

Some Statistics on Chronic Disease & Related Risk Factors

Estimated Prevalence of Chronic Disease or Risk Factor (%) Adults 18 and older (unless otherwise noted) (BRFSS, 2005 data)

Chronic Disease / Risk Factor	New England States						United States & Territories			
	CT	ME	MA	NH	RI	VT	Median	Range	Lowest	Highest
Fair / poor health ¹	12.2	14.7	13.2	11.1	13.2	11.5	14.9	11.1 – 34.1	New Hampshire	Puerto Rico
Females, routine checkup in past 2 years	87.5	89.5	91.1	90.4	93.5	84.9	85.6	75.3 – 93.5	Wyoming	Rhode Island
No leisure-time physical activity ²	21.2	22.3	23.3	21.6	25.9	19.2	23.9	16.2 – 49.0	Minnesota	Puerto Rico
Moderate physical activity ³	51.2	54.1	52.6	56.0	51.1	57.7	48.7	32.6 – 59.2	Puerto Rico	Alaska
Vigorous physical activity ⁴	31.0	30.8	29.7	32.9	29.9	33.1	27.4	16.8 – 36.2	Kentucky	California
≥ 5 fruits & vegetables daily, females	31.7	34.9	32.5	34.7	29.4	36.3	28.4	14.6 – 36.3	Puerto Rico	Vermont
Current cigarette smokers ⁵	16.5	20.8	18.1	20.4	19.8	19.3	20.5	8.1 – 28.7	Virgin Islands	Kentucky
Binge drinking ⁶	14.8	14.0	15.7	14.7	15.1	15.8	14.4	8.3 – 22.1	Utah	Wisconsin
Heavy drinking ⁷	5.7	5.5	6.3	5.7	5.4	6.6	4.9	2.7 – 7.5	Kentucky	Wisconsin
Overweight ⁸	58.1	59.6	56.1	60.0	59.3	55.8	61.5	53.0 – 67.3	Hawaii	Mississippi
Obese ⁹	20.3	23.3	20.9	23.4	21.4	20.7	24.9	18.2 – 31.8	Colorado	Louisiana
Obese, females (20 and older)	19.3	23.0	19.0	21.9	19.7	20.5	24.5	16.8 – 32.2	Hawaii	Mississippi
Asthma ¹⁰	8.0	10.2	9.6	10.3	10.7	9.8	8.0	4.4 – 10.7	Virgin Islands	Rhode Island
Diabetes ¹¹	6.5	7.5	6.4	6.5	6.4	6.0	7.3	4.4 – 12.5	Alaska	Puerto Rico
High blood pressure ¹²	24.4	26.3	25.4	23.8	27.0	24.5	26.2	19.2 – 34.8	Utah	Mississippi
High blood cholesterol ¹³	34.0	36.9	36.1	35.5	35.1	34.0	36.1	30.9 – 40.6	Louisiana	West Virginia
Cholesterol checked in past 5 years ¹⁴	80.1	78.7	79.3	81.0	80.3	76.0	73.0	62.8 – 81.0	Utah	New Hampshire
Influenza vaccine (≥ 65 years only) ¹⁵	71.1	67.7	69.8	70.2	67.2	66.3	65.5	32.0 – 78.1	Puerto Rico	Minnesota
Pneumococcal vaccine (≥ 65 years only) ¹⁶	69.3	64.4	64.8	69.8	71.5	66.7	65.7	28.3 – 71.7	Puerto Rico	North Dakota

¹ Adults who reported fair or poor health, on a scale from excellent to poor.

² Adults who reported no leisure-time physical activity during the preceding month.

³ Adults who engaged in at least moderate physical activity that causes a small increase in breathing and heart rate, on at least 5 days/ week for at least 30 minutes each day, or, vigorous physical activity that causes a large increase in breathing and heart rate, on 3 or more days per week for at least 20 minutes each day.

⁴ Adults who engaged in vigorous physical activity for at least 20 minutes, 3 or more days per week.

⁵ Adults who reported ever smoking at least 100 cigarettes, and who currently smoke.

⁶ Adults who reported binge drinking, that is, having 5 or more drinks on at least one occasion.

⁷ Adults who reported heavy drinking, that is, averaging > 2 drinks/day during the preceding month for men, and > 1 drink/day for women.

⁸ Adults who were overweight (i.e. self-reported weight & height resulting in a calculated body mass index ≥ 25.0 kg/m²).

⁹ Adults who were obese, that is, with self-reported weight & height resulting in a calculated body mass index ≥ 30.0 kg/m².

¹⁰ Adults who were told by a health care professional they currently have asthma.

¹¹ Adults who reported ever being told by a doctor they have diabetes (excludes gestational diabetes).

¹² Adults who were told by a health care professional their blood pressure was high (excludes HPB during pregnancy).

¹³ Adults who were told by a health care professional their blood cholesterol was high.

¹⁴ Adults who had their cholesterol checked during the preceding 5 years.

¹⁵ Adults ≥ 65 who had received an influenza vaccination during the preceding 12 months.

¹⁶ Adults ≥ 65 who received a pneumococcal vaccination.

Source: Surveillance of certain health behaviors among states and selected local areas – United States, 2005.

MMWR, Vol. 56, SS04, May 11, 2007; 160 pp. http://www.cdc.gov/mmwr/preview/mmwrhtml/ss5604a1.htm?s_cid=ss5604a1_e

Last reviewed/updated: 8/19/2008

Alcohol Use: Binge Drinking *

by Sex & Age Group (%)

Year	Connecticut by Sex & Age Group (in years)									Nationwide by Sex & Age Group (in years)								
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+
1999	14.0	22.7	6.3	37.5	21.7	14.4	8.9	3.8	3.8	14.9	23.9	7.5	30.9	22.2	16.3	11.3	7.3	2.9
2001	13.8	21.1	7.2	31.1	22.3	15.9	9.0	6.8	2.8	14.8	22.7	7.1	32.1	22.3	15.9	10.6	6.4	2.7
2003	16.5	25.1	8.7	41.4	24.5	20.2	11.3	7.9	3.4	16.5	25.1	8.6	32.2	24.4	18.6	12.6	8.4	2.8
2005	14.8	22.4	7.8	39.1	21.4	15.7	12.6	5.7	3.0	14.4	22.0	7.3	26.1	21.4	16.1	11.9	7.8	3.0
2007	17.8	23.9	12.3	45.2	24.8	20.5	15.0	9.7	3.7	15.8	21.2	10.1	27.4	22.5	18.8	13.8	9.0	3.5

by Race/Ethnicity (%)

Year	Connecticut by Race/Ethnicity					Nationwide by Race/Ethnicity				
	White	Black	Hispanic	Other	Multiracial	White	Black	Hispanic	Other	Multiracial
1999	14.2	8.0	17.1	9.5	N/A	15.4	10.0	17.1	11.3	N/A
2001	14.3	9.7	13.6	9.7	N/A	14.7	10.2	16.5	13.6	11.6
2003	16.5	15.0	18.5	11.1	N/A	16.7	11.1	17.7	12.2	15.3
2005	14.4	N/A	18.8	N/A	N/A	14.3	9.7	15.6	11.2	9.7
2007	18.6	9.5	13.2	18.7	N/A	16.1	10.5	15.0	12.9	12.3

by Annual Income (%)

Year	Connecticut by Annual Income (in \$US)					Nationwide by Annual Income (in \$US)				
	< \$15,000	\$15,000 - \$24,999	\$25,000- \$34,999	\$35,000 - \$49,999	\$50,000 +	< \$15,000	\$15,000 - \$24,999	\$25,000- \$34,999	\$35,000 - \$49,999	\$50,000 +
1999	18.5	16.9	14.0	18.7	14.1	14.9	14.8	16.2	16.6	15.6
2001	13.7	11.6	15.6	14.1	15.3	13.8	14.3	15.8	16.2	15.7
2003	13.3	16.5	14.4	18.0	18.0	14.8	16.3	15.7	17.6	17.4
2005	11.9	10.3	15.7	14.3	16.7	12.3	14.0	14.0	15.2	16.4
2007	9.7	14.7	14.4	16.8	20.8	11.0	12.7	14.7	16.4	17.9

by Educational Level (%)

Year	Connecticut by Educational Level				Nationwide by Educational Level			
	< High School	HS / GED	Some post-HS	College Grad	< High School	HS / GED	Some post-HS	College Grad
1999	8.5	14.3	17.9	12.9	10.8	16.4	17.4	13.6
2001	10.0	13.2	14.8	14.6	12.8	15.1	16.4	13.4
2003	16.7	18.4	17.4	14.9	14.5	17.3	17.4	14.1
2005	13.3	14.9	20.5	11.9	13.5	14.9	15.9	13.1
2007	11.8	18.2	18.7	18.0	13.3	16.0	16.5	14.1

* 1999 - 2005: Adults having 5 or more drinks on one occasion, 1 or more times in the past month. (N/A = data not available.)
 2007: Males having 5 or more drinks on one occasion; females having 4 or more drinks on one occasion.

Source: Behavioral Risk Factor Surveillance System (BRFSS). Prevalence data: Alcohol Consumption. <http://www.cdc.gov/brfss/index.htm>

Last reviewed/updated: 8/19/2008

Alcohol Use: Heavy Drinking *

by Sex & Age Group (%)

Year	Connecticut by Sex & Age Group (in years)										Nationwide by Sex & Age Group (in years)								
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+		Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+
1999	3.9	7.9	0.4	12.3	3.7	2.9	2.1	1.8	3.6		3.7	6.6	0.9	7.3	4.0	3.4	3.3	2.8	1.9
2001	5.2	5.2	5.1	10.1	4.7	4.9	5.2	4.6	3.3		5.1	6.3	3.9	8.9	5.2	4.9	4.8	3.5	2.7
2003	6.7	7.2	6.3	18.7	7.2	5.8	4.9	4.6	4.4		5.8	6.9	4.6	10.8	6.0	5.6	5.3	4.7	2.9
2005	5.7	4.9	6.4	11.2	4.0	5.7	5.9	4.9	4.3		4.9	5.6	4.0	7.4	5.3	5.1	4.7	4.2	2.9
2007	5.9	5.9	5.9	11.5	6.0	6.0	6.1	5.2	3.2		5.2	6.1	4.0	8.1	5.2	5.2	5.2	4.8	2.9

by Race/Ethnicity (%)

Year	Connecticut by Race/Ethnicity					Nationwide by Race/Ethnicity				
	White	Black	Hispanic	Other	Multiracial	White	Black	Hispanic	Other	Multiracial
1999	4.1	1.2	5.2	0.7	N/A	3.9	2.4	4.0	3.6	N/A
2001	5.6	1.4	3.5	2.3	N/A	5.3	3.4	4.7	4.7	4.2
2003	6.9	3.6	5.2	6.5	N/A	6.4	3.9	4.3	4.4	5.3
2005	6.1	4.5	3.8	2.2	N/A	5.2	3.3	3.7	3.9	4.1
2007	6.4	2.4	2.2	3.1	N/A	5.6	2.9	3.8	3.6	4.6

by Annual Income (%)

Year	Connecticut by Annual Income (in \$US)					Nationwide by Annual Income (in \$US)				
	< \$15,000	\$15,000 - \$24,999	\$25,000- \$34,999	\$35,000 - \$49,999	\$50,000 +	< \$15,000	\$15,000 - \$24,999	\$25,000- \$34,999	\$35,000 - \$49,999	\$50,000 +
1999	5.6	6.9	4.0	5.7	3.0	4.1	3.7	3.6	3.6	3.6
2001	5.0	4.2	6.0	4.8	5.6	4.7	5.3	5.6	5.3	5.2
2003	6.9	8.0	7.7	5.9	6.9	5.6	6.1	5.9	5.9	5.9
2005	6.7	4.2	5.2	6.7	6.8	4.2	4.5	4.7	5.4	5.4
2007	2.2	5.9	6.6	6.2	6.5	4.0	4.7	4.2	5.6	5.6

by Educational Level (%)

Year	Connecticut by Educational Level				Nationwide by Educational Level			
	< High School	HS / GED	Some post-HS	College Grad	< High School	HS / GED	Some post-HS	College Grad
1999	2.9	4.2	5.0	3.3	3.3	4.2	4.2	2.9
2001	2.8	4.7	6.0	5.5	4.3	5.1	5.8	4.3
2003	6.0	6.6	8.9	5.8	5.2	6.3	6.4	4.9
2005	5.5	4.4	9.1	4.6	5.1	4.7	5.4	4.4
2007	3.5	6.3	6.0	6.0	4.9	5.3	5.5	4.7

* 1999: *Chronic drinkers* = adults having more than 60 alcoholic beverages in the previous month. (N/A = data not available.)
 2001 - 2007: *Heavy drinkers* = adult men having more than 2 drinks per day; adult women having more than 1 drink per day.

Source: Behavioral Risk Factor Surveillance System (BRFSS). Prevalence data: Alcohol Consumption. <http://www.cdc.gov/brfss/index.htm>

Last reviewed/updated: 8/19/2008

Arthritis: Have Arthritis *

by Sex & Age Group (%)

Year	Connecticut by Sex & Age Group (in years)									Nationwide by Sex & Age Group (in years)								
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+
2001	20.8	15.6	25.5	3.3	5.9	9.5	20.3	35.7	49.1	22.6	17.7	27.0	3.9	6.8	13.6	24.3	38.9	51.6
2005	25.5	21.3	29.3	3.1	8.2	13.4	27.1	41.6	53.4	27.0	22.7	30.6	5.3	9.7	17.2	29.6	45.1	55.7
2007	25.5	21.0	29.6	5.1	5.7	16.0	24.7	39.4	54.6	27.5	23.5	31.3	5.6	9.6	16.9	29.8	45.8	57.0

by Race/Ethnicity (%)

Year	Connecticut by Race/Ethnicity					Nationwide by Race/Ethnicity				
	White	Black	Hispanic	Other	Multiracial	White	Black	Hispanic	Other	Multiracial
2001	22.4	17.4	12.1	14.2	N/A	24.1	21.8	12.9	14.2	22.4
2005	27.5	25.0	10.4	9.4	N/A	28.3	25.8	14.0	19.4	28.7
2007	27.6	20.8	12.1	11.7	N/A	29.3	26.2	15.0	19.5	28.9

by Annual Income (%)

Year	Connecticut by Annual Income (in \$US)					Nationwide by Annual Income (in \$US)				
	< \$15,000	\$15,000 - \$24,999	\$25,000- \$34,999	\$35,000 - \$49,999	\$50,000 +	< \$15,000	\$15,000 - \$24,999	\$25,000- \$34,999	\$35,000 - \$49,999	\$50,000 +
2001	28.2	25.8	24.5	22.4	15.9	34.1	28.0	22.5	19.9	16.7
2005	36.3	30.9	30.1	34.5	20.9	38.7	32.9	28.1	26.3	22.3
2007	34.6	34.4	30.1	30.3	21.3	41.1	33.9	30.6	28.6	22.9

by Educational Level (%)

Year	Connecticut by Educational Level				Nationwide by Educational Level			
	< High School	HS / GED	Some post-HS	College Grad	< High School	HS / GED	Some post-HS	College Grad
2001	27.9	23.9	20.5	17.2	33.9	24.8	22.0	17.6
2005	28.5	28.4	26.4	22.6	31.8	30.1	26.9	23.0
2007	31.4	31.4	25.6	21.8	34.2	30.9	28.3	23.0

* Adults who have been told they have arthritis. (N/A = data not available.)

Source: Behavioral Risk Factor Surveillance System (BRFSS). Prevalence data: Arthritis. <http://www.cdc.gov/brfss/index.htm>

Last reviewed/updated: 8/19/2008

Asthma: Have Asthma *

by Sex & Age Group (%)

Year	Connecticut by Sex & Age Group (in years)									Nationwide by Sex & Age Group (in years)								
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+
2000	7.8	5.9	9.6	11.1	7.7	8.3	6.7	6.8	7.2	7.3	5.5	9.4	8.7	7.0	6.6	6.6	7.4	6.7
2002	8.5	7.4	9.6	11.2	10.3	8.4	8.2	7.2	6.9	7.6	5.7	9.6	8.6	8.1	7.3	7.6	8.1	7.2
2004	9.7	7.1	12.1	14.4	10.2	10.1	9.5	9.4	6.6	8.4	6.2	10.1	8.8	8.0	7.9	8.4	8.7	7.6
2006	9.3	7.1	11.2	11.6	10.5	7.5	9.8	9.4	8.0	8.5	6.4	10.4	10.1	8.1	7.8	8.3	8.9	7.6
2007	9.3	6.5	11.9	15.0	9.8	9.2	8.6	8.5	7.3	8.4	6.4	10.4	9.9	8.1	8.0	8.2	8.5	7.7

by Race/Ethnicity (%)

Year	Connecticut by Race/Ethnicity					Nationwide by Race/Ethnicity				
	White	Black	Hispanic	Other	Multiracial	White	Black	Hispanic	Other	Multiracial
2000	7.5	13.3	7.8	4.4	N/A	7.3	8.6	6.0	7.3	N/A
2002	8.6	10.2	9.1	4.1	N/A	7.7	9.1	6.7	6.7	9.7
2004	9.5	12.6	10.2	10.8	N/A	8.1	9.5	6.2	9.2	10.9
2006	9.0	12.6	10.9	7.6	5.8	8.6	9.5	5.8	8.3	11.1
2007	9.0	11.5	9.1	11.8	9.4	8.4	9.7	5.6	7.3	10.8

by Annual Income (%)

Year	Connecticut by Annual Income (in \$US)					Nationwide by Annual Income (in \$US)				
	< \$15,000	\$15,000 - \$24,999	\$25,000- \$34,999	\$35,000 - \$49,999	\$50,000 +	< \$15,000	\$15,000 - \$24,999	\$25,000- \$34,999	\$35,000 - \$49,999	\$50,000 +
2000	10.7	9.2	8.3	8.1	7.1	10.7	8.3	6.9	7.2	5.9
2002	18.0	9.9	9.4	8.0	7.6	11.8	8.8	7.4	7.5	6.2
2004	13.0	12.8	8.8	12.9	8.9	12.9	9.6	7.9	7.5	6.8
2006	15.6	9.1	10.6	7.3	8.8	13.8	10.5	7.9	7.8	7.2
2007	15.8	13.9	9.6	12.5	7.4	14.4	9.9	8.5	7.3	7.4

by Educational Level (%)

Year	Connecticut by Educational Level				Nationwide by Educational Level			
	< High School	HS / GED	Some post-HS	College Grad	< High School	HS / GED	Some post-HS	College Grad
2000	11.9	7.7	8.1	6.7	10.2	6.9	7.6	6.3
2002	9.9	7.3	10.5	7.9	9.8	7.5	8.1	7.0
2004	10.4	11.3	9.9	8.6	10.6	8.0	8.6	7.2
2006	8.9	9.5	9.7	8.9	11.3	8.5	9.2	7.4
2007	11.3	8.5	12.4	7.7	10.4	8.4	9.0	7.3

* Adults who have been told they currently have asthma. (N/A = data not available.)

Source: Behavioral Risk Factor Surveillance System (BRFSS). Prevalence data: Asthma. <http://www.cdc.gov/brfss/index.htm>

Last reviewed/updated: 8/19/2008

Blood Pressure: Have High Blood Pressure *

by Sex & Age Group (%)

Year	Connecticut by Sex & Age Group (in years)									Nationwide by Sex & Age Group (in years)								
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+
1999	20.4	19.4	21.4	6.1	8.7	11.7	19.9	35.5	41.0	23.9	23.0	24.7	6.1	10.0	15.4	26.3	39.4	48.3
2001	24.0	23.9	24.2	5.1	9.4	13.5	24.3	36.6	53.0	25.6	25.2	26.1	6.1	9.7	15.8	27.3	41.6	53.5
2003	24.2	23.4	24.9	4.8	7.6	11.6	25.9	36.6	53.3	24.8	25.1	24.9	5.4	8.3	15.2	26.3	41.8	54.1
2005	23.8	23.6	23.9	4.9	7.7	13.9	22.3	37.3	51.6	25.5	25.4	24.9	5.6	8.6	15.0	26.8	41.8	54.8
2007	26.2	27.2	25.2	7.2	8.0	16.0	25.2	36.8	56.5	27.8	28.1	26.4	6.0	9.4	16.0	28.6	44.3	57.9

by Race/Ethnicity (%)

Year	Connecticut by Race/Ethnicity					Nationwide by Race/Ethnicity				
	White	Black	Hispanic	Other	Multiracial	White	Black	Hispanic	Other	Multiracial
1999	20.8	22.9	12.9	N/A	N/A	23.7	31.3	15.9	18.5	N/A
2001	25.1	27.6	16.8	12.1	N/A	25.6	34.1	16.8	18.5	25.4
2003	25.4	35.6	12.5	11.1	N/A	25.9	33.0	14.9	18.0	25.5
2005	24.3	35.9	14.3	11.8	N/A	26.0	34.1	15.5	18.8	24.1
2007	27.5	33.4	14.5	11.6	N/A	27.9	36.9	17.1	20.6	25.4

by Annual Income (%)

Year	Connecticut by Annual Income (in \$US)					Nationwide by Annual Income (in \$US)				
	< \$15,000	\$15,000 - \$24,999	\$25,000- \$34,999	\$35,000 - \$49,999	\$50,000 +	< \$15,000	\$15,000 - \$24,999	\$25,000- \$34,999	\$35,000 - \$49,999	\$50,000 +
1999	30.0	23.3	26.2	17.6	17.2	32.1	27.8	23.6	21.3	19.6
2001	35.1	31.4	27.2	22.8	19.2	33.8	29.8	26.0	23.5	20.4
2003	29.0	33.7	28.1	26.6	19.2	34.0	31.0	26.6	23.7	20.1
2005	36.8	29.7	28.1	29.2	19.1	36.2	31.1	27.8	24.6	20.5
2007	32.8	39.9	34.6	32.0	21.5	38.7	35.4	31.4	27.8	21.8

by Educational Level (%)

Year	Connecticut by Educational Level				Nationwide by Educational Level			
	< High School	HS / GED	Some post-HS	College Grad	< High School	HS / GED	Some post-HS	College Grad
1999	29.6	21.4	17.4	19.0	34.4	25.8	21.7	19.8
2001	35.9	27.4	24.4	18.8	36.3	28.1	23.8	20.1
2003	28.5	29.9	25.1	19.4	34.3	28.3	24.5	20.1
2005	30.5	28.8	24.6	19.2	32.7	29.2	24.6	21.5
2007	38.5	33.2	26.5	20.7	35.4	31.8	27.6	23.2

* Adults who have been told they have high blood pressure. (N/A = data not available.)

Source: Behavioral Risk Factor Surveillance System (BRFSS). Prevalence data: Hypertension. <http://www.cdc.gov/brfss/index.htm>

Last reviewed/updated: 8/19/2008

Cholesterol: Never had Cholesterol Checked *

by Sex & Age Group (%)

Year	Connecticut by Sex & Age Group (in years)									Nationwide by Sex & Age Group (in years)								
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+
1999	20.7	23.5	18.1	54.8	31.9	20.3	11.0	7.6	8.9	26.5	28.0	24.0	58.3	40.6	26.5	15.2	10.7	9.3
2001	16.6	18.7	14.6	44.8	29.7	13.9	10.5	4.3	5.7	23.0	25.0	20.5	53.6	36.8	23.5	12.3	6.9	6.3
2003	16.4	18.5	14.6	49.1	32.5	14.5	8.8	4.2	4.5	23.0	24.7	20.9	57.3	39.1	22.3	12.4	6.1	5.8
2005	15.9	17.4	14.6	50.6	31.6	12.8	8.4	4.4	4.9	22.7	24.2	21.0	60.6	39.0	21.7	11.5	6.5	4.8
2007	14.6	16.4	13.0	58.5	28.0	10.8	6.7	4.2	3.9	21.3	23.3	18.8	60.9	37.8	19.6	10.9	5.3	4.2

by Race/Ethnicity (%)

Year	Connecticut by Race/Ethnicity					Nationwide by Race/Ethnicity				
	White	Black	Hispanic	Other	Multiracial	White	Black	Hispanic	Other	Multiracial
1999	17.3	34.2	N/A	N/A	N/A	23.6	29.8	33.2	31.2	N/A
2001	13.4	27.2	32.6	27.6	N/A	20.4	23.7	35.9	27.2	19.8
2003	13.1	24.8	36.8	30.9	N/A	19.7	23.6	42.8	28.4	13.8
2005	13.3	18.3	38.4	N/A	N/A	19.6	24.9	46.0	27.2	23.8
2007	11.6	24.0	38.9	18.3	N/A	17.4	21.6	43.3	20.7	14.9

by Annual Income (%)

Year	Connecticut by Annual Income (in \$US)					Nationwide by Annual Income (in \$US)				
	< \$15,000	\$15,000 - \$24,999	\$25,000- \$34,999	\$35,000 - \$49,999	\$50,000 +	< \$15,000	\$15,000 - \$24,999	\$25,000- \$34,999	\$35,000 - \$49,999	\$50,000 +
1999	25.7	29.8	25.0	27.6	12.3	33.8	31.8	29.2	25.6	16.0
2001	23.4	25.8	23.3	15.4	11.2	30.0	28.1	27.1	21.9	15.1
2003	23.5	26.6	19.3	18.1	11.8	29.8	29.6	24.7	21.8	14.4
2005	29.7	30.5	18.9	16.7	11.4	31.5	29.9	25.8	21.3	14.7
2007	32.7	22.4	19.1	16.1	10.2	30.2	28.4	24.2	20.5	13.8

by Educational Level (%)

Year	Connecticut by Educational Level				Nationwide by Educational Level			
	< High School	HS / GED	Some post-HS	College Grad	< High School	HS / GED	Some post-HS	College Grad
1999	26.6	23.8	24.4	13.5	31.2	29.6	25.0	16.4
2001	27.5	19.5	18.2	11.0	29.4	26.7	22.2	14.9
2003	29.6	19.5	16.7	11.9	30.4	26.0	21.9	14.0
2005	33.8	19.8	17.2	10.1	36.7	26.3	21.7	13.8
2007	32.2	20.3	15.8	8.7	33.4	25.9	20.8	11.5

* Adults who had never had their blood cholesterol checked. (N/A = data not available.)

Source: Behavioral Risk Factor Surveillance System (BRFSS). Prevalence data: Cholesterol Awareness. <http://www.cdc.gov/brfss/index.htm>

Last reviewed/updated: 8/19/2008

Breast Cancer Screening: No Mammogram within Previous 2 Years *

by Age Group (%)

Year	Connecticut by Age Group (in years)					Nationwide by Age Group (in years)				
	Total	40 – 49	50 – 59	60 – 64	65 +	Total	40 – 49	50 – 59	60 – 64	65 +
2000	15.4	15.4	11.2	21.8	17.3	23.9	29.0	18.0	18.1	22.9
2002	17.6	21.8	13.8	10.0	18.1	23.9	29.8	19.0	17.6	22.7
2004	18.9	22.6	16.0	11.3	19.6	25.2	32.7	20.2	19.9	24.9
2006	18.0	23.2	12.9	14.4	18.2	23.5	31.0	20.9	18.8	21.0

by Race/Ethnicity (%)

Year	Connecticut by Race/Ethnicity					Nationwide by Race/Ethnicity				
	White	Black	Hispanic	Other	Multiracial	White	Black	Hispanic	Other	Multiracial
2000	15.6	15.9	13.8	N/A	N/A	23.6	19.9	19.0	20.2	N/A
2002	16.8	N/A	N/A	N/A	N/A	23.8	17.2	29.3	27.0	30.4
2004	18.4	24.1	16.5	N/A	N/A	25.0	24.7	29.6	28.2	31.4
2006	17.5	18.2	23.6	N/A	N/A	23.0	19.9	23.6	27.1	32.2

by Annual Income (%)

Year	Connecticut by Annual Income (in \$US)					Nationwide by Annual Income (in \$US)				
	< \$15,000	\$15,000 - \$24,999	\$25,000- \$34,999	\$35,000 - \$49,999	\$50,000 +	< \$15,000	\$15,000 - \$24,999	\$25,000- \$34,999	\$35,000 - \$49,999	\$50,000 +
2000	19.8	20.8	16.5	9.4	12.2	34.6	27.9	23.6	21.1	16.7
2002	26.7	24.8	16.4	14.0	16.2	33.7	28.3	23.5	21.9	17.3
2004	27.2	21.6	26.2	23.7	14.8	37.2	31.3	25.9	22.7	19.8
2006	35.2	30.3	18.5	19.0	14.4	35.3	29.4	26.4	21.7	18.3

by Educational Level (%)

Year	Connecticut by Educational Level				Nationwide by Educational Level			
	< High School	HS / GED	Some post-HS	College Grad	< High School	HS / GED	Some post-HS	College Grad
2000	15.4	19.5	14.6	12.3	32.3	24.7	21.5	17.6
2002	N/A	17.2	17.5	13.0	34.5	24.3	22.2	18.6
2004	24.9	17.3	19.9	18.4	36.5	26.9	24.1	20.1
2006	26.7	21.3	16.3	15.2	34.1	25.4	22.9	18.7

* Women aged 40 and older who had not had a mammogram within the previous 2 years.

Source: Behavioral Risk Factor Surveillance System (BRFSS). Prevalence data: Women's Health. <http://www.cdc.gov/brfss/index.htm>

Last reviewed/updated: 8/19/2008

Cervical Cancer Screening: No Pap Test within Previous 3 Years *

by Age Group (%)

Year	Connecticut by Sex & Age Group (in years)							Nationwide by Sex & Age Group (in years)						
	Total	18-24	25-34	35-44	45-54	55-64	65+	Total	18-24	25-34	35-44	45-54	55-64	65+
2000	11.9	20.9	8.6	6.7	6.1	10.6	22.3	13.2	16.2	7.2	10.5	10.2	13.6	25.8
2002	11.5	19.9	7.6	7.0	7.6	9.6	23.8	12.8	16.6	6.5	9.1	10.8	14.0	25.8
2004	12.2	24.8	5.5	6.8	8.1	8.9	27.0	14.0	19.2	7.1	10.1	11.2	13.2	29.9
2006	13.2	25.9	7.0	6.9	7.2	10.6	30.7	16.0	23.6	8.0	10.1	12.4	14.0	31.1

by Race/Ethnicity (%)

Year	Connecticut by Race/Ethnicity					Nationwide by Race/Ethnicity				
	White	Black	Hispanic	Other	Multiracial	White	Black	Hispanic	Other	Multiracial
2000	10.9	17.1	14.6	N/A	N/A	12.8	11.2	13.1	14.7	N/A
2002	9.8	8.9	23.3	N/A	N/A	12.3	8.9	14.2	18.2	9.9
2004	11.8	9.2	16.1	N/A	N/A	13.6	11.4	13.4	16.5	9.7
2006	13.0	11.1	15.8	13.9	N/A	15.1	11.8	14.9	17.5	22.9

by Annual Income (%)

Year	Connecticut by Annual Income (in \$US)					Nationwide by Annual Income (in \$US)				
	< \$15,000	\$15,000 - \$24,999	\$25,000- \$34,999	\$35,000 - \$49,999	\$50,000 +	< \$15,000	\$15,000 - \$24,999	\$25,000- \$34,999	\$35,000 - \$49,999	\$50,000 +
2000	20.8	17.3	13.8	7.0	7.4	22.1	17.0	12.3	10.7	6.7
2002	21.5	17.3	10.8	5.9	6.7	22.5	16.9	12.5	9.2	6.3
2004	24.3	22.2	13.8	15.6	5.9	24.5	19.0	14.1	10.1	6.8
2006	28.3	27.8	24.5	10.3	5.9	24.7	20.8	17.9	13.1	8.2

by Educational Level (%)

Year	Connecticut by Educational Level				Nationwide by Educational Level			
	< High School	HS / GED	Some post-HS	College Grad	< High School	HS / GED	Some post-HS	College Grad
2000	19.8	16.5	12.1	6.6	23.2	16.1	11.4	7.7
2002	27.0	15.3	10.5	6.1	23.1	16.4	12.0	7.1
2004	24.8	17.8	11.0	7.9	25.0	18.2	12.7	7.9
2006	31.2	19.4	12.4	7.9	25.5	20.2	15.5	8.7

* Women aged 18 and older who had not had a Pap test within the previous 3 years. (N/A = data not available.)

Source: Behavioral Risk Factor Surveillance System (BRFSS). Prevalence data: Women's Health. <http://www.cdc.gov/brfss/index.htm>

Last reviewed/updated: 8/19/2008

Colorectal Cancer Screening: Never had a Sigmoidoscopy or Colonoscopy *

by Sex & Age Group (%)

Year	Connecticut by Sex & Age Group (in years)						Nationwide by Sex & Age Group (in years)					
	Total	Male	Female	50 - 59	60 - 64	65 +	Total	Male	Female	50 - 59	60 - 64	65 +
1999	51.3	46.4	54.9	59.9	N/A	44.4	56.1	54.8	58.6	66.7	55.4	48.2
2002	43.6	40.8	45.9	52.2	40.8	36.7	51.4	52.1	51.9	61.4	50.2	41.7
2004	36.3	33.5	38.7	46.8	34.5	27.0	46.6	46.3	46.7	57.3	44.2	36.7
2006	31.3	29.5	32.7	38.9	26.7	25.4	42.9	43.2	42.2	52.6	38.5	32.8

by Race/Ethnicity (%)

Year	Connecticut by Race/Ethnicity					Nationwide by Race/Ethnicity				
	White	Black	Hispanic	Other	Multiracial	White	Black	Hispanic	Other	Multiracial
1999	50.7	N/A	N/A	N/A	N/A	55.7	62.3	65.3	55.1	N/A
2002	42.3	N/A	N/A	N/A	N/A	50.0	56.7	63.9	62.5	63.5
2004	35.5	N/A	N/A	N/A	N/A	45.4	48.7	60.1	59.0	46.5
2006	30.0	40.4	35.0	N/A	N/A	40.9	46.3	53.4	54.6	50.5

by Annual Income (%)

Year	Connecticut by Annual Income (in \$US)					Nationwide by Annual Income (in \$US)				
	< \$15,000	\$15,000 - \$24,999	\$25,000 - \$34,999	\$35,000 - \$49,999	\$50,000 +	< \$15,000	\$15,000 - \$24,999	\$25,000 - \$34,999	\$35,000 - \$49,999	\$50,000 +
1999	N/A	52.5	N/A	N/A	53.3	62.5	58.0	56.2	58.0	53.9
2002	56.0	44.0	41.6	36.2	44.3	57.7	55.7	52.5	52.0	49.5
2004	43.5	37.2	34.2	40.0	34.8	52.5	49.4	45.8	44.6	44.3
2006	41.6	37.9	30.0	33.0	28.0	49.3	46.1	43.3	40.1	39.3

by Educational Level (%)

Year	Connecticut by Educational Level				Nationwide by Educational Level			
	< High School	HS / GED	Some post-HS	College Grad	< High School	HS / GED	Some post-HS	College Grad
1999	52.4	48.1	55.9	51.0	61.2	59.4	55.6	50.9
2002	52.6	46.7	42.5	39.2	59.2	55.1	50.8	46.0
2004	42.6	41.8	34.4	32.3	54.9	49.2	45.6	41.3
2006	37.2	36.0	32.7	26.6	49.8	45.3	41.4	35.3

* Adults 50 and older who had never had a sigmoidoscopy or colonoscopy. (N/A = data not available.)

Source: Behavioral Risk Factor Surveillance System (BRFSS). Prevalence data: Colorectal Cancer Screening. <http://www.cdc.gov/brfss/index.htm>

Last reviewed/updated: 8/19/2008

Dental Care: No Visit to Dentist in Previous Year *

by Sex & Age Group (%)

Year	Connecticut by Sex & Age Group (in years)									Nationwide by Sex & Age Group (in years)								
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+
1999	20.1	23.2	17.2	20.4	24.0	19.4	16.0	14.3	24.6	30.2	32.2	28.3	26.4	31.3	26.9	25.1	31.6	35.9
2002	18.4	20.7	16.2	21.1	18.8	16.9	15.6	16.7	22.3	29.1	30.8	27.4	26.7	30.8	27.0	25.3	28.3	34.1
2004	19.4	20.8	18.1	21.1	23.0	18.1	15.5	15.4	23.6	29.3	31.6	27.2	27.6	32.4	27.6	25.4	27.5	33.5
2006	19.5	21.7	17.4	23.2	23.5	18.8	15.5	16.1	21.8	29.7	32.0	27.8	30.9	34.1	27.5	27.0	26.6	32.6

by Race/Ethnicity (%)

Year	Connecticut by Race/Ethnicity					Nationwide by Race/Ethnicity				
	White	Black	Hispanic	Other	Multiracial	White	Black	Hispanic	Other	Multiracial
1999	18.0	31.1	30.8	N/A	N/A	27.7	35.5	35.3	32.2	N/A
2002	15.9	26.4	29.3	33.0	N/A	26.8	34.2	33.4	33.4	36.2
2004	17.4	32.4	25.7	N/A	N/A	27.6	36.2	36.5	30.2	40.1
2006	17.3	29.4	30.9	25.3	N/A	27.4	36.2	40.6	30.0	35.3

by Annual Income (%)

Year	Connecticut by Annual Income (in \$US)					Nationwide by Annual Income (in \$US)				
	< \$15,000	\$15,000 - \$24,999	\$25,000- \$34,999	\$35,000 - \$49,999	\$50,000 +	< \$15,000	\$15,000 - \$24,999	\$25,000- \$34,999	\$35,000 - \$49,999	\$50,000 +
1999	40.3	28.0	29.3	18.1	13.0	48.7	41.9	31.9	26.0	16.6
2002	34.1	32.0	25.0	17.4	11.9	47.9	41.9	32.6	25.9	17.1
2004	37.1	32.6	24.1	20.5	12.9	49.1	43.1	33.2	28.2	17.5
2006	42.7	36.7	26.2	21.4	12.6	52.2	45.3	36.3	29.0	18.2

by Educational Level (%)

Year	Connecticut by Educational Level				Nationwide by Educational Level			
	< High School	HS / GED	Some post-HS	College Grad	< High School	HS / GED	Some post-HS	College Grad
1999	37.3	24.0	19.6	11.9	53.5	34.0	26.4	17.9
2002	37.0	23.6	16.7	12.0	50.5	33.0	26.2	17.7
2004	35.6	24.7	20.2	12.8	49.0	34.3	27.1	18.3
2006	42.3	25.1	19.4	12.7	52.7	37.1	28.5	19.0

* Adults who had not visited the dentist or dental clinic for any reason within the previous year. (N/A = data not available.)

Source: Behavioral Risk Factor Surveillance System (BRFSS). Prevalence data: Oral Health. <http://www.cdc.gov/brfss/index.htm>

Last reviewed/updated: 8/19/2008

Diabetes: Have Diabetes *

by Sex & Age Group (%)

Year	Connecticut by Sex & Age Group (in years)									Nationwide by Sex & Age Group (in years)								
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+
1999	4.3	4.4	4.2	0.7	1.2	2.2	4.9	8.4	8.7	5.6	5.9	5.5	0.7	1.2	2.3	5.7	11.0	13.5
2001	6.3	6.5	6.0	0.6	0.9	3.7	6.2	11.3	14.3	6.5	6.6	6.4	0.6	1.5	3.1	7.1	12.1	14.9
2003	5.9	6.5	5.4	1.0	1.4	2.6	5.5	9.5	14.3	7.1	7.2	6.9	0.7	1.6	3.5	7.2	12.9	16.1
2005	6.5	6.4	6.7	0.4	2.4	3.4	6.4	12.2	13.2	7.3	7.7	7.1	0.8	1.9	3.8	7.3	13.0	16.8
2007	7.3	8.1	6.6	2.1	1.2	3.8	6.6	11.0	17.3	8.0	8.1	7.9	1.0	1.7	3.9	7.9	14.1	18.3

by Race/Ethnicity (%)

Year	Connecticut by Race/Ethnicity					Nationwide by Race/Ethnicity				
	White	Black	Hispanic	Other	Multiracial	White	Black	Hispanic	Other	Multiracial
1999	4.3	4.2	3.9	7.5	N/A	5.1	9.0	5.5	6.5	N/A
2001	6.1	10.6	5.4	5.7	N/A	6.0	9.4	6.6	6.8	9.0
2003	5.9	7.5	4.1	5.1	N/A	6.6	10.3	6.2	6.0	7.9
2005	6.1	11.4	8.8	3.7	N/A	6.8	11.4	6.6	7.2	8.3
2007	6.7	15.8	8.1	8.5	10.8	7.6	12.6	7.1	8.3	9.4

by Annual Income (%)

Year	Connecticut by Annual Income (in \$US)					Nationwide by Annual Income (in \$US)				
	< \$15,000	\$15,000 - \$24,999	\$25,000- \$34,999	\$35,000 - \$49,999	\$50,000 +	< \$15,000	\$15,000 - \$24,999	\$25,000- \$34,999	\$35,000 - \$49,999	\$50,000 +
1999	7.9	7.4	5.8	3.7	2.9	10.5	6.9	5.5	3.7	3.3
2001	11.7	9.6	8.7	5.9	3.8	11.7	8.5	5.9	5.3	4.0
2003	12.7	8.6	8.8	7.9	3.2	12.9	9.9	7.2	6.1	4.5
2005	13.8	9.4	9.1	9.9	4.2	13.8	10.2	8.4	6.3	4.6
2007	15.8	13.2	10.2	9.7	5.1	14.3	11.8	9.6	7.6	5.1

by Educational Level (%)

Year	Connecticut by Educational Level				Nationwide by Educational Level			
	< High School	HS / GED	Some post-HS	College Grad	< High School	HS / GED	Some post-HS	College Grad
1999	8.0	4.9	3.0	3.8	10.5	5.9	4.6	3.8
2001	12.8	7.5	6.1	3.9	12.3	7.0	5.9	4.1
2003	8.7	7.5	6.3	4.2	11.7	7.7	6.7	4.9
2005	12.9	8.6	6.9	4.0	12.1	8.4	7.2	5.1
2007	16.2	8.9	7.4	5.2	12.9	9.5	8.0	5.7

* Adults who have been told by a doctor they have diabetes. (N/A = data not available.)

Source: Behavioral Risk Factor Surveillance System (BRFSS). Prevalence data: Diabetes. <http://www.cdc.gov/brfss/index.htm>

Last reviewed/updated: 8/19/2008

Fruit & Vegetable Consumption: Not Enough Fruits & Vegetables *

by Sex & Age Group (%)

Year	Connecticut by Sex & Age Group (in years)									Nationwide by Sex & Age Group (in years)								
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+
2000	70.7	74.1	67.5	73.9	76.1	72.7	71.3	66.5	63.1	76.8	81.1	73.0	78.4	80.8	80.0	77.8	73.1	68.0
2001	71.5	76.8	66.7	71.5	73.9	74.8	73.5	70.0	64.4	76.2	80.4	73.2	80.4	79.9	80.7	77.0	74.2	65.2
2003	70.2	75.2	65.6	72.1	77.9	72.0	69.4	69.2	61.5	77.4	82.4	73.1	79.6	80.5	79.3	77.5	76.4	70.2
2005	72.6	77.8	67.7	76.4	76.0	74.8	71.9	73.8	64.4	76.8	81.4	71.9	79.0	78.3	79.9	77.6	75.2	69.0
2007	71.5	76.8	66.7	71.6	72.5	73.4	74.1	70.2	66.5	75.6	80.6	71.2	77.1	76.5	78.0	76.9	75.1	71.3

by Race/Ethnicity (%)

Year	Connecticut by Race/Ethnicity					Nationwide by Race/Ethnicity				
	White	Black	Hispanic	Other	Multiracial	White	Black	Hispanic	Other	Multiracial
2000	70.0	74.0	75.7	N/A	N/A	76.5	78.8	77.7	78.3	N/A
2001	71.0	77.2	74.0	69.0	N/A	75.1	79.9	76.1	78.7	84.7
2003	69.5	76.0	73.7	69.6	N/A	77.1	78.9	79.5	74.0	79.7
2005	72.4	72.2	71.7	N/A	N/A	76.5	78.5	79.6	74.0	79.6
2007	71.3	74.7	76.1	66.5	N/A	75.5	76.9	77.4	73.4	80.1

by Annual Income (%)

Year	Connecticut by Annual Income (in \$US)					Nationwide by Annual Income (in \$US)				
	< \$15,000	\$15,000 - \$24,999	\$25,000- \$34,999	\$35,000 - \$49,999	\$50,000 +	< \$15,000	\$15,000 - \$24,999	\$25,000- \$34,999	\$35,000 - \$49,999	\$50,000 +
2000	69.3	71.7	68.0	74.4	70.8	77.7	78.1	78.3	77.8	75.5
2001	75.3	74.2	73.5	73.6	69.9	77.0	74.3	77.0	77.6	75.7
2003	74.1	71.5	72.0	73.4	69.4	79.3	78.7	77.9	78.9	76.0
2005	73.5	73.6	73.3	74.2	71.4	79.0	77.9	77.2	77.6	75.1
2007	69.5	77.4	70.6	72.1	71.0	79.3	78.3	77.5	76.8	73.9

by Educational Level (%)

Year	Connecticut by Educational Level				Nationwide by Educational Level			
	< High School	HS / GED	Some post-HS	College Grad	< High School	HS / GED	Some post-HS	College Grad
2000	74.0	75.6	69.5	66.7	80.1	80.4	75.9	72.1
2001	78.7	76.5	70.2	67.2	78.0	80.5	76.0	70.4
2003	77.5	73.4	69.4	67.4	81.8	81.1	77.1	71.8
2005	78.9	75.6	72.5	69.8	81.4	81.0	76.4	70.8
2007	79.5	73.8	71.6	69.3	81.6	80.1	75.5	70.2

* Adults who consumed fruits & vegetables less than 5 times per day. (N/A = data not available.)

Source: Behavioral Risk Factor Surveillance System (BRFSS). Prevalence data: Fruits & Vegetables. <http://www.cdc.gov/brfss/index.htm>

Last reviewed/updated: 8/19/2008

Immunization: No Flu Shot within Previous 12 Months *

by Sex & Age Group (%)

Year	Connecticut by Sex & Age Group (in years)					Nationwide by Sex & Age Group (in years)				
	Total	Male	Female	65 - 74	75 +	Total	Male	Female	65 - 74	75 +
1999	35.2	35.2	35.3	39.8	27.8	32.4	32.9	31.9	36.3	27.8
2002	28.6	29.1	28.2	32.3	23.6	31.4	30.5	30.7	35.4	25.9
2004	26.9	23.2	29.5	29.1	24.9	32.0	30.0	32.0	35.2	26.7
2006	28.9	27.6	29.8	34.5	23.7	30.4	29.4	30.9	35.4	25.6
2007	25.3	23.4	26.7	27.8	23.2	28.0	27.9	28.9	32.4	23.2

by Race/Ethnicity (%)

Year	Connecticut by Race/Ethnicity					Nationwide by Race/Ethnicity				
	White	Black	Hispanic	Other	Multiracial	White	Black	Hispanic	Other	Multiracial
1999	36.0	N/A	N/A	N/A	N/A	30.7	52.2	37.0	23.0	N/A
2002	27.9	N/A	N/A	N/A	N/A	30.6	50.0	37.4	20.9	27.1
2004	26.6	N/A	N/A	N/A	N/A	29.3	46.8	37.9	21.5	0.0
2006	27.5	N/A	N/A	N/A	N/A	28.7	51.6	43.5	20.6	25.8
2007	24.9	N/A	N/A	N/A	N/A	26.2	42.6	33.6	23.5	30.3

by Annual Income (%)

Year	Connecticut by Annual Income (in \$US)					Nationwide by Annual Income (in \$US)				
	< \$15,000	\$15,000 - \$24,999	\$25,000- \$34,999	\$35,000 - \$49,999	\$50,000 +	< \$15,000	\$15,000 - \$24,999	\$25,000- \$34,999	\$35,000 - \$49,999	\$50,000 +
1999	N/A	N/A	N/A	N/A	N/A	37.5	29.6	29.4	24.7	29.8
2002	N/A	28.1	28.2	21.6	30.5	36.4	31.9	28.3	24.7	26.1
2004	27.7	32.5	26.9	21.7	25.3	32.1	32.0	29.3	27.2	27.0
2006	42.7	30.8	27.4	25.3	24.8	37.6	31.5	29.5	27.7	27.5
2007	37.0	25.9	30.9	19.0	22.5	33.6	29.0	26.4	27.2	23.6

by Educational Level (%)

Year	Connecticut by Educational Level				Nationwide by Educational Level			
	< High School	HS / GED	Some post-HS	College Grad	< High School	HS / GED	Some post-HS	College Grad
1999	N/A	37.5	N/A	N/A	37.0	31.2	27.8	25.5
2002	33.6	31.2	24.9	25.4	35.5	31.7	28.8	26.9
2004	34.1	31.7	25.1	21.2	35.6	31.8	30.0	26.5
2006	41.5	30.1	29.0	23.9	36.9	31.5	29.5	25.5
2007	33.2	27.6	21.8	23.3	32.5	28.7	27.5	23.2

* Adults aged 65 and older who had not had a flu shot within the previous 12 months. (N/A = data not available.)

Source: Behavioral Risk Factor Surveillance System (BRFSS). Prevalence data: Immunization. <http://www.cdc.gov/brfss/index.htm>

Last reviewed/updated: 8/19/2008

Immunization: Never Had a Pneumonia Shot *

by Sex & Age Group (%)

Year	Connecticut by Sex & Age Group (in years)					Nationwide by Sex & Age Group (in years)				
	Total	Male	Female	65 - 74	75 +	Total	Male	Female	65 - 74	75 +
1999	51.0	52.7	50.0	55.0	44.5	45.0	46.3	44.3	48.5	39.8
2002	35.5	40.2	32.3	42.4	26.4	37.0	38.8	35.7	42.5	29.4
2004	32.2	30.5	33.4	37.8	27.2	35.4	36.1	33.9	41.3	28.2
2006	31.9	35.9	29.2	40.0	24.6	33.1	34.8	31.6	40.1	25.1
2007	35.1	35.9	34.6	44.4	27.1	32.7	34.5	29.7	39.4	25.0

by Race/Ethnicity (%)

Year	Connecticut by Race/Ethnicity					Nationwide by Race/Ethnicity				
	White	Black	Hispanic	Other	Multiracial	White	Black	Hispanic	Other	Multiracial
1999	51.1	N/A	N/A	N/A	N/A	43.5	72.0	51.8	43.7	N/A
2002	32.9	N/A	N/A	N/A	N/A	34.8	62.3	61.4	41.1	0.0
2004	31.2	N/A	N/A	N/A	N/A	33.0	53.4	59.0	0.0	0.0
2006	29.7	N/A	N/A	N/A	N/A	31.0	52.8	55.3	31.6	32.5
2007	33.9	N/A	N/A	N/A	N/A	30.1	50.5	48.7	26.7	35.6

by Annual Income (%)

Year	Connecticut by Annual Income (in \$US)					Nationwide by Annual Income (in \$US)				
	< \$15,000	\$15,000 - \$24,999	\$25,000- \$34,999	\$35,000 - \$49,999	\$50,000 +	< \$15,000	\$15,000 - \$24,999	\$25,000- \$34,999	\$35,000 - \$49,999	\$50,000 +
1999	N/A	N/A	N/A	N/A	N/A	47.5	44.3	45.3	52.2	38.5
2002	N/A	33.9	30.1	35.9	38.1	37.2	36.3	35.0	36.1	34.6
2004	29.4	29.7	31.0	26.6	37.1	35.5	33.3	32.1	32.5	35.8
2006	42.5	31.1	29.1	30.3	32.6	33.5	31.2	30.8	30.3	33.9
2007	42.1	31.8	34.5	29.6	37.9	33.4	31.8	30.6	31.6	33.9

by Educational Level (%)

Year	Connecticut by Educational Level				Nationwide by Educational Level			
	< High School	HS / GED	Some post-HS	College Grad	< High School	HS / GED	Some post-HS	College Grad
1999	N/A	51.5	N/A	N/A	52.4	46.7	40.8	40.9
2002	N/A	33.1	31.8	35.5	41.4	37.5	33.6	35.5
2004	37.2	32.5	32.8	29.9	38.8	35.3	31.4	33.7
2006	44.3	32.0	31.6	28.3	37.4	32.6	30.7	31.6
2007	38.9	36.1	30.3	36.3	37.6	32.3	29.9	30.8

* Adults 65 and older who had never had a pneumonia shot. (N/A = data not available.)

Source: Behavioral Risk Factor Surveillance System (BRFSS). Prevalence data: Immunization. <http://www.cdc.gov/brfss/index.htm>

Last reviewed/updated: 8/19/2008

Overweight & Obesity: Overweight (but not Obese) *

by Sex & Age Group (%)

Year	Connecticut by Sex & Age Group (in years)									Nationwide by Sex & Age Group (in years)								
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+
2000	36.3	44.4	28.5	22.0	37.1	37.3	35.9	38.5	42.6	36.7	45.1	28.5	26.3	35.0	38.0	39.4	40.4	40.0
2002	37.0	47.7	26.6	25.7	37.1	35.6	34.9	43.8	42.4	37.0	44.7	29.5	25.4	34.7	37.7	39.8	41.0	40.8
2004	36.5	46.1	27.2	25.7	33.4	37.0	37.7	41.8	39.7	36.8	44.4	29.2	26.1	34.6	37.7	39.2	41.7	40.1
2006	38.2	47.9	28.7	26.9	35.8	38.0	41.7	43.5	39.0	36.5	43.7	29.5	26.9	34.5	37.5	38.4	39.8	40.2
2007	37.5	46.8	28.5	25.8	34.9	36.3	38.3	42.7	42.0	36.6	43.1	29.7	26.2	34.9	36.7	38.4	39.8	40.7

by Race/Ethnicity (%)

Year	Connecticut by Race/Ethnicity					Nationwide by Race/Ethnicity				
	White	Black	Hispanic	Other	Multiracial	White	Black	Hispanic	Other	Multiracial
2000	36.5	40.2	37.5	24.5	N/A	36.7	37.5	38.5	32.5	N/A
2002	36.9	40.6	40.0	29.0	N/A	36.9	36.4	37.6	31.9	36.7
2004	36.1	37.6	40.7	34.4	N/A	36.8	35.7	38.3	31.9	35.4
2006	37.8	37.5	45.5	31.4	N/A	36.7	35.1	37.6	31.8	34.3
2007	37.1	33.6	44.4	N/A	N/A	36.7	35.5	38.7	32.1	32.2

by Annual Income (%)

Year	Connecticut by Annual Income (in \$US)					Nationwide by Annual Income (in \$US)				
	< \$15,000	\$15,000 - \$24,999	\$25,000- \$34,999	\$35,000 - \$49,999	\$50,000 +	< \$15,000	\$15,000 - \$24,999	\$25,000- \$34,999	\$35,000 - \$49,999	\$50,000 +
2000	27.9	38.6	34.1	36.3	37.3	31.2	34.7	36.9	38.3	40.0
2002	30.8	33.6	38.7	37.8	39.1	30.8	34.9	36.8	37.6	39.4
2004	26.9	35.3	43.7	32.3	38.9	30.9	34.8	36.3	38.3	39.3
2006	34.2	36.9	35.6	40.6	39.1	31.6	34.4	36.3	37.6	39.0
2007	40.7	34.3	34.0	36.8	39.4	31.9	34.6	36.5	37.5	38.7

by Educational Level (%)

Year	Connecticut by Educational Level				Nationwide by Educational Level			
	< High School	HS / GED	Some post-HS	College Grad	< High School	HS / GED	Some post-HS	College Grad
2000	36.1	35.9	35.7	36.9	36.5	37.0	36.1	37.3
2002	37.4	38.6	34.1	37.8	35.8	37.2	35.5	38.1
2004	37.6	37.5	35.1	36.5	34.8	37.1	36.4	37.5
2006	40.9	38.0	38.9	37.5	32.6	36.9	35.7	38.0
2007	38.4	37.2	36.1	38.2	34.7	36.1	36.1	38.0

* Adults 18 and older who had a body mass index (BMI)[†] between 25.0 and 29.9 [i.e. are overweight, but not obese]. (N/A = data not available.)

[†] Note: BMI is defined as *weight in kilograms divided by height in meters squared* = weight in pounds x 703 / height in inches x height in inches.

Source: Behavioral Risk Factor Surveillance System (BRFSS). Prevalence data: Overweight & Obesity. <http://www.cdc.gov/brfss/index.htm>

Last reviewed/updated: 8/19/2008

Overweight & Obesity: Obesity *

by Sex & Age Group (%)

Year	Connecticut by Sex & Age Group (in years)									Nationwide by Sex & Age Group (in years)								
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+
2000	17.4	18.2	16.6	10.8	13.8	17.3	21.8	24.9	15.5	20.0	20.6	19.8	11.4	18.2	20.9	24.2	26.1	18.2
2002	18.0	19.6	16.5	9.7	14.3	19.6	20.5	24.2	17.6	21.9	23.1	21.3	12.5	20.4	22.5	27.5	27.7	19.5
2004	19.7	20.8	18.6	11.5	18.3	20.4	23.2	24.3	17.7	23.2	23.6	22.5	13.9	22.5	25.3	26.9	29.7	20.3
2006	20.6	21.7	19.5	14.1	20.3	21.0	22.6	23.7	19.4	25.1	25.9	24.4	15.8	24.0	27.6	29.0	31.4	22.0
2007	21.7	23.7	19.9	14.5	21.1	24.3	24.1	23.7	19.1	26.3	27.2	25.9	16.3	26.0	28.7	29.3	32.5	23.0

by Race/Ethnicity (%)

Year	Connecticut by Race/Ethnicity					Nationwide by Race/Ethnicity				
	White	Black	Hispanic	Other	Multiracial	White	Black	Hispanic	Other	Multiracial
2000	16.0	31.0	21.7	13.1	N/A	18.7	30.5	20.3	12.7	N/A
2002	17.1	29.0	23.0	6.7	N/A	20.7	33.7	21.3	15.6	24.3
2004	19.2	30.6	20.4	12.8	N/A	21.9	33.5	24.0	16.5	23.8
2006	20.0	28.6	22.4	13.5	N/A	24.2	36.8	25.5	18.6	27.2
2007	21.8	30.9	20.2	8.5	N/A	25.7	36.8	26.7	19.1	26.3

by Annual Income (%)

Year	Connecticut by Annual Income (in \$US)					Nationwide by Annual Income (in \$US)				
	< \$15,000	\$15,000 - \$24,999	\$25,000- \$34,999	\$35,000 - \$49,999	\$50,000 +	< \$15,000	\$15,000 - \$24,999	\$25,000- \$34,999	\$35,000 - \$49,999	\$50,000 +
2000	24.6	18.6	18.4	20.5	14.5	24.7	23.2	21.3	21.1	17.1
2002	22.5	23.7	19.9	17.9	16.1	26.9	24.2	22.7	23.4	19.8
2004	29.3	23.5	22.5	24.1	17.2	28.3	26.7	24.8	24.4	21.1
2006	27.2	25.8	21.2	21.2	19.8	30.8	29.3	27.0	26.8	23.1
2007	25.1	25.7	23.0	28.2	20.0	32.5	30.9	28.8	28.0	24.3

by Educational Level (%)

Year	Connecticut by Educational Level				Nationwide by Educational Level			
	< High School	HS / GED	Some post-HS	College Grad	< High School	HS / GED	Some post-HS	College Grad
2000	28.5	20.9	17.5	11.7	24.9	22.2	20.0	15.9
2002	26.1	19.9	21.4	12.9	26.2	23.9	21.6	17.2
2004	26.0	23.8	22.0	14.7	28.5	25.2	24.8	17.9
2006	25.7	25.3	22.1	16.3	29.4	27.6	27.4	21.0
2007	27.4	25.9	24.7	17.5	29.6	29.4	28.9	21.2

* Adults 18 and older who had a body mass index (BMI)[†] equal to or greater than 30.0. (N/A = data not available.)

[†] Note: BMI is defined as *weight in kilograms divided by height in meters squared* = weight in pounds x 703 / height in inches x height in inches.

Source: Behavioral Risk Factor Surveillance System (BRFSS). Prevalence data: Overweight & Obesity. <http://www.cdc.gov/brfss/index.htm>

Last reviewed/updated: 8/19/2008

Physical Activity: No Physical Activity in Previous Month *

by Sex & Age Group (%)

Year	Connecticut by Sex & Age Group (in years)									Nationwide by Sex & Age Group (in years)								
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+
2000	25.2	22.5	27.6	16.2	22.5	26.5	23.3	25.1	33.8	26.7	24.0	28.2	18.0	22.9	25.0	26.6	29.8	34.4
2002	22.0	19.6	24.1	23.0	21.2	18.0	18.1	21.8	31.1	24.1	20.9	26.9	17.8	20.8	21.7	23.4	26.2	32.9
2004	18.9	17.0	20.6	18.3	16.1	15.4	16.1	19.5	28.3	22.5	20.5	24.6	17.8	18.6	21.1	22.8	24.3	32.0
2006	19.8	18.4	21.1	12.5	16.7	19.1	18.7	19.5	29.2	22.6	20.6	25.0	16.5	18.9	19.5	22.5	26.3	32.6
2007	19.7	17.6	21.6	15.3	17.2	16.3	19.1	20.1	28.6	22.6	20.5	24.5	17.1	18.6	19.3	22.4	25.6	32.5

by Race/Ethnicity (%)

Year	Connecticut by Race/Ethnicity					Nationwide by Race/Ethnicity				
	White	Black	Hispanic	Other	Multiracial	White	Black	Hispanic	Other	Multiracial
2000	22.1	33.9	39.0	N/A	N/A	24.7	34.2	34.4	26.4	N/A
2002	18.9	29.8	39.2	32.3	N/A	21.3	33.3	34.2	25.5	19.3
2004	17.0	27.2	34.6	14.6	N/A	20.3	30.0	33.4	22.6	19.1
2006	17.3	27.5	34.5	27.5	N/A	20.7	30.3	33.5	23.7	18.0
2007	17.7	30.5	34.5	22.1	N/A	20.8	29.8	33.5	23.1	17.3

by Annual Income (%)

Year	Connecticut by Annual Income (in \$US)					Nationwide by Annual Income (in \$US)				
	< \$15,000	\$15,000 - \$24,999	\$25,000- \$34,999	\$35,000 - \$49,999	\$50,000 +	< \$15,000	\$15,000 - \$24,999	\$25,000- \$34,999	\$35,000 - \$49,999	\$50,000 +
2000	42.8	31.3	30.2	26.9	16.2	40.9	33.4	27.8	24.4	16.6
2002	39.0	43.4	27.8	23.2	11.8	39.2	34.4	26.9	21.5	13.2
2004	38.2	30.7	25.6	18.7	11.3	40.4	32.6	25.6	21.0	13.3
2006	42.2	30.9	28.1	20.9	12.8	40.1	34.4	27.0	22.3	14.3
2007	39.1	33.1	33.1	22.0	12.8	42.1	35.5	27.7	22.5	13.8

by Educational Level (%)

Year	Connecticut by Educational Level				Nationwide by Educational Level			
	< High School	HS / GED	Some post-HS	College Grad	< High School	HS / GED	Some post-HS	College Grad
2000	43.9	33.9	22.0	15.4	46.3	32.3	23.5	15.7
2002	52.4	30.2	18.8	11.8	45.1	31.4	19.9	12.5
2004	42.5	27.0	18.2	10.0	43.0	29.1	19.4	12.6
2006	43.0	28.4	19.4	11.1	41.9	29.2	20.6	12.4
2007	44.0	28.7	19.4	12.1	42.3	30.0	21.3	12.9

* Adults who did not participate in any physical activities during the previous month. (N/A = data not available.)

Source: Behavioral Risk Factor Surveillance System (BRFSS). Prevalence data: Exercise. <http://www.cdc.gov/brfss/index.htm>

Last reviewed/updated: 8/19/2008

Tobacco Use: Current Smokers *

by Sex & Age Group (%)

Year	Connecticut by Sex & Age Group (in years)									Nationwide by Sex & Age Group (in years)								
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+
1999	22.8	25.3	20.6	32.7	27.6	27.3	23.3	12.8	13.0	22.8	24.3	20.9	29.0	26.8	27.3	23.6	20.1	10.4
2001	20.6	21.2	20.1	28.8	21.5	22.9	22.7	16.8	12.4	23.2	25.6	21.4	30.8	26.7	27.5	24.6	20.1	10.1
2003	18.6	19.6	17.7	32.4	21.1	22.3	19.7	13.7	7.1	22.0	24.8	20.2	29.6	25.4	25.6	24.3	19.8	9.5
2005	16.5	17.0	16.2	18.0	23.4	17.4	19.1	15.5	6.6	20.6	22.1	19.2	26.1	24.7	23.2	23.1	18.8	8.9
2007	15.4	16.5	14.4	22.7	18.8	15.8	17.9	13.9	6.5	19.8	21.2	18.4	24.0	23.9	20.4	22.3	18.0	9.0

by Race/Ethnicity (%)

Year	Connecticut by Race/Ethnicity					Nationwide by Race/Ethnicity				
	White	Black	Hispanic	Other	Multiracial	White	Black	Hispanic	Other	Multiracial
1999	22.4	20.2	N/A	15.7	N/A	22.7	22.3	21.0	18.5	N/A
2001	20.5	20.6	21.2	21.4	N/A	22.8	21.9	21.2	21.4	30.9
2003	18.1	20.9	19.6	21.4	N/A	21.9	23.7	19.0	21.6	27.1
2005	16.0	22.0	18.0	12.4	N/A	20.4	20.7	19.5	19.6	29.3
2007	15.2	21.7	15.1	10.5	N/A	19.4	21.7	16.7	18.3	24.1

by Annual Income (%)

Year	Connecticut by Annual Income (in \$US)					Nationwide by Annual Income (in \$US)				
	< \$15,000	\$15,000 - \$24,999	\$25,000- \$34,999	\$35,000 - \$49,999	\$50,000 +	< \$15,000	\$15,000 - \$24,999	\$25,000- \$34,999	\$35,000 - \$49,999	\$50,000 +
1999	26.3	24.9	25.5	34.0	16.5	30.3	28.8	25.5	23.4	16.5
2001	30.1	25.1	28.5	27.0	16.1	30.0	29.8	28.1	24.7	17.7
2003	25.3	28.7	21.7	23.2	15.7	30.9	29.6	26.6	23.8	16.7
2005	21.9	19.6	30.1	22.3	12.5	30.9	28.3	24.9	22.9	15.3
2007	28.0	24.5	22.7	16.9	12.5	31.8	28.5	24.0	21.4	15.0

by Educational Level (%)

Year	Connecticut by Educational Level				Nationwide by Educational Level			
	< High School	HS / GED	Some post-HS	College Grad	< High School	HS / GED	Some post-HS	College Grad
1999	N/A	32.1	24.0	12.3	31.2	27.9	23.1	12.8
2001	27.8	28.5	22.4	12.3	32.1	28.7	24.5	12.7
2003	26.6	27.6	21.8	9.9	33.9	28.2	23.2	11.9
2005	23.4	25.5	19.4	8.5	31.4	26.9	22.3	10.9
2007	28.4	24.3	17.9	7.9	33.2	26.0	21.2	9.6

* Adults 18 and older who had ever smoked 100 cigarettes in their lifetime, and reported smoking every day or some days. (N/A = data not available.)

Source: Behavioral Risk Factor Surveillance System (BRFSS). Prevalence data: Tobacco Use. <http://www.cdc.gov/brfss/index.htm>

Last reviewed/updated: 8/19/2008