  - \* AI-Anon
  - \* Alcoholics Anonymous - Spanish
  - \* Alcoholics Anonymous - English
- \*\*\* Not all 12 step Programs are run at all facilities

*Facilities:*

*YORK CI*

*Auspices:*

*Addiction Services*

*Treatment Types:*

*Substance Abuse (SA)*

*Domains:*

*Self Efficacy;Substance Abuse;Substance Abuse and Mental Health*

*Types:*

*Substance Abuse Services/Treatment*

*Program Status:*

*Active Program Category Level:0*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: 1st Refusal: Education Program**

---

**Gender Specific for:BOTH; RT Program Code: EA**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;YORK CI

*Auspices:*

Unknown

*Treatment Types:*

Education (Ed)

*Domains:*

Education, Employment, and Financial Situation

*Types:*

Unknown

*Program Status:*

Active Program Category Level:0

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: 211 Info Line**

---

**Gender Specific for: BOTH; RT Program Code: 0**

---

**Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False**

*Description:*

This is an information line to help callers find information, discover options, and provide assistance with such issues as food, housing, clothing, transportation, substance abuse, domestic violence, childcare or nearly every other need they may have. The 211 database is utilized by agency-wide staff who work with offenders in discharge planning and community reentry, and referred to in response to public inquiries of community resources.

*Facilities:*

BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE ; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; PCS - Bridgeport; PCS - Hartford; PCS - New Haven; PCS - Norwich/New London; PCS - Residential; PCS - Waterbury; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

*Auspices:*

All Facility Staff; Non-Contracted; Non-Residential

*Treatment Types:*

Aggression Replacement Training (ART); Behavior Modification (BM); Cognitive Behavioral Therapy (CBT); Education (Ed); Family Support (FS); Life Skills (LS); Medical (Med); Mental Health (MH); Reintegration Enhancement/Relapse Prevention (RERP); Substance Abuse (SA); Victim Impact (VI)

*Domains:*

Abuse/Trauma; Anger/Hostility; Education; Education, Employment, and Financial Situation; Employment/Financial; Family; Family and Social Support; Housing Safety; Mental Health; Neighborhood Problems; Parenting; Relationships; Self Efficacy; Substance Abuse; Substance Abuse and Mental Health

*Types:*

Basic Needs; Behavioral Services; Community Service; Domestic Violence; Education; Employment; Family & Social Services; Medical Services/Treatment; Mental Health Services/Treatment; Re-Entry; Shelter Housing Services; Substance Abuse Services/Treatment; Transportation; Vocational & Educational Services; Wellness Activities

*Program Status:*

Active Program Category Level: 3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: 2nd Refusal: Education Program**

---

**Gender Specific for:BOTH; RT Program Code: EB**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;YORK CI

*Auspices:*

Unknown

*Treatment Types:*

Education (Ed)

*Domains:*

Education, Employment, and Financial Situation

*Types:*

Unknown

*Program Status:*

Active Program Category Level:0

---

**Compendium Program: 3rd Refusal: Education Program**

---

**Gender Specific for:BOTH; RT Program Code: EC**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;YORK CI

*Auspices:*

Unknown

*Treatment Types:*

Education (Ed)

*Domains:*

Education, Employment, and Financial Situation

*Types:*

Unknown

*Program Status:*

Active Program Category Level:0

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: 5 or 7 Day Job Assignments**

---

**Gender Specific for:BOTH; RT Program Code: L1**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Unknown

*Treatment Types:*

Life Skills (LS)

*Domains:*

Education, Employment, and Financial Situation;Employment/Financial

*Types:*

Unknown

*Program Status:*

Active Program Category Level:2

---

**Compendium Program: Access to Recovery (ATR) Re-Entry Group**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

Addiction Services Counselors meet with offenders who are nearing release to explain the services that Access to Recovery (ATR) can provide to them in the community and what steps the offender must take to access services.

*Facilities:*

YORK CI

*Auspices:*

Addiction Services;Programs & Treatment Unit

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)

*Domains:*

Family;Substance Abuse

*Types:*

Unknown

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Addiction Services - Assessment & Orientation**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

Addiction Services - Assessment and Orientation consists of one or two sessions designed to assess the appropriate Treatment Needs Assessment Score to be assigned to each offender, provide basic substance abuse education. It provides the offender with information about available community resources, and provides the offender with information on available substance abuse treatment programs available throughout the Connecticut Department of Correction.

*Facilities:*

*MANSON YI;WALKER RC;YORK CI*

*Auspices:*

*Addiction Services*

*Treatment Types:*

*Substance Abuse (SA)*

*Domains:*

*Substance Abuse;Substance Abuse and Mental Health*

*Types:*

*Addiction;Re-Entry*

*Program Status:*

*Active Program Category Level:1*

---

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Addiction Services Integrated Care for Women with Co-Occurring Program**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This Integrated Care for Women/Co-Occurring Program provides treatment for inmates who have a psychiatric disorder in combination with a substance abuse disorder. This program is eight weeks in duration and covers motivational enhancement therapy , cognitive behavioral therapy and is supported by specially designed 12 step meeting.

*Facilities:*

*YORK CI*

*Auspices:*

*Addiction Services*

*Treatment Types:*

*Mental Health (MH);Substance Abuse (SA)*

*Domains:*

*Mental Health;Substance Abuse*

*Types:*

*Addiction*

*Program Status:*

*Active Program Category Level:1*

---

**Compendium Program: Administrative Segregation - York CI - Phase 1**

---

**Gender Specific for:FEMALE; RT Program Code: C3**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

*Facilities:*

*YORK CI*

*Auspices:*

*Unknown*

*Treatment Types:*

*Behavior Modification (BM)*

*Domains:*

*Anger/Hostility;Antisocial Attitudes;Criminal Attitudes and Behavioral Patterns;Self Efficacy*

*Types:*

*Unknown*

*Program Status:*

*Active Program Category Level:1*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Administrative Segregation - York CI - Phase 2**

---

**Gender Specific for:FEMALE; RT Program Code: C4**

---

**Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:False**

*Description:*

*Facilities:*  
YORK CI

*Auspices:*  
Unknown

*Treatment Types:*  
Behavior Modification (BM)

*Domains:*  
Anger/Hostility;Antisocial Attitudes;Criminal Attitudes and Behavioral Patterns;Self Efficacy

*Types:*  
Unknown

*Program Status:*  
Active Program Category Level:1

---

**Compendium Program: Administrative Segregation - York CI - Phase 3**

---

**Gender Specific for:FEMALE; RT Program Code: C5**

---

**Open Close:True, Session Group:False, Session Numbers: 16, Evidence Based:False**

*Description:*

*Facilities:*  
YORK CI

*Auspices:*  
Unknown

*Treatment Types:*  
Behavior Modification (BM)

*Domains:*  
Anger/Hostility;Antisocial Attitudes;Self Efficacy

*Types:*  
Unknown

*Program Status:*  
Active Program Category Level:1

---

---

**Compendium Program: Advanced TREM**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

Advanced TREM (Trauma Recovery and Empowerment Model) is a gender specific, trauma-informed recovery group that meets for 16 weeks. It constitutes Phase Three of the CHANGE program which is a series of mental health, trauma informed and gender responsive programs. Therefore it is assumed that all participants have completed TARGET (Trauma Affect Regulation Guide for Education and Treatment), Phase One and TREM, Phase Two. The group is designed to expound on concepts learned in TREM by providing a safe group for female offenders to learn more about trauma and to continue to share their studies.

*Facilities:*

*YORK CI*

*Auspices:*

*Mental Health;The Change Group*

*Treatment Types:*

*Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP)*

*Domains:*

*Mental Health*

*Types:*

*Unknown*

*Program Status:*

*Active Program Category Level:1*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Al-Anon**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This is a self-help support group for friends and family members of alcoholic or problem drinkers. Discussions primarily focus on problematic behaviors exhibited by the alcoholic, helping the attendees develop coping strategies. This on-going evening group is offered weekly.

*Facilities:*

YORK CI

*Auspices:*

Addiction Services;Volunteer Services

*Treatment Types:*

Unknown

*Domains:*

Unknown

*Types:*

Addiction

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Alcoholics Anonymous**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This is a 12-Step Fellowship self-help group for men and women who provide mutual support in obtaining and maintaining sobriety while also helping others to recover from alcoholism. Meetings, in a variety of formats (Big Book, Step Meetings, Speaker, etc.), are held on a weekly basis. Addiction Services or Volunteer Services staff coordinate the meetings and provide oversight for the program.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Addiction Services;Volunteer Services

*Treatment Types:*

Behavior Modification (BM);Substance Abuse (SA)

*Domains:*

Substance Abuse;Substance Abuse and Mental Health

*Types:*

Addiction;Re-Entry

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Alcoholics Anonymous - Spanish**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This program is conducted in Spanish. Alcoholics Anonymous is a 12-Step Fellowship self-help group for men and women who provide mutual support in obtaining and maintaining sobriety while also helping others to recover from alcoholism. Meetings are held on a weekly basis. Addiction Services staff coordinate the meetings and provide oversight for the program.

*Facilities:*

*YORK CI*

*Auspices:*

*Addiction Services*

*Treatment Types:*

*Unknown*

*Domains:*

*Unknown*

*Types:*

*Addiction*

*Program Status:*

*Active Program Category Level:3*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Alcoholics Anonymous , Conducted in English**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This program is conducted in English. Alcoholics Anonymous is a Fellowship self help group for women who provide mutual support in obtaining and maintaining alcohol free lifestyle while also helping others to recover from alcohol addiction. Meetings are held on weekly basis. Addiction Service staff coordinate the meetings and provide oversight for the program.

*Facilities:*

*YORK CI*

*Auspices:*

*Addiction Services*

*Treatment Types:*

*Unknown*

*Domains:*

*Unknown*

*Types:*

*Female;Mental Health;Self Improvement*

*Program Status:*

*Active Program Category Level:3*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Alternatives To Violence - Advanced Workshops**

---

**Gender Specific for:BOTH; RT Program Code: 46**

---

**Open Close:True, Session Group:False, Session Numbers: 12, Evidence Based:False**

*Description:*

Certified AVP volunteers lead advanced workshops to inmates who have completed the AVP basics workshop. Participants completing both basic and advanced workshops qualify for selection to become peer mentors.

*Facilities:*

MACDOUGALL CI;OSBORN CI;YORK CI

*Auspices:*

Volunteer Services

*Treatment Types:*

Aggression Replacement Training (ART);Life Skills (LS);Victim Impact (VI)

*Domains:*

Anger/Hostility;Criminal Attitudes and Behavioral Patterns

*Types:*

Anger Management;Self Improvement

*Program Status:*

Active Program Category Level:2

---

**Compendium Program: Alternatives to Violence - Basic Workshops**

---

**Gender Specific for:BOTH; RT Program Code: 45**

---

**Open Close:True, Session Group:False, Session Numbers: 24, Evidence Based:False**

*Description:*

Certified AVP volunteers lead basic, intermediate workshops to teach inmates to understand and to control anger, and how to cope with violence in their lives. Participants completing both basic and advanced workshops qualify for selection to become peer mentors.

*Facilities:*

MACDOUGALL CI;OSBORN CI;YORK CI

*Auspices:*

Volunteer Services

*Treatment Types:*

Aggression Replacement Training (ART);Life Skills (LS);Victim Impact (VI)

*Domains:*

Anger/Hostility;Criminal Attitudes and Behavioral Patterns

*Types:*

Anger Management;Self Improvement

*Program Status:*

Active Program Category Level:2

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Alternatives to Violence - Training for Trainer Workshops**

---

**Gender Specific for:BOTH; RT Program Code: 47**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This program is used to train inmates who have successfully completed AVP Basic and Advanced and will now be facilitating future programming.

*Facilities:*

MACDOUGALL CI;OSBORN CI;YORK CI

*Auspices:*

Volunteer Services

*Treatment Types:*

Aggression Replacement Training (ART);Life Skills (LS);Victim Impact (VI)

*Domains:*

Anger/Hostility;Criminal Attitudes and Behavioral Patterns

*Types:*

Self Improvement

*Program Status:*

Active Program Category Level:2

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Anger Management Program**

---

**Gender Specific for:BOTH; RT Program Code: 26**

---

**Open Close:True, Session Group:False, Session Numbers: 10, Evidence Based:False**

*Description:*

This program was designed based upon research regarding what works for Anger Management Programs. This 10-week program includes skill building, cognitive techniques, relaxation techniques and role play. In addition, an assessment tool to ensure program fidelity audits this program. This program can be modified for special populations.

*Facilities:*

*BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;MACDOUGALL CI;MANSON YI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI*

*Auspices:*

*All Facility Staff;Programs & Treatment Unit*

*Treatment Types:*

*Aggression Replacement Training (ART);Life Skills (LS);Victim Impact (VI)*

*Domains:*

*Anger/Hostility;Criminal Attitudes and Behavioral Patterns*

*Types:*

*Anger Management;Mental Health;Self Improvement*

*Program Status:*

*Active Program Category Level:1*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Artists In Residence-Community Partners in Action (CPA)**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

Accomplished artists provide inmates with an introduction to the basic principles of fine art. Volunteer Artists-In-Residence within correctional institutions bring art behind bars and serve to broaden inmates' abilities to express themselves by developing talents or skills in drawing, painting, music and creative writing. Inmate artwork is collected annually by a Prison Art Program Curator from Hartford's Community Partners in Action (CPA) which operates this service solely through the support of grants from local foundations, corporations and the Connecticut Commission on the Arts. This art collection is arranged for exhibition in community spaces across the state. The CPA also publishes an annual journal of arts in correction serving to bring creative writing, poetry and visual art produced by inmates to the broader community.

*Facilities:*

*YORK CI*

*Auspices:*

*Contracted Program;Volunteer Services*

*Treatment Types:*

*Life Skills (LS)*

*Domains:*

*Self Efficacy*

*Types:*

*Self Improvement*

*Program Status:*

*Active Program Category Level:3*

---

---

**Compendium Program: Beyond Violence: A Prevention Program for Women**

---

**Gender Specific for:FEMALE; RT Program Code: BV**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

The curriculum uses a Social-Ecological Model to understand and contextualize violence. This four-level model of violence prevention considers the complex interplay between individual, relationship, community, and societal factors. It addresses the factors that put people at risk for experiencing or perpetrating violence. This model is used by the Centers for Disease Control and Prevention and was used in the Prison Rape Elimination ACT research on women in prison.

*Facilities:*

*YORK CI*

*Auspices:*

*All Facility Staff;Programs & Treatment Unit*

*Treatment Types:*

*Aggression Replacement Training (ART);Family Support (FS);Victim Impact (VI)*

*Domains:*

*Abuse/Trauma;Anger/Hostility;Criminal Attitudes and Behavioral Patterns;Relationships*

*Types:*

*Domestic Violence;Family*

*Program Status:*

*Active Program Category Level:1*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Book Club**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

The Book club is designed to incorporate 10-12 offenders in a small reading/discussion group that reads, reviews and discusses critically acclaimed and diverse literature - both fiction and non-fiction. Eligibility for the program includes an interest in reading and competency demonstrated by a high school diploma or GED.

*Facilities:*

*RADGOWSKI CI;YORK CI*

*Auspices:*

*Volunteer Services*

*Treatment Types:*

*Education (Ed)*

*Domains:*

*Education, Employment, and Financial Situation;Self Efficacy*

*Types:*

*Self Improvement*

*Program Status:*

*Active Program Category Level:3*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Books for Babies**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

Through Read to Grow Organization this program provides a literacy packet to families with babies born at one of five hospitals. The goal is to promote early literacy by ensuring that every newborn receives a book and by encouraging parents to share books with their baby from birth. The supplies are delivered and we assemble the supplies creating these packages.

*Facilities:*

*YORK CI*

*Auspices:*

*Charlene Perkins Center - Facility Staff;Volunteer Services*

*Treatment Types:*

*Family Support (FS)*

*Domains:*

*Parenting*

*Types:*

*Community Service*

*Program Status:*

*Active Program Category Level:3*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: CARE PROGRAM: Cope, Affirm, Renew, Empower**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:False**

*Description:*

The CARE Program is an intensive outpatient program designed for long term offenders. Programming will be gender responsive and will address quality of life, adjustment, resilience, hope, substance use, trauma, interpersonal discord, mental health issues and spirituality. Treatment modalities will include a mixture of group psychotherapy, recreational therapies, spiritual opportunities, and independent learning activities facilitated by a number of disciplines dedicated to the program.

*Facilities:*

YORK CI

*Auspices:*

Mental Health

*Treatment Types:*

Life Skills (LS);Mental Health (MH);Substance Abuse (SA)

*Domains:*

Family;Mental Health;Substance Abuse

*Types:*

Unknown

*Program Status:*

Active Program Category Level:2

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Catholic - Alpha Program**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

The Alpha Program is a course in basic Christianity based upon Biblical principles utilizing videos and workbooks in a group setting. This program meets weekly and is conducted by both volunteers and staff.

*Facilities:*

*BROOKLYN CI;CORRIGAN CI;MANSON YI;OSBORN CI;RADGOWSKI CI;YORK CI*

*Auspices:*

*Religious Services ;Volunteer Services*

*Treatment Types:*

*Unknown*

*Domains:*

*Unknown*

*Types:*

*Religious*

*Program Status:*

*Active Program Category Level:3*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Catholic Bible Study**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

An academic study of the books of the bible or biblical topics and themes. This program seeks to foster understanding of scripture and help inmates develop self-awareness and personal growth based on biblical principles.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;NEW HAVEN CC;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Religious Services ;Volunteer Services

*Treatment Types:*

Unknown

*Domains:*

Unknown

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

---

**Compendium Program: Catholic Bible Study (Spanish)**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This is the Catholic Bible Study held in Spanish.

*Facilities:*

BRIDGEPORT CC;GARNER CI;OSBORN CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

*Domains:*

Unknown

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Catholic Choir**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This is a musical program educating inmates in deepening their understanding of the liturgy and enhancing the worship experience provided to all catholic inmates.

*Facilities:*

GARNER CI;OSBORN CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

*Domains:*

Unknown

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

---

**Compendium Program: Catholic Choir (Spanish)**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This is the Catholic Choir in Spanish.

*Facilities:*

YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

*Domains:*

Unknown

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Catholic Retreats**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

Retreats: (e.g. Kairos, Emmaus, Life in the Spirit). Withdrawal from daily activities for a period of time for a program devoted to prayer, meditation, self-examination and decision making for one's spiritual life. It is hoped that this larger time-block will assist inmates in confronting issues that are not readily accessed in shorter time periods.

*Facilities:*

*BROOKLYN CI;GARNER CI;MACDOUGALL CI;YORK CI*

*Auspices:*

*Religious Services ;Volunteer Services*

*Treatment Types:*

*Unknown*

*Domains:*

*Unknown*

*Types:*

*Religious*

*Program Status:*

*Active Program Category Level:3*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Catholic Worship Service**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

The weekly Catholic service is the Mass (or a communion service when Mass cannot be held due to the unavailability of a priest). Fulfills constitutional right to worship.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Religious Services ;Volunteer Services

*Treatment Types:*

Unknown

*Domains:*

Unknown

*Types:*

Worship Services

*Program Status:*

Active Program Category Level:3

---

**Compendium Program: CEC - Work Assingment**

---

**Gender Specific for:BOTH; RT Program Code: L3**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

Inmates who are assigned to a work assignment in Correctional Enterprises of Connecticut.

*Facilities:*

CHESHIRE CI;OSBORN CI;YORK CI

*Auspices:*

Correctional Enterprises of Connecticut

*Treatment Types:*

Life Skills (LS)

*Domains:*

Education, Employment, and Financial Situation

*Types:*

Employment

*Program Status:*

Active Program Category Level:0

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Certified Birth Certificate or Registration of Birth**

---

**Gender Specific for:BOTH; RT Program Code: I2**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

\*\*\*\*

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Education, Employment, and Financial Situation;Employment/Financial

*Types:*

Re-Entry

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: CHANGE Program**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

The CHANGE program is a series of mental health, trauma informed and gender responsive programs comprised of three phases. Each phase is an individual program or comprised of optional programming (phase three.) Phase one is TARGET (Trauma Affect Regulation: Guide for Education and Treatment) which is a 10 week program. Phase Two is TREM (Trauma-Recovery Empowerment Model) which is a 16 week program. Lastly Phase Three has programming options such as Advanced TREM-16 weeks, A Woman's Way Through the 12-Steps, Tai-Chi (movement therapy), Stress Management (east side only) and Mindfulness/Meditation.

*Facilities:*

YORK CI

*Auspices:*

Mental Health

*Treatment Types:*

Education (Ed);Mental Health (MH)

*Domains:*

Antisocial Friends;Mental Health;Substance Abuse

*Types:*

Unknown

*Program Status:*

Active Program Category Level:1

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Chronic Discipline Program - York CI**

---

**Gender Specific for:FEMALE; RT Program Code: D1**

---

**Open Close:True, Session Group:False, Session Numbers: 9, Evidence Based:False**

*Description:*

*Facilities:*  
YORK CI

*Auspices:*  
Unknown

*Treatment Types:*  
Behavior Modification (BM)

*Domains:*  
Anger/Hostility;Antisocial Attitudes;Antisocial Friends;Self Efficacy

*Types:*  
Unknown

*Program Status:*  
Active Program Category Level:1

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: CLICC Literacy Program**

---

**Gender Specific for:BOTH; RT Program Code: CL**

---

**Open Close:True, Session Group:True, Session Numbers: 24, Evidence Based:False**

*Description:*

Facility-Based Services

Utilizing trained mentors and contracted grant partners, The Center will offer a twenty-four (24) session program that fosters discussions among parents regarding reconnecting with their children and nurtures parent/child communication through the use of literature. Throughout the course of the facility based component of the program, both child and parent will be assigned specific books (one per month), and will complete literacy exercises through letters to/from child and parent. These exercises will be facilitated by The Center staff, partners and mentors.

*Facilities:*

*YORK CI*

*Auspices:*

*Parenting Unit- Facility Staff;Programs & Treatment Unit*

*Treatment Types:*

*Education (Ed);Family Support (FS)*

*Domains:*

*Family;Family and Social Support;Parenting*

*Types:*

*Re-Entry*

*Program Status:*

*Active Program Category Level:3*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Community Meeting**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This program is open to those offenders housed on the mental health unit. The program serves to set the tone for the days therapeutic activities and to organize the offender's tasks, which might include anything from housekeeping duties to peer support.

*Facilities:*

YORK CI

*Auspices:*

Health Services

*Treatment Types:*

Mental Health (MH)

*Domains:*

Mental Health

*Types:*

Female;Mental Health

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Community Outreach Program**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This program provides assistance with Public Service projects for the state, local governments and non-profit organizations. Projects include general cleaning, painting, stripping and waxing floors, office work and outside grounds work. Includes programs:

\*Habitat For Humanity

\*Warm the Baby/Warm the Elderly

*Facilities:*

YORK CI

*Auspices:*

All Facility Staff

*Treatment Types:*

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Employment/Financial

*Types:*

Community Service;Community Work Group;Re-Entry;Self Improvement

*Program Status:*

Active Program Category Level:0

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: CONNTAC-EOC (CT Talent Assistance Cooperative-Education Opportunity Center)**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

Representatives from CONNTAC-EOC are provided with names of students to meet with while the student is still incarcerated. The representatives assist students with their post-secondary plans and financial aid.

*Facilities:*

*BROOKLYN CI;CYBULSKI CI;ENFIELD CI;MANSON YI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI*

*Auspices:*

*USD#1*

*Treatment Types:*

*Education (Ed)*

*Domains:*

*Education;Education, Employment, and Financial Situation;Employment/Financial*

*Types:*

*Re-Entry*

*Program Status:*

*Active Program Category Level:3*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Co-Occurring Disorders Program**

---

**Gender Specific for:BOTH; RT Program Code: 23**

---

**Open Close:False, Session Group:True, Session Numbers: 8, Evidence Based:False**

*Description:*

The Co-occurring disorders program provides treatment for inmates who have a psychiatric disorder in combination with a substance use disorder. Inmates attend both a twelve-week educational group focusing on mental health and substance abuse issues and specially designed 12-step meeting.

*Facilities:*

*GARNER CI;OSBORN CI;YORK CI*

*Auspices:*

*Addiction Services;Health Services*

*Treatment Types:*

*Mental Health (MH);Substance Abuse (SA)*

*Domains:*

*Mental Health;Substance Abuse;Substance Abuse and Mental Health*

*Types:*

*Addiction;Dual Diagnosis;Mental Health*

*Program Status:*

*Active Program Category Level:3*

---

---

**Compendium Program: Coping Skills- York CI**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This five-session group meets weekly. This group covers issues common to the York CI population; including adjustment, detoxification, difficulty sleeping, anxiety, depression and stress. Stress as a topic is highlighted insofar as it may relate to all of the common themes.

*Facilities:*

YORK CI

*Auspices:*

Health Services

*Treatment Types:*

Mental Health (MH);Substance Abuse (SA)

*Domains:*

Mental Health;Substance Abuse

*Types:*

Female;Self Improvement

*Program Status:*

Active Program Category Level:3

---

**Compendium Program: COPING:Sleep**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This group focuses on introducing participants to sleep hygiene practice and related skills for coping with insomnia, especially given the challenges entailed re:sleeping within a correctional environment.

*Facilities:*

YORK CI

*Auspices:*

Mental Health

*Treatment Types:*

Life Skills (LS);Mental Health (MH)

*Domains:*

Abuse/Trauma;Mental Health

*Types:*

Mental Health

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: CORP: Connecticut Offender Re-Entry Program**

---

**Gender Specific for: BOTH; RT Program Code: 28**

---

**Open Close: False, Session Group: True, Session Numbers: 35, Evidence Based: False**

*Description:*

This program provides services for offenders with mental illness returning to the community after an extended period of incarceration. The emphasis is on reducing recidivism by identifying and intervening in those areas most in need. Individuals eligible for the services must have at least one year left to serve before release, have a mental health score of 3 or higher and are returning to a catchment area where CORP services are provided. Catchment areas include Hartford, New Haven, Bridgeport, Norwich/New London and Waterbury areas.

*Facilities:*

*CYBULSKI CI; GARNER CI; OSBORN CI; YORK CI*

*Auspices:*

*Contracted Program; Health Services; Volunteer Services*

*Treatment Types:*

*Life Skills (LS); Mental Health (MH); Reintegration Enhancement/Relapse Prevention (RERP)*

*Domains:*

*Family and Social Support; Mental Health; Substance Abuse and Mental Health*

*Types:*

*Mental Health; Re-Entry*

*Program Status:*

*Active Program Category Level: 2*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: CPC Charlene Perkins Center York CI**

---

**Gender Specific for:FEMALE; RT Program Code: 39**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

The Charlene Perkins Center is a re-entry programming unit designed to prepare individuals for a successful re-integration into the community. This 98 bed housing unit offers a variety of programs, meetings, presentations and services all based around making connections and concrete plans prior to release. Includes programs:

\*Houses of Healing

*Facilities:*

YORK CI

*Auspices:*

All Facility Staff;Charlene Perkins Center - Facility Staff

*Treatment Types:*

Aggression Replacement Training (ART);Cognitive Behavioral Therapy (CBT);Education (Ed);Family Support (FS);Life Skills (LS);Medical (Med);Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA);Victim Impact (VI)

*Domains:*

Abuse/Trauma;Anger/Hostility;Antisocial Attitudes;Antisocial Friends;Criminal Attitudes and Behavioral Patterns;Education;Education, Employment, and Financial Situation;Employment/Financial;Family;Family and Social Support;Housing Safety;Neighborhood Problems;Parenting;Peer Associations;Relationships;Self Efficacy;Substance Abuse and Mental Health

*Types:*

Re-Entry

*Program Status:*

Active Program Category Level:2

---

---

**Compendium Program: Daybreak**

---

**Gender Specific for:FEMALE; RT Program Code: DB**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

Daybreak is a Protestant denomination, faith based program designed to reduce recidivism by decreasing a propensity for addiction and criminal behavior. This four month program will serve up to 40 women. Participants will be assisted in discovering a lifestyle that is positive, healing and productive. This program will be presented under the auspice of the religious services department.

*Facilities:*

YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Aggression Replacement Training (ART);Cognitive Behavioral Therapy (CBT);Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Antisocial Attitudes;Substance Abuse

*Types:*

Addiction;Self Improvement

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Delancey Street**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

Representatives from Delancey Street located in NY present monthly to population to educate them about their facility. They are a non-profit self-help residential education center for former substance abusers and ex-inmates.

*Facilities:*

YORK CI

*Auspices:*

Charlene Perkins Center - Facility Staff;Volunteer Services

*Treatment Types:*

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Substance Abuse

*Types:*

Re-Entry

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Discharge Orientation**

---

**Gender Specific for:BOTH; RT Program Code: RD**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

Discharge Orientation is conducted either individually or in groups with offenders who are within a year of discharge to the community. Topics include: ID procurement; community programs; and related matters.

*Facilities:*

BRIDGEPORT CC;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Education, Employment, and Financial Situation;Family and Social Support

*Types:*

Re-Entry

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: DSS Connect Card**

---

**Gender Specific for:BOTH; RT Program Code: 17**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

\*\*\*\*

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Education, Employment, and Financial Situation;Employment/Financial

*Types:*

Re-Entry

*Program Status:*

Active Program Category Level:3

---

**Compendium Program: DUI (Driving Under the Influence)**

---

**Gender Specific for:BOTH; RT Program Code: 35**

---

**Open Close:True, Session Group:False, Session Numbers: 14, Evidence Based:False**

*Description:*

DUI (Driving Under the Influence) Offenders that have a DUI charge and are not eligible for DUI Home Confinement Program.

*Facilities:*

CYBULSKI CI;OSBORN CI;ROBINSON CI;YORK CI

*Auspices:*

Addiction Services

*Treatment Types:*

Cognitive Behavioral Therapy (CBT)

*Domains:*

Criminal Attitudes and Behavioral Patterns;Substance Abuse and Mental Health

*Types:*

Addiction

*Program Status:*

Active Program Category Level:1

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: DUI Home Confinement Program: Track Four**

---

**Gender Specific for:BOTH; RT Program Code: V4**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

Offenders who are assessed as needing intensive treatment, having multiple risk factors, or otherwise assessed as inappropriate for DUI HC release.

*Facilities:*

*OSBORN CI;ROBINSON CI;YORK CI*

*Auspices:*

*Addiction Services*

*Treatment Types:*

*Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)*

*Domains:*

*Criminal Attitudes and Behavioral Patterns;Substance Abuse;Substance Abuse and Mental Health*

*Types:*

*Addiction*

*Program Status:*

*Active Program Category Level:1*

---

**Compendium Program: DUI Home Confinement Program: Track Three**

---

**Gender Specific for:BOTH; RT Program Code: V3**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

Offenders who are eligible for home confinement, but assessed as needing intensive substance abuse treatment beyond the DUI program and appropriate level of treatment, such as Tier 2 or 4. These offenders may still be eligible for DUI HC release upon successful program completion.

*Facilities:*

*CYBULSKI CI;OSBORN CI;ROBINSON CI;YORK CI*

*Auspices:*

*Addiction Services*

*Treatment Types:*

*Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)*

*Domains:*

*Criminal Attitudes and Behavioral Patterns;Substance Abuse;Substance Abuse and Mental Health*

*Types:*

*Addiction*

*Program Status:*

*Active Program Category Level:1*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: DUI Home Confinement Program: Track Two**

---

**Gender Specific for: BOTH; RT Program Code: V2**

---

**Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False**

*Description:*

Initial Screening identifies offenders as low to medium risk based on criminal and substance abuse history. Offender will be transferred to CRCI for a full assessment and DUI HC treatment, 14 session program. Offenders in Track Two may be assigned immediately following screening, or following a denial for immediate release after Track One due to need for additional treatment.

*Facilities:*

*CORRIGAN CI; CYBULSKI CI; OSBORN CI; ROBINSON CI; YORK CI*

*Auspices:*

*Addiction Services*

*Treatment Types:*

*Reintegration Enhancement/Relapse Prevention (RERP); Substance Abuse (SA)*

*Domains:*

*Criminal Attitudes and Behavioral Patterns; Substance Abuse; Substance Abuse and Mental Health*

*Types:*

*Addiction*

*Program Status:*

*Active Program Category Level: 1*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Education Needs to be Identified by USD#1**

---

**Gender Specific for:BOTH; RT Program Code: E1**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Unknown

*Treatment Types:*

Education (Ed)

*Domains:*

Education, Employment, and Financial Situation

*Types:*

Unknown

*Program Status:*

Active Program Category Level:1

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Educational, Career Resources and Job Fairs**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

These types of Fairs are conducted in the form of a professional conference for students. The educational staff invite a keynote speaker and students proceed to attend individual workshops or resource stations that provide information about potential employment or post secondary educational opportunities. The goal of these Fairs is to assist inmates with their transition plans before they return to the community.

*Facilities:*

CYBULSKI CI;MACDOUGALL CI;MANSON YI;OSBORN CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Addiction Services;USD#1

*Treatment Types:*

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Education;Education, Employment, and Financial Situation;Employment/Financial;Family;Mental Health;Parenting;Peer Associations;Relationships;Self Efficacy;Substance Abuse

*Types:*

Academic Education;Re-Entry

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Evening Group**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This program open to those offenders housed in the Mental Health Unit, includes topics dealing with personal development, community issues, and specific mental health and/or medical issues. It is conducted by unit nursing staff.

*Facilities:*

YORK CI

*Auspices:*

Health Services

*Treatment Types:*

Mental Health (MH)

*Domains:*

Mental Health

*Types:*

Female;Medical;Mental Health

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Exercise Class**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This program run by the Recreation Department is designed to provide inmates with exercise instruction to improve overall health-fitness. Stretching, walking, jogging and calisthenics provide the basic format of these health skills. Classes are conducted in a low impact aerobic package.

*Facilities:*

YORK CI

*Auspices:*

Recreation Services

*Treatment Types:*

Life Skills (LS)

*Domains:*

Education

*Types:*

Recreation

*Program Status:*

Active Program Category Level:0

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Expired Photo Driver's License**

---

**Gender Specific for:BOTH; RT Program Code: I3**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

\*\*\*\*

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Education, Employment, and Financial Situation

*Types:*

Re-Entry

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Fresh Start Youth Mentoring Program (Bridgeport)**

---

**Gender Specific for: BOTH; RT Program Code: WB**

---

**Open Close: True, Session Group: False, Session Numbers: 12, Evidence Based: False**

*Description:*

Family Re-entry program offers a comprehensive re-entry program to help individuals and their families make a successful transition from incarceration into the community. A re-entry plan is designed with each individual 3 months before the scheduled release date. Who qualifies? Bridgeport area residents with 3 to 6 months to discharge, firm parole or Transitional Supervision date. Family Re-entry coordinates youthful offender mentoring programs for young men and women aged 14-18. Services offered: Individual and family therapy, specialized domestic violence offender programs, substance abuse recovery counseling, life skills programs, parenting education, anger management, Fathers Helping Fathers groups, connections to service providers for housing, employment and job skills development, health care and financial aid and legal assistance.

*Facilities:*

MANSON YI; YORK CI

*Auspices:*

Contracted Program; Volunteer Services

*Treatment Types:*

Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Abuse/Trauma; Anger/Hostility; Antisocial Attitudes; Antisocial Friends; Criminal Attitudes and Behavioral Patterns; Education; Education, Employment, and Financial Situation; Employment/Financial; Family; Family and Social Support; Housing Safety; Mental Health; Neighborhood Problems; Parenting; Peer Associations; Relationships; Self Efficacy; Substance Abuse; Substance Abuse and Mental Health

*Types:*

Family; Re-Entry

*Program Status:*

Active Program Category Level: 3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: General Referral for Addiction Services**

---

**Gender Specific for:BOTH; RT Program Code: A1**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Unknown

*Treatment Types:*

Substance Abuse (SA)

*Domains:*

Substance Abuse and Mental Health

*Types:*

Unknown

*Program Status:*

Active Program Category Level:1

---

**Compendium Program: General Referral for Vocational Education**

---

**Gender Specific for:BOTH; RT Program Code: E2**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Unknown

*Treatment Types:*

Education (Ed)

*Domains:*

Education, Employment, and Financial Situation

*Types:*

Unknown

*Program Status:*

Active Program Category Level:1

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Good Intentions - Bad Choices**

---

**Gender Specific for:BOTH; RT Program Code: CF**

---

**Open Close:True, Session Group:False, Session Numbers: 15, Evidence Based:True**

*Description:*

This program features a three part DVD series that focuses on Relapse and Recidivism Prevention for addicts and offenders leaving treatment or an incarcerated setting re-entering society. This period of early reintegration is especially risky for addicts and offenders despite intentions of doing well and straightening out their lives because errors in thinking that are the result of years of an addictive and/or criminal lifestyle, and are not so easily or quickly resolved.

*Facilities:*

*BROOKLYN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;MACDOUGALL CI;OSBORN CI;WILLARD CI;YORK CI*

*Auspices:*

*Programming Unit - Facility Staff*

*Treatment Types:*

*Cognitive Behavioral Therapy (CBT)*

*Domains:*

*Anger/Hostility;Antisocial Attitudes;Antisocial Friends;Criminal Attitudes and Behavioral Patterns;Relationships;Self Efficacy;Substance Abuse*

*Types:*

*Self Improvement*

*Program Status:*

*Active Program Category Level:1*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Good Works**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

A non-profit mentoring program -New Beginnings- in which mentors help mentees transition from prison to successful re-entry in the community.

*Facilities:*

YORK CI

*Auspices:*

Charlene Perkins Center - Facility Staff;Volunteer Services

*Treatment Types:*

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Anger/Hostility;Antisocial Attitudes;Antisocial Friends;Education;Employment/Financial;Family;Housing Safety;Parenting;Relationships;Self Efficacy;Substance Abuse

*Types:*

Re-Entry

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Greenhouse Program**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This program reduces offender idleness and exposes them to socially acceptable leisure time and activities by teaching through hands on experience, plant identification, irrigation, propagation, fertilization, garden layout, greenhouse organization, weeding and general garden maintenance. Along with hands on experience, this program may develop patience, a respect for nature, and a sense of pride in one's accomplishments. On the practical side of things, this program will be used to grow vegetables that will be utilized by the food service department for the purpose of subsidizing the menu and realizing monetary savings. The program will also grow flowers to beautify the exterior of the institution and donate the seedlings to local non-profit organizations.

*Facilities:*

*BROOKLYN CI;YORK CI*

*Auspices:*

*Recreation Services*

*Treatment Types:*

*Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)*

*Domains:*

*Education;Employment/Financial;Peer Associations;Self Efficacy*

*Types:*

*Self Improvement*

*Program Status:*

*Active Program Category Level:2*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Grief & Loss Recovery**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This group focuses on providing a supportive setting to guide participants through the process of understanding and working through the grieving process.

*Facilities:*

YORK CI

*Auspices:*

Health Services

*Treatment Types:*

Mental Health (MH)

*Domains:*

Mental Health

*Types:*

Mental Health

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Grief Recovery Group**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 9, Evidence Based:False**

*Description:*

Grief Recovery Group is for inmates dealing with losses past and present that may include death, family separation, faith, or growing up in an abusive home. The course addresses the effect of incarceration and substance abuse on the grief process. The goal is to support each person to find their own inner resources, to feel complete in their grief process, and move forward in their lives with a renewed sense of meaning and purpose.

Picking up the Pieces; a Workbook for Incarcerated Women.

*Facilities:*

*YORK CI*

*Auspices:*

*Religious Services*

*Treatment Types:*

*Family Support (FS);Life Skills (LS)*

*Domains:*

*Family*

*Types:*

*Family*

*Program Status:*

*Active Program Category Level:2*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Habitat for Humanity**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

As part of York CI's Community Outreach program, participants will help provide opportunities for home ownership to families in need by partnering with public, private, faith based organizations and community volunteers in the building of decent affordable homes.

*Facilities:*

YORK CI

*Auspices:*

All Facility Staff;Charlene Perkins Center - Facility Staff

*Treatment Types:*

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Employment/Financial;Self Efficacy

*Types:*

Community Service

*Program Status:*

Active Program Category Level:0

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Healing Trauma: Strategies for Abused Women**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 6, Evidence Based:True**

*Description:*

Offered in partnership with the Department of Public Health and the Connecticut's Women's Consortium, this five or six week program explains intimate partner/domestic violence, defines a healthy relationship and provides some skills to help manage the stress of difficult past and present situations. This program is psychoeducational, and the sessions will have some time for sharing on the topics being discussed.

*Facilities:*

*YORK CI*

*Auspices:*

*Volunteer Services*

*Treatment Types:*

*Family Support (FS);Life Skills (LS);Mental Health (MH)*

*Domains:*

*Antisocial Friends;Family;Relationships*

*Types:*

*Unknown*

*Program Status:*

*Active Program Category Level:3*

---

---

**Compendium Program: Healthy Relationships**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This group examines relationship issues with particular attention to domestic violence. The trauma often inherent in unhealthy relationships is discussed. Coping skills are taught. Offenders are encouraged to examine past destructive relationships and are given guidance in making healthy relationship decisions in the future. This program is open to offenders in the Social Rehabilitation Program.

*Facilities:*

*YORK CI*

*Auspices:*

*Health Services;The Social Rehabilitation Program*

*Treatment Types:*

*Reintegration Enhancement/Relapse Prevention (RERP)*

*Domains:*

*Abuse/Trauma;Relationships;Self Efficacy*

*Types:*

*Domestic Violence;Female;Self Improvement;Trauma Informed*

*Program Status:*

*Active Program Category Level:3*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Hepatitis B Vaccination Program**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

Health Services, through a grant from the Department of Public Health, offers the Hepatitis B Vaccination Series to youths age 19 and under. The program includes an educational component as well as the 3-part vaccination series.

*Facilities:*

MANSON YI;YORK CI

*Auspices:*

Health Services

*Treatment Types:*

Medical (Med)

*Domains:*

Family and Social Support;Self Efficacy

*Types:*

Health Education;Medical;Mental Health

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: High Risk Infant Program**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This program is an interagency collaborative between the Department of Children & Families, DOC, and Lawrence & Memorial Hospital. The program provides services for pregnant and post partum offenders at York CI. A social worker and other staff from Lawrence & Memorial Hospital provide case management, identification of infant/guardian care plans and adoption planning assistance. They also provide weekly prenatal education and post partum support groups along with other related services.

*Facilities:*

YORK CI

*Auspices:*

Health Services

*Treatment Types:*

Family Support (FS);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Parenting

*Types:*

Family;Health Education

*Program Status:*

Active Program Category Level:3

---

*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: High School Diploma Programs**

---

**Gender Specific for: BOTH; RT Program Code: 0**

---

**Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False**

*Description:*

The USD #1 offers opportunities for earning a high school diploma through either USD # 1's Adult Education Program or in some cases in collaboration with USD #1 and the local town/city. To receive a diploma from the local city/town, the former school district must be willing to cooperate with USD #1. USD #1 Adult Education opportunities include the following:

1. The General Education Development (GED) exam provides qualified offenders the opportunity to participate in the examination process in order to receive a Connecticut State High School Diploma.
2. The High School Equivalency Program provides qualified offenders the opportunity to earn the 20 credit hours (120 hours per credit) required to receive a Connecticut High School Diploma.
3. Credit Diploma Program (CDP) provides qualified offenders the opportunity to earn the 20 credit hours (50 hours per credit) required to receive a USD #1 Adult Education High School Diploma.
4. The External Diploma Program (EDP) provides qualified offenders the opportunity to complete a competency portfolio in order to receive a USD #1 Adult Education High School Diploma.

Not all programs are available at all sites, and USD #1 staff review these options with prospective students to assist in the decision regarding which high school diploma program best meets his/her needs.

*Facilities:*

*BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE ; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI*

*Auspices:*

*USD#1*

*Treatment Types:*

*Education (Ed)*

*Domains:*

*Education, Employment, and Financial Situation*

*Types:*

*Academic Education*

*Program Status:*

*Active Program Category Level: 1*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: HIV Counseling, Testing & Risk Reduction Education**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

When inmates are tested for HIV, the department provides standardized counseling by Department of Public Health certified counselors before and after testing. Counseling components include what HIV and AIDS are, how to get it, how to avoid getting it, what it means to be HIV positive, how to take care of oneself if one is HIV positive, and help in dealing with the associated feelings.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;MACDOUGALL CI;MANSON YI;NORTHERN CI;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Health Services

*Treatment Types:*

Family Support (FS);Medical (Med)

*Domains:*

Peer Associations

*Types:*

Health Education;Medical

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: HIV Support Services**

---

**Gender Specific for: BOTH; RT Program Code: 0**

---

**Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False**

*Description:*

The Department demonstrates a collaborative approach in providing HIV support services to inmates in all facilities. A UCONN (Contracted) Health Services Team coordinates testing and counseling services; the Department's School District conducts classroom instruction about HIV; the Department's Addiction Services Unit Counselors provide HIV education and prevention counseling; a number of volunteers serve as "buddies" or sponsors; and Hartford's Community Partners in Action (CPA) receives funding from foundations, grants as well as support from the state's Department of Mental Health and Addiction Services to operate the "Beyond Fear" Program. Altogether the Department hosts a complete program that includes counseling, testing, education focus groups, videos, intervention strategies and is able to assist discharging inmates with need for such services as housing, medical treatment, food, clothing and transportation.

*Facilities:*

*BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; WALKER RC; WILLARD CI; YORK CI*

*Auspices:*

*Health Services*

*Treatment Types:*

*Medical (Med)*

*Domains:*

*Peer Associations*

*Types:*

*Health Education; Medical; Mental Health*

*Program Status:*

*Active Program Category Level: 3*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Hospice Program**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This program is provided through an interdisciplinary team approach, to provide twenty-four (24) hour compassionate, quality end-of-life care to terminally ill inmates and to view their families and/or those emotionally connected to them as part of the "unit of care". Specially trained inmate volunteers are assigned to provide on-going care and support. This program is also available to all terminally ill male inmates in the Connecticut Department of Correction who meet the criteria for transfer into the program at MacDougall-CI. This program is also available to all terminally and chronically ill female inmates in the Connecticut Department of Correction who meet the criteria for transfer into the program at York-CI.

*Facilities:*

*MACDOUGALL CI;OSBORN CI;YORK CI*

*Auspices:*

*Health Services*

*Treatment Types:*

*Family Support (FS)*

*Domains:*

*Family;Family and Social Support;Housing Safety*

*Types:*

*Medical*

*Program Status:*

*Active Program Category Level:3*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Houses of Healing**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

A 12-session program that helps inmates to identify, express and manage their feelings. It fosters self-understanding, emotional and spiritual growth along with encouraging responsibility and accountability towards one's self and others.

*Facilities:*

YORK CI

*Auspices:*

Charlene Perkins Center - Facility Staff;Volunteer Services

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Self Efficacy

*Types:*

Re-Entry

*Program Status:*

Active Program Category Level:3

---

---

**Compendium Program: How to be Happy**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This is an open group in the Social Rehabilitation Program designed to educate participants in changing their thought processes in a more positive direction. This psychoeducational group focuses on mental health and life circumstances and supplies the necessary positive skill-sets needed to help change negative thinking and learn how to handle situations and our behavior in ways that produce a more suitable and happy outcome.

*Facilities:*

*YORK CI*

*Auspices:*

*Mental Health;The Social Rehabilitation Program*

*Treatment Types:*

*Cognitive Behavioral Therapy (CBT);Life Skills (LS);Mental Health (MH)*

*Domains:*

*Criminal Attitudes and Behavioral Patterns*

*Types:*

*Mental Health;Social Rehabilitation*

*Program Status:*

*Active Program Category Level:3*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Inmate Certified Nurse's Aide Program**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:False, Session Group:True, Session Numbers: 6, Evidence Based:False**

*Description:*

This program is licensed by the Connecticut Department of Public Health (DPH) with required re-licensure every two years. Classes are 190 hours multi-disciplinary team approach with specific mandated DPH subject matter. The students are taught and prepared so as to qualify them for the certification as a nurse aide (CNA). The main goal of the program is to provide skills to offenders so that they can transition and or assimilate into the healthcare workforce post discharge.

*Facilities:*

*BRIDGEPORT CC;CORRIGAN CI;CYBULSKI CI;MACDOUGALL CI;OSBORN CI;ROBINSON CI;YORK CI*

*Auspices:*

*Health Services*

*Treatment Types:*

*Education (Ed);Life Skills (LS);Medical (Med)*

*Domains:*

*Education;Education, Employment, and Financial Situation;Employment/Financial*

*Types:*

*Career Technical Education;Re-Entry*

*Program Status:*

*Active Program Category Level:1*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Islamic Studies**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

Islamic studies devoted to the study of prayer, meditation, self-examination and decision making for a spiritual life. This will assist inmates in confronting issues of life.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

*Domains:*

Unknown

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

---

**Compendium Program: Jehovah's Witness Bible Study**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Jehovah's Witness principles.

*Facilities:*

CYBULSKI CI;ENFIELD CI;HARTFORD CC;MACDOUGALL CI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;YORK CI

*Auspices:*

Religious Services ;Volunteer Services

*Treatment Types:*

Unknown

*Domains:*

Unknown

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Jehovah's Witness Collective Service**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This is the weekly Jehovah's Witness worship service.

*Facilities:*

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;MACDOUGALL CI;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

*Auspices:*

Religious Services ;Volunteer Services

*Treatment Types:*

Unknown

*Domains:*

Unknown

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

---

**Compendium Program: Jewish Holy Day Observances**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

The holy days of Rosh Hashanah, Sukkot, Hanukkah, Purim, Passover and Shavuot are observed with worship services and feasts.

*Facilities:*

CHESHIRE CI;CORRIGAN CI;HARTFORD CC;MACDOUGALL CI;NORTHERN CI;OSBORN CI;RADGOWSKI CI;WALKER RC;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

*Domains:*

Unknown

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Jewish Sabbath Worship**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

Sabbath afternoon prayer and reading of weekly Torah position, followed by study & discussion.

*Facilities:*

*BROOKLYN CI;YORK CI*

*Auspices:*

*Religious Services*

*Treatment Types:*

*Unknown*

*Domains:*

*Unknown*

*Types:*

*Religious*

*Program Status:*

*Active Program Category Level:3*

---

**Compendium Program: Job Center - Pre-Employment Workshops**

---

**Gender Specific for:BOTH; RT Program Code: J1**

---

**Open Close:True, Session Group:False, Session Numbers: 6, Evidence Based:False**

*Description:*

The Job Center is designed to help inmates get and maintain a job after release. It does this by providing job readiness training, resume writing, and employment referrals. Specific jobs are located by the Job Center's computer connection to the Department of Labor's Connecticut Job Bank and by using the Department of Correction Job Bank.

*Facilities:*

*CYBULSKI CI;YORK CI*

*Auspices:*

*Employment Services;Programs & Treatment Unit*

*Treatment Types:*

*Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)*

*Domains:*

*Education, Employment, and Financial Situation;Employment/Financial*

*Types:*

*Re-Entry;Self Improvement*

*Program Status:*

*Active Program Category Level:2*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Judy Dorwin Performance Support Group**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This group is voluntary and meets for the participants the month prior to and following the Judy Dorwin Performance Project. It was developed for the purpose of allowing additional processing time regarding the themes and life stories that are brought to the surface through Judy's Performance Project.

*Facilities:*

YORK CI

*Auspices:*

Mental Health;The Change Group

*Treatment Types:*

Mental Health (MH)

*Domains:*

Abuse/Trauma;Relationships;Self Efficacy

*Types:*

Mental Health

*Program Status:*

Active Program Category Level:3

---

**Compendium Program: Kairos**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This is a 40-hour faith retreat that is held once a year with monthly reunions.

*Facilities:*

GARNER CI;MANSON YI;OSBORN CI;YORK CI

*Auspices:*

Religious Services ;Volunteer Services

*Treatment Types:*

Unknown

*Domains:*

Unknown

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Labor Coaches**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This program is a collaborative effort between York CI volunteers and Health Services staff in conjunction with Lawrence & Memorial Hospital's High Risk Infant Program. Community volunteers are trained as labor coaches to work specifically with inmate patients delivering babies at L&M Hospital.

*Facilities:*

YORK CI

*Auspices:*

Health Services;Volunteer Services

*Treatment Types:*

Family Support (FS);Life Skills (LS)

*Domains:*

Parenting

*Types:*

Family;Mental Health

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Legion of Mary**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This is a program which inmates become members of the largest Catholic lay group in the world. The Legion's goals are to form active, educated and charitable Catholics. This is done through a regular program of prayer that emphasizes the rosary and acts of charity. Inmates also do research and presentations on various aspects of the catholic tradition.

*Facilities:*

*BROOKLYN CI;CHESHIRE CI;MACDOUGALL CI;ROBINSON CI;YORK CI*

*Auspices:*

*Religious Services ;Volunteer Services*

*Treatment Types:*

*Unknown*

*Domains:*

*Unknown*

*Types:*

*Religious*

*Program Status:*

*Active Program Category Level:3*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Library**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This program is open to those offenders housed on the mental health unit. This program takes place in the institution library where offenders are guided toward reading that promotes personal growth and development.

*Facilities:*

*OSBORN CI;ROBINSON CI;YORK CI*

*Auspices:*

*Health Services*

*Treatment Types:*

*Education (Ed)*

*Domains:*

*Education;Education, Employment, and Financial Situation;Self Efficacy*

*Types:*

*Female;Mental Health;Self Improvement*

*Program Status:*

*Active Program Category Level:3*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Life Skills (Life Lessons @ YCI)**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This weekly group encourages offenders to develop good social skills that are appropriate to living in both a therapeutic community (The Social Rehabilitation Program) and the world. Therapeutic games, readings, role-play, and sharing of life experience are used.<br>

*Facilities:*

*OSBORN CI;YORK CI*

*Auspices:*

*Health Services;The Social Rehabilitation Program*

*Treatment Types:*

*Life Skills (LS)*

*Domains:*

*Anger/Hostility;Antisocial Attitudes;Antisocial Friends;Education;Employment/Financial;Family and Social Support;Parenting;Relationships*

*Types:*

*Female;Social Rehabilitation*

*Program Status:*

*Active Program Category Level:3*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Mental Health Peer Mentoring Program: Sisters Standing Strong**

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This mentor program is comprised of offender mentors/helpers who demonstrate pro-social, adaptive coping skills, as well as, offenders who have recently entered YCI and are presenting with difficulty adjusting to the correctional environment. The program, with staff present supervising, provides an outlet for the female offenders to receive peer-support and insight into common adjustment issues. The following topics are addressed: basic sleep hygiene, drug withdrawal, court stressors, managing the YCI system and coping strategies.<br>

*Facilities:*

*YORK CI*

*Auspices:*

*Health Services*

*Treatment Types:*

*Life Skills (LS)*

*Domains:*

*Abuse/Trauma;Anger/Hostility;Antisocial Friends;Mental Health;Self Efficacy;Substance Abuse*

*Types:*

*Mental Health;Self Improvement*

*Program Status:*

*Active Program Category Level:0*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: MHU-Afternoon Group**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

MHU-Afternoon Group is actually any of the following groups or activities depending on the needs based the needs/level of functioning of the population at the time:

Start Now-usually Mondays and/or Tuesdays

Library-Thursdays when the Librarian is available

Coping Skills-usually Tuesdays and or Thursdays if there is no Library. The group reviews basic skills to utilize in everyday life both while incarcerated and while in the community.

Social Group-usually on Fridays. The members of the group are encouraged to interact positively with each other and use each other and the leader for extra support. Members get to know each other by socializing and relaxing while playing cards, board games, drawing, and engaging in small group discussions.

*Facilities:*

*YORK CI*

*Auspices:*

*Mental Health*

*Treatment Types:*

*Mental Health (MH)*

*Domains:*

*Mental Health*

*Types:*

*Mental Health*

*Program Status:*

*Active Program Category Level:3*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Microsoft Group**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

The east side Job Center Counselor at York CI provides instruction on how to use Microsoft software to create resumes and cover letters in an effort to obtain employment upon release.

*Facilities:*

YORK CI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Education (Ed);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Education

*Types:*

Unknown

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Mommy and Me**

---

**Gender Specific for:FEMALE; RT Program Code: MA**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

The program consists of two hour visitation time with York CI mother and their children, held at least every other month on a Saturday to enable children to spend quality time with their mothers in the visiting center. Games, toys, books and a craft project facilitated by volunteers will be planned for each session. Pictures of the family unit will be taken by a staff member and distributed to mothers and their families.

*Facilities:*

YORK CI

*Auspices:*

Parenting Unit- Facility Staff

*Treatment Types:*

Family Support (FS);Life Skills (LS)

*Domains:*

Parenting

*Types:*

Family

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Motivation & Self Mastery**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

A program designed to enhance offender's ability set goals, take action and become self masters. The program operates under the premise that the -limitations we have are created by the limits we have placed upon ourselves.-

*Facilities:*

YORK CI

*Auspices:*

Charlene Perkins Center - Facility Staff;Contracted Program;Volunteer Services

*Treatment Types:*

Life Skills (LS)

*Domains:*

Self Efficacy

*Types:*

Re-Entry;Self Improvement

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Moving On**

---

**Gender Specific for:FEMALE; RT Program Code: MO**

---

**Open Close:True, Session Group:False, Session Numbers: 25, Evidence Based:True**

*Description:*

Moving On is a trauma informed, semi-open intervention designed specifically for women who are involved with the criminal justice system. The intervention assists women to mobilize and develop personal and social resources, develop healthy relationships, increase communications and decision making skills, manage feelings and connect them to their community. The overarching goal of the intervention is to mediate the impact of risk for future criminal behavior. The program consists of 25 sessions. Any sessions not completed at York CI can be completed in the community in all of the Parole and Community Services districts.

*Facilities:*

*YORK CI*

*Auspices:*

*Contracted Program*

*Treatment Types:*

*Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)*

*Domains:*

*Family and Social Support;Peer Associations*

*Types:*

*Unknown*

*Program Status:*

*Active Program Category Level:2*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Narcotics Anonymous**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

Narcotics Anonymous is a twelve-step fellowship of addicts helping addicts to recover from the disease of addiction. Meetings, in a variety of formats (Step Meetings, Speaker, Speaker/Discussion, etc.), are held on a weekly basis. The meetings are usually conducted by outside volunteers who share their story of addiction and recovery. Addiction Services or Volunteer Services staff coordinate the meetings and provide oversight for the program.

*Facilities:*

*BRIDGEPORT CC;BROOKLYN CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI*

*Auspices:*

*Addiction Services;Volunteer Services*

*Treatment Types:*

*Substance Abuse (SA)*

*Domains:*

*Substance Abuse;Substance Abuse and Mental Health*

*Types:*

*Addiction*

*Program Status:*

*Active Program Category Level:3*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: New Life Ministries**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

A mentoring program for offenders discharging to the New London area, conducted by a faith community. Mentors establish a relationship with offenders six months prior to release. They provide housing, clothing, transportation and a network of support to help the individual build a successful life in society.

*Facilities:*

YORK CI

*Auspices:*

Charlene Perkins Center - Facility Staff;Volunteer Services

*Treatment Types:*

Family Support (FS);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Anger/Hostility;Antisocial Attitudes;Antisocial Friends;Employment/Financial;Housing  
Safety;Parenting;Relationships;Self Efficacy

*Types:*

Re-Entry

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: OAP Refusal**

---

**Gender Specific for:BOTH; RT Program Code: PR**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Unknown

*Treatment Types:*

Unknown

*Domains:*

Criminal Attitudes and Behavioral Patterns

*Types:*

Unknown

*Program Status:*

Active Program Category Level:1

---

**Compendium Program: Outside Clearance**

---

**Gender Specific for:BOTH; RT Program Code: L4**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Unknown

*Treatment Types:*

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Education, Employment, and Financial Situation;Employment/Financial

*Types:*

Unknown

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Overeater's Anonymous**

---

**Gender Specific for:MALE; RT Program Code: N/A**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This program is conducted in English. Overeater's Anonymous is a Fellowship self-help group for women who provide mutual support in obtaining and maintaining a healthy lifestyle while also helping others to recover from overeating addiction. Volunteers chair the meetings on a weekly basis. Addiction Service staff coordinate the meetings and provide oversight for the program.

*Facilities:*

*YORK CI*

*Auspices:*

*Addiction Services*

*Treatment Types:*

*Unknown*

*Domains:*

*Unknown*

*Types:*

*Addiction;Mental Health;Self Improvement*

*Program Status:*

*Active Program Category Level:3*

---

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Parenting-How to Be a Responsible Mother**

---

**Gender Specific for:FEMALE; RT Program Code: 38**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This program is written for the offender population and is a 26 session curriculum. Subjects to be covered will be exploring the fears and frustration of being incarcerated, early childhood development, how to improve communication skills and ends with developing a reunification plan with your child(ren).

*Facilities:*

*YORK CI*

*Auspices:*

*Parenting Unit- Facility Staff*

*Treatment Types:*

*Family Support (FS)*

*Domains:*

*Family and Social Support;Parenting*

*Types:*

*Family;Self Improvement*

*Program Status:*

*Active Program Category Level:2*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Passport**

---

**Gender Specific for:BOTH; RT Program Code: I8**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

\*\*\*\*

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Education, Employment, and Financial Situation;Employment/Financial

*Types:*

Re-Entry

*Program Status:*

Active Program Category Level:3

---

**Compendium Program: PEP - People Empowering People**

---

**Gender Specific for:BOTH; RT Program Code: 93**

---

**Open Close:True, Session Group:False, Session Numbers: 12, Evidence Based:False**

*Description:*

This program provides educational training in values clarification, communication skills, problem solving and parenting. The program builds on personal strengths, providing opportunities for participants to gain skills while they take greater control of their own lives.

*Facilities:*

CHESHIRE CI;GARNER CI;MACDOUGALL CI;RADGOWSKI CI;YORK CI

*Auspices:*

Volunteer Services

*Treatment Types:*

Family Support (FS);Life Skills (LS)

*Domains:*

Antisocial Attitudes;Antisocial Friends;Family and Social Support;Parenting;Self Efficacy

*Types:*

Self Improvement

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Post-Partum Education**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

The post partum group is available to all female offenders that have given birth while incarcerated. The group is facilitated by the Lawrence and Memorial Hospital High Risk Infant Social Worker. The participants are educated on what types of physical and hormonal changes to expect after delivery and how to best take care of themselves during this transition.

*Facilities:*

YORK CI

*Auspices:*

Contracted Program

*Treatment Types:*

Education (Ed)

*Domains:*

Education;Parenting;Self Efficacy

*Types:*

Unknown

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Prenatal Class**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

A child birth educator from Lawrence and Memorial Hospital meets weekly with pregnant York CI offenders and provides education on how to have a healthy pregnancy. All facets of pregnancy and childbirth are discussed.

*Facilities:*

YORK CI

*Auspices:*

Contracted Program

*Treatment Types:*

Family Support (FS);Life Skills (LS)

*Domains:*

Family;Parenting

*Types:*

Unknown

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Pre-natal Education**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

Pre-natal group offers weekly childbirth education classes to all pregnant York CI inmates. The group facilitator is a pre-natal educator from Lawrence Memorial Hospital. The program topics include: nutrition, exercise, growth and development of baby, maternal changes with pregnancy, drug and alcohol use in pregnancy, signs & stages of labor, comfort techniques and pain medications, informed choice, postpartum care, newborn bonding, breast vs. bottle feeding, birth control and family planning, hospital protocols and labor coach volunteers.

*Facilities:*

YORK CI

*Auspices:*

Health Services;Volunteer Services

*Treatment Types:*

Family Support (FS)

*Domains:*

Family;Parenting

*Types:*

Health Education

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Project Rap/Youth at Risk**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This is an educational community service provided by the community outreach staff and inmates addressing the results of poor decision-making. It reaches middle schools and high schools and addresses issues such as drugs, alcohol, HIV, peer pressure, gangs and violence, incarcerated life and life goals. Inmates are brought into the community middle schools and high school to speak about their experiences. Community youth are also brought into the facility for tours and inmate presentations. This is a diversion program for "at risk" youths in which these youths are shown the reality of prison incarceration. The youths tour the facility and see the negative consequences of poor choices.

*Facilities:*

*RADGOWSKI CI;YORK CI*

*Auspices:*

*All Facility Staff*

*Treatment Types:*

*Life Skills (LS)*

*Domains:*

*Anger/Hostility;Antisocial Attitudes;Antisocial Friends;Criminal Attitudes and Behavioral Patterns;Peer Associations;Self Efficacy*

*Types:*

*Community Service;Community Work Group*

*Program Status:*

*Active Program Category Level:0*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Protestant Bible Study**

---

**Gender Specific for: BOTH; RT Program Code: 0**

---

**Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False**

*Description:*

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

*Facilities:*

BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WILLARD CI; YORK CI

*Auspices:*

Religious Services ; Volunteer Services

*Treatment Types:*

Unknown

*Domains:*

Unknown

*Types:*

Religious

*Program Status:*

Active Program Category Level: 3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Protestant Bible Study (Spanish)**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

Biblical readings are reviewed with Spanish inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;NEW HAVEN CC;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Religious Services ;Volunteer Services

*Treatment Types:*

Unknown

*Domains:*

Unknown

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

---

**Compendium Program: Protestant Choir**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

Both Catholic and Protestant inmates are able to join choirs in their respective religious service. These choirs both enhance the religious liturgies and add a level of veneration to those services. In some institutions, there may also be Spanish choirs.

*Facilities:*

CHESHIRE CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;OSBORN CI;ROBINSON CI;YORK CI

*Auspices:*

Religious Services ;Volunteer Services

*Treatment Types:*

Unknown

*Domains:*

Unknown

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Protestant Communion Service**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This is a sacramental service that offers the administration of the -Lord's Supper-.

*Facilities:*

HARTFORD CC;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

*Domains:*

Unknown

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

---

**Compendium Program: Protestant Prison Fellowship Seminar**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This is a weekend faith development seminar held twice yearly.

*Facilities:*

BROOKLYN CI;CORRIGAN CI;MACDOUGALL CI;YORK CI

*Auspices:*

Religious Services ;Volunteer Services

*Treatment Types:*

Unknown

*Domains:*

Unknown

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Protestant Service**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This is the weekly Protestant worship service.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Religious Services ;Volunteer Services

*Treatment Types:*

Unknown

*Domains:*

Unknown

*Types:*

Worship Services

*Program Status:*

Active Program Category Level:3

---

**Compendium Program: Quinnipiac University Courses**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

Quinnipiac University provides qualified offenders with opportunities to participate in for-credit undergraduate courses while incarcerated at York CI. In order to qualify for the program, the participating offender must have a high school diploma or GED equivalency.

*Facilities:*

YORK CI

*Auspices:*

Volunteer Services

*Treatment Types:*

Education (Ed)

*Domains:*

Education;Self Efficacy

*Types:*

Unknown

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Ramadan, Eid-UI-Fitr, Eid-UI-Adha**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

Religiously Required Observations (Annual)

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

*Domains:*

Unknown

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

---

**Compendium Program: Recreation**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This program is open to those offenders housed on the mental health unit. The offenders are accompanied by mental health staff to the gymnasium, where they engage in physical activities designed to build self-esteem and group cohesion.

*Facilities:*

YORK CI

*Auspices:*

Health Services;Recreation Services

*Treatment Types:*

Education (Ed);Life Skills (LS)

*Domains:*

Self Efficacy

*Types:*

Female;Mental Health;Recreation;Self Improvement

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Re-Entry and Discharge Planning**

---

**Gender Specific for:BOTH; RT Program Code: M1**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Unknown

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Education;Education, Employment, and Financial Situation;Employment/Financial;Housing Safety;Substance Abuse

*Types:*

Unknown

*Program Status:*

Active Program Category Level:2

---

**Compendium Program: Sacramental Preparation (Spanish)**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This is a course of studies conducted in Spanish.

*Facilities:*

NEW HAVEN CC;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

*Domains:*

Unknown

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: School Record / Transcript**

---

**Gender Specific for:BOTH; RT Program Code: I4**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

\*\*\*\*

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Education;Education, Employment, and Financial Situation

*Types:*

Re-Entry

*Program Status:*

Active Program Category Level:3

---

**Compendium Program: Self-Esteem**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This group employs psycho-education, cognitive behavioral intervention, and expressive modalities to help participants address self-esteem deficits, and develop improved self-esteem. It is part of the Safe Passage Program.<br>

*Facilities:*

YORK CI

*Auspices:*

Health Services

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Mental Health;Self Efficacy

*Types:*

Female;Mental Health;Self Improvement

*Program Status:*

Active Program Category Level:3

---

---

**Compendium Program: Seven Challenges**

---

**Gender Specific for:BOTH; RT Program Code: SC**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

The Seven Challenges program is designed for treatment with adolescents with substance abuse issues, to motivate a decision and a commitment to change-and to support success in implementing the desired changes. The program simultaneously helps young people address their drug problems as well as their co-occurring life skill deficits, situational problems, and psychological problems.

*Facilities:*

MANSON YI;YORK CI

*Auspices:*

Addiction Services

*Treatment Types:*

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)

*Domains:*

Criminal Attitudes and Behavioral Patterns;Mental Health;Peer Associations;Substance Abuse;Substance Abuse and Mental Health

*Types:*

Addiction

*Program Status:*

Active Program Category Level:1

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Sex Offender Program: Track Two**

---

**Gender Specific for: BOTH; RT Program Code: S3**

---

**Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False**

*Description:*

The Sex Offender Program is a specialized program for inmates who have committed a sexual assault. The program is provided by mental health staff with specialized training in the treatment of sex offenders. The overall goal of the program is decrease sexual violence. Track Two is designed as a VOLUNTARY program for inmates who have completed Track One, and is designed to provide further; more specialized treatment, tailored to fir the treatment needs of the offender.

*Facilities:*

*BROOKLYN CI; CHESHIRE CI; MACDOUGALL CI; MANSON YI; OSBORN CI; YORK CI*

*Auspices:*

*Health Services*

*Treatment Types:*

*Behavior Modification (BM); Mental Health (MH); Victim Impact (VI)*

*Domains:*

*Abuse/Trauma; Anger/Hostility; Antisocial Attitudes; Criminal Attitudes and Behavioral Patterns; Relationships; Self Efficacy; Substance Abuse and Mental Health*

*Types:*

*Sex Offender*

*Program Status:*

*Active Program Category Level: 0*

---

---

**Compendium Program: Sex Treatment Program - York CI**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

The Sex Treatment Program is a specialized program open only to offenders with sex-offender charges. The program is provided by mental health staff with specialized training in the treatment of sex offenders. It deals with both specific behavioral issues typical of the offense and the likely underlying individual issues. This is both a supportive group and a highly structured psycho-educational group. It is an integral part of the state wide Sex Treatment Program.

*Facilities:*

YORK CI

*Auspices:*

Health Services

*Treatment Types:*

Behavior Modification (BM);Mental Health (MH);Victim Impact (VI)

*Domains:*

Abuse/Trauma;Anger/Hostility;Antisocial Attitudes;Criminal Attitudes and Behavioral Patterns;Relationships;Self Efficacy;Substance Abuse and Mental Health

*Types:*

Self Improvement;Sex Offender

*Program Status:*

Active Program Category Level:1

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Sex Treatment Referral**

---

**Gender Specific for:BOTH; RT Program Code: S1**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;YORK CI

*Auspices:*

Unknown

*Treatment Types:*

Mental Health (MH);Victim Impact (VI)

*Domains:*

Criminal Attitudes and Behavioral Patterns;Substance Abuse and Mental Health

*Types:*

Unknown

*Program Status:*

Active Program Category Level:1

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Sisters Standing Strong**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

The York CI Mentor Program is comprised of inmate mentors who demonstrate pro-social, adaptive coping skills as well as inmates who have recently entered YCI and are presenting with difficulty adjusting to the correctional environment. The program also provides an outlet for the female offenders to receive peer support and insight into common adjustment issues. Topics addressed include: basic sleep hygiene, drug withdrawal, court stressors, managing the YCI system and coping strategies.

*Facilities:*

YORK CI

*Auspices:*

Health Services

*Treatment Types:*

Life Skills (LS);Mental Health (MH)

*Domains:*

Housing Safety;Mental Health;Relationships

*Types:*

Mental Health

*Program Status:*

Active Program Category Level:3

---

---

**Compendium Program: Social Rehabilitation Program**

---

**Gender Specific for:FEMALE; RT Program Code: D2**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

The Social Rehabilitation Program (SRP) is a residential program housed in 2-North. There is a weekly schedule of groups and each participant is expected to attend five of these. In addition, the women are encouraged to be active in other forms of programming, including religious services. Recovery is emphasized, whether that is recovery from addiction, mental illness or trauma. In particular treatment is emphasized, as the vast majority of the participants are trauma survivors. Includes programs:

- \*How To Be Happy
- \*Women's Empowerment/Supportive Therapy
- \*Healthy Relationships
- \*Skills Training
- \*Tier Meeting
- \*Start Now Programming

*Facilities:*

YORK CI

*Auspices:*

Mental Health;The Social Rehabilitation Program

*Treatment Types:*

Aggression Replacement Training (ART);Cognitive Behavioral Therapy (CBT);Family Support (FS);Life Skills (LS);Medical (Med);Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA);Victim Impact (VI)

*Domains:*

Abuse/Trauma;Mental Health;Substance Abuse

*Types:*

Mental Health

*Program Status:*

Active Program Category Level:2

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Social Security Card**

---

**Gender Specific for:BOTH; RT Program Code: I5**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

\*\*\*\*

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Education, Employment, and Financial Situation;Employment/Financial

*Types:*

Re-Entry

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Special Education and Pupil Services**

---

**Gender Specific for: BOTH; RT Program Code: 0**

---

**Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False**

*Description:*

The special education teachers, pupil services specialists (School Psychologists, School Counselors, School Social Workers), and the associated clerical and durational staff provide services to students with handicapping conditions which interfere with their ability to participate in school. These services are mandated by federal (Individuals with Disabilities Education Act Amendments of 1997) and state (Connecticut General Statutes 10-76) statute. Special education services encompass a broad array of activities including assessment, counseling, transition planning, and both the direct and indirect (e.g. consultation) services of the special education teachers and pupil services staff. Student programs are designed according to the individual needs of each student with disabilities and are specified in an Individualized Education Plan (IEP.) A social skills component is a part of the special education program.

*Facilities:*

*BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WILLARD CI; YORK CI*

*Auspices:*

*USD#1*

*Treatment Types:*

*Education (Ed)*

*Domains:*

*Education; Education, Employment, and Financial Situation; Employment/Financial*

*Types:*

*Academic Education*

*Program Status:*

*Active Program Category Level: 1*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Sponsorship Behind the Walls**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This program is designed for inmates participating in a 12-step recovery program. It enables participants to write to an outside sponsor in order to work the 12 steps of recovery.

*Facilities:*

*BROOKLYN CI;CYBULSKI CI;OSBORN CI;RADGOWSKI CI;YORK CI*

*Auspices:*

*Addiction Services;Volunteer Services*

*Treatment Types:*

*Unknown*

*Domains:*

*Unknown*

*Types:*

*Addiction*

*Program Status:*

*Active Program Category Level:3*

---

**Compendium Program: SRG - York CI - Phase 1**

---

**Gender Specific for:FEMALE; RT Program Code: C6**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

*Facilities:*

*YORK CI*

*Auspices:*

*Unknown*

*Treatment Types:*

*Behavior Modification (BM)*

*Domains:*

*Anger/Hostility;Antisocial Attitudes;Antisocial Friends;Criminal Attitudes and Behavioral Patterns;Neighborhood Problems;Peer Associations;Self Efficacy*

*Types:*

*Unknown*

*Program Status:*

*Active Program Category Level:1*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: SRG - York CI - Phase 2**

---

**Gender Specific for:FEMALE; RT Program Code: C7**

---

**Open Close:True, Session Group:False, Session Numbers: 24, Evidence Based:False**

*Description:*

*Facilities:*  
YORK CI

*Auspices:*  
Unknown

*Treatment Types:*  
Behavior Modification (BM)

*Domains:*  
Anger/Hostility;Antisocial Attitudes;Antisocial Friends;Criminal Attitudes and Behavioral Patterns;Neighborhood Problems;Peer Associations;Self Efficacy

*Types:*  
Unknown

*Program Status:*  
Active Program Category Level:1

---

**Compendium Program: SRG - York CI - Phase 3**

---

**Gender Specific for:FEMALE; RT Program Code: C8**

---

**Open Close:True, Session Group:False, Session Numbers: 16, Evidence Based:False**

*Description:*

*Facilities:*  
YORK CI

*Auspices:*  
Unknown

*Treatment Types:*  
Behavior Modification (BM)

*Domains:*  
Criminal Attitudes and Behavioral Patterns;Family and Social Support;Peer Associations

*Types:*  
Unknown

*Program Status:*  
Active Program Category Level:1

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: SRG Affiliation - York CI**

---

**Gender Specific for:FEMALE; RT Program Code: C9**

---

**Open Close:True, Session Group:False, Session Numbers: 32, Evidence Based:False**

*Description:*

*Facilities:*  
YORK CI

*Auspices:*  
Unknown

*Treatment Types:*  
Behavior Modification (BM)

*Domains:*  
Anger/Hostility;Antisocial Attitudes;Antisocial Friends;Criminal Attitudes and Behavioral Patterns;Neighborhood Problems;Self Efficacy;Substance Abuse and Mental Health

*Types:*  
Unknown

*Program Status:*  
Active Program Category Level:1

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Start Now: Unit 1**

---

**Gender Specific for:BOTH; RT Program Code: N1**

---

**Open Close:True, Session Group:False, Session Numbers: 10, Evidence Based:False**

*Description:*

Start Now is a 32 session program broken down into 4 sections. Start Now is a manualized Dialectical Behavior Therapy that utilizes a workbook and teaches hygiene, the use of positive self-talk, acceptance, positive coping skills , understanding grief/loss/anger/worry and anxiety and depression. It educates others to use positive coping skills such as imagery, focusing, active listening, open attitudes, setting boundaries, and problem solving.

*Facilities:*

CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;WILLARD CI;YORK CI

*Auspices:*

Mental Health

*Treatment Types:*

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Mental Health (MH)

*Domains:*

Abuse/Trauma;Anger/Hostility;Criminal Attitudes and Behavioral Patterns;Mental Health;Self Efficacy;Substance Abuse and Mental Health

*Types:*

Medical;Mental Health

*Program Status:*

Active Program Category Level:2

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Start Now: Unit 2**

---

**Gender Specific for:BOTH; RT Program Code: N2**

---

**Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:False**

*Description:*

Start Now is a 32 Session program broken down into 4 sections. This is a manualized Dialectical Behavior Therapy that utilizes a workbook and teaches hygiene, the use of positive self talk, acceptance, positive coping skills, understanding grief/loss/anger/worry, anxiety and depression. It educates others to use positive coping skills such as imagery, focusing, active listening, open attitudes, setting boundaries and problem solving.

*Facilities:*

CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;WILLARD CI;YORK CI

*Auspices:*

Mental Health

*Treatment Types:*

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Mental Health (MH)

*Domains:*

Abuse/Trauma;Anger/Hostility;Criminal Attitudes and Behavioral Patterns;Mental Health;Self Efficacy;Substance Abuse and Mental Health

*Types:*

Medical;Mental Health

*Program Status:*

Active Program Category Level:2

---

---

**Compendium Program: Start Now: Unit 3**

---

**Gender Specific for:BOTH; RT Program Code: N3**

---

**Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:False**

*Description:*

Start Now is a 32 Session program broken down into 4 sections. This is a manualized Dialectical Behavior Therapy that utilizes a workbook and teaches hygiene, the use of positive self talk, acceptance, positive coping skills, understanding grief/loss/anger/worry/anxiety and depression. It educates others to use positive coping skills such as imagery, focusing, active listening, open attitudes, setting boundaries, and problem solving.

*Facilities:*

CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;WILLARD CI;YORK CI

*Auspices:*

Mental Health

*Treatment Types:*

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Mental Health (MH)

*Domains:*

Abuse/Trauma;Anger/Hostility;Criminal Attitudes and Behavioral Patterns;Mental Health;Self Efficacy;Substance Abuse and Mental Health

*Types:*

Medical;Mental Health

*Program Status:*

Active Program Category Level:2

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Start Now: Unit 4**

---

**Gender Specific for: BOTH; RT Program Code: N4**

---

**Open Close: True, Session Group: False, Session Numbers: 6, Evidence Based: False**

*Description:*

Start Now is a 32 Session program that is broken down into 4 sections. This is a manualized Dialectical Behavior Therapy that utilizes a workbook and teaches hygiene, the use of positive self talk, acceptance, positive coping skills, understanding grief/loss/angry/worry/anxiety and depression. It educates others to use positive coping skills such as imagery, focusing, active listening, open attitudes, setting boundaries and problem solving.

*Facilities:*

CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; WILLARD CI; YORK CI

*Auspices:*

Mental Health

*Treatment Types:*

Cognitive Behavioral Therapy (CBT); Life Skills (LS); Mental Health (MH)

*Domains:*

Abuse/Trauma; Anger/Hostility; Criminal Attitudes and Behavioral Patterns; Mental Health; Self Efficacy; Substance Abuse and Mental Health

*Types:*

Medical; Mental Health

*Program Status:*

Active Program Category Level: 2

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: State ID Card**

---

**Gender Specific for:BOTH; RT Program Code: I6**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

\*\*\*\*

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Education, Employment, and Financial Situation;Employment/Financial

*Types:*

Re-Entry

*Program Status:*

Active Program Category Level:3

---

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Storybook Project**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

The Storybook Project is a program available for inmates with children 10 years of age or younger. Volunteers assist the women in selecting a new, age-appropriate book to read and record on an audio cassette. The books and audio cassettes are sent to the children. An inmate may participate one time only and DCF approval is required, as necessary.

*Facilities:*

*YORK CI*

*Auspices:*

*All Facility Staff;Volunteer Services*

*Treatment Types:*

*Family Support (FS)*

*Domains:*

*Parenting*

*Types:*

*Family*

*Program Status:*

*Active Program Category Level:3*

---

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Stress Management-York**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 5, Evidence Based:False**

*Description:*

A five session group providing instruction and practice of Benson's Relaxation response, progressive muscle relaxation, self-hypnosis for sleep induction and introduction to interpersonal conflict resolution.

*Facilities:*

YORK CI

*Auspices:*

Mental Health

*Treatment Types:*

Mental Health (MH)

*Domains:*

Abuse/Trauma;Anger/Hostility;Self Efficacy

*Types:*

Mental Health

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: STRIDE**

---

**Gender Specific for: BOTH; RT Program Code: WC**

---

**Open Close: True, Session Group: False, Session Numbers: 12, Evidence Based: False**

*Description:*

Provides services to those who are non-custodial parents of children who are in receipt of temporary family assistance benefits with the occupational and job search skills as well as resources to enter competitive employment positions.

*Facilities:*

*BRIDGEPORT CC; RADGOWSKI CI; YORK CI*

*Auspices:*

*Charlene Perkins Center - Facility Staff; Contracted Program; Volunteer Services*

*Treatment Types:*

*Family Support (FS); Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP)*

*Domains:*

*Education; Education, Employment, and Financial Situation; Employment/Financial; Family and Social Support; Parenting*

*Types:*

*Re-Entry; Self Improvement*

*Program Status:*

*Active Program Category Level: 3*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Supportive Therapy**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This program is open to all who sign up. It is intended to serve as an outlet for inmates who often express concerns for the future as they approach discharge.

*Facilities:*

YORK CI

*Auspices:*

Health Services

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Abuse/Trauma;Anger/Hostility;Antisocial Attitudes;Antisocial  
Friends;Education;Employment/Financial;Family;Housing Safety;Mental Health;Parenting;Relationships;Self  
Efficacy;Substance Abuse

*Types:*

Re-Entry

*Program Status:*

Active Program Category Level:3

---

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Survivors of Sexual Abuse/Trauma & Empowerment**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This group provides a safe environment where victims of sexual abuse can share their experience, beliefs about abuse and begin the healing process. The group helps participants gain insight into how abuse has influenced their lives and how to increase their self-esteem.

*Facilities:*

YORK CI

*Auspices:*

Health Services

*Treatment Types:*

Mental Health (MH)

*Domains:*

Abuse/Trauma;Self Efficacy

*Types:*

Self Improvement

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Talk it Out**

---

**Gender Specific for:MALE; RT Program Code: N/A**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This group which is part of the Safe Passage Program meets once a week with rolling admissions of 15 participants (limit 15). This groups purpose is to foster interpersonal peer support. Individuals come with an agenda and express their issues, concerns and ideas in the group and then receive support and feedback.

*Facilities:*

*YORK CI*

*Auspices:*

*Health Services;Safe Passage*

*Treatment Types:*

*Unknown*

*Domains:*

*Antisocial Attitudes;Mental Health;Self Efficacy*

*Types:*

*Dual Diagnosis;Health Education;Mental Health;Self Improvement;Social Rehabilitation*

*Program Status:*

*Active Program Category Level:3*

---

---

**Compendium Program: Target Group**

---

**Gender Specific for:BOTH; RT Program Code: W1**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

Target is an acronym for Trauma Adaptive Recovery Group Education and Therapy. This program guides participants through a series of steps. Psycho education is provided on Post-Traumatic Stress Disorder and skills are taught that permit trauma survivors to deal with the internal distress that often affects people with trauma histories. The emphasis is on learning about the disorder and acquiring the tools to permit a higher level of functioning. Target also prepares participants to engage in intensive therapy in dealing with their personal stories.

*Facilities:*

GARNER CI;YORK CI

*Auspices:*

Health Services

*Treatment Types:*

Life Skills (LS);Mental Health (MH)

*Domains:*

Abuse/Trauma;Family and Social Support;Mental Health;Substance Abuse and Mental Health

*Types:*

Mental Health

*Program Status:*

Active Program Category Level:2

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Technical Violators Program (ASU-TOP)**

---

**Gender Specific for: BOTH; RT Program Code: D4**

---

**Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False**

*Description:*

The Addiction Services Unit - Time Out Program (ASU-TOP) provides Substance Abuse Treatment for offenders returned to custody for non-compliance with the stipulations and/or conditions of their release from a DOC facility. ASU-TOP programming serves to reinforce the offender's foundation of substance abuse information, personal identification with recovery, and to motivate their continued use of formal and informal recovery support services upon their return to the community. The ASU-TOP uses two evidence-based; psycho-educational curriculum driven programs designed to help the offender identify the mechanisms which triggered their relapse into the use of Alcohol or other Drugs; enhance their recovery skills, and develop a plan for an on-going drug and crime free lifestyle. The ASU-TOP program will be delivered 5 times per week over the course of 3 weeks The Brief Substance Abuse Treatment Program shall be 15 sessions in length; the Intensive Relapse Prevention Program shall be 10 sessions in length. Participants will also complete the Job Center Program and the Reentry Workbook Program. Upon successful completion of TOP, inmates may attend Aftercare.

*Facilities:*

*OSBORN CI; ROBINSON CI; YORK CI*

*Auspices:*

*Addiction Services; Charlene Perkins Center - Facility Staff*

*Treatment Types:*

*Behavior Modification (BM); Reintegration Enhancement/Relapse Prevention (RERP); Substance Abuse (SA)*

*Domains:*

*Criminal Attitudes and Behavioral Patterns; Neighborhood Problems; Substance Abuse; Substance Abuse and Mental Health*

*Types:*

*Addiction; Re-Entry*

*Program Status:*

*Active Program Category Level: 3*

---

---

**Compendium Program: Textile Shop**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This is the largest of the shops of Correctional Enterprises of Connecticut (CEC). Inmates first assigned to this program spend several months in a training program learning how to operate sewing machines and other equipment used in the manufacture of garments, mattresses and embroidered items. The shop manufactures over 500,000 items annually. In,s learn to work in a high production environment providing quality products in a timely manner.

*Facilities:*

*OSBORN CI;YORK CI*

*Auspices:*

*Correctional Enterprises of Connecticut*

*Treatment Types:*

*Education (Ed);Life Skills (LS)*

*Domains:*

*Education, Employment, and Financial Situation*

*Types:*

*Career Technical Education;Institutional Employment;Re-Entry*

*Program Status:*

*Active Program Category Level:3*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: The Bridge-Supportive Therapy**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This psychotherapy group includes a fixed membership group (closed admission) inviting participants to focus on how they can develop a -bridge- from where they are currently in their lives to where they would like to be in the near and distant future. The focus is on addressing internal and external barriers to positive change, employing constructive problem solving and developing a positive support system for change.

*Facilities:*

YORK CI

*Auspices:*

Health Services

*Treatment Types:*

Mental Health (MH)

*Domains:*

Self Efficacy

*Types:*

Mental Health;Self Improvement;Social Rehabilitation

*Program Status:*

Active Program Category Level:3

---

**Compendium Program: The Resettlement Program**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

unknown

*Facilities:*

YORK CI

*Auspices:*

All Facility Staff;Charlene Perkins Center - Facility Staff;Contracted Program;Volunteer Services

*Treatment Types:*

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Housing Safety

*Types:*

Re-Entry;Self Improvement

*Program Status:*

Active Program Category Level:2

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Thresholds**

---

**Gender Specific for:BOTH; RT Program Code: 95**

---

**Open Close:True, Session Group:False, Session Numbers: 16, Evidence Based:False**

*Description:*

This is a community-based therapeutic counseling system specifically designed for delivery by trained volunteers. It focuses on developing decision-making and problems-solving skills.

*Facilities:*

CHESHIRE CI;CYBULSKI CI;GARNER CI;MANSON YI;YORK CI

*Auspices:*

All Facility Staff;Contracted Program;Volunteer Services

*Treatment Types:*

Cognitive Behavioral Therapy (CBT);Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Anger/Hostility;Antisocial Friends;Criminal Attitudes and Behavioral Patterns;Self Efficacy

*Types:*

Anger Management;Self Improvement

*Program Status:*

Active Program Category Level:3

---

---

**Compendium Program: Tier Four Addiction Services Residential Treatment Program**

---

**Gender Specific for:BOTH; RT Program Code: 16**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

The Tier 4 Addiction Services program is a modified therapeutic community. The program provides inmates the opportunity to be involved in full-time substance treatment in a separate housing unit. Tier 4 treatment is intensive and includes curriculum, skill building and process groups, as well as community building and individual counseling. These residential programs are six-twelve months in length.

*Facilities:*

*OSBORN CI;ROBINSON CI;YORK CI*

*Auspices:*

*Addiction Services*

*Treatment Types:*

*Cognitive Behavioral Therapy (CBT);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)*

*Domains:*

*Substance Abuse;Substance Abuse and Mental Health*

*Types:*

*Addiction;Re-Entry*

*Program Status:*

*Active Program Category Level:1*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Tier Meeting**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

Tier meetings meet weekly to discuss matters touching life on the individual tier (24 beds/12 cells). Offenders are encouraged to deal in an appropriate manner with local concerns that may well be causing friction within the group. These meetings occur in various housing units at York CI as part of therapeutic community mental health programs.

*Facilities:*

YORK CI

*Auspices:*

Health Services;The Social Rehabilitation Program

*Treatment Types:*

Life Skills (LS);Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Mental Health;Self Efficacy

*Types:*

Female;Mental Health;Social Rehabilitation

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Tier Two Addiction Services Intensive Outpatient Program**

---

**Gender Specific for:BOTH; RT Program Code: 14**

---

**Open Close:True, Session Group:False, Session Numbers: 30, Evidence Based:False**

*Description:*

The Tier Two Program is an intensive outpatient Addiction Services Program with 30 curriculum sessions for 10 weeks. Group components are held three times weekly and incorporate weekly fellowship meetings to lay the foundation of basic substance abuse information, promote personal identification with recovery, and motivate further treatment involvement. This program may also be held in Spanish for Spanish Speaking offenders.

*Facilities:*

*BROOKLYN CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;MANSON YI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI*

*Auspices:*

*Addiction Services*

*Treatment Types:*

*Cognitive Behavioral Therapy (CBT);Substance Abuse (SA)*

*Domains:*

*Criminal Attitudes and Behavioral Patterns;Substance Abuse;Substance Abuse and Mental Health*

*Types:*

*Addiction*

*Program Status:*

*Active Program Category Level:1*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Time of Prayer**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This is a prayer group that is held once per month.

*Facilities:*

YORK CI

*Auspices:*

Religious Services ;Volunteer Services

*Treatment Types:*

Unknown

*Domains:*

Unknown

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Transitional Case Management (TCM)**

---

**Gender Specific for:BOTH; RT Program Code: MC**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

The Transitional Case Management (TCM) program is designed to help ensure individuals a successful transition from incarceration back to the community through comprehensive case management, encouragement and support as well as addiction service treatment. Weekly individual and group therapy sessions are held with clients from three months prior to release and up to four months afterwards for transition planning. TCM clinicians focus during this period on issues such as employment, housing, insurance, transportation and education as they improve confidence in themselves and their ability to succeed.

*Facilities:*

*CYBULSKI CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI*

*Auspices:*

*Community Addiction Services;Contracted Program*

*Treatment Types:*

*Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)*

*Domains:*

*Education;Employment/Financial;Housing Safety;Mental Health;Self Efficacy;Substance Abuse;Substance Abuse and Mental Health*

*Types:*

*Re-Entry*

*Program Status:*

*Active Program Category Level:2*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Transitional Linkage into the Community (TLC)**

---

**Gender Specific for: BOTH; RT Program Code: 0**

---

**Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False**

*Description:*

Transitional Linkage into the Community (TLC) is a program of Community Partners in Action which provides discharge planning for inmates with HIV/AIDS. TLC serves every prison and jail in the state, and works with clients returning to every region of the state. TLC case managers meet clients' emergency needs upon release, and connect them with services in their local communities for continuing care and assistance.

*Facilities:*

BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; WALKER RC; YORK CI

*Auspices:*

Health Services

*Treatment Types:*

Behavior Modification (BM); Mental Health (MH); Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Abuse/Trauma; Employment/Financial; Housing Safety; Mental Health; Relationships; Self Efficacy; Substance Abuse; Substance Abuse and Mental Health

*Types:*

Health Education; Re-Entry

*Program Status:*

Active Program Category Level: 3

---

---

**Compendium Program: Trauma Informed Mindfulness-Based Stress Reduction**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:False**

*Description:*

The volunteer led course in Trauma Informed Mindfulness-Based Stress Reduction will take place over eight weeks. Classes will be approximately two to two and one-half hours long. Each class consists of lead meditations, gentle movement exercises, didactic lecture, and group discussion. Between classes, students deepen their participation by practicing 30-45 minutes a day, as well as doing additional reading from course handouts.

*Facilities:*

*YORK CI*

*Auspices:*

*Volunteer Services*

*Treatment Types:*

*Life Skills (LS);Mental Health (MH)*

*Domains:*

*Abuse/Trauma;Mental Health*

*Types:*

*Unknown*

*Program Status:*

*Active Program Category Level:3*

---

*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: TREM: Trauma Recovery and Empowerment Model (Female)**

---

**Gender Specific for:FEMALE; RT Program Code: FT**

---

**Open Close:True, Session Group:False, Session Numbers: 16, Evidence Based:False**

*Description:*

TREM (Trauma Recovery and Empowerment Model) is a gender specific, trauma-informed recovery group that meets in 16 sessions. It constitutes Phase Two of the Change Program. Therefore, it is assumed that all participants have completed TARGET (Trauma Affect Regulation Guide for Education and Treatment,) Phase One. The group is designed as a safe place where women in the group can learn more about trauma and its effect on the person and, importantly, begin sharing their stories.

*Facilities:*

*YORK CI*

*Auspices:*

*Mental Health;The Change Group*

*Treatment Types:*

*Aggression Replacement Training (ART);Life Skills (LS);Mental Health (MH)*

*Domains:*

*Abuse/Trauma*

*Types:*

*Mental Health*

*Program Status:*

*Active Program Category Level:1*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Trinity College Courses**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

Trinity College is providing a credit-bearing college seminar entitled "Identity in a Global World" to York CI inmates. The seminar will be provided in a multi-disciplinary format at the rate of one seminar per year. Seminar will include up to fifteen inmates. To be eligible participants must have a high school diploma or GED equivalency.

*Facilities:*

YORK CI

*Auspices:*

Volunteer Services

*Treatment Types:*

Education (Ed)

*Domains:*

Education;Self Efficacy

*Types:*

Unknown

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: USD #1 Voc. Ed: Cosmetology/Barbering**

---

**Gender Specific for:BOTH; RT Program Code: 69**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This program prepares students to become licensed barbers and cosmetologists. Course requirements are 1500 hours of theory and practical experience to qualify for licensure. A rigorous set of criteria is required for entrance into the program. The classroom is set up to simulate an actual salon environment including appropriate business behavior. Upon completion students receive information about receiving a grant from the Department of Labor to take the state examination when they discharge from the facility. Approval for licensure is determined through the State Board of Health and Addiction Services.

*Facilities:*

*YORK CI*

*Auspices:*

*USD#1*

*Treatment Types:*

*Education (Ed)*

*Domains:*

*Education;Education, Employment, and Financial Situation;Employment/Financial*

*Types:*

*Career Technical Education;Re-Entry*

*Program Status:*

*Active Program Category Level:1*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: USD #1 Voc. Ed: Culinary Arts**

---

**Gender Specific for:BOTH; RT Program Code: 70**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This course stresses safety and sanitation as well as tool and equipment usage. Through practice and discussion, students are taught skills in basic cooking, methods, culinary techniques, weights, measures and recipe conversions. Participants earn a Safe Serve Certificate after passing a test administered by the National Restaurant Association. This program is an apprenticeship approved through the CT State Department of Labor.

*Facilities:*

MANSON YI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

*Domains:*

Education;Education, Employment, and Financial Situation;Employment/Financial

*Types:*

Career Technical Education;Re-Entry

*Program Status:*

Active Program Category Level:1

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: USD#1 - DOC Re-entry Curriculum**

---

**Gender Specific for:BOTH; RT Program Code: 87**

---

**Open Close:True, Session Group:False, Session Numbers: 21, Evidence Based:False**

*Description:*

This 21 day program prepares inmates for their transition back into society. The class provides a variety of interactive and personal activities to assist inmates with acquiring identification, building employment skills, encouraging sound educational and career goal setting, and taking responsibility. All inmates who complete the Re-entry Class will have developed an Individual Transition Plans of contacts, addresses, and phone numbers for the community area he/she will be returning to, based on his/her needs. In addition, the inmates receive a portfolio including DMV, DOL, Social Security, SAGA, continuing education, housing, clothing, and 211 Info-line information.

*Facilities:*

*CYBULSKI CI;ENFIELD CI;MANSON YI;OSBORN CI;ROBINSON CI;YORK CI*

*Auspices:*

*USD#1*

*Treatment Types:*

*Education (Ed);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)*

*Domains:*

*Education;Education, Employment, and Financial Situation;Employment/Financial*

*Types:*

*Re-Entry*

*Program Status:*

*Active Program Category Level:2*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: USD#1 Adult Basic Education (GL 5-8)**

---

**Gender Specific for:BOTH; RT Program Code: 51**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

ABE is a primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. ABE 2 is provided to individuals who have been assessed by the education unit with a 5-8 grade level.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

*Domains:*

Education;Education, Employment, and Financial Situation

*Types:*

Academic Education

*Program Status:*

Active Program Category Level:1

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: USD#1 Adult Basic Education (GL 9-12)**

---

**Gender Specific for:BOTH; RT Program Code: 52**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. ABE 3 is provided to individuals who have been assessed by the education unit with a 9-12 grade level.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

*Domains:*

Education;Education, Employment, and Financial Situation

*Types:*

Academic Education

*Program Status:*

Active Program Category Level:1

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: USD#1 Adult Basic Education 4 (GL 0-12)**

---

**Gender Specific for:BOTH; RT Program Code: 53**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. the program is directed toward increasing academic proficiency. ABE 4 is provided to individuals who have been assessed by the education unit with a 0-12 grade level.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

*Domains:*

Education;Education, Employment, and Financial Situation

*Types:*

Academic Education

*Program Status:*

Active Program Category Level:1

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: USD#1 College Credit Program**

---

**Gender Specific for:BOTH; RT Program Code: 55**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

College Credit opportunities are available through correspondence courses, independent study, credit by exam (CLEP and DSST), and in some cases, college classes are offered by local community colleges.

*Facilities:*

*CHESHIRE CI;ROBINSON CI;YORK CI*

*Auspices:*

*USD#1*

*Treatment Types:*

*Education (Ed)*

*Domains:*

*Education;Education, Employment, and Financial Situation*

*Types:*

*Academic Education;Career Technical Education*

*Program Status:*

*Active Program Category Level:1*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: USD#1 English As A Second Language (ESL) / TESOL**

---

**Gender Specific for:BOTH; RT Program Code: 54**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

Teaching English to Speakers of Other Languages (TESOL)/Language Acquisition Skills (LAS) are instructional programs for students whose primary language is not English. TESOL instruction helps students to speak, read and write English or assists them in developing the language skills necessary for overall academic and vocational progress.

*Facilities:*

CHESHIRE CI;CORRIGAN CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;RADGOWSKI CI;ROBINSON CI;YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

*Domains:*

Education;Education, Employment, and Financial Situation

*Types:*

Academic Education

*Program Status:*

Active Program Category Level:1

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: USD#1 Family Education & Parenting**

---

**Gender Specific for:BOTH; RT Program Code: 37**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This program is designed to help inmates with children become responsible parents. Inmates have classes in parenting skills and in some cases read children's books into audio cassettes to send home to their children. Components of the parenting skills classes include parenting from a distance, discipline techniques, and communicating with children.

*Facilities:*

BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;ENFIELD CI;MACDOUGALL CI;MANSON YI;OSBORN CI;WILLARD CI;YORK CI

*Auspices:*

All Facility Staff;USD#1

*Treatment Types:*

Education (Ed);Family Support (FS)

*Domains:*

Education;Education, Employment, and Financial Situation;Family;Family and Social Support;Parenting

*Types:*

Family;Self Improvement

*Program Status:*

Active Program Category Level:2

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: USD#1 GED/High School Diploma**

---

**Gender Specific for:BOTH; RT Program Code: 86**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

The GED is the primary program of instruction for students functioning above an eighth grade level who wish to earn a State of Connecticut high school diploma through the examination process. GED Tutors and volunteers assist Department teachers by helping inmates prepare for the GED Exam and/or by helping to teach basic language skills.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

*Domains:*

Education;Education, Employment, and Financial Situation

*Types:*

Academic Education

*Program Status:*

Active Program Category Level:1

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: USD#1 Voc. Ed: Business Education**

---

**Gender Specific for:BOTH; RT Program Code: 63**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This program prepares students for entry-level employment requiring basic business skills.

*Facilities:*

CHESHIRE CI;CYBULSKI CI;YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

*Domains:*

Education;Education, Employment, and Financial Situation;Employment/Financial

*Types:*

Career Technical Education;Re-Entry

*Program Status:*

Active Program Category Level:1

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: USD#1 Voc. Ed: Computer Education**

---

**Gender Specific for:BOTH; RT Program Code: 67**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

The Computer Software Application Technology course is designed to provide students with an introduction to computer operations and with the application of various software packages and programs. Students begin by learning simple software programs and then progress to more sophisticated packages as their individual skills develop. Software programs introduced include but are not limited to the following: Access, Visual Basic, Adobe PageMaker, Excel, MicroSoft Works, Power Point, Micro-Soft Word, Micro-Soft for Windows, and Adobe Indesign Adobe Illustrator. Students design and complete projects using this software.

*Facilities:*

*CYBULSKI CI;ENFIELD CI;MACDOUGALL CI;ROBINSON CI;WILLARD CI;YORK CI*

*Auspices:*

*USD#1*

*Treatment Types:*

*Education (Ed)*

*Domains:*

*Education;Education, Employment, and Financial Situation;Employment/Financial*

*Types:*

*Career Technical Education;Re-Entry*

*Program Status:*

*Active Program Category Level:1*

---

*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: USD#1 Voc. Ed: Hospitality Operations Technology**

---

**Gender Specific for:FEMALE; RT Program Code: 79**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This program prepares students to work in the field of hospitality. Skill based training for 12 of the major positions of employment within the hospitality industry is available. During this 6 month course, students learn about guest service professionalism, safety and effective communication. The lodging and hospitality industry is a diverse, rapidly growing field. Many opportunities are available for entry level staff who are dedicated to a career in this field.

*Facilities:*

*YORK CI*

*Auspices:*

*USD#1*

*Treatment Types:*

*Education (Ed)*

*Domains:*

*Education;Education, Employment, and Financial Situation;Employment/Financial*

*Types:*

*Career Technical Education;Re-Entry*

*Program Status:*

*Active Program Category Level:1*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Valid Photo Driver's License**

---

**Gender Specific for:BOTH; RT Program Code: I1**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

\*\*\*\*

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Education, Employment, and Financial Situation;Employment/Financial

*Types:*

Re-Entry

*Program Status:*

Active Program Category Level:3

---

*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: VOICES (Victim Offender Institutional Correctional Educational Services)**

---

**Gender Specific for:BOTH; RT Program Code: 03**

---

**Open Close:True, Session Group:False, Session Numbers: 15, Evidence Based:True**

*Description:*

Victim Offender Institutional Correctional Educational Services . This program is designed to use volunteer support to broaden inmates' understanding and sensitivity to the impact of their crime on others.

*Facilities:*

*BROOKLYN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;MACDOUGALL CI;MANSON YI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI*

*Auspices:*

*All Facility Staff;Contracted Program;Programs & Treatment Unit;Safe Passage;Volunteer Services*

*Treatment Types:*

*Victim Impact (VI)*

*Domains:*

*Anger/Hostility;Antisocial Attitudes;Criminal Attitudes and Behavioral Patterns*

*Types:*

*Anger Management;Family;Victim*

*Program Status:*

*Active Program Category Level:2*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Voices of Joy Choir**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This is a group that meets to practice gospel music and participates in Protestant Worship services and community functions.

*Facilities:*

YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

*Domains:*

Unknown

*Types:*

Religious

*Program Status:*

Active Program Category Level:3

---

**Compendium Program: Warm the Baby/ Warm the Ederly**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This program promotes community service through donation of completed crocheted blankets. The offenders make these items specifically for babies born at local hospitals, as well as for residents in local nursing homes.

*Facilities:*

YORK CI

*Auspices:*

All Facility Staff;Health Services;Safe Passage;Volunteer Services

*Treatment Types:*

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Self Efficacy

*Types:*

Community Service;Self Improvement

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Warm Up to the Day (community Meeting)**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This group fosters, open communication on the unit between staff and inmates as it provides a safe supportive environment to vocalize one's issues with the unit, tier, roommates, etc. Walk/Stretch follows, providing valuable exercise in the morning, teaching new stretch/exercises, promoting leadership as offenders lead the stretching/exercise, and educates them on correct form and alternatives to do in their rooms during lock time.<br>

*Facilities:*

*YORK CI*

*Auspices:*

*Health Services*

*Treatment Types:*

*Mental Health (MH)*

*Domains:*

*Self Efficacy*

*Types:*

*Mental Health*

*Program Status:*

*Active Program Category Level:3*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Wesleyan Center for Prison Education**

---

**Gender Specific for: BOTH; RT Program Code: 0**

---

**Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False**

*Description:*

The Center for Prison Education is beginning its fourth academic year at Cheshire Correctional Institution. This program has offered a wide array of classes spanning the liberal arts of Wesleyan, from Greek Tragedy, Biology, American Intellectual History to Fiction Writing. The inmates are selected through a rigorous applications process of timed essay prompts, interviews and a math exam. The program also engages inmates who were not selected for the college program in a multi-disciplinary college prep workshop run by Wesleyan students.

*Facilities:*

*CHESHIRE CI; RADGOWSKI CI; YORK CI*

*Auspices:*

*Volunteer Services*

*Treatment Types:*

*Education (Ed)*

*Domains:*

*Education; Education, Employment, and Financial Situation*

*Types:*

*Academic Education*

*Program Status:*

*Active Program Category Level: 3*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: WISE Program**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:True**

*Description:*

This program uses a cognitive behavioral based curriculum designed to help individuals remain smoke free even after they are released from incarceration. The program is facilitated by Addiction Services counselors that are specifically trained in this curriculum.

*Facilities:*

YORK CI

*Auspices:*

Addiction Services

*Treatment Types:*

Substance Abuse (SA)

*Domains:*

Substance Abuse

*Types:*

Unknown

*Program Status:*

Active Program Category Level:3

---

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Women's Empowerment/Supportive Therapy**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This group is designed to meet the needs of inmate's with acute mental health disorders. This group is mainly psychoeducational as well as providing support to this population. This group focuses on; hygiene, psychotropic medicine management, mental health diagnosis, communication skills, anger management, and healthy relationships. Members are encouraged to provide feedback and support each other in a safe, encouraging atmosphere.

*Facilities:*

*YORK CI*

*Auspices:*

*Mental Health;The Social Rehabilitation Program*

*Treatment Types:*

*Life Skills (LS);Mental Health (MH)*

*Domains:*

*Mental Health;Substance Abuse*

*Types:*

*Mental Health*

*Program Status:*

*Active Program Category Level:3*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: WOW - Wellness of Women**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

WOW is a monthly program for women, who choose to join, designed to help motivate them to lose weight, educate them about nutrition, and the value of exercise. In addition, a special twice weekly exercise class is available to members of this group only. During each class weights and waists are measured. The participants are responsible for tracking their results on a form designed for this purpose.

*Facilities:*

YORK CI

*Auspices:*

Health Services;Recreation Services

*Treatment Types:*

Medical (Med);Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Self Efficacy

*Types:*

Health Education

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Writing Class**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This program is divided into 6 weeks cycles, one hour per week. Each cycle covers one of the following topics: Creative writing, journal writing, letter writing, and poetry. The student is required to complete the homework assignment or is not permitted to come to class. The instructor corrects all homework assignments and returns it to the student. Class discussion is focused on the homework assignment.

*Facilities:*

*RADGOWSKI CI;YORK CI*

*Auspices:*

*All Facility Staff;Volunteer Services*

*Treatment Types:*

*Education (Ed);Life Skills (LS)*

*Domains:*

*Education;Self Efficacy*

*Types:*

*Academic Education;Self Improvement*

*Program Status:*

*Active Program Category Level:0*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Yoga Class**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This class provides offenders with a broad understanding of the principles of yoga. Offenders learn low impact cardiovascular and meditation techniques. This class is designed to decrease stress and increase self-assessments.

*Facilities:*

YORK CI

*Auspices:*

Charlene Perkins Center - Facility Staff;Health Services;The Social Rehabilitation Program;Volunteer Services

*Treatment Types:*

Life Skills (LS);Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Abuse/Trauma;Self Efficacy

*Types:*

Mental Health;Recreation;Self Improvement

*Program Status:*

Active Program Category Level:3

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Youthful & Juvenile Offender Recovery Activity Group**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

The Recovery Activity Group provides weekly group discussion and activities for female offenders in the 2 North Youthful Offender & Juvenile Offender Program. The program provides participants with an opportunity to learn recovery concepts and share their feelings using experiential activities. The group is offered as a complement to the Young Women's Lives Program.

*Facilities:*

*YORK CI*

*Auspices:*

*Addiction Services*

*Treatment Types:*

*Substance Abuse (SA)*

*Domains:*

*Self Efficacy;Substance Abuse*

*Types:*

*Addiction;Self Improvement*

*Program Status:*

*Active Program Category Level:1*

---

---

**Compendium Program: Youthful Offender Mentoring Program**

---

**Gender Specific for:BOTH; RT Program Code: 24**

---

**Open Close:False, Session Group:True, Session Numbers: 12, Evidence Based:False**

*Description:*

A contract agency, Family ReEntry, Inc., conducts this program. Mentoring is a positive and supportive relationship with a responsible and dependable adult volunteer. Mentors are committed and caring individuals who assist inmates and their family with transition back to the community.

*Facilities:*

*MANSON YI;YORK CI*

*Auspices:*

*All Facility Staff;Contracted Program*

*Treatment Types:*

*Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)*

*Domains:*

*Antisocial Friends;Criminal Attitudes and Behavioral Patterns;Family;Family and Social Support;Peer Associations;Relationships*

*Types:*

*Family;Re-Entry;Self Improvement*

*Program Status:*

*Active Program Category Level:2*

---

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Youthful Offenders Community Meeting**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

This weekly group is held on the youthful offender unit. It deals with -community- issues and emphasizes collaborative problem solving. Socialization is a prominent feature of this group, which is designed to serve as a flexible tool for supporting harmony in the group and the growth of these young people.

*Facilities:*

YORK CI

*Auspices:*

Health Services

*Treatment Types:*

Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Relationships;Self Efficacy

*Types:*

Female;Self Improvement;Youth;Youth - York CI

*Program Status:*

Active Program Category Level:3

---

**Compendium Program: Zumba**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

Zumba involves dancing to energetic and fun music in a group setting for exercise.

*Facilities:*

YORK CI

*Auspices:*

Recreation Services

*Treatment Types:*

Medical (Med)

*Domains:*

Self Efficacy

*Types:*

Unknown

*Program Status:*

Active Program Category Level:3

---