

# 2007

## CONNECTICUT SCHOOL HEALTH SURVEY YOUTH TOBACCO COMPONENT

### STUDENT QUESTIONNAIRE

This survey is about tobacco use. This is NOT a test! It will help **develop better tobacco use education programs** for young people like you.

**DO NOT WRITE YOUR NAME ON THE SURVEY OR ANSWER SHEET.** Your answers will be kept private. **No one will know what you write.** Answer the questions based on what you really know or do.

Taking part in this survey is voluntary. Your grades will not be affected, and no one will ever know your answers.

The questions about your background will only be used to describe the types of students completing this survey. **The information will not be used to find out your name.** No names will ever be reported.

Make sure you read every question on the survey. Be as honest as you can with your answers. **USE THE PENCIL PROVIDED. Be sure you fill in the circles completely.** When you are finished, sit quietly and wait for instructions from the person giving the survey.

**This is a blank page**

**Directions**

- Use a #2 pencil only
- Make dark marks.
- Fill in a response like this: A B C D
- To change your answer, erase completely

**THE FIRST QUESTIONS ASK FOR SOME BACKGROUND INFORMATION ABOUT YOURSELF.**

- 1. How old are you?**
  - a. 11 years old or younger
  - b. 12 years old
  - c. 13 years old
  - d. 14 years old
  - e. 15 years old
  - f. 16 years old
  - g. 17 years old
  - h. 18 years old or older
- 2. What is your gender?**
  - a. Female
  - b. Male
- 3. What grade are you in?**
  - a. 6th
  - b. 7th
  - c. 8th
  - d. 9th
  - e. 10th
  - f. 11th
  - g. 12<sup>th</sup>
  - h. Ungraded or other grade
- 4. How do you describe yourself? (You can CHOOSE ONE ANSWER, or MORE THAN ONE)**
  - a. American Indian or Alaskan Native
  - b. Asian
  - c. Black or African American
  - d. Hispanic or Latino
  - e. Native Hawaiian or Other Pacific Islander
  - f. White

- 5. Which one of these groups BEST describes you? (CHOOSE ONLY ONE ANSWER)**
  - a. American Indian or Alaska Native
  - b. Asian
  - c. Black or African American
  - d. Hispanic or Latino
  - e. Native Hawaiian or Other Pacific Islander
  - f. White

**6. How tall are you without your shoes on?**

**Directions:** Write your height in the shaded blank boxes. Fill in the matching oval below each number.

**Example:**

Height	
Feet	Inches
5	11
③	⑩
④	①
●	②
⑥	③
⑦	④
	⑤
	⑥
	⑦
	⑧
	⑨
	⑩
	●

**7. How much do you weigh without your shoes on?**

**Directions:** Write your weight in the shaded blank boxes. Fill in the matching oval below each number.

**Example:**

<b>Weight</b>		
<i>Pounds</i>		
<b>1</b>	<b>5</b>	<b>3</b>
●	①	①
②	①	①
③	②	②
	③	●
	④	④
	●	⑤
	⑥	⑥
	⑦	⑦
	⑧	⑧
	⑨	⑨

**8. During the past 12 months, how would you describe your grades in school?**

- a. Mostly As
- b. Mostly Bs
- c. Mostly Cs
- d. Mostly Ds
- e. Mostly Fs
- f. None of these grades
- g. Not sure

**9. During the last 4 weeks, about how much money did you have each week to spend any way you wanted to?**

- a. None
- b. Less than \$1
- c. \$1 to \$5
- d. \$6 to \$10
- e. \$11 to \$20
- f. \$21 to \$50
- g. More than \$50

**10. During the past 12 months, how many times did you gamble for money or possessions? (Include buying lottery tickets, betting money on sports teams, or playing card games for money.)**

- a. 0 times
- b. 1 to 5 times
- c. 6 to 15 times
- d. 16 to 25 times
- e. 26 or more times

**THE NEXT GROUP OF QUESTIONS ASKS ABOUT TOBACCO USE.**

**Cigarette Smoking**

**11. Have you ever tried cigarette smoking, even one or two puffs?**

- a. Yes
- b. No

**12. How old were you when you smoked a whole cigarette for the first time?**

- a. I have never smoked a whole cigarette
- b. 8 years old or younger
- c. 9 or 10 years old
- d. 11 or 12 years old
- e. 13 or 14 years old
- f. 15 or 16 years old
- g. 17 years old or older

**13. About how many cigarettes have you smoked in your entire life?**

- a. None
- b. 1 or more puffs but never a whole cigarette
- c. 1 cigarette
- d. 2 to 5 cigarettes
- e. 6 to 15 cigarettes (about 1/2 a pack total)
- f. 16 to 25 cigarettes (about 1 pack total)
- g. 26 to 99 cigarettes (more than 1 pack, but less than 5 packs)
- h. 100 or more cigarettes (5 or more packs)

**14. Have you ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days?**

- a. Yes
- b. No

**15. During the past 30 days, on how many days did you smoke cigarettes?**

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

**16. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?**

- a. I did not smoke cigarettes during the past 30 days
- b. Less than 1 cigarette per day
- c. 1 cigarette per day
- d. 2 to 5 cigarettes per day
- e. 6 to 10 cigarettes per day
- f. 11 to 20 cigarettes per day
- g. More than 20 cigarettes per day

**17. During the past 30 days, what brand of cigarettes did you usually smoke? (CHOOSE ONLY ONE ANSWER)**

- a. I did not smoke cigarettes during the past 30 days
- b. GPC, Basic, or Doral
- c. Virginia Slims
- d. Newport
- e. Marlboro
- f. Camel
- g. Some other brand
- h. I do not have a usual brand

**18. During the past 30 days, how did you usually get your own cigarettes? (CHOOSE ONLY ONE ANSWER)**

- a. I did not smoke cigarettes during the past 30 days
- b. I took them from a store or family member
- c. A person 18 years old or older gave them to me
- d. I borrowed (or bummed) them from someone else
- e. I gave someone else money to buy them for me
- f. I bought them from a vending machine
- g. I bought them in a store such as a convenience store, supermarket, discount store, or gas station
- h. I got them some other way

**19. During the past 30 days, where did you buy the last pack of cigarettes you bought? (CHOOSE ONLY ONE ANSWER)**

- a. I did not buy a pack of cigarettes during the past 30 days
- b. I bought them over the Internet
- c. A vending machine
- d. A drugstore
- e. A grocery store
- f. A convenience store
- g. A gas station

**20. When you bought or tried to buy cigarettes in a store during the past 30 days, were you ever asked to show proof of age?**

- a. I did not try to buy cigarettes in a store during the past 30 days
- b. Yes, I was asked to show proof of age
- c. No, I was not asked to show proof of age

**21. During the past 30 days, did anyone ever refuse to sell you cigarettes because of your age?**

- a. I did not try to buy cigarettes in a store during the past 30 days
- b. Yes, someone refused to sell me cigarettes because of my age
- c. No, no one refused to sell me cigarettes because of my age

**22. During the past 30 days, on how many days did you smoke cigarettes on school property?**

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

**23. When was the last time you smoked a cigarette, even one or two puffs?**

- a. I have never smoked even one or two puffs
- b. Earlier today
- c. Not today but sometime during the past 7 days
- d. Not during the past 7 days but sometime during the past 30 days
- e. Not during the past 30 days but sometime during the past 6 months
- f. Not during the past 6 months but sometime during the past year
- g. 1 to 4 years ago
- h. 5 or more years ago

**24. How long can you go without smoking before you feel like you need a cigarette?**

- a. I have never smoked cigarettes
- b. I do not smoke now
- c. Less than an hour
- d. 1 to 3 hours
- e. More than 3 hours but less than a day
- f. A whole day
- g. Several days
- h. A week or more

**25. How soon after you wake up do you smoke your first cigarette?**

- a. I have never smoked cigarettes
- b. I do not smoke now
- c. Less than 15 minutes
- d. 15 to 30 minutes
- e. More than 30 but less than 60 minutes
- f. 1 to 2 hours
- g. More than 2 hours

**26. Do you want to stop smoking cigarettes?**

- a. I do not smoke now
- b. Yes
- c. No

**27. When was the last time you saw a doctor or nurse for a check-up or physical exam when you were not sick or injured?**

- a. Less than 12 months ago
- b. Between 12 and 24 months ago
- c. More than 24 months ago
- d. Never
- e. Not sure

**28. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?**

- a. During the past 12 months
- b. Between 12 and 24 months ago
- c. More than 24 months ago
- d. Never
- e. Not sure

**29. Within the past 12 months, have you been told by a dental health professional that you have new dental cavities?**

- a. No, I have not been told that I have new dental cavities
- b. Yes, I was told that I have one new cavity
- c. Yes, I was told that I have more than one new cavity
- d. Not sure

**30. During the past 12 months, did any doctor, dentist, nurse, or other health professional ask you if you smoke?**

- a. Yes
- b. No
- c. Don't know / not sure

**31. During the past 12 months, did any doctor, dentist, nurse, or other health professional advise you not to smoke?**

- a. Yes
- b. No
- c. Don't know / not sure

**32. Has a doctor or nurse ever told you that you have asthma?**

- a. Yes
- b. No
- c. Not sure

**33. Do you still have asthma?**

- a. I have never had asthma
- b. Yes
- c. No
- d. Not sure

**34. Has a doctor or nurse ever told you that you have diabetes?**

- a. Yes
- b. No
- c. Not sure

**35. During the past 12 months, did you ever try to quit smoking cigarettes?**

- a. I did not smoke during the past 12 months
- b. Yes
- c. No

**36. How many times during the past 12 months have you stopped smoking for one day or longer because you were trying to quit smoking?**

- a. I have not smoked in the past 12 months
- b. I have not tried to quit
- c. 1 time
- d. 2 times
- e. 3 to 5 times
- f. 6 to 9 times
- g. 10 or more times

**37. When you last tried to quit, how long did you stay off cigarettes?**

- a. I have never smoked cigarettes
- b. I have never tried to quit
- c. Less than a day
- d. 1 to 7 days
- e. More than 7 days but less than 30 days
- f. 30 days or more but less than 6 months
- g. 6 months or more but less than a year
- h. 1 year or more

**38. How many servings of fruits or vegetables did you eat yesterday? (This includes a glass of 100% fruit juice but would not include sports drinks, potato chips, or French fries.)**

- a. I did not eat any fruits or vegetables yesterday
- b. 1 serving
- c. 2 servings
- d. 3 servings
- e. 4 servings
- f. 5 servings
- g. 6 servings or more

**Smokeless Tobacco: Chewing Tobacco, Snuff, or Dip**

39. Have you ever used chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?
- Yes
  - No
40. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip?
- 0 days
  - 1 or 2 days
  - 3 to 5 days
  - 6 to 9 days
  - 10 to 19 days
  - 20 to 29 days
  - All 30 days
41. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip on school property?
- 0 days
  - 1 or 2 days
  - 3 to 5 days
  - 6 to 9 days
  - 10 to 19 days
  - 20 to 29 days
  - All 30 days

**Cigars**

42. Have you ever tried smoking cigars, cigarillos, or little cigars, even one or two puffs?
- Yes
  - No

43. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?
- 0 days
  - 1 or 2 days
  - 3 to 5 days
  - 6 to 9 days
  - 10 to 19 days
  - 20 to 29 days
  - All 30 days

**Pipe**

44. During the past 30 days, on how many days did you smoke tobacco in a pipe?
- 0 days
  - 1 or 2 days
  - 3 to 5 days
  - 6 to 9 days
  - 10 to 19 days
  - 20 to 29 days
  - All 30 days

**Bidis and Kreteks**

**THE NEXT QUESTIONS ARE ABOUT BIDIS (OR “BEEDIES”) AND KRETEKS (ALSO CALLED “CLOVE CIGARETTES”). BIDIS ARE SMALL BROWN CIGARETTES FROM INDIA CONSISTING OF TOBACCO WRAPPED IN A LEAF TIED WITH A THREAD. KRETEKS ARE CIGARETTES CONTAINING TOBACCO AND CLOVE EXTRACT.**

45. Have you ever tried smoking any of the following:
- Bidis
  - Kreteks
  - I have tried both bidis and kreteks
  - I have never smoked bidis or kreteks

**46. During the past 30 days, on how many days did you smoke bidis?**

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

**THE NEXT QUESTIONS ASK ABOUT YOUR THOUGHTS ABOUT TOBACCO.**

**47. Do you think that you will try a cigarette soon?**

- a. I have already tried smoking cigarettes
- b. Yes
- c. No

**48. Do you think you will smoke a cigarette at anytime during the next year?**

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

**49. If one of your best friends offered you a cigarette, would you smoke it?**

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

**50. In the past 12 months, how often have your parents or guardians discussed the dangers of tobacco use with you?**

- a. Never
- b. Rarely
- c. Sometimes
- d. Often
- e. Very often

**51. Do your parents know that you smoke cigarettes?**

- a. I do not smoke cigarettes
- b. Yes
- c. No
- d. Don't know / not sure

**52. Have your parents ever told you not to smoke cigarettes?**

- a. Yes
- b. No
- c. Not sure

**53. Do you think people can get addicted to using tobacco just like they can get addicted to using cocaine or heroin?**

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

**54. Do you think young people who smoke cigarettes have more friends?**

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

**55. Do you think smoking cigarettes makes young people look cool or fit in?**

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

**56. Do you think smoking cigarettes helps people feel more comfortable at parties or in other social situations?**

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

**57. Do you think you would be able to quit smoking cigarettes now if you wanted to?**

- a. I do not smoke now
- b. Yes
- c. No

**58. How much would a pack of cigarettes have to cost for you to consider quitting smoking?**

- a. I do not smoke cigarettes
- b. \$5.00-\$5.99
- c. \$6.00-\$6.99
- d. \$7.00-\$7.99
- e. \$8.00 or more
- f. The price of cigarettes would not make me consider quitting
- g. Don't know / not sure

**59. During this school year, were you taught in any of your classes about the dangers of tobacco use?**

- a. Yes
- b. No
- c. Not sure

**60. During this school year, did you practice ways to say NO to tobacco in any of your classes (for example by role-playing)?**

- a. Yes
- b. No
- c. Not sure

**61. As far as you know, do any teachers, other school employees, or visitors smoke on your school's campus?**

- a. Yes
- b. No
- c. Not sure

**62. On how many of the past 7 days did you take part in organized after school, evening, or weekend activities (such as school clubs, sports, community center groups, music/art/dance lessons, drama, church, or other supervised activities)?**

- a. 0 days
- b. 1 day
- c. 2 days
- d. 3 days
- e. 4 days
- f. 5 days
- g. 6 days
- h. 7 days

**63. On an average school night, how many hours of sleep do you get?**

- a. 4 hours or less
- b. 5 hours
- c. 6 hours
- d. 7 hours
- e. 8 hours
- f. 9 hours
- g. 10 hours or more

**64. When you are away from home, how often do your parents or other adults in your family know where you are?**

- a. Never
- b. Rarely
- c. Sometimes
- d. Most of the time
- e. Always

**65. On a school day, how many hours do you usually spend after school without an adult present?**

- a. 0 hours
- b. Less than one hour
- c. 1 hour
- d. 2 hours
- e. 3 hours
- f. 4 hours
- g. 5 or more hours

- 66. Do you agree that your family loves you and gives you help and support when you need it?**
- a. Strongly agree
  - b. Agree
  - c. Not sure
  - d. Disagree
  - e. Strongly disagree

**THE NEXT QUESTIONS ASK ABOUT EVENTS YOU MAY HAVE ATTENDED OR WHAT YOU HAVE SEEN ON TV, AT THE MOVIES, OR ON THE INTERNET.**

- 67. During the past 12 months, have you participated in any community activities to discourage people your age from using cigarettes, chewing tobacco, snuff, dip, or cigars?**
- a. Yes
  - b. No
  - c. I did not know about any activities
- 68. During the past 30 days, have you seen or heard commercials on TV, the Internet, or on the radio about the dangers of cigarette smoking?**
- a. Not in the past 30 days
  - b. 1-3 times in the past 30 days
  - c. 1-3 times per week
  - d. Daily or almost daily
  - e. More than once a day
- 69. When you see actors on TV or in the movies using tobacco, what is the message you think is portrayed most often?**
- a. I have not seen actors using tobacco
  - b. Tobacco use makes you a rebel
  - c. Tobacco use makes you look cool
  - d. Tobacco use makes you an “outsider”
  - e. Tobacco use can be harmful to your health
  - f. Tobacco use is something that most people do
  - g. None of the above, but another message is portrayed
  - h. Not sure / there is no message

**SOME TOBACCO COMPANIES MAKE ITEMS LIKE SPORTS GEAR, T-SHIRTS, LIGHTERS, HATS, JACKETS, AND SUNGLASSES THAT PEOPLE CAN BUY OR RECEIVE FREE.**

- 70. During the past 12 months, did you buy or receive anything that has a tobacco company name or picture on it?**
- a. Yes
  - b. No
- 71. Would you ever use or wear something that has a tobacco company name or picture on it such as a lighter, t-shirt, hat, or sunglasses?**
- a. Definitely yes
  - b. Probably yes
  - c. Probably not
  - d. Definitely not

**THE NEXT QUESTIONS ASK ABOUT YOUR EXPOSURE TO TOBACCO USE.**

- 72. During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?**
- a. 0 days
  - b. 1 or 2 days
  - c. 3 or 4 days
  - d. 5 or 6 days
  - e. 7 days
- 73. Which of these best describes the rules about smoking inside the house where you live? Smoking is...**
- a. Never allowed inside my home
  - b. Allowed only at some times or in some places
  - c. Always allowed inside my home

**74. What do you think people should do about smoking inside their home? People should ...**

- a. Never allow smoking inside their home
- b. Allow smoking at some times or in some places
- c. Always allow smoking inside their home.

**75. Which of the following best describes the rules about smoking in the vehicle you drive or ride in the most? Smoking is ...**

- a. Never allowed inside the vehicle
- b. Sometimes allowed inside the vehicle
- c. Always allowed inside the vehicle.

**76. What do you think people should do about smoking in their vehicles? People should ...**

- a. Never allow smoking in their vehicles
- b. Allow smoking at some times in their vehicles
- c. Always allow smoking in their vehicles.

**77. During the past 7 days, on how many days did you ride in a car with someone who was smoking cigarettes?**

- a. 0 days
- b. 1 or 2 days
- c. 3 or 4 days
- d. 5 or 6 days
- e. 7 days

**78. What do you think employers should do about smoking in indoor areas in places where people work? Employers should...**

- a. Never allow smoking in places where people work
- b. Allow smoking only at some times or in some places
- c. Always allow smoking in places where people work

**79. Which of these best describes smoking where you work? Smoking is...**

- a. I do not have a job
- b. Never allowed where I work
- c. Allowed smoking but only at some times or in some places
- d. Always allowed where I work

**80. On how many of the past 7 days did you breathe the smoke from someone who was smoking in the place where you work?**

- a. I do not have a job
- b. I have a job but did not work in the past 7 days.
- c. 0 days
- d. 1 to 3 days
- e. 4 to 6 days
- f. All 7 days

**81. Now think about indoor public places such as malls, movie theaters, clubs or restaurants. Which of these best describes what you think about smoking in indoor public places? Smoking should...**

- a. Never be allowed in indoor public places
- b. Be allowed in indoor public places but only at some times or in some areas
- c. Always be allowed in indoor public places

**82. Do you think the smoke from other people's cigarettes is harmful to you?**

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

**83. Does anyone who lives with you now smoke cigarettes?**

- a. Yes
- b. No

**This is the end of the survey. Thank you very much for your help!**