



Use Cases: Direct for APRNs

Direct is being deployed by nurses, physicians and hospitals across the nation. Some of the current use cases for Direct include:

- Receive admit/discharge notifications
 - Receive lab results
 - Refer patients to specialists
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Scenario:

A female patient is admitted to the hospital with syncope. She undergoes an EKG and a CT scan while in the hospital, and is diagnosed with an arrhythmia. She is prescribed propranolol and is discharged after two days with instructions to stay on her medication and avoid caffeine. She is also instructed to contact her PCP immediately.

Receive admit/discharge notifications

Use Case: Through Direct Messaging, the patient's APRN can be instantly notified when the patient was admitted to the hospital with syncope. The notification can include information such as the patient's name, DOB and reason for admission. Upon discharge, the APRN will be notified and will receive information including the patient's diagnosis and follow up instructions.

Benefits: Direct improves the transition of care from the hospital to the APRN, allowing the APRN to respond quickly to changes in their patients' health. Automated admit/discharge notifications are faster and more reliable than fax or mail. Providers can access these notifications from mobile devices, home or office computers, allowing the APRN to quickly respond and to ensure the appropriate follow up care. The data can be easily consumed by the current EHR, so information does not get lost or delayed.

Receive lab results

Use Case: The patient underwent a CT scan and an EKG during hospitalization as well as routine blood work. Through Direct the results of these tests are sent electronically to the provider and are integrated into their EHR.

Benefits: Direct ensures that lab results are sent immediately to the APRN, so all of the information is in the APRN's hands before the patient's follow up visit. Direct also eliminates difficulties reading test results (such as EKGs) that come over the fax machine.

Refer patients to specialists

Use Case: The patient's follow up exam reveals the need to refer to a cardiologist. Her APRN, through electronic Direct communications, can easily send a referral to the desired cardiologist. The cardiologist can receive the referral instantly, along with the patient's history, hospitalization details, medications, lab results and current diagnosis. With SES Direct, it is simple for the APRN to extract this information from their EHR, and equally simple for the cardiologist's (different) EHR to consume the information.

Benefits: Sending referrals and histories electronically is faster and more reliable than sending the information by mail or by fax. The specialist will have all of the information needed before seeing the patient, and it will be simple and fast for the specialist to respond to the APRN with a summary of care. Direct simplifies the communications between the APRN, and specialists, improving transitions of care.

Why do Nurses need Direct?

- Receive healthcare information instantly, on any device
- Improve transitions of care
- When information follows the patient, quality of care is improved

