

Do YOU...

...LIVE in a nursing facility?

**...know you have a RIGHT to choose
where you live, including an
apartment in the community?**

**...want to KNOW
your options?**

We can HELP.

**For more information, call [1-800-261-3769](tel:1-800-261-3769)
and ask for “My Community Choices.”**

Barbara CHOSE to live in the community.



To find out about
YOUR options, call

1-800-261-3769 and ask
for **“My Community Choices.”**

I am 49 years old and have a spinal cord injury as a result of an auto accident. After rehabilitation, I was transferred to a nursing facility. While I was there, the local Center for Independent Living informed me about “My Community Choices”. I chose to move back to the community. It took 6 months to find an accessible apartment where I lived while I waited for a more suitable home. I moved into my new home a year later. I also returned to my work as a speech pathologist. My greatest challenge is the need to depend on others for completing everyday tasks such as cooking and putting on my make-up. With help from family, friends, my service dog, and others in the Waterford community, I made “My Community Choices” reality.

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