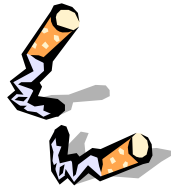




# Tobacco Use Cessation Programs in Connecticut



Birmingham Group Health Services, Inc. \*\*\*\*  
435 East Main Street  
Ansonia, CT 06401  
Attn: Pamela Mautte  
203-736-8566

Harbor Health Services \*\*\*\*  
14 Sycamore Way  
Branford, CT 06405  
Attn: Janine Holstein  
203-483-2630 Ext. 241

Bridgeport Hospital QuitSmart Program  
Respiratory Therapy Department  
267 Grant Street  
Bridgeport, CT 06610  
Attn: Gretchen May Fendo  
203-336-7375

Optimus Health Care, Inc. \*\*  
982 East Main Street  
Bridgeport, CT 06608  
Attn: Sherly D'Haiti  
203-696-3260 Ext. 3381

St. Vincent's Medical Center Foundation  
Teen Smoke Stoppers Program  
2800 Main Street  
Bridgeport, CT 06606  
Attn: Mary Ellen Bolcer  
203-576-5451

Bristol-Burlington Health District  
240 Stafford Avenue  
Bristol, CT 06010  
Attn: Aisha Hamid  
860-584-7682

Bristol Hospital Smoke  
Stoppers Program  
41 Brewster Road  
Bristol, CT 06011-0977  
Attn: Linda Nanav  
860-585-3661

Mountainside Treatment Center  
Nicotine Anonymous  
P.O. Box 717  
Canaan, CT 06018  
Attn: Matt Eikan  
800-762-5433

Danbury Hospital  
Quit Now Smoking Cessation Program  
24 Hospital Avenue  
Danbury, CT 06810  
Attn: Marianne Mitchell  
203-739-8161

American Lung Association Helpline  
45 Ash Street  
East Hartford, CT 06108  
Attn: Michelle Marichal  
860-838-4370

Town of Fairfield  
725 Old Post Road  
Fairfield, CT 06824  
Attn: Sarah Levy  
203-256-3150

Greenwich Hospital  
Community Health Smoke Stoppers  
5 Perryridge Road  
Greenwich, CT 06830  
Attn: Diane DeMain  
203-863-3786

Ledge Light Health District \*\*\*  
943 North Road  
Groton, CT 06340  
Attn: Kerensa Mansfield  
860-448-4882

Town of Guilford Health Dept\* &  
VNA Community Healthcare  
50 Boston Street  
Guilford, CT 06437  
Attn: Kathy Hand  
203-458-4239

Hartford Behavioral Health \*\*\*\*  
One Main Street  
Hartford, CT 06106  
860-727-8703

Hartford Gay & Lesbian Health  
Collective \*\*\*  
PO Box 2094, 1841 Broad Street  
Hartford, CT 06145  
Attn: Cassidy Weyel  
860-278-4163

Hartford Hospital  
80 Seymour Street  
Hartford, CT 06102  
Attn: Jeremy Barbagallo  
860-545-3127

St. Francis Hospital & Medical Center  
Break Free From Smoking  
114 Woodland Street  
Hartford, CT 06105  
Attn: Sally Lerman  
877-783-7262

Meriden Health Department \*  
165 Miller Street  
Meriden, CT 06450  
Attn: Debbie Roman  
203-630-4104

Rushford Center \*\*\*\*  
883 Paddock Avenue  
Meriden, CT 06450  
203-630-5280

Community Health Center, Inc. \*\*  
635 Main Street  
Middletown, CT 06457  
Attn: Khadija Gurnah  
860-347-6971

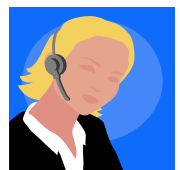
Life Changes LLC  
193 Main Street  
Middletown, CT. 06457  
Attn: Andrew Degling  
860-944-1171

Middlesex Hospital Center for Chronic  
Care Management  
80 South Main Street  
Middletown, CT 06457  
Attn: Andrew Degling  
860-358-3003

Bridges: A Community Support System \*\*\*\*  
949 Bridgeport Avenue  
Milford, CT 06460  
Attn: Barbara DiMauro  
203-878-6365



**Connecticut Quitline**  
Telephone Tobacco Use Cessation Assistance available 7 days a week  
1-800-QUIT-NOW, or 1-800-784-8669



Milford Hospital Education  
Dept, Ready Set Quit  
300 Seaside Avenue  
Milford, CT 06460  
Attn: Diane Frankel Gramelis  
203-876-4003

Hospital of Central Connecticut  
Health Promotion Quitting Time  
100 Grand Street  
New Britain, CT 06052  
Attn: Donna Murphy  
860-224-5433

AIDS Project New Haven, Inc. \*\*\*  
1302 Chapel Street  
New Haven, CT 06511  
Attn: Nick Boshnack  
203-624-0947 Ext. 241

Fair Haven Community Health  
Clinic, Inc. \*\*, \*\*\*  
374 Grand Ave  
New Haven, CT 06513  
Attn: Anne Somsel  
203-777-7411

Fellowship Place\*\*\*\*  
441 Elm Street  
New Haven, CT 06511  
Attn: Carol Damsky  
203-401-4227 Ext. 127

Hill Health Center \*\*  
Health Promotion Quitting Time  
428 Columbus Avenue  
New Haven, CT 06519  
Attn: Kasey Spreyer  
203-503-3089

Hospital of Saint Raphael  
Haelen Center \*\*\*  
1450 Chapel Street  
New Haven, CT 06511  
Attn: Doreen DeCerbo  
203-789-4146

Yale School of Medicine  
Freedom from Smoking  
50 York Street  
New Haven, CT 06511  
Attn: Michelle Cand/Susan  
203-974-7588

VA CT Healthcare System  
Smoking Cessation Treatment  
555 Willard Avenue  
Newington, CT 06111  
Attn: Regina Gilbert  
860-594-6302

New Milford Hospital Freshstart  
21 Elm Street  
New Milford, CT 06776  
Attn: Dorothy Christman  
860-350-7216

Girl Scouts of Connecticut  
20 Washington Avenue  
North Haven, CT 06473  
Attn: Cathy Monckton  
203-239-2922 Ext 3342

Norwalk Hospital Stop Smoking  
34 Maple Street  
Norwalk, CT 06856  
Attn: Margaret Haggerty  
203-852-2484

Day Kimball Hospital  
Wellness Program  
320 Pomfret Street  
Putnam, CT 06260  
Attn: Elaine Tuner  
860-928-6541\*2015

The Stamford Hospital  
Tully Health Care Center  
32 Strawberry Hill Court  
Stamford, CT 06904  
Attn: Mary Judge  
203-276-7875

Charlotte Hungerford Hospital  
Pulmonary Education (FFS)  
780 Litchfield Street  
Torrington, CT 06790  
Attn: Sandy Markus  
860-496-9381

**Tobacco Use Prevention & Control  
Program**  
**410 Capitol Avenue**  
**Hartford, CT 06134**  
**860-509-8251**  
**[www.ct.gov/dph/tobacco](http://www.ct.gov/dph/tobacco)**

Heart Center of Greater Waterbury  
Freedom from Smoking  
1075 Chase Parkway  
Waterbury, CT 06722  
Attn: Mary Hallenbeck  
203-575-1992

Staywell Health Center \*\*  
80 Phoenix Avenue  
Waterbury, CT 06702  
Attn: Christina Pires  
203-756-8021

Generations Family Health  
Center \*\*, \*\*\*  
Healthcare Access & Promotions  
1315 Main Street  
Willimantic, CT 06226  
Attn: Leigh Duffy  
860-450-7456

National Cancer Institute  
U.S. National Institutes of Health  
800-4-cancer (800-422-6237)  
[www.cancer.gov](http://www.cancer.gov)

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\* Programs funded from  
7/1/09-6/30/10 by DPH with  
funding from the Preventive  
Health Block Grant

\*\* These community health  
center programs are targeted to  
pregnant women or women of  
childbearing age (13-44 years  
old) for the period from 11/1/08  
to 6/30/10

\*\*\* These community-based  
programs are funded from  
9/1/09 to 6/30/11 by DPH  
through Tobacco and Health  
Trust Fund

\*\*\*\* These tobacco use cessation  
services target individuals with  
mental illness, funded by DPH  
through Tobacco and Health  
Trust Funding for the period  
from 9/1/09 to 6/30/11



**BecomeAnEX.org**  
Re-learn Life Without Cigarettes  
National Alliance for Tobacco Cessation

