Connecticut Chart

Psycho-therapy Profes-sion/ Disci-pline	Hours of face-to-face psychotherapy training required for degree[0]	Minimum full-time years of post-secondary, degree-granting education	Percent of graduate courses directly applicable to psycho-therapy	Minimum face-to-face hours of psycho-therapy in residency	Actual per session full fees[11], *excluding* initial diagnostic interview	Minimum time in residency before licensure
Psychiat rist	0[2]-750	Six[1]	0-5%[2]	400[3]-1500+	$130-$135	192 weeks
Ph.D. Psycholo gist	0[5]-700	Seven[4]	0[5]-60%	0[2]-750	$100-$150	46 weeks, 1610 hrs
Psy.D. Psycholo gist	400-1200	Seven[4]	40-65%	0[2]-750	$100-$150	46 weeks, 1610 hrs
M.S.W.-L.C.S.W.	0[6]-350	Five[7]	0[6]-15%	0[6]-1000	$100-$135	3,000 hours
L.M.F.T.	**500[8]-700**	**Six[8]**	**95%[9]**	**1000**	**$100-$150**	**52 weeks**

[0] These figures are based on the face-to-face clinical hours of supervised psychotherapy training while completing a post-secondary, degree-granting education.

[1] Various universities have a six-year combined undergrad plus medical school degree, such as the University of Missouri-Kansas City School of Medicine, http://research.med.umkc.edu/education/default.html, or Tulane's medical school program. Other medical schools, such as University of Hawaii, admit people into their medical school with only three years of undergraduate study completed, which would bring the total to seven years if a person decides to take this longer route.

[2] Medical school, like most social work programs and a few psychology programs, have little direct psychotherapy training; therefore it is typically learned in the residency.

[3] Dr. Rachel Brown, BROWN_RM@Mercer.edu, Professor and Interim Chair of their Psychiatry department stated on 4/05: "The specifics of numbers of hours etc., depends on the residency program. The regulations say 'a sufficient number of patients.'" She did not state what that number might be, depending on whether a psychiatrist finds her or himself in a medication, research, or psychotherapy oriented program. LMARK@uasom.uab.edu, University of Alabama School of Medicine Admissions, stated on 4/05: "That would depend on the particular program and could range from a minimum of around 400 hours of supervised psychotherapy training to greater than 1500 hours."

[4] Graduate programs, unlike Medical School Programs, require a full completion of a four-year bachelor's.

[5] A psychologist is a person who learns and [typically] applies theory about the human mind. According to Connecticut state law, as is stated at http://www.dph.state.ct.us/Licensure/apps/psyc_stats.pdf, a Licensed Clinical Psychologist has no minimum psychotherapy practice or coursework requirements. While it is assumed, however, that most psychology programs will have psychotherapy requirements in their coursework, it is not legally required. This is especially true for a Ph.D. (as opposed to a Psy.D.), as some programs and some students within many programs focus on psychological testing, research, or another non-psychotherapy practice and application of psychology. Similarly, the residency has no legal requirements for psychotherapy hours. Ethically, most licensed psychologists that practice psychotherapy will obtain applicable training, but may do so after obtaining their license.

[6] Per Connecticut state law, as is stated at http://www.dph.state.ct.us/Licensure/apps/swappl.pdf, there are no minimum psychotherapy practice hours, or psychotherapy courses required in social work programs. The University of Connecticut, of example, has a master of social work (M.S.W.) program, which one can do without completing any psychotherapy courses. Typically social work programs do not even require a single DSM-IV course. Similarly, the Licensed Clinical Social Work residency has no legal requirements for supervised hours of psychotherapy practice. However, Licensed Clinical Social Workers do learn DSM-IV diagnosing theory for one of many portions of their lengthy licensing test.

[7] Example: University of Michigan: http://www.ssw.umich.edu/overview-MSW/faq.html

[8] These are the number of hours of psychotherapy experience legally mandated by law for degrees in "psychotherapy" (M.F.T.), while other degrees have other statutes requiring other non-therapy, but related human-services requirements. http://www.dph.state.ct.us/Licensure/apps/mft_stats.pdf

[9] This figure includes all family therapy theory courses, but excludes all research coursework.

[11] Based on the *limited* (small sample size) polling of a select few towns primarily in Southeastern Connecticut.

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