From: Sherrie Sharp
To: Veltri, Victoria
Subject: Thank you for the panel yesterday
Date: Thursday, October 18, 2012 8:12:42 AM

Dear Ms. Veltri,

Thank you very much for the opportunity to give testimony yesterday. I appreciate that you and your staff made yourselves available to hear from the community what it's like out there from the patients' and providers' points of view.

Reflecting on my testimony I realized two things: I forgot to thank the group clearly and I didn't explain one of the insurance issues well. I had cut my remarks significantly to stay within the five minute timeframe.

Towards the end I mentioned the 6-year-old boy who was on a medication for ADHD that also impacts blood pressure. His mother is an employee of the State of Connecticut. Due to non-compliance issues I wrote for a 30 day prescription. I interacted with CVS Caremark several times to get an exception to the 90 day rule. They did a couple of things that are concerning: 1) During this process they entered my 30-day prescription (with no refills) into the system as a 90 day prescription with instructions to mail out 30 days worth at a time-BUT AUTOMATICALLY. In essence they altered a physician's prescription without the authority to do so. 2) They gave this mother such a run-around that there was no way she could make good decisions about how to maintain continuous treatment. They told her multiple times that the medication was in the mail, but then when she would call back she could tell by the response the next time it had not been mailed. Also when the medication arrived the postal stamp indicated that it was much later that medication was stamped by the postal service.

The effect was that this boy went on and off his medication multiple times during the course of treatment.

The other impact that the 90 rule has in Child Psychiatry is that parents do not bring their child in monthly to be seen if they have medication at home. That makes it much more likely that they get off track and then we see the families in crisis instead of being able to prevent the crisis by seeing them more regularly. For any patient following up monthly the 90 day rule impedes care.

Again, thank you for listening. Please let me know if I can help provide clearer information to help with this issue or other issues. I appreciated being at the meeting and hearing the other testimony as well.

Sincerely,

Sherrie Sharp, MD
Child and Adolescent Psychiatrist
Child and Family Agency of Southeastern Connecticut
860-437-4550 Ext. 222

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