

Connecticut WIC Program Statewide Meeting
September 18, 2015
9:00 AM - 3:30 PM
Location: West Hartford Meeting Center

Time	Topic/Presenter	Learning Objectives Attendees will be able to:
9:00am - 9:15am	<p style="text-align: center;">Welcome, Introductions, and Announcements</p> <p style="text-align: center;">Marge Chambers MS, RD</p>	
9:15am – 9:30am .25 CPE	<p style="text-align: center;">Perinatal Depression – Data Reports PRAMS (Pregnancy Risk Assessment Monitoring System)/ PRATS (Pregnancy Risk Assessment Tracking System)</p> <p style="text-align: center;">Marilyn Lonczak MEd, RD, CLC Pamela Beaulieu CLC</p>	<ul style="list-style-type: none"> • Define PRATS and PRAMS • Identify existing number or percent of WIC moms reporting depression symptoms based on PRATS data
9:30am - 10:45am 1.25 CPE	<p style="text-align: center;">Identifying Pregnancy and Postpartum Emotional Complications in Connecticut WIC Programs</p> <p style="text-align: center;">Jennifer Vendetti, MSW Perinatal Support and Group Coordinator Nurturing Families Program UCONN Health</p>	<ul style="list-style-type: none"> • State one reason why raising awareness among WIC nutrition services staff about pregnancy and postpartum emotional and psychological distress is important to a Value Enhanced Nutrition Assessment (VENA) in WIC • Define Perinatal Mood and Anxiety Disorders (PMADs) and identify 1 common pathway to distress • Cite 2 ways in which WIC Nutrition staff can assist in addressing perinatal emotional complications. • Develop communication mechanisms to provide WIC moms with education and support about common PMADs
10:45am -11:00am	BREAK	
11:00 - 12:00pm 1.00 CPE	<p style="text-align: center;">Identifying Pregnancy and Postpartum Emotional Complications in Connecticut WIC Programs, cont.</p> <p style="text-align: center;">Jennifer Vendetti, MSW Perinatal Support and Group Coordinator Nurturing Families Program UCONN Health</p>	<ul style="list-style-type: none"> • Describe 2 questions on the Edinburgh Postnatal Depression Scale • Explain the importance of be aware of referral pathways and community resources to support WIC moms with PMADs • Verbalize one way breastfeeding (if going well) can impact a new mothers mood and emotional state

12:00pm - 1:00pm	Lunch break- On your own	
1:00pm – 1:45pm .75 CPE	<p>MIS/EBT Update</p> <p>Robert Longley, Project Manager CT DPH MIS/EBT Project Pamela Beaulieu, Nutrition Consultant Erica Woodward, TVCCA WIC</p> <p>CT-WIC/eWIC Learning Activity Shane Gamble, Bridgeport SW CHC WIC Kera Morissette, Day Kimball WIC Nicole Falcone, Stamford WIC</p>	<ul style="list-style-type: none"> • Identify one area that the Policy and Business Processes teams are working on • List 2 advertising/marketing strategies that the Communication and Marketing teams are working on • State one objective the Training and Education teams are planning to achieve by November 2015 • Identify one area that the Technology teams are currently working on
1:45pm -2:30pm .75 CPE	<p>Motivational Interviewing/BMI Guide</p> <p>Luz Hago, RD, CDE, CDN Shelley Carpenter, Meriden WIC Jennifer Gemmell, SRC New Haven WIC Cathy Murphy, Middletown WIC</p>	<ul style="list-style-type: none"> • Identify 2 methods of gathering information in Motivational Interviewing • State one Key Educational Message or question to ask when providing a child’s BMI/growth information
2:30pm – 2:45pm .25 CPE	<p>Breastfeeding Updates</p> <p>Marilyn Lonczak MEd, RD, CLC Pamela Beaulieu CLC</p>	<ul style="list-style-type: none"> • List two (2) new BF content sheets topics in development for 2016
2:45pm – 3:15pm .50 CPE	<p>Formula Updates – Special formula changes</p> <p>Luz Hago, RD, CDE, CDN Pamela Beaulieu CLC</p>	<ul style="list-style-type: none"> • List one process change for assisting WIC participants in obtaining special formula at a pharmacy or store
3:15pm – 3:30-pm	Wrap-Up and Evaluations	

For State and local agency WIC staff that track Continuing Professional Education (CPEs) for CDR (Commission on Dietetics Registration), please keep a copy of this agenda for your portfolio and records.

CPEs: This Statewide Meeting provides up to 4.75 CPEs for attendees.